



ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Network Bi-Monthly Update February 2020

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ATTC: Central East

Submitted By: Holly Ireland, hireland@danyainstitute.org

Central East Highlights from December 2019 – January 2020

Decreasing Systemic Barriers Along the HIV Care Continuum for Patients with Substance Use Disorders

The purpose of this webinar is to enable participants to increase their knowledge regarding decreasing systemic barriers for patients with HIV and substance use disorders. This webinar is hosted by the MidAtlantic AIDS Education & Training Center (MAETC). Learning Objectives: Upon completion of this webinar, participants will be able to: Describe common systemic barriers faced by individuals with substance use and HIV risk when navigating the HIV and Behavioral Health Care Continuums. Explain how systemic barriers affect individuals with substance use disorders and HIV along the HIV and Behavioral Health Care Continuums. Discuss steps providers can take to decrease systemic barriers, and increase bi-directional integration of BH and HIV public health interventions. Speaker: Holly Ireland, LCSW-C, Co-Project Director, Central East ATTC Accreditation: PSNA: The MidAtlantic AIDS Education and Training Center (MAETC) is an approved provider of continuing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity qualifies for 1.0 contact hours. CME: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Pittsburgh School of Medicine and the MAETC. The University of Pittsburgh School of Medicine accredited by the ACCME to provide continuing medical education for physicians. The University of Pittsburgh School of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Other health care professionals are awarded 0.1 continuing education units (CEU's) which are equal to 1.0 contact hours. CEU: The MAETC, Department of Infectious Diseases and Microbiology, University of Pittsburgh, awards Continuing Education Units to individuals who enroll in certain educational activities. This program is awarded 0.10 continuing education credits.

Link: <https://attcnetwork.org/centers/central-east-attc/event/decreasing-systemic-barriers-along-hiv-care-continuum-patients>

Related Topics: The Opioid Epidemic

Related Workplan Activity:

CLAS in BH: The Health Equity Impact of Incarcerated and Recently Released Individuals

Description: The National CLAS Standards are intended to advance health equity, improve quality, and help eliminate health care disparities. This webinar will discuss how health care organizations need to ensure that awareness, adoption, and implementation of the National CLAS Standards are incorporated to have a more inclusive definition of culture in order to better serve individuals involved in the criminal justice system and re-entry programs. **OBJECTIVES:** Define the CLAS standards, themes, and recommendations Understand strategies for addressing 'real-life issues' and health equity impact among incarcerated populations Process types of support and services for incarcerated populations

within correctional facilities Explore comparative cultural and structural drivers of lifestyles of recently released populations PRESENTERS: JACQUELINE COLEMAN, MEd, MSM, BA, CPC, certified professional coach with extensive experience as a senior program manager. Jacqueline has expertise in workforce development, organizational development and contract management. She is a cultivator and trainer of professionals in multiple sectors. Jacqueline provides strategic consultation on LEADERVATION (gender-tailored programs, equity and diversity initiatives, and systems change processes). Phelicia Jones MCP, Ms. Phelicia Jones is currently employed by San Francisco Sheriff's Department as the Lead Rehabilitation Services Coordinator of Men Services; she recently was a part-time instructor for City College San Francisco in their Drug and Alcohol Certificate Studies Program. She is the Executive Director of Hope Preservation, Inc. a grassroots community organization. She is currently employed as a part-time therapist for Federal Parolees. She is considered as one of the new upcoming young leaders within Service Employees International Union Local 1021.

Link: <https://attcnetwork.org/centers/central-east-attc/product/clas-bh-health-equity-impact-incarcerated-and-recently-released>

Related Topics: None

Related Workplan Activity:

Implementing SBIRT in Pennsylvania's Community Health Centers

Description: The Central East ATTC partnered with the Pennsylvania Association of Community Health Centers to provide training and technical assistance (T/TA) to their member network in the implementation of SBIRT. Through T/TA, Central East is working with PACHC members to enhance their understanding, knowledge, and skills in the implementation of SBIRT, meeting over a several month period. The goal of the project will be to support agency staff in the development of a realistic Implementation Work Plan. The virtual interest meeting was held on November 18. Applications were due in December, and selected programs were notified prior to the holidays. There was a project launch meeting on January 24, 2020, with 3 FQHCs engaged. Participation was both in-person and virtual. The project launch meeting laid the foundation for each organization's SBIRT implementation facilitation plan.

Link: <https://attcnetwork.org/centers/central-east-attc/event/implementing-sbirt-pennsylvania-community-health-centers-training>

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

Central East Highlights for February 2020 – March 2020

Comprehensive Opioid Response with the Twelve Steps (COR-12): Embracing the Multiple Pathways of Recovery

Description: This is the 3rd year that WV NAADAC advocacy day will focus on breaking down barriers to MAT and multiple paths to recovery. It is by invitation only. Purpose: To talk about the Betty Ford/Hazelden experience, outcomes, and how they are now supporting all pathways to recovery How

they broke down internal resistance and stereotypes and saw better outcomes for the patients they treat How they handled the situation if the assessment indicates MAT but the patient has not requested MAT How they changed to being onboard with MAT This is an in-person meeting that will be streamed live.

Link: <https://attcnetwork.org/centers/central-east-attc/event/comprehensive-opioid-response-twelve-steps-cor-12-embracing>

Related Topics: The Opioid Epidemic

Related Workplan Activity:

Ending the Opioid Epidemic: Strategies for Success-An Introduction to the Opioid Series

Description: The opioid epidemic began about 18 years ago and continues to necessitate public health focus as overdose deaths continue. In this webinar, participants will learn about the epidemic's history, opioid use related stigma and the associated impacts of this stigma and the need to help all people realize the important treatment principle that opioid use disorder is a treatable chronic disease. By the end of this webinar, participants will be able to: describe the current national trends in the opioid epidemic; define opioid use related stigma; explain the impacts of opioid use related stigma; and identify solutions to the opioid epidemic.

Link: <https://www.maetc.org/events/view/14499>

Related Topics: The Opioid Epidemic

Related Workplan Activity:

Treating Opioid Use Disorder: A Pharmacist's Guide for Understanding Medication-Assisted Treatment (MAT)

Description: The Central East ATTC has partnered with the Mid-Atlantic AETC to provide training on Medication-Assisted Treatment targeting pharmacists. Two dates have been planned: March 21, 2020 in Bethesda, MD, and April 8 in Northern VA. Purpose: Opioid use disorder (OUD) is a chronic condition that affects millions of Americans. If left untreated it can result in serious consequences including increased morbidity, relapse, opioid overdose, and death. Medication-assisted treatment is effective for OUD and has been shown to decrease all-cause mortality and opioid overdose-related deaths. This pharmacist-driven training will provide detailed education on the induction and maintenance of medication-assisted treatment for opioid use disorder. · Discuss the epidemiology of opioid overdose and opioid use disorder in the U.S. · Review the prescribing patterns of opioids for chronic non-cancer pain over the past two decades · Define and review the clinical presentation of opioid dependence, opioid withdrawal, and opioid use disorder · Review the pharmacology and therapeutics for methadone, buprenorphine/naloxone, and naltrexone for the treatment of opioid use disorder

Link: <https://attcnetwork.org/centers/central-east-attc/event/treating-opioid-use-disorder-pharmacists-guide-understanding>

Related Topics: The Opioid Epidemic

Related Workplan Activity:

ATTC: Great Lakes

Submitted By: Jeanne Pulvermacher, jeanne.pulvermacher@wisc.edu

Great Lakes Highlights from December 2019 – January 2020

Vaping Webinar Series

Description: In collaboration with the Great Lakes MHTTC and Great Lakes PTTC, the Great Lakes ATTC produced an informational webinar series centered around vaping. Part 1 was held on December 5, 2019 with Dr. Megan Piper from the University of Wisconsin Center for Tobacco Research and Intervention, who shared information on the health effects of vaping, and Abby Rose from the CATCH Global Foundation, who shared information about the “CATCH My Breath” initiative. In 2018, one in five high school students and one in twenty middle school students reported that they had “vaped” in the past 30 days, a substantial increase from the previous year. In this webinar, we outline exactly what E-cigarettes are, explore the youth vaping epidemic, and introduce CATCH My Breath as one possible solution. CATCH My Breath is a youth E-cigarette and Juul prevention program developed by the University of Texas Health Science Center. The program offers up-to-date information for teachers, parents, and health professionals in order to equip students with the knowledge, skills, and resources they need to make informed decisions about the use of E-cigarettes, including JUUL devices. CATCH My Breath uses a peer-led teaching approach and meets national and state health education standards. Part 2 was held on December 11, 2019 with Tim Wavrunek, Restorative Justice Director, and Kim Koller, Executive Director at Eau Claire Area Schools in Wisconsin. They shared information on the Wisconsin school district partnering with the restorative justice program to utilize the evidence based CATCH My Breath program, engaging with youth caught vaping on school grounds.

Link: https://www.youtube.com/channel/UCcV6dOmLNIGo3sW1efz_Hvg

Related Topics: None

Related Workplan Activity:

The Integration of Opioid Use, Overdose, and Suicide: Second in a Series

Description: The Great Lakes ATTC, in collaboration with the Great Lakes MHTTC and the Central East ATTC and MHTTC, presented the webinar “The Integration of Opioid Use, Overdose, and Suicide: Second in a Series” on January 8, 2020. Dr. Amy Bohnert and Dr. Mark Ilgen from the Department of Veterans Affairs Center for Clinical Management Research and University of Michigan Department of Psychiatry presented. This webinar focused on describing the research behind the causes of overdose and suicide related to opioids and pain, as well as interventions and policies that can be used to address both problems, which are high priorities to VA efforts to improve patient health. Objectives: 1. To describe the potential pathways between pain and opioid use with suicide and overdose, and how the two causes of death are related to one another. 2. To explain how specific intervention approaches may reduce both suicide and overdose mortality. This webinar is the second in a series on the links between opioid use, overdose and suicide.

Link: <https://www.youtube.com/watch?v=mb17Cd00zMg>

Related Topics: The Opioid Epidemic

Related Workplan Activity: Collaborate with experts to identify current opportunities; develop assistance to address them

Masters Series

Description: The Great Lakes ATTC, in collaboration with the Great Lakes MHTTC, PTTC, The National Hispanic and Latino ATTC, MHTTC, and PTTC, The Prevention Action Alliance, Ohio Latino Affairs Commission, and Ohio Department Mental Health and Addiction Services, is working to bring the Masters Series to Ohio. This intensive training series includes six training elements spread over several months. In Ohio, as in many other states, the increase in the immigrant populations has highlighted the need for a culturally-informed workforce. Cross-cultural leadership by nature is agile, and focuses on empathy, reflection, revision, and a belief that partnerships will lead to better solutions. The second session of the Masters Series, “Cultural Elements: Implementation Science and Cultural Adaptation: A Two-way Street on a Bridge” and “Culture and Clinical Application: Cultural Competency at Work” were held on January 15 and 16, 2020, respectively. Cultural adaptation refers to the process and time it takes a person to assimilate to a new culture. Implementation science is a method for integrating evidence-based practices into policy and practice. “Cultural Elements: Implementation Science and Cultural Adaptation: A Two-Way Street on a Bridge” will use the two theories to create a connection between the National Standards for Culturally and Linguistically Appropriate Services (the CLAS Standards) and practice. Participants were introduced to cultural adaptation from the host country’s perspective, analyzed the data on how we welcome and adapt to immigrant groups using evidence-based research, and evaluated our current healthcare environments. Participants also went through the CLAS Standards and applied “Cultural Elements: Communication Principles” to learn firsthand how implementation science and cultural adaptation can work together to benefit diverse populations. “Culture and Clinical Application: Cultural Competency at Work”, is a reflective training that helped participants connect the “what” with the “why,” and explore the internal and external forces that allow us to appropriately and responsibly apply what we know to the passions that brought us here in the first place. “Cultural and Clinical Application” will be by far be the most challenging of all the pieces of training you will receive in this series.

Link: <https://attcnetwork.org/centers/great-lakes-attc/event/masters-series-cultural-elements-implementation-science-and-cultural>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity: Provide Cross Cultural Health Care Program Cultural Competency Training

Related Topics: Intensive Technical Assistance (ITA), The Opioid Epidemic

Great Lakes Highlights for February 2020 – March 2020

Engaging African Americans in Substance Use Disorder Treatment

Description: The Great Lakes ATTC is hosting the webinar “Engaging African Americans in Substance Use Treatment” on February 5, 2020. Early withdrawal from substance use disorder treatment is greater among African Americans seeking recovery than the general population, and in this webinar, you will learn strategies to engage African-American clients in their SUD treatment. Topics covered include: • Overcoming barriers to mistrust • Engaging clients within the first 10 minute of contact • Creating a welcoming environment • Increasing treatment retention and completion • Addressing intersectionality and microaggressions • Effective cross-cultural counseling The presenter is Mark Sanders, LCSW, CADC, author of five books focused on behavioral health. Recent writings include Slipping through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders, Recovery Management, and Relationship Detox: Helping Clients Develop Healthy Relationships in Recovery. He has had two stories published in the New York Times best-selling books series, Chicken Soup for the Soul. His numerous awards include a Lifetime Achievement Award from the Illinois Addiction Counselor Certification Board. His 30-year career in behavioral health includes teaching at the University of Chicago, Illinois State University, Illinois School of Professional Psychology, and the Loyola University of Chicago School of Social Work. Mark also created and curates the Online Museum of African American Addictions, Treatment and Recovery.

Link: <https://attcnetwork.org/centers/great-lakes-attc/event/engaging-african-americans-substance-use-disorder-treatment>

Related Topics: The Opioid Epidemic

Related Workplan Activity: Develop & deliver quarterly cultural competence webinars using subject matter experts

Change Leader Academy (CLA)

Description: The Great Lakes ATTC will host a CLA in Madison, Wisconsin on February 26, 2020. The NIATx Change Leader Academy is a one-day face-to-face workshop followed by three months of peer networking and support from a NIATx coach. The CLA trains change leaders in the NIATx model of process improvement: a structured, team-based approach to change management for organizations large and small. In this interactive training session, attendees will learn the five essential NIATx tools and develop a clear plan for a change project.

Link: <https://attcnetwork.org/centers/great-lakes-attc/event/niatx-change-leader-academy>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity: Based on needs assessment, develop change project aims and curriculum, and engage experts

Masters Series

Description: The third session of the Masters Series, “Cross-Cultural Leadership Theory and Motivational Interviewing,” combines Motivational Interviewing with a NIATx Change Leader Academy. The NIATx model will support participants by providing personalized, hands-on coaching on how to use all the tools the Masters Series provides. This session will take place on February 27 and 28, 2020 and it will build on the cross-cultural strengths that participants gained in the previous session and that they will use to develop the adaptable workforce needed to meet diversity challenges in clinical environments. During the NIATx Change Leader Academy portion of this session, participants will define a cultural change project that will launch a journey toward continuous process improvement. Participants will use skills gained in the Masters Series to design products and services while simultaneously applying the National CLAS Standards to every effort.

Link: <https://attcnetwork.org/centers/great-lakes-attc/event/masters-series-cross-cultural-leadership-theory-motivational>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity: Provide Cross Cultural Health Care Program Cultural Competency Training

ATTC: Mid-America

Submitted By: Sarah Knopf-Amelung, knopfsm@umkc.edu

Mid-America Highlights from December 2019 – January 2020

Kansas City Perinatal Recovery Collaborative - KCMO Workgroup Meeting

Description: Mid-America ATTC's KCMO PRC workgroup – which is comprised of multidisciplinary leaders from SUD treatment, OB/GYN, early childhood, home visiting, family court, and child welfare fields – previously focused its efforts on standardizing hospital practices related to perinatal women with SUD. In December 2019 – January 2020, the workgroup solidified two goals that will focus their work throughout February and March 2020. The goals are: 1. By the March meeting, review basic counts of PPW clients served at each KCMO PRC member organization. These counts will be informed by recent discussions about data necessary to form an improved understanding of the scope of need of this population in Kansas City. Please note that for data purposes, post-partum is defined as 12 months after giving birth. 2. By the March meeting, identify additional resources and potential strategies for providing training to local peers and case managers working with PPW.

Link: <https://attcnetwork.org/centers/mid-america-attc/event/kansas-city-perinatal-recovery-collaborative-kcmo-workgroup-4>

Related Topics: None

Related Workplan Activity: Facilitate meetings and process improvement between organizations in KCK

Pilot Intensive TA Package

Description: Mid-America ATTC continues to provide onsite, extended intensive TA with the Kansas Osawatomie State Hospital – OSH (i.e., CEO, CFO, nursing and medical directors) located in eastern Kansas. The OSH provides care and treatment for adults diagnosed with mental health and SUD disorders. In December 2019 – January 2020, the ATTC Trauma-Informed Care (TIC) TA Team completed two comprehensive slide decks for use in an OSH Leadership retreat. The first slide deck outlines activities the ATTC consultant(s) works through with substance use disorder (SUD) treatment and recovery service providers as they implement trauma-informed care. The second slide deck includes a figure illustrating the phases of TIC implementation, from relationship building to a fully trauma-informed organization, which have been adapted from the Missouri (MO) Model of TIC, a framework for organizational transformation that is designated by SAMHSA as a best practice.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Execute MOU with OSH formalizing intensive TA relationship

Women and Stimulant Use Project ECHO Series

Description: The Mid-America, Mountain Plains, and South Southwest ATTCs collaborated to develop the Women and Stimulant Use Project ECHO Series that concluded on December 3rd. On December 17,

2019, the collaborating ATTCs conducted a debriefing session with participating staff and consultants. Positives included 1) strong interest and attendance across all 3 regions; 2) case presentations were complex with ample opportunity to problem solve; 3) reminders about using non-stigmatizing language at the beginning of Sessions 3 – 6 appeared to improve the tone and nature of feedback conversation; and 4) tasks involved in producing the ECHO series such as registration, marketing, facilitation, and providing immediate assistance in resolving participant technical issues were shared among the 3 ATTCs. Recommendations for Improvement included 1) waive any restrictions on registration (1/3 of all registrants actually logged in to participate); 2) offer incentives to participants who agree to present cases; 3) each session topic area should build off previous session; 4) extend didactic presentations beyond the 15-minute guideline; and recruit inter-professional teams to present cases.

Link: <https://attcnetwork.org/centers/mid-america-attc/event/stimulant-use-responses-parenting-recovery-family-drug-treatment>

Related Topics: None

Related Workplan Activity: Host ECHO sessions with didactic presentation and case consultation

Mid-America Highlights for February 2020 – March 2020

Mobile Apps as Clinician Extenders Learning Community

Description: Full Title: Mobile Apps as Clinician Extenders in SUD Treatment and Recovery: Emerging Possibilities Learning Community (April 28 – June 9) Plans are underway to produce a four-part virtual learning series: 1) Evidence-based Apps (April 28); 2) Client/Patient Support Apps (May 12); 3) Social Networking and Recovery (May 26); and 4) Clinician Tools and Considerations in Adopting Apps (June 9). Key objectives include: • Participants will be able to identify specific categories of smart phone applications and other technologies available for SUD recovery and treatment support. • Participants will be able to describe successful implementation strategies for the integration of smartphone technology into the provision of recovery support services • Participants will be able to assess the role smartphone technology may play in their individual and agency recovery support practice

Link:

Related Topics: None

Related Workplan Activity: Plan and design a virtual learning community on use of mobile apps as recovery care extenders in context of an addiction treatment and/or recovery service.

Data-Driven Decision Making Intensive TA Project

Description: Ongoing conversations among ATTC staff, key TTC Advisory Board members and SAMHSA's Region 7 Administrator are informing the development of an intensive TA experience for SUD providers. This project has evolved from producing a time-limited virtual learning community experience to a robust intensive TA process whereby SUD provider organizations will be required to complete an application and formulate a project prior to the initiation of the TA. Components of the learning experience will include virtual didactic sessions facilitated by consultant experts and ATTC team

members, onsite visits/TA, and individual feedback/coaching.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Research and design a targeted or intensive TA project on the topic of "data driven decision making."

BHMEDS-R3 App

Description: BHMEDS-R3 App Content Revision and Deploying a Cloud-Based Content Self-Administered Interface (allows ATTC to input content changes in real time) App deployed in October 2019 (Year 3), BHMEDS-R3 is a free app available in the iTunes and Google Play stores. In January 2020, Mid-America ATTC initiated a systematic subject matter expert content review and revision process and began working with the app developer/contractor in designing analytic reports, a cloud-based content self-administration interface allowing for real-time content updates; and 3) a more robust search feature. Content reviewers include Alex Barajas-Munoz, Ph.D. (clinical psychologist); Steve Stoner, PharmD; and Doug Burgess, MD. All content experts have expertise in medications used in the treatment of SUD and MH disorders. By April 30, 2020 revised content will be integrated and copy edited; by May 30, 2020 revised content will be entered into the cloud-based content self-administration interface.

Link: <https://attcnetwork.org/centers/mid-america-attc/product/bhmeds-r3-app>

Related Topics: None

Related Workplan Activity: Collaborate with consultant content experts/editors to review and update app content.

ATTC: Mountain Plains

Submitted By: Terra Hamblin, thamblin@unr.edu

Mountain Plains Highlights from December 2019 – January 2020

Overview of ASAM Criteria for the Management of Client Care

Description: The Mountain Plains conducted a 90-minute webinar on the topic, Overview of ASAM Criteria for the Management of Client Care, on Dec 10, 2019. This webinar provided an overview of The American Society of Addiction Medicine (ASAM) Criteria, 3rd Edition for clients with substance use and co-occurring disorders. Participants learned to appropriately apply the admission, continued service and transfer/discharge criteria for adolescents and adults. The webinar was targeted for behavioral health and substance use disorder clinicians providing treatment for individuals with a substance use or co-occurring disorders.

Link: <https://mailchi.mp/casat/overview-of-asam-criteria-for-the-management-of-client-care-webinar-register-today-12080613?e=aaa11b9dd6>

Related Topics: None

Related Workplan Activity: 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

'You Got This': Maintaining Recovery during the Holidays

Description: The Mountain Plains created a podcast, 'You Got This': Maintaining Recovery during the Holidays and posted it, along with episode notes and resources, to the Mountain Plains website on Dec 19, 2019. This podcast provides science-informed advice to assist individuals, as well as spouses/partners, family member, and friends, to prepare for holiday situations that may be recovery-aversive.

Link: <https://attcnetwork.org/centers/mountain-plains-attc/product/you-got-maintaining-recovery-during-holidays>

Related Topics: None

Related Workplan Activity: 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Housing as an Intervention

Description: Mountain Plains developed a three-part webinar series, Housing as an Intervention, to provide information regarding how to support recovery housing. The focus of this webinar series includes an examination of exemplars that advance safe and affordable housing to support people with substance use disorders (SUDs), including opioid use disorders; and coordination of services to support public-private partnerships that enhance funding streams. Part I: Housing as an Intervention was

conducted on Jan 15, 2020 and Part II: Strategies to Ensure Best-Practices in Recovery Housing Development and Implementation was conducted on Jan 29, 2020. Part III: Recovery Housing: Addressing Stigma to Ensure Service Integration is scheduled for Feb 12, 2020.

Link: <https://attcnetwork.org/centers/mountain-plains-attc/event/housing-intervention>

Related Topics: The Opioid Epidemic

Related Workplan Activity: 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Mountain Plains Highlights for February 2020 – March 2020

The Impact of Stigma Surrounding Use of Medications for Opioid Use Disorder Webinar

Description: Substance use disorders (SUDs) are highly stigmatized conditions, with stigma hindering and discouraging individuals from seeking treatment services. Not only does stigma exist for individuals with SUDs, but also for individuals who use medications to treat opioid use disorders despite the unparalleled effectiveness of medication assisted treatment (MAT). Stigma is perpetuated through both expected (families and employers) and unexpected (health care providers) routes. During this webinar, participants will learn about the ways in which stigma undermines treatment opportunities and increases individuals' shame that can lead to adverse outcomes, including overdose. Webinar is scheduled for Feb 20, 2020 from 12:00-1:00 pm (CT).

Link: <https://und.zoom.us/meeting/register/u5Mqd--sqD4icOxXEaBZxeMt09NtbNH-tA>

Related Topics: The Opioid Epidemic

Related Workplan Activity: 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Healthy Steps to Freedom: Enhancing Treatment/Recovery Services for Women Introductory Webinar

Description: Currently, women's involvement in correctional and substance use disorders (SUD) treatment systems is rapidly outpacing men. Most of these programs are based upon gender-neutral services, meaning their programs were designed with men in mind. This 90-minute webinar will address core issues that are unique to female SUDs treatment clients in comparison to their male counterparts regarding weight and energy as a driving mechanism to use, triggers for relapse, trends in drug use for women and the complexity of health-related complications and psychosocial needs, prescription medication, and over-the-counter drug manipulation. Finally, gender-responsive approaches to augment and enhance existing treatment services will be discussed. Webinar is scheduled for Feb 27, 2020 from 11:30 am-1:00 pm (MT)/ 12:30-2:00 pm (CT)

Link: <https://mpattc.wufoo.com/forms/m12555ze0b6ytxm/>

Related Topics: The Opioid Epidemic

Related Workplan Activity: 3.1.a Design EPLs and implement 1 per state in the Region; 3.1.b Design and conduct 12 EPLs with organizations in the Region (6 regional and one for each state)

Mountain Plains Spring Leadership Academy

Description: The Mountain Plains will launch its Leadership Academy for emerging leaders in the behavioral health disorders field. The Leadership Academy is available for supervisors and administrators interested in professional development tools and resources that will expand their organizational leadership skills and expertise. The well-recognized Kotter International Change Essentials Model will provide a framework for “strategies for execution of system change and change management.” Applications are due March 5, 2020.

Link: <https://mailchi.mp/casat/spring-leadership-academy?e=aaa11b9dd6>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: 4.1a Create a two and a half-day Harvard-Kotter Inc training for emerging leaders focused on Process for Leading Change; 4.1b Recruit individuals nominated by SSAs (4 people from each state); 4.1.c Follow-up with a community of practice in Year 4

ATTC: New England

Submitted By: Denise Bayles, denise_bayles@brown.edu

New England Highlights from December 2019 – January 2020

Increasing Hepatitis C Knowledge for Behavioral Health and Medical Providers

Description: This training was facilitated for the State of Connecticut Department of Mental Health and Addiction Services in December 2019 for professionals working in Opioid Treatment Programs, Federally Qualified Health Centers, and other primary care, substance use treatment, and prevention settings. This five module curriculum was developed by HCV Current and updated in 2018. It was designed to instruct behavioral health and medical providers on opportunities for screening and testing for hepatitis C (HCV), incidence of viral infections and opioid injection drug use, treatment options and patient considerations, and essential elements of effective linkage to care for persons infected with HCV.

Link:

Related Topics: None

Related Workplan Activity: Connecticut: New England ATTC will roll out a quarterly training series system-wide on high priority topics for licensure for state of Connecticut employees. Topics will include Working with Men in the Criminal Justice System, Stigma, HIV/AIDS, Trauma Integrated Care, Medication Assisted Treatment, Hepatitis C, Cultural Intelligence and CLAS Standards.

The 2019 New Hampshire Behavioral Health Summit

Description: The New England ATTC was a key partner for the annual NH Behavioral Health Summit in Manchester, NH on December 16-17, 2019. This annual Summit is designed to bring together non-profit leaders, health care providers, clinical staff, licensed professionals and public policy advocates in the mental health and substance use disorder community. This was an exclusive statewide event in NH supporting the provision of evidence based practices with over 550 attendees. The goal of the summit was to bring the behavioral health community together in a single forum to share public policy goals, and to facilitate professional development and networking. The Summit provides opportunities for policy makers to interact with service providers to provide direction for policy needs. Along with participating on the MHTCC and PTCC Advisory Boards, the New England ATTC also attends and exhibits at regional events where these TCCs are present in order to support branding the complete TTC network and showing a collaborative effort in the region. This activity addresses this goal.

Link:

Related Topics: None

Related Workplan Activity: Regional: Participate in New England MHTTC and New England PTTC Advisory Boards and provide ongoing consultation as needed to enhance collaboration and reduce duplication. Collaborate with the New England PTTC on our Leadership Development Program and our flagship summer educational institutes.

ASAM Course “Pain Management and Opioids: Balancing Risks and Benefits”

Description: In collaboration with the American Society of Addiction Medicine (ASAM) the New England ATTC offered the course on “Pain Management and Opioids: Balancing Risks and Benefits” which directly addressed the opioid overdose crisis. This course is a valuable tool for healthcare professionals to further their education on pain and addiction medicine. This comprehensive course was developed by experts from Collaborative for REMS Education (CO*RE) and incorporates all six units outlined in the US FDA Blueprint for safe opioid prescribing including: discussing bio-psychosocial aspects of pain, the newest clinical guidelines on the treatment of chronic pain, and state policies about prescribing opioids. We conducted this training in 2 states in our region, Rhode Island and New Hampshire in December 2019.

Link: <https://www.asam.org/education/live-online-cme/opioid-prescribing>

Related Topics: The Opioid Epidemic

Related Workplan Activity: Rhode Island: Offering a series of short term trainings in high priority topic areas including the ASAM training on "Pain Management and Opioids: Balancing Risks and Benefits," Medication Assisted Treatment Beginner and Intermediate Series, Advanced Motivational Interviewing, Cultural Competency and a Train the Trainer series of the Hepatitis C curriculum.

New England Highlights for February 2020 – March 2020

Trauma-Integrated Addiction Treatment

Description: We will be offering face-to-face training on the topic of Trauma Integrated Addiction Treatment for the CT Department of Mental Health and Addiction Services. This will be a broad introductory training for outpatient and residential front-line substance use disorder treatment providers. The target audience will be new to mid-term supervisors and staff who aspire to become supervisors. The training will address how dealing with trauma fits into substance use disorder treatment. This interactive and experiential presentation offers an overview of the impact of trauma on the recovery process from a social, biological, psychological, and spiritual perspective and will provide clinicians with skills to work with people affected by trauma throughout their recovery, as well as, understanding the conceptual framework of trauma-informed practice. The workshop will describe the impact of trauma and addiction on the brain, body, and behavior. Participants will be able to conceptualize a case study from a trauma-informed framework and also be able to implement 3 clinical interventions for addressing trauma. Participants will be able to conceptualize the neurobiological impacts of trauma.

Link:

Related Topics: None

Related Workplan Activity: Connecticut: New England ATTC will roll out a quarterly training series system-wide on high priority topics for licensure for state of Connecticut employees. Topics will include Working with Men in the Criminal Justice System, Stigma, HIV/AIDS, Trauma Integrated Care, Medication Assisted Treatment, Hepatitis C, Cultural Intelligence and CLAS Standards.

Anger Management for Substance Use Disorder and Mental Health Clients

Description: We will continue to offer intensive TA to the Massachusetts Department of Mental Health at Worcester Recovery Center and Hospital. As follow up to our TA initiative focused on Group Dynamics, we have developed a second intensive TA initiative on Anger Management for Substance Use Disorders. This TA will focus on how to effectively facilitate a dual recovery group specifically for those residents who struggle with appropriate and productive expression of anger. The TA is designed around the SAMHSA Publication; "Anger Management for Substance Use Disorder and Mental Health Clients: A Cognitive–Behavioral Therapy Approach." Building on the skills discussed in the previous training, "Group Dynamics", participants will explore the fundamental skills and rationale for providing curriculum-based group therapy treatment. This initiative will consist of didactic training, live observation, and performance feedback to the group leaders.

Link: <https://store.samhsa.gov/product/Anger-Management-for-Substance-Use-Disorder-and-Mental-Health-Clients-Participant-Workbook/PEP19-02-01-002>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Massachusetts: The New England ATTC will partner with the Department of Mental Health to coordinate a number of short-term training events on anger management for substance use, based on the new SAMHSA publication "Anger Management for Substance Abuse and Mental Health Clients: A Cognitive-Behavioral Therapy Manual." This series builds upon prior training in the area of group facilitation skills.

NEADCP Webinar The What. The How & The Why: Over 30 Years of Organic Success with Moral Reconciliation Therapy (MRT)

Description: With over 40,000 facilitators trained and over 2 million clients served worldwide, Moral Reconciliation Therapy is considered an evidence-based intervention for patients in the justice system. In partnership with the New England Association of Drug Court Professionals (NEADCP), the New England ATTC has helped coordinate a webinar series for criminal justice professionals. In this upcoming webinar, Dr. Ken Robinson, Co-Developer of MRT®, will share a historical perspective of the model, how it's implemented, and some of the results from over 30 years of research and outcome data. This webinar is part one of a two-part series beginning in February 2020, moderated by Christine McKenna, MS, LICSW, MLADC, CCTP- Rockingham County Drug Court Director.

Link: <https://conta.cc/2ttdtJy>

Related Topics: None

Related Workplan Activity: Massachusetts: The New England ATTC is an active partner with The New England Association of Drug Court Professionals collaborating on a 6-part webinar series (focused on effective treatment of opioid use disorder and other high priority topics) and an annual regional conference for criminal justice professionals.

ATTC: Northeast and Caribbean

Submitted By: Michael Chaple, chaple@ndri.org

Northeast and Caribbean Highlights from December 2019 – January 2020

Intensive Technical Assistance Projects Launch

Description: NeC-ATTC staff have launched four (4) new ITA projects for Y3 of the award. During Y2, four (4) distinct ITA projects were implemented and completed (previously reported). These projects include: (a) continuation of our "Costly Price of Benefits" project with NYAPRS to further embed an employment focus in SUD treatment programs-expanding the focus to include entrepreneurship and the "gig" economy; (b) engagement of more SUD programs in the LGBT ITA initiative to promote LGBT affirming care; (c) continuation of our SBIRT ITA project which continues our work with Y2 enrollees helping them to address ongoing issues around implementation while engaging new organizations looking to effectively implement SBIRT; and (d) continuation of an ITA project focused on the integration of peer supports that addresses the evolving integration of Certified Recovery Peer Advocates (CRPAs) in NYC. Enrollment of new organizations began in January and these projects are officially launched.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Recruit provider organizations to participate in LITA

Hosted first Spanish Speaking Webinar for Puerto Rico

Description: The NeC-ATTC has been hosting a monthly webinar series for the first two years of the newly funded cycle, distributing invites region wide. During Y3, the NeC-ATTC planned for launch of its first webinar hosted in Puerto Rico, and delivered in Spanish, to be disseminated throughout the region for Spanish speaking providers. There are many providers in NYC in particular who's first language in Spanish and who serve predominantly Spanish speaking clients. These webinars will expand access to NeC-ATTC capacity building efforts directly on the Island of Puerto Rico and across the region. The first webinar, "Trauma Management in People with Substance Use and Mental Health Disorders" was hosted on December 18, 2019. This was done in collaboration with UCC who provided the speaker and content and we at Columbia hosted the webinar and provided logistical support. The objectives of the webinar were to: (a) Define trauma and related terms; (b) Identify the impact of untreated trauma on human development; (c) Understand how trauma can affect mental health; (d) Have knowledge of the relationship between trauma and substance use; (e) Obtain information in order to recognize the signs of trauma; (f) Identify courses of action and management of traumatic experiences; and (g) Reflect on the importance of a trauma-oriented system and support resilience and recovery.

Link: https://uccaribe-my.sharepoint.com/:p:/r/personal/robert_peralta_uccaribe_edu/_layouts/15/Doc.aspx?sourcedoc=%7B873C0C8-A51B-4847-B101-E2BEA150FB56%7D&file=Webinar-Trauma%2012-18-2019.pptx&action=edit&mobileredirect=true

Related Topics: None

Related Workplan Activity: Conduct monthly webinars

Launched a Series of Workshops for First Responders and Providers in Puerto Rico

Description: Starting on December 28, 2019 and progressing throughout January of 2020, the southwestern part of the island of Puerto Rico was struck by a swarm of earthquakes, tremors and aftershocks, including 11 that were of magnitude 5 or greater. Puerto Rico governor Wanda Vázquez Garced has declared a state of emergency and activated the Puerto Rico National Guard and the Puerto Rico State Guard. Power has been lost intermittently, and damage to homes was extensive and, by 14 January, more than 8,000 people were homeless and camping outdoors in various types of shelters, with 40,000 others camping outside their homes, just in the city of Ponce alone. In the wake of these natural disasters, the NeC-ATTC has been coordinating with local authorities and SAMHSA's RA to identify ways in which we can assist recovery efforts. The response has been a series of trainings on Psychological First Aid and Compassion Fatigue delivered to both First Responders and behavioral health professionals in the wake of these disasters.

Link:

Related Topics: None

Related Workplan Activity:

Northeast and Caribbean Highlights for February 2020 – March 2020

USVI Behavioral Health Summits

Description: The NeC-ATTC, in partnership with the NeC-PTTC and NeC-MHTTC have begun planning with SAMHSA's Regional Administrator (Dennis Romero) a behavioral health summit that will be hosted initially in the USVI (and perhaps followed up in Puerto Rico, most likely in the late Spring, early Summer of 2020. In wake of some of the historical challenges regarding the behavioral health infrastructure of these territories, which has been further complicated in the aftermath of 2 devastating hurricanes in the region and a series of recent high-magnitude earthquakes in Puerto Rico, the focus of the behavioral health summit will be on delivering foundational training that equips the workforce to address widespread SUD and MH problems that have been since been exacerbated. Specifically, an eclectic array of training workshops will accommodate a variety of professional disciplines to help ensure: (a) widespread identification of individuals in need; and (b) workforce wellness. This will likely include topics such as Mental Health First Aid, Trauma Informed Care, Postvention for opioid and suicide loss, and an array of prevention strategies. During December 2019 and January 2020, the TTC team has been working to finalize a proposed agenda that will be presented to local stakeholders in the Caribbean for refinement and approval.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity: Develop and implement collaborative TTA response

Collaborate with Columbia University on an Interprofessional Education Seminar

Description: The Columbia Commons Interprofessional Education Committee is organizing its third annual IPE Day on March 31, 2020. The purpose of this daylong event is to dissolve professional silos and improve respectful, effective, person-centered care. In lieu of regularly scheduled classes for most dental, medical, nursing, nutrition, occupational therapy, pastoral care, physical therapy, public health, social work, and genetic counseling students, the campus will join together in a day of lectures and workshops under the theme of Transforming Care Through Interprofessional Collaboration. We will explore how interdisciplinary teams can work together to transform healthcare delivery at the patient and family level, clinical service level, organizational level, community level, and systems and policy level. In support of this event the NeC-ATTC is organizing three (3) seminars/workshops: (1) Seminar on the synthesis of Drug Courts addressing the critical intersection of criminal justice and substance use treatment; (2) Workshop on Stigma that will draw upon a recently developed course titled, "Changing Language to Change Care;" and (3) Workshop on Interpersonal Trauma and Violence.

Link: <https://www.narrativemedicine.org/ipe/ipeday2020/>

Related Topics: The Opioid Epidemic

Related Workplan Activity: Attend regional meetings: City/State conferences, provider associations, workforce development

Launch the new "CLAS Matters" Curriculum

Description: NeC-ATTC staff has been an active participant on the CLAS matters workgroup, with staff Diana Padilla contributing to the development of a new curriculum to be trained throughout the ATTC. This course will officially be rolled out during the week of May 4th at the NCOs ToT Intensive in Kansas City. In the interim, the NeC-ATTC will be piloting the course in Region 2 either in Feb/March of 2020.

Link:

Related Topics: None

Related Workplan Activity: Serve as representative for National CLAS Standards

ATTC: Northwest

Submitted By: Denna Vandersloot, dennav@uw.edu

Northwest Highlights from December 2019 – January 2020

Skagit County Recovery Oriented System of Care (ROSC) Implementation Project

Description: Northwest ATTC is continuing to work with Skagit County on the development of a county-wide ROSC Implementation Plan. Planning sessions were held in November and January with Skagit County Public Health Department Leadership team to identify core ROSC components, values, and principles to guide the development of the ROSC implementation plan. Northwest ATTC staff developed a crosswalk to assess alignment of currently funded Skagit County Public Health, Behavioral Health programs with the key ROSC building blocks and key components identified in the planning session. This planning and assessment work will set the stage for the development of a 5-year strategic ROSC implementation plan.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Skagit County ROSC Strategic Planning: Provide intensive technical assistance to Skagit Public Health Department to develop a long-term strategic plan for behavioral health services that align with the ROSC framework.

Northwest ATTC Monthly Webinar Series

Description: Northwest ATTC monthly webinar series during December and January included a presentation on Team-Based Addictions Care in General Hospitals: The Improving Addiction Care Team (IMPACT) by Honora Englander, MD from Oregon Health and Science University (with 37 live attendees and 18 recording viewers); and a presentation by Northwest ATTC staff, Meg Brunner, MLIS on Keepin' It Real: Finding Valid and Reliable Information about Substance Use Disorders Online (with 60 live attendees and 18 recording viewers).

Link: [Link to recording: https://youtu.be/pCEGAKArIEw](https://youtu.be/pCEGAKArIEw) [Link to record in our Products list: https://attcnetwork.org/centers/northwest-atcc/product/team-based-addictions-care-general-hospitals-improving-addiction](https://attcnetwork.org/centers/northwest-atcc/product/team-based-addictions-care-general-hospitals-improving-addiction) [Link to recording: https://youtu.be/wNrLeAqek6I](https://youtu.be/wNrLeAqek6I)

Related Topics: The Opioid Epidemic

Related Workplan Activity: By Oct 1, 2020, NWATTC will provide 12 additional installments of its monthly webinar series, to include no less than four webinars focused on medication-assisted treatments for opiate dependence, for interested Region 10 workforce members.

Stimulant Use Disorder Curricula Package: Polysubstance Use Module

Description: In support of ongoing efforts by the ATTC Stimulant Workgroup to create a suite of webinar-based 'Stimulants 101' training curricula, Northwest ATTC has sponsored the creation of a 60-minute supplemental module focused on stimulant use disorders in the context of polysubstance use.

Provisionally entitled “Polysubstance use among stimulant users: Course, complications, and the clinical picture,” the module’s clinically-oriented curriculum focuses on unique considerations for the addiction workforce when dealing with clients whose methamphetamine and/or cocaine use disorder co-occurs with problematic use of alcohol and non-prescription opioids. A full draft version of the curriculum for this supplemental webinar-based module was submitted to the workgroup on January 24th and is currently under review.

Link:

Related Topics: None

Related Workplan Activity:

Northwest Highlights for February 2020 – March 2020

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Curricula

Description: The Northwest ATTC in collaboration with King County SBIRT staff are revising the Northwest ATTC Region 10 SBIRT core curriculum. Washington State and Oregon both require all SBIRT providers to receive the SBIRT core curriculum training to qualify for SBIRT services reimbursement. The new curriculum will incorporate aspects of the National Council on Behavioral Health, SAMHSA sponsored Implementing Care for Alcohol & Other Drug Use in Medical Settings: An Extension of SBIRT. The new curriculum will focus on using SBIRT as a tool for integration of SUD services in Medical Settings, along with enhancing sections on the health risks related to cannabis, stimulant, and opioid use. A supplemental on-line course on SBIRT Implementation is also being developed and will be made available on Healtheknowledge upon its completion.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

Akeela Trauma-Informed Care (TIC) Pilot Project

Description: The Akeela Trauma-Informed Care (TIC) pilot implementation project is providing a series of intensive technical assistance activities in February and March. In February, the Northwest ATTC staff shared its report, “Trauma-Informed Care: Initial Assessment of Stepping Stones, Akeela, Inc”, with the organization’s leadership team, and in early February they will present to the staff at Stepping Stones, a residential center for women with SUDs and their children. On February 20-21, 2020, Northwest ATTC is sponsoring a TIC content specialist/trainer to deliver a workshop focused on Trauma-Informed Care for all staff at the center. Also underway is formation of a small team of organizational change champions at Akeela who will work to incorporate approaches to adopting TIC principles and practices at Stepping Stones. In March, the Northwest ATTC’s systems change specialist will lead virtual sessions every two weeks with this core team of internal champions who will work to organizationally address priority areas consistent with TIC-responsive changes.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Support trauma-informed care (TIC) adoption through sustained change process at Akeela's residential care facility in Anchorage.

Idaho Department of Juvenile Corrections (IDJC) Employee Wellness Project

Description: Northwest ATTC staff and contractors are working with the Idaho Department of Juvenile Corrections leadership to provide training and technical assistance to IDJC staff (300-400 staff) on promoting employee self-wellness and care as part of their larger Trauma-Informed Care Initiative. The IDJC has launched an extensive initiative on trauma-informed care within its four juvenile correction facilities. This project targets working with leadership and direct care staff on employee wellness and self-care as part of IDJC's larger TIC initiative. Initial employee wellness and self-care face-to-face training (3-4 hours) will be delivered to staff at four Idaho facilities in Lewiston, Nampa, Boise, and Saint Anthony, Idaho. Following the face-to-face training, employee Professional Quality of Life (ProQOL) self-assessments will be offered along with virtual follow-up sessions to support staff in implementing strategies for effective coping and building resiliency. A supervisor follow-up track will also be offered to provide additional support for supervisors in adopting strategies to support staff and continue to build a culture of employee wellness and self-care. Development of the core curriculum is currently being developed.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

ATTC: Pacific Southwest

Submitted By: Beth Rutkowski, brutkowski@mednet.ucla.edu

Pacific Southwest Highlights from December 2019 – January 2020

New Product Alert – Compassion Fatigue Curriculum Infusion Package

Description: The PSATTC team at UNR CASAT is putting the finishing touches on a two-part Curriculum Infusion Package (CIP) entitled Secondary Trauma and Compassion Fatigue in the Behavioral Health Workforce: Understanding the Impact and Employing Self-Care Strategies. The CIP is written within the context of the impact of the national opioid epidemic. The CIP will be released in February 2020 to educators located throughout Region 9. In addition, the CIP will be posted to the Products and Resources Catalog for TTC colleagues to view, download, and adapt for their use in their respective Region/catchment area.

Link: <http://www.psattc.org>

Related Topics: The Opioid Epidemic

Related Workplan Activity: Develop at least two CIPs (Methamphetamine, Compassion Fatigue, Strategies to Treat Chronic Pain)

Preparing for Launch of the Organizational Process Improvement Initiative (OPII)

Description: Fourteen agencies were selected to participate in the Pacific Southwest ATTC's OPII, and received official notification on December 16, 2019. One agency withdrew their acceptance, leaving 13 agencies to comprise the 2020 OPII Cohort. Included in the acceptance notifications were instructions to complete an online version of the Organizational Readiness for Change (TCU ORCA), a validated instrument for assessing organizational readiness (Lehman, Greener, Simpson, 2002). Agency personnel attending the February 2020 Change Facilitator Academy were required to complete this anonymous, 120-item survey, and were encouraged to distribute the survey link to as many of their staff as possible. In total 262 respondents from across the 13 agencies completed the ORCA. Agency change readiness profiles were developed and will be provided to participants upon their arrival at the February 4-6 Change Facilitator Academy. Reference Lehman, W.E.K., Greener, J.M., & Simpson, D. (2002). Assessing organizational readiness to change. *Journal of Substance Abuse Treatment*, 22, 197-209.

Link: <http://uclaisap.org/psattc-opii/>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Distribute and accept applications for PSATTC OPII

Expansion of SMS Text Message Learning Extenders

Description: In January 2020, the PSATTC continued laying the groundwork to expand the use of SMS Text Message Learning Extenders by applying them as a component of a series of face-to-face Introduction to Motivational Interviewing training sessions conducted throughout Region 9. Prior to this, the learning extenders have been used solely in supporting the workplace learning occurring in a series

of MI- and ASAM-specific Enhanced Processional Learning Series (EPLs). The goal of expanding the use of the learning extenders is to encourage sequenced learning among individuals who attend face-to-face trainings and engage the learner to continue the use of the skills after completion. In addition, it is hopeful these early MI learners will remain engaged and begin to adopt and eventually implement MI skills continuously. In spring 2020, the Pacific Southwest ATTC will launch another MI EPL as the “next step” learning event and continue the SMS text learning extenders throughout the series.

Link: <http://www.psattc.org>

Related Topics: None

Related Workplan Activity: Incorporate SMS text messaging learning extender platform as part of synchronous learning opportunities

Pacific Southwest Highlights for February 2019 – March 2019

OPII Change Facilitator Academy

Description: On February 4-6, 2020, the PSATTC will host a three-day intensive Change Facilitator Academy at the James C. Irvine Conference Center in Oakland, California. A total of 38 staff from 13 agencies are registered to attend the Academy. Day 1 will focus on a deep dive of the operational details of the OPII, as well as reviewing the results of the ORCA, and learning essential facilitation skills. Day 2 will focus on learning group facilitation information gathering and brainstorming skills, conducting walkthroughs and flowcharting service processes, identifying service process and clinical metrics, developing needs assessment plans, and conducting PDSA (Plan-Do-Study-Act) rapid cycle change projects. Lastly, Day 3 will focus on developing activities workplans, learning group facilitation decision making and building commitment skills, and building and completing a change team roster. At the Academy, teams will schedule a face-to-face kick-off meeting that Dr. Shafer, OPII Co-Facilitator will attend.

Link: <http://uclaisap.org/psattc-opii/>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Deliver three-day Change Facilitator Workshop

ASAM and DSM-V Training on CNMI

Description: In late March, the PSATTC will provide a four-day intensive training to approximately 20-25 SUD providers from across the six Pacific Jurisdictions on the topics of ASAM Criteria Implementation and DSM-5. This training will be held on Saipan, CNMI, and service as the first phase of a multi-phase effort where the end goal will be the development of a cadre of local providers who are equipped to train others in the use of ASAM Criteria to successfully place patients in SUD treatment services. Subsequent professional development activities, including professional development, training of trainers workshop, booster trainings, and ongoing trainer consultation and coaching with master trainers will take place in summer-fall 2020 and beyond.

Link: <http://www.psattc.org>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Ensure all T/TA services are responsive to issues of culture

Children's Hospital Los Angeles Graduate Psychology Education (GPE) Program

Description: In February 2020, the PSATTC will complete the final 2.5 days of a five and one-half day intensive clinical Training Institute for a cohort of 10 psychology fellows participating in the HRSA-funded GPE Program. The 2.5 days of training will focus specifically on the use of contingency management/motivational incentive approaches, and advanced motivational interviewing approaches. In addition to the Training Institute, PSATTC trainers have been providing monthly Zoom-based coaching and clinical consultation to the 10 fellows since October 2019. Each month, two PSATTC trainers provide targeted coaching and consultation to the fellows to help them resolve challenging clinical situations, and work on further honing their motivational interviewing skills. This monthly consultation will continue through August 2020. In September 2020, a new cohort will be accepted into the GPE Program, thus restarting the training and consultation process. NOTE: This applies to Year 3 Workplan - Goal 3, Objective 2, Activities 1-2.

Link: <http://uclaisap.org/chla-gpe/>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Provide ongoing consultation/supervision on EBPPs to providers in training fellowships

ATTC: South Southwest

Submitted By: Maureen Nichols, mnichols@austin.utexas.edu

South Southwest Highlights from December 2019 – January 2020

Electronic Learning Series: Skills-Based Behavioral Health Counseling Via Videoconferencing

Description: Eight-week online professional learning series on skills-based counseling via videoconferencing offering a deep dive into skill development (clinical and technology) and implementation strategies. Dates: January 21-March 10, 2020

Link: <https://attcnetwork.org/centers/south-southwest-attc/event/skill-based-videoconferencing-series-online>

Related Topics: None

Related Workplan Activity: Conduct and enroll participants in one 4-6 week intensive multi-skills building training with individualized technical assistance consultation, performance evaluation and feedback on skills for selected service organizations' staff

Presentation to HRSA Texas RCORP Grantees

Description: Joint presentation with SSW PTTC to HRSA-funded Rural Communities Opioid Response Programs in Texas on topics of identifying and utilizing state and local resources to support their goals of increasing prevention, treatment and recovery services for opioid and substance use challenges in their frontier and rural communities. College Station, Texas on January 31, 2020.

Link: [N/A](#)

Related Topics: The Opioid Epidemic

Related Workplan Activity:

New Mexico Department of Corrections Addiction Pre-service Education Pilot

Description: Meeting between New Mexico Department of Corrections and SSW ATTC Educational Consortium partner New Mexico Highlands University to discuss expansion of successful pilot program of a prison-based educational degree plan in addiction counseling designed to address significant workforce shortages and reduce recidivism in New Mexico. January 17, 2020.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity: Develop agreements with educational institutions for counselor prep courses and practicum

South Southwest Highlights for February 2020 – March 2020

Joint SSW ATTC and SSW MHTTC Advisory Board Meeting

Description: Joint SSW ATTC and SSW MHTTC Advisory Board Meeting include 70 participants, both advisory board members and guests, with focus areas including trauma informed care, effective work in justice related settings, regional peer recovery coordination and cultural competency. February 4 and 5, 2020 in Austin, Texas.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity: Convene stakeholders in Advisory Board annual meeting and workgroups.

Peer Workforce Retention Quality Improvement Project

Description: In person/tele/video-conferencing meetings with peer retention organizational change teams at individual agencies to plan for and implement change cycles around identified technical assistance areas. Work is being done in partnership with SSW MHTTC.

Link: [N/A](#)

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Host an in-person or virtual event to share peer retention outcomes.

New Mexico Highland University Community Based Technical Assistance

Description: SSW ATTC Educational Consortium partner New Mexico Highlands University is providing community-based technical assistance to Northern Navajo Regional Behavioral Health Center, undertaking a longitudinal analysis of DDCAT results paired with 'Tribal Core' measures of Substance Abuse Treatment. Analysis work is being conducted by graduate students in the New Mexico Highland University School of Social Work under supervision of Dr. Rey Martinez.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity: Provide consultation to SSAs and tribal communities in support of effective and cultural appropriate service delivery for tribal communities

ATTC: National American Indian and Alaskan Native ATTC
Submitted By: Jeff Ledolter, jeff-ledolter@uiowa.edu

<p align="center">National American Indian and Alaskan Native ATTC Highlights from December 2019 – January 2020</p>
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Progressed Tribal College and University Initiative and National AI/AN Leadership Academy

Description: The tribal colleges and university initiative continue to focus on building relationships and providing information about the curricula and programs we can offer tribal academic institution on topics related to behavioral health. In addition, the National AI/AN ATTC has now begun to draft plans and guidelines for implementation of a Lower 48 version of the Alaskan CHAP program. Our goal is to assist IHS in developing a set of criterion and guidelines to allow for the training of Native Americans who are interested in becoming Behavioral Health Aids. The secondary goal is to support tribal academic institutions in providing a portion of the foundational course work. Additionally, final plans for the Enhancement Session portion of the Leadership Academy have now been completed. The Enhancement Session will be held in New Mexico in late February 2020. Final work is complete on the program agenda, travel, lodging, and speakers. Related Topics: Leadership Academy and recruitment of AI/AN candidates interested in working in the Behavioral Health fields including Substance Abuse and Mental Health counselling. Related Goal/ Objective: Identify Workforce needs. Support the development of Native culturally informed behavioral health practices in one tribal college and support implementation of new practicum sites. Initiate relationship with new Tribal College, help identify needs and assist in recruitment and implementation.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/leadership-academy>

Related Topics: None

Related Workplan Activity:

Provided continuing Essential Substance Abuse Skills Webinars (ESAS) and other related webinars

Description: Provided 2 ESAS webinars to grantees and their respective staff. The educational webinars, under the Essential Substance Abuse Skills Webinar Series, were presented by Mr. Steine, MA, ATTC Program Manager, through the National AI/AN ATTC NCBH Office in Iowa City, Iowa. Our ATTC continues to provide ongoing ESAS and other training webinars, including a training on Evaluation and Treatment Planning, and on Referral and Service Coordination. Related Goal/ Objective: Identify Workforce needs/ Increase the number of people trained in evidence-based behavioral health practices and medication assisted treatment in the region. Raise awareness and disseminate core competencies (TAP21, TAP21A). Deliver 12 webinars as part of our Essential Substance Abuse Skills Webinar Series

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/esas-treatment-knowledge>

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

Hosted Face to Face Culturally Adapted Motivational Interviewing Training

Description: On January 13-14 the National AI/AN ATTC Manager Steve Steine and ATTC consultants Kathy and Kevin Tomlin provided a pilot presentation of the “Spirit of Communication: Culturally Adapted Motivational Interviewing” training. The event was attended by 32 local treatment providers and was held at the Two Feathers NASF (Native American Family Services) in McKinleyville, CA. This two-day event offered a preliminary introduction, discussion and practice of Motivational Interviewing skills/ techniques specifically adapted to Native American culture. Follow-up supervision for most of the group is now being planned for the coming months. Related Goal/Objective: Identify Workforce needs/ Accelerate the adoption and diffusion of culturally informed, trauma-informed evidence- and experience-based SUD treatment and recovery-oriented practices and services for AI/AN with SU and/or co-occurring MHD. Strengthen Tribal data collection systems to improve quality of systems and programs. Expand capacity to provide trainings regionally through offering TOTs. Offer Training of Trainers on culturally adapted Motivational Interviewing.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/news/spirit-communication-mi-training>

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

National American Indian and Alaskan Native ATTC Highlights for February 2020 – March 2020

Host Face to Face TA meetings, collaborate with TTCs, and provide ongoing remote TA support for grantees

Description: Continue to plan several face to face technical assistance meetings for early 2020, TTC collaborations, and Regional TOR meetings. Ongoing planning for listening sessions, continued relationship building, collaboration venues, continued through the fourth quarter of 2019 and are now underway for first quarter of 2020. Related Goal/Objective: Identify work force needs/ Increase the number of people trained in evidence-based behavioral health practices and medication assisted treatment in the region. Be a subject matter expert for the Native BH workforce, the ATTC Network and the ATTC Coordinating Office

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/tor-resource-page>

Related Topics: The Opioid Epidemic, None

Related Workplan Activity:

Continue Tribal Opioid Response Grantee Regional Meetings

Description: We continue to plan and provide regional TOR grantee meetings to gather feedback, support the needs of tribal communities, and we are planning future Regional TA projects in the coming

months of early 2020. The next Regional TOR meeting is now set for February 26 in Oklahoma City, OK. Related Goal/Objective: Identify force work needs/ Improve national awareness/visibility of BH issues faced by tribal communities to increase collaboration in systems change. Be a subject matter expert for the Native BH workforce, the ATTC Network and the ATTC Coordinating Office

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/tor-resource-page>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity:

Assess Stimulant Use Among Native American Populations

Description: We are in the early research and planning stage of a collaborative project with ATTC in Region 9 wherein we are tasked with gathering research data and information relate to the topic; Stimulant use among Native American populations. Our portion of this project is part of much larger Region 9 ATTC workshop training initiative to assist in educating communities, providers, and families on stimulant use from a cross-cultural perspective. Accelerate the adoption and diffusion of culturally informed, trauma-informed evidence- and experience-based SUD treatment and recovery-oriented practices and services for AI/AN with SU and/or co-occurring MHD. Use community-based participatory programming and research (CBPP/R) to engage and get buy-in from communities

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/tor-resource-page>

Related Topics: None

Related Workplan Activity:

ATTC: National Hispanic and Latino ATTC
Submitted By: Maxine Henry, maxine@nlbha.org

National Hispanic and Latino ATTC Highlights from December 2019 – January 2020

Webinar Series

Description: We presented a 2-part webinar series on Critical Trauma Theory and Radical Self-Care in the Latino Community. The first half titled: “An Introduction to Critical Trauma Theory and its relationship to Substance Use Disorders in Latinx communities” took place on December 18, 2019, while the second episode in the series “Practical Tools to Implement Critical Ally-ship and Radical Self-Care in our Service Delivery to Latinx Communities” was held on January 8, 2020. Both episodes were 900-minutes long and were well attended. Our presenter, Ms. Anna Nelson, received overwhelmingly positive feedback about the content. The episodes are available on our website and will soon be available in Spanish and Portuguese.

Link: <https://www.youtube.com/watch?v=P7vh2u-pgRk&feature=youtu.be>
<https://www.youtube.com/watch?v=KZpVGaZz-P8&feature=youtu.be>

Related Topics: The Opioid Epidemic

Related Workplan Activity: Throughout the year our ATTC will deliver at least 8 virtual events/webinars. The topics will be guided by the results of our Training Needs Query, specific requests, and other developing topics. Virtual events will range from 1-3 hours in length.

Bi-ennial Conference

Description: We are excited to announce that we have provided a 'Save the Date' for our first Bi-Ennial Conference, which will take place at the Omni Hotel in Los Angeles, CA; September 16-18, 2020. In partnership with our sister PTTC we have hired a Conference Planner to assist with the logistics of the conference. Our conference will host 5 training tracks to include: Prevention, Treatment/Recovery, Policy, Research, and Peers in Recovery. Call for proposals and registration information will be released soon. The 2020 theme is: "Shaping the Vision of Latino Behavioral Health" We have invited all the TTCs to participate and hope to collaborate with the National Hispanic and Latino MHTTC.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity: In collaboration with our PTTC we will prepare a conference budget and event program for approval by ATTC AC and NLBHA Board of Directors.

Nutrition Webinar

Description: On January 29, 2020 we hosted a 90-minute webinar on the link between nutrition and substance use in the Latino community. Our consultant, Jacqueline Villalobos, NP presented "Reducing Cravings for Substances by Balancing Blood Glucose with a Culturally Appropriate Version of the

Mediterranean Diet" to an audience of 90 individuals. The recording will be available on our website in the upcoming week.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity: Throughout the year our ATTC will deliver at least 8 virtual events/webinars. The topics will be guided by the results of our Training Needs Query, specific requests, and other developing topics. Virtual events will range from 1-3 hours in length.

National Hispanic and Latino ATTC Highlights for February 2020 – March 2020

Leadership Academy

Description: In partnership with our sister PTTC we are honored to announce that our National Hispanic and Latino Executive Leadership and Fellowship Program will be launching in the upcoming months. We are searching for mid-level managers/directors in the behavioral health field to complete this comprehensive leadership academy aimed at preparing them for larger national-level positions in leadership. Applications will be available throughout February, 2020 and the virtual program will launch at the end of March, 2020. We look forward to graduating our first cohort of 10 Latino leaders by September, 2020.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity: ATTC will deliver a 9-12 month Leadership Academy with the goal of preparing new individuals for leadership opportunities.

Webinar Series

Description: In February we will be hosting a 2-part webinar series on the topic of domestic violence/intimate partner violence and the connection to SUD in the Latino Community. The first 90-minute episode "Preventing Teen Dating Violence Among Latino Youth" will be hosted by our sister PTTC on Tuesday, February, 18 2020. Our ATTC will host "Intersection of Domestic Violence or Intimate Partner Violence and Addiction" on Tuesday, February 25, 2020. Both episodes will be presented by our consultant Glory McDaniel, MA, LAC, LPCC, NCC; a bi-lingual counselor. Registration for both events is now open.

Link: https://zoom.us/webinar/register/WN_IzRXI4UCRZq0Z31rS9mHzg

https://zoom.us/webinar/register/WN_nyRIaHLbTf6-R_DhdYEEDQ

Related Topics: The Opioid Epidemic

Related Workplan Activity: Throughout the year our ATTC will deliver at least 8 virtual events/webinars. The topics will be guided by the results of our Training Needs Query, specific requests, and other developing topics. Virtual events will range from 1-3 hours in length.

Stimulant Module

Description: Our ATTC has partnered with Region 2 to develop a supplemental module for the Stimulant curriculum being developed by the larger workgroup. Our supplemental module will focus on issues prevalent to the Hispanic/Latino communities with regard to stimulant use. Our supplemental module will be offered as a PPT/Trainer Guide and a pre-recorded 1-hour viewable option. The release of this module will take place during the relaunch of the full-day Stimulant Training along with the Native American/Alaskan Indian and African American modules.

Link:

Related Topics: None

Related Workplan Activity: Based on specific requests from providers, community based organizations, agencies, etc we will deliver 8 technical assistance events focused on improving service delivery for those serving Hispanic/Latino communities.

ATTC: Network Coordinating Office

Submitted By: Viannella Halsall, halsallv@umkc.edu

Network Coordinating Office Highlights from December 2019 – January 2020

Integration of Bimonthly Updates with Work Plan on Hub

Description: In response to feedback from the Network, the NCO updated the process for completing bi-monthly updates in January. Centers will now be able to complete their bi-monthly updates using the ATTC Hub with the option of pairing noted highlights to their work plan activities. This will allow Centers the opportunity to access activity and review progress throughout the year in one place. Step-by-step instructions with screenshots were provided to the Network.

Link:

Related Topics: None

Related Workplan Activity: Turn the bi-monthly ATTC update forms into a database linked to the annual workplan database

HCV Guide Draft 1 Revisions

Description: Implementing HCV Services in Opioid Treatment Programs: A Guide to Promising and Emerging Practices" was pilot tested in four OTP programs and feedback was consolidated for the purpose of modifying the first draft of the guide and make improvements to better support the needs of the field. Draft 1 revisions occurred between December 2019 and January 2020.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity: Complete pilot testing, finalize and distribute a promising practices guide that address integrating testing and care for HCV in OTPs.

Quality Assurance Working Group

Description: The Quality Assurance working group, led by Laurie Krom of the NCO, developed a draft quality rubric in December for the Network. This draft was then emailed to the Network with an invitation to attend one of two sessions in January to discuss the draft rubric and provide feedback. Several staff across the ATTC Network participated in these open discussions or submitted written feedback. The work group is incorporating the feedback and comments into the next draft of the rubric, which will be shared with the Network.

Link:

Related Topics: None

Related Workplan Activity: Convene, provide leadership, staffing support and coordination for the "ATTC National CLAS Standards Working Group" AKA "Building Equity and Inclusion Working Group"

Network Coordinating Office Highlights for February 2020 – March 2020

TTC National Centers Meeting

Description: The NCO will be participating in and assisting with the facilitation of the first quarterly virtual meeting of the National Centers across the TTC program in February. This meeting follows a face-to-face strategic planning meeting that occurred at SAMHSA in October 2019. GPO Humberto Carvalho will be participating along with all three NCOs, the three National Hispanic and Latino TTCs, and the three National American Indian and Alaska Native TTCs.

Link:

Related Topics: None

Related Workplan Activity: An ATTC NCO staff person will continue to be the primary point-of-contact for the 2 national focus area ATTCs (National American Indian and Alaska Native and National Hispanic and Latino). An NCO staff person will continue to be the key point-of-contact for the regional ATTCs, holding up to 4 calls with each ATTC RC in year 3 to discuss progress and challenges.

ATTC Network Work Plan Analysis for Year 3

Description: The NCO will be working on the Network work plan analysis for Year 3. It will be completed and distributed to the Network and GPO by the end of March.

Link:

Related Topics: None

Related Workplan Activity: Crosswalk the work plans (goals, objectives & activities) of the 10 RCs and 2 national focus area ATTCs to identify areas of potential collaboration or duplication as well as to help determine the topics for the cross-ATTC product development workgroups.

Registration Opening for May "TOT Intensive"

Description: The NCO is planning a "Training of Trainers" intensive event to be held in May for the ATTC Network. This event will be open to all ATTC staff and trainers with registration opening in February. The program will include training by master trainers on the delivery of various curricula, including new curricula developed by the ATTC Stimulant and National CLAS Standards working groups.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: Plan and host a "TOT intensive" with multiple training-of-trainers sessions held together to build the capacity of ATTCs to offer trainings in their regions