



ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Network Bi-Monthly Update June 2020

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New England ATTC Highlights from April - May 2020

Webinar Series on Wellness, Self-Compassion and Sustaining Hope During the COVID-19 Crisis for the Co-Occurring Collaborative S

Description: This was a collaboration with the New England MHTTC with over 500 attendees total for a 2-part webinar series. It was offered in response to a specific request from CCSME, a non-profit organization in Maine. The crisis created by COVID-19 has impacted all sectors of society, including people recovering from Substance Use Disorders and/or Mental Health Issues. Part one of this webinar series entitled “Sustaining Hope During a Time of Crisis: Supporting Multiple Pathways of Recovery” was held on May 6, 2020 and focused on how isolation, stress, anxiety, trauma, financial difficulties, and physical distancing have impacted recovery processes and the wellbeing of the recovery community. Presenters highlighted the need to understand and support the multiple pathways of recovery, wellness, resiliency, self-care, and recovery capital. Online resources and platforms were explored as well with over 150 attendees. Part two of the series entitled “Wellness and Self-Compassion: Supporting Mental Health and Substance Use Providers during the COVID-19 Pandemic” was held on May 13, 2020 and focused on how providers are coping and how to best support this critical part of the workforce. Participants learned how hopelessness, fatigue, stress, trauma, and social distancing are impacting the wellbeing of mental health and substance use practitioners. Presenters highlighted the need to practice self-compassion, holistic wellness, and self-care as essential strategies to deal with compassion fatigue and burnout. Supportive strategies and techniques to increase connection were discussed to over 360 attendees.

Link: <https://attcnetwork.org/centers/new-england-attc/product>

Related Topics: None

Related Workplan Activities:

- Maine: The New England ATTC will partner with the state SSA office and the state-funded training entity (Adcare Educational Institute) to roll out a series of high priority topics for licensure and continuing education including Criminogenic Thinking, Adolescent Substance Use Treatment, Cultural Intelligence, and Stigma. As a follow-up to last year's visit to the Native American tribal communities, will also work with the SSA office to ensure training topics are responsive to needs of tribal communities throughout the state.

Motivational Interviewing (MI) Drug Court Initiative including Basic, Intermediate and Advanced MI

Description: The New England ATTC has an intensive TA initiative to help the New Hampshire Drug Courts become proficient in MI. Due to the impact of COVID-19 and

limitations for face-to-face events, The New England ATTC started the initiative with virtual TA for 20 staff members of the New Hampshire Drug Courts from April 22 through May 8, 2020 with separate tracks for Basic, Intermediate and Advanced MI skills. The audience consisted of Drug Court judges, counselors, case managers and coordinators. Each track was comprised of 6 hours of TA which included personal interaction with an expert instructor and the use of breakout rooms for reflections and open questions, listening and response practice. Basic MI instruction described the aspects of the overall spirit of MI along with practicing the ability to respond to people with empathy and compassion. The use of Open questions, affirmation, reflective listening, and summary reflections (OARS) was introduced as the basic interaction techniques and skills used in the motivational interviewing approach. Drug Court staff were taught ways to identify the desire, hopes and needs within a person's conversation and given the skills to react to those discussions. Attendees participated in individual break-out rooms to generate empathetic reflections and open questions designed to create ambivalence and how to elicit change talk and provide an effective, empathetic summary statement. Intermediate and Advanced MI focused on how MI can be used to improve outcomes for clients and how to recognize where MI is useful as well as situations where it is less useful. A large amount of time was spent in the break out rooms for practice conversation roles and discussion of a number of clinical scenarios related to the Drug Court population. Ongoing coaching and consultation will be provided.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Regional: Development and delivery of a webinar on "Stimulant Use Disorders: Epidemiology, Clinical Challenges, and Review of Treatments." Development and delivery of a half day face-to-face workshop entitled "Implementation of Evidence-based Treatments for Methamphetamine Dependence." Materials will emphasize risk of stimulant misuse among patients on medication for opioid use disorders.

Neonatal Abstinence Syndrome (NAS) Webinar Series

Description: In partnership with the RI Department of Health and Sherlock Center for Early Intervention Professional Development and Technical Assistance at Rhode Island College, the New England ATTC was originally convening a full day forum for RI professionals entitled: An Intensive Neonatal Abstinence Syndrome (NAS) Training to Support the Development of Family Visiting and Early Intervention NAS Teams. Due to the COVID-19 health crisis and the inability to hold such high enrolling events we provided a 4-part virtual training series beginning on April 23 continuing through May 14, 2020 with the same objectives. This distance learning event provided background information on substance use disorders and mental health conditions in women of child-bearing age and how these conditions may impact the woman and her fetus during pregnancy, the newborn, and long-term outcomes. Presentations and discussions focused on the practical, clinical application of the material when caring for the

substance exposed newborn and the family. With over 200 attendees per session the learning series was a national event with participants attending virtually from several different states throughout the country. Session 1 held on April 23, 2020 provided an overview of substance use in pregnancy and the impact of fetal and infant development. The goal of the first session was to provide background information on substance use disorders and mental health conditions in women of child-bearing age and how these conditions may impact the woman and her fetus during pregnancy. Substances discussed included opioids, illicit substances, nicotine, and psychotropic medications. The session also introduced the impact of substance exposure on the fetus and newborn. Session 2 held on April 30, 2020 was entitled “The ABC’s of the substance-exposed newborn: NAS, NOWS, PNA, NAPS”. This session went into detail about newborn opioid withdrawal, how their presentation may differ from other substance exposures, and the impact of poly-substance exposure. There was discussion around the care and treatment of the newborn after delivery and the potential impact on longer term outcomes. Session 3 was held on May 7, 2020 and focused on the care of the infant and family in the first year of life after prenatal substance exposure. This third session discussed what is currently known about the risks to early infant development after prenatal substance exposures and how to provide care and treatment to optimize outcomes. Session 4 was held on May 14, 2020 and addressed practical guidance for care of the substance-exposed newborn. In this final session, the presenter reviewed the prior training content and gave more detail about caring for the substance-exposed newborn and infant. In this session there was time for discussion, Q&A, and problem-solving based on actual cases.

Link: <https://attcnetwork.org/centers/new-england-attc/product>

Related Topics: None

Related Workplan Activities:

- Rhode Island: The New England ATTC will continue to partner in the development and delivery of an annual state-wide forum on substance-exposed newborns. In addition, the New England ATTC will provide training on implicit and explicit bias as well as on the effects of maternal methamphetamine and stimulant use disorder on infants. Targeted TA will consist of both the face-to-face state forum and ongoing virtual consultation.

New England ATTC Highlights for June - July 2020

New England Summer School of Addiction and Prevention Studies

Description: The Virtual 51st New England Summer School of Addiction and Prevention Studies event in partnership with Adcare Educational Institute Inc. will be held virtually from June 1-4, 2020. The New England School of Addiction and Prevention Studies is a 4-day intensive learning experience to further knowledge, skills, and experience in the field of substance use disorder services. Several of the New England ATTC consultants will be presenting this year, some for the first time. Each

year, participants from many disciplines come together to form a unique, diverse learning community. Intensive courses from across the continuum of treatment, prevention, and recovery will be offered remotely and virtual courses will take place live by videoconference, allowing for course group work and interaction. In addition to courses, plenary sessions and a virtual community experience will be presented. New England ATTC staff will be present as virtual room facilitators and will provide technical support throughout the 4-day training event.

Link: <http://www.cvent.com/events/virtual-51st-new-england-school-of-addiction-and-prevention-studies-740-100-/event-summary-aac6f83b2c90408d94b8911d7368972a.aspx>

Related Topics: None

Related Workplan Activities:

- Regional: Support two regional, flagship educational programs to develop the next generation of frontline providers: School of Best Practices and the Summer School. Coordinate 10 focused short-term courses in high priority topic areas including opioid overdose and CLAS standards.

Contingency Management Principles Webinar

Description: On June 12, 2020 we will offer a 2-hour virtual training entitled “Contingency Management (CM) Principles” for the state of Vermont Department of Health, Alcohol and Drug Abuse Program (ADAP). This targeted TA initiative is being provided in response to a direct request from the state partner. Contingency management (CM) is an effective behavioral intervention that provides tangible reinforcement when target behaviors are completed and objectively verified. A large body of literature supports CM’s use for the treatment of persons with substance use disorders (SUDs). Many applications of CM in treating SUDs focus on abstinence, providing monetary rewards or prizes when clients provide objective evidence of abstinence from drugs (e.g., urine samples). Contingency management has also been adapted successfully to reinforce other behaviors, including treatment attendance, medication adherence, and treatment-related activities (e.g., submitting job applications, attending medical appointments). This webinar will review the application of Contingency Management to promote positive behavior change in SUD treatment settings. Attendees will learn the different types of CM programs and how to design and implement an effective CM program. Specifically, attendees will be introduced how to recognize: different types of CM programs; effective features of CM interventions and reinforcement schedules; and common deviations from evidence-based protocols and how to avoid them. The audience for this workshop will be Vermont treatment providers, clinical directors, supervisors, counselors and case managers.

Link:

Related Topics: None

Related Workplan Activities:

- Vermont: The New England ATTC will partner with the state Division of Alcohol and Drug Abuse Programs to provide a series of short-term events in high priority topic areas including Trauma-Informed Care, Contingency Management, Culturally Competent Practice, and Clinical Supervision.

Cultural Humility/Cultural Intelligence Workshop

Description: A course on Cultural Humility and Cultural Intelligence will be offered for the Providence Center, a community behavioral health center in Rhode Island, virtually as a result of the COVID-19 restrictions on face-to-face trainings. This will be presented as a 2-day course on June 9 and June 16, 2020 using a virtual classroom via the Zoom platform to case managers and counseling staff. The audience is expected to be between 50-80 individuals and will include personal interaction, discussion and break out rooms for group work. This workshop will address the idea of understanding disparities and delivering services grounded in equity. This training is highly interactive and led by Dr. Haner Hernandez who is a leading expert in the field of Cultural Competence and Cultural Intelligence. This workshop is designed to highlight and explore the needs of substance use treatment professionals working with culturally diverse individuals, organizations, and communities. The participants will be introduced to the role of cultural humility and intelligence in clinical settings and learn proven techniques and strategies for engagement. The training will include didactic as well as interactive exercises designed to engage participants and elicit their input.

Link:

Related Topics: None

Related Workplan Activities:

- Regional: Deliver short-term training events on cultural competence on Cultural Humility/Intelligence, and Cultural Intelligence: Understanding and Incorporating CLAS Standards into Practice, and Cultural Elements in Treating Hispanic and Latino Populations. Will also work to expand offerings to meet the needs of tribal communities throughout the region, ideally in partnership with the Special Focus Area TTCs.

ATTC: Northeast and Caribbean

<p style="text-align: center;">Northeast and Caribbean ATTC Highlights from April - May 2020</p>

CLAS Matters New Curriculum

Description: On May 6/7 the NeC-ATTC completed its first delivery of the new CLAS Matters curriculum, trained by Diana Padilla, one of the lead curriculum developers. The course was delivered online via zoom, in two, 1.5 hour segments (3 hours total)

Link:

Related Topics: None

Related Workplan Activities:

- Serve as representative for National CLAS Standards

ATTC NIDA Workgroup

Description: Michael Chaple, PhD continues to chair a NIDA workgroup to develop a proposal that leverages the ATTC network for implementation science. We had a call with NIDA program officers on May 20th (Lori Ducharme and Tisha Wiley) to discuss our concept. A R34 RFA was identified (<https://grants.nih.gov/grants/guide/pa-files/par-18-223.html>) and we are planning a submission for Nov. 13, 2020.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Serve as Chair of the NIDA Application Work Group

COVID-19 Trainings

Description: The NeC-ATTC has continued to tailor new training and TA events to address emerging provider challenges during the COVID-19 pandemic. The events have focused on telehealth policy and best practices, staff wellness (e.g., compassion fatigue), psychological first aid, client engagement, professional boundaries, etc.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activities: None

Northeast and Caribbean ATTC Highlights for June - July 2020

ATTC Integration Project (DDCAT)

Description: The NeC-ATTC is collaborating with the Great Lakes ATTC and the Northwest ATTC to deliver a five-part webinar series on best practices for integrated care, using the DDCAT framework to guide recommendations and service enhancements. The series launches with an overview on June 10th, followed by four webinars: July 30: Organizational structure and culture August 19: Staffing and Training September 23: Intake, Screening, and Assessment October 21: Integrated treatment planning, service provision and continuity of care

Link: http://collaborativeforhealth.org/Integrated_Treatment_Webinar_Series_Flyer.pdf

Related Topics: None

Related Workplan Activity:

- Conduct monthly webinars

New Course: Treating the Mandated Justice-Involved Client

Description: The NeC-ATTC has partnered with a consultant (former Drug Court Director) to develop a course that outlines best practices for the treatment of justice-involved clients, helping programs to more effectively collaborate with the justice system. Course Description: With the development, integration and expansion of problem solving (treatment/therapeutic) courts around the nation and an increase presence of professional social workers and psychologist in courtrooms, probation, parole and other criminal justice settings the notion of treatment rather than incarceration is fully supported and integrated into the judicial system and valued by most Judges and legal counsel. As a result, the need for justice involved treatment providers are in great demand. This workshop has been specifically designed to assist clinical and administrative professionals in the development, implementation and maintenance of creating and maintaining a justice involved treatment program/track. This six-hour interactive workshop will provide participants with an in-depth overview of all problem-solving courts (including Drug, DWI, Veteran and Opioid courts) and clearly outline providers' expectations and obligations (communication, toxicology testing) once a partnership has been formed. Participants will be introduced to a step-by-step process of how to create a criminal justice network and come to understand what judges expect from a provider relationship. Participants will understand the role of parole and probation, and how that relationship can impact the overall treatment process. Lastly, participants will become familiar with the various evidenced-based practices that problem-solving courts and other criminal justice professionals look for when referring to treatment providers.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Deliver training on best psychosocial treatment approaches for OUD

TTC Workgroup COVID-19

Description: Michael Chaple, PhD has been participating in the COVID-19 workgroup to identify strategies and lessons learned among ATTCs in shifting to remote training and TA deliveries. A survey has been designed to gather information from all the TTC grantees. He will collaborate with the chair (Sara Becker, PhD) for the New England ATTC to: (a) analyze survey results; and (b) draft a brief article for peer review that summarizes the approach to remote TTA and the lessons learned.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Participate in additional work groups as identified

Southeast ATTC Highlights from April - May 2020

Helping Clients Maintain Recovery during Catastrophes and Pandemics

Description: Audience: This training is designed for healthcare professionals to include licensed and paraprofessionals in the mental health and co-occurring disorders fields. A brief overview of overcoming traumatic stress symptoms. Learning Objectives: · Articulate how a catastrophic crisis can trigger traumatic stress symptoms. · Help clients address traumatic stress symptoms caused by catastrophic crisis prior to relapse. · Understand how isolation during pandemics puts clients at risk of relapse. · Utilize 3 strategies to help clients decrease isolation during pandemics. · Use technology to help clients maintain recovery during catastrophic crises and pandemics. Speaker Mark Sanders, LCSW, CADC, is an international speaker, trainer, and consultant in the behavioral health field whose work has reached thousands throughout the United States, Europe, Canada, Caribbean and British Islands. Mark has been a certified addictions counselor for 34 years. Mark is co-founder of Serenity Academy of Chicago, the only recovery high school in Illinois. He is past president of the board of the Illinois Chapter of NAADAC. He has had a 30-year career as a university educator having taught at the University of Chicago, Illinois State University, Illinois School of Professional Psychology, and Loyola University of Chicago, School of Social Work. **Link:** <https://attcnetwork.org/centers/southeast-attc/event/helping-clients-maintain-recovery-during-catastrophes-and-pandemics>

Related Topics: None

Related Workplan Activities:

- Facilitate behavioral health trainings and learning communities

Ask the Expert May Dialogue: Strategic Integration of Mental Health/SUD Services Into Primary Care

Description: What is Ask the Expert? Beginning in February 2020, SATTC will host "Ask the Expert" the 2nd Tuesday of every month on topics surrounding Substance Use Disorders (SUDs), co-occurring diseases, health disparities, and more. Experts in the field will share the latest knowledge and answer questions from our community. As professionals and practitioners move beyond webinars and training to more Intensive Technical Assistance (TA) needs, Ask the Expert becomes an infinite space to ask questions and increase your knowledge on some of the most popular and buzzing topics in the behavioral health and SUD fields. Objectives: To increase the knowledge capacity surrounding SUDs/ODDs To increase the awareness of emerging SUD hot topics and provide expert-level knowledge on myths surrounding many of them May's

Open Dialogue: Strategic Integration of Mental Health/SUD into Primary Care Openly dialogue about innovative avenues to integrate care Nick Szubiak brings more than 20 years of experience in direct service, administration, and clinical experience to the healthcare field. He is the Founder of NSI Strategies, an organization that provides support to integrated healthcare environments and currently serves as an Advanced Implementation Specialist for SAMHSA's Opioid Response Network and faculty for the Center of Excellence for Integrated Health Solutions funded by SAMHSA. Nick is the former Assistant Vice-President of Addiction and Recovery at the National Council for Behavioral Health and Director at the SAMHSA-HRSA Center for Integrated Health Solutions. Prior, he served as the Director of Behavioral Health for a rural FQHC. Nick provides technical assistance, consultation, and training toward bi-directional integration of behavioral health and primary care, substance use disorders, medication-assisted treatment (MAT), Telehealth, SBIRT, population health management, and utilizing implementation science to maximize clinical pathways to better care.

Link: <https://attcnetwork.org/centers/southeast-attc/event/ask-expert-may-dialogue-strategic-intergration-mental-healthsud>

Related Topics: None

Related Workplan Activities: None

What Healthcare Providers Need to know about Telehealth Laws and COVID-19 HIPAA Guidelines

Description: Presenter: Lucy R. Cannon, Ed. D, LCSW, CCDP-D Audience: This training is designed for healthcare professionals to include licensed and paraprofessionals in the mental health and co-occurring disorders fields. Learning Objectives: A brief overview of telehealth laws from federal and state levels · The necessity of identifying and explaining COVID-19 HIPAA emergency compliance laws for healthcare organizations · To identify types of technology that can be used during the COVID-19 Pandemic · To be familiar with state Medicaid and Medicare telehealth laws and fees for services according to HIPAA guidelines during the COVID-19 Pandemic · Participants will identify potential ethical and treatment dilemmas that can impact client care and solutions to remedy problems · HIPAA compliant technology and documentation that is needed to implement an effective HIPAA telehealth program About Dr. Cannon: Dr. Lucy R. Cannon is the CEO/Owner of LEJ Behavioral Health Services, LLC, a training and consulting company in Metropolitan Atlanta. She is a Licensed Clinical Social Worker in the states of Georgia and Alabama. She has the following certifications; CCDP-D, ICCDPD, and MATS. Dr. Cannon has been a clinician, supervisor, director, and consultant of mental health and co-occurring disorders programs in inpatient and outpatient healthcare organizations and psychiatric hospitals in various states in the United States. She is an Adjunct Professor at Clark Atlanta University School of Social Work. She serves on various healthcare organizations boards of directors and advisory boards.

Link: <https://attcnetwork.org/centers/southeast-attc/event/what-healthcare-providers-need-know-about-telehealth-laws-and-covid-19>

Related Topics: None

Related Workplan Activities:

- Facilitate behavioral health trainings and learning communities

Southeast ATTC Highlights for June - July 2020

Annual Inter-Faith Institute on Recovery (AIIR)

Description: The Southeastern Addiction Technology Transfer Center (SATTC) is working in partnership with the Southeastern Institute on Chemical Dependency (SICD). We are working together to provide communities of faith an opportunity to strengthen their knowledge around substance use disorders (SUD), treatment and recovery.

Link: <https://attcnetwork.org/centers/southeast-attc/event/annual-inter-faith-institute-recovery-aiir>

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Faith Conference

The Language of Recovery

Description: The Southeast ATTC will host this event for the 20 participants of the Faith Leadership Academy.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Recruit and host Spring and Summer Collaborative

Ask the Expert: Federal Support for SUD, Mental Health Disorder Prevention, Treatment and Recovery Services

Description: SATTC will collaborate with our HHS Regional Administrator Michael King to host an open dialogue for providers about support efforts you desire in your SUD/mental health services within Region IV.

Link: <https://attcnetwork.org/centers/southeast-attc/event/ask-expert-june-dialogue->

[strategic-intergration-mental-healthsud](#)

Related Topics: None

Related Workplan Activity:

- Facilitate behavioral health trainings and learning communities

Great Lakes ATTC Highlights from April - May 2020

“Use of Telehealth During a Pandemic: You Need a Bigger Boat (Part 2)”

Description: The Great Lakes ATTC hosted the second webinar in the telehealth series “Use of Telehealth During a Pandemic: You Need a Bigger Boat (Part 2)” on April 7, 2020. Providing SUD services during a pandemic requires a mix of disaster preparedness, safety precautions, telehealth, and ethics. This presentation describes how a large rural provider is delivering telehealth services during the current pandemic. Presenter Sheila Weix gives an overview of how this organization is forming new policies, providing behavioral therapy and medications for opioid use disorders, completing clinical documentation, collaborating with community stakeholders, and taking leadership actions to address the rapidly changing situation. Since posting on the Great Lakes Current YouTube channel, the webinar recording has had 486 views.

Link: <https://attcnetwork.org/centers/great-lakes-attc/product/substance-use-disorder-services-days-pandemic-youre-going-need>

Related Topics: The Opioid Epidemic

Related Workplan Activities: None

Peer Recovery Support Series, Section V: Supervision and Management

Description: The Great Lakes ATTC, in partnership with NAADAC, hosted a webinar series on Peer Recovery Support. The fifth webinar in the series took place on April 24, 2020. To support a successful peer program, effective supervision is essential. Equipping supervisors with knowledge of the day-to-day functions, including practice boundaries specific to the peer role, will increase job satisfaction and retention, reduce communication breakdowns, and lead to better outcomes for the individuals served. For Peer Recovery Support Specialists (PRSS), supervision typically has two components: administrative and supportive. Administrative supervision works with the needs of the agency (scheduling, benefits, etc.). Supportive supervision provides direct guidance, encouragement, and professional development opportunities. Having a plan in place of who, what, when, and where the supervision will occur creates a supportive and safe environment for peers to do their best, most effective work.

Link: <https://www.naadac.org/supervision-peer-recovery-webinar>

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Provide continuing educational tools for peer recovery professionals

Region 5: Supporting Behavioral Health Programs and Personnel During COVID-19

Description: The Great Lakes ATTC, in collaboration with their Region 5 Regional Administrator, held a facilitated question and answer session on May 5, 2020. The impact of COVID-19 has resulted in significant changes for the programs and personnel in the behavioral health care delivery system. Mental health and substance use disorder providers are at various stages of implementing these changes. To help facilitate an exchange of ideas on actions providers can implement, Genesee Community Mental Health Center CEO Danis Russell and Rosecrance President and COO Dave Gomel shared early lessons learned from their respective agencies and answered questions from participants.

Link: <https://attcnetwork.org/centers/great-lakes-attc/product/region-5-supporting-behavioral-health-programs-personnel-during>

Related Topics: The Opioid Epidemic

Related Workplan Activities: None

Great Lakes ATTC Highlights for June - July 2020

Peer Support ECHO

Description: The Great Lakes ATTC, in collaboration with Wayside Recovery Center in Minneapolis, MN, launched the Peer Support ECHO (PS ECHO), an online community for peer recovery specialists and mental health peers to share community and statewide resources, learn new skills and tools for doing peer work, and meet and connect with other peers. The PS ECHO is held twice monthly and features a short didactic portion followed by peer learning.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity:

- Promote Project ECHO

Integrated Treatment Webinar Series

Description: The Great Lakes ATTC in collaboration with the Northeast & Caribbean and Northwest Addiction Technology Transfer Centers (ATTCs) is launching a webinar series on Integrated Treatment. Integrated treatment is the buzzword of the day, but what does it really look like? What is possible, given funding restrictions and siloed services? This five-part webinar series will explore these questions and more from national experts. The first webinar in the series on June 10 “Defining and Assessing

Integrated Behavioral Health Capacity” will focus on research that indicates integrated treatment is more effective than sequential treatment and parallel treatment for people with co-occurring mental health and substance use disorders. This presentation will introduce the Dual Diagnosis Capability in Addiction Treatment (DDCAT) and the Dual Diagnosis Capability in Mental Health Treatment (DDCMHT) instruments and toolkits for improving co-occurring disorder (COD) treatment capability. Presenter(s): Mark McGovern, PhD & Heather Gotham, PhD, from Stanford and Jennifer Harrison, PhD, from Western Michigan University.

Link: [https://attcnetwork.org/sites/default/files/2020-05/Integrated Treatment Webinar Series Flyer 0.pdf](https://attcnetwork.org/sites/default/files/2020-05/Integrated_Treatment_Webinar_Series_Flyer_0.pdf)

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Collaborate with experts to identify current opportunities; develop assistance to address them

Culturally Responsive Services for LGBT Individuals

Description: The Great Lakes ATTC will provide virtual trainings for providers working with the LGBT population. Dr. Tom Freese, Director of the Pacific Southwest ATTC, will present a curriculum designed to develop provider skills in delivering culturally responsive prevention and treatment services for the LGBT population, especially those dealing with co-occurring substance use, mental health disorders (COD), and/or physical health disorders. Dr. Freese will provide two virtual trainings on July 14 and 15, 2020, for Region 5.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Provide TA to addresses disparities in access, use, and quality of services for individual agencies and community healthcare leaders.

South Southwest ATTC Highlights from April - May 2020

Educational Consortium Modifications to Classes and Practicum

Description: Adjustments to classes and practicum by Educational Consortium partners to ensure all enrolled students in pre-service courses for addictions education complete their educational requirements within public health crisis guidelines: Eastfield College (TX), Houston Community College (TX), New Mexico Highlands University (NM), Langston University (OK), Northwestern State University (LA), San Antonio College (TX), University of Central Arkansas (AR) University of Texas, Rio Grande Valley (TX) and University of Texas, Austin (TX).

Link: [N/A](#)

Related Topics: None

Related Workplan Activities:

- Develop new courses and trainings as needed to respond to identified training and professional development needs

Technical Assistance and Resources for Short-term Implementation of Telehealth Services for Behavioral Health

Description: Tool for behavioral health providers implementing telehealth support for behavioral health services in a short timeframe as a result of public health crisis. Provision of technical assistance to states and providers on topic of implementation of telehealth services.

Link: <https://attcnetwork.org/centers/south-southwest-attc/product/framework-implementation-telehealth-services-behavioral-health>

Related Topics: None

Related Workplan Activities: None

Peer Workforce Retention Quality Improvement Project

Description: Tele/video-conferencing meetings with peer retention organizational change teams at individual agencies to plan for and implement change cycles around identified technical assistance areas. Work is being done in partnership with SSW MHTTC.

Link: [N/A](#)

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Conduct in person/tele/video-conferencing meetings with peer retention organizational change teams to plan for and implement change cycles around identified TA areas, providing feedback on progress and obstacles.

South Southwest ATTC Highlights for June - July 2020

Resiliency in the time of COVID – Peers Leadership Meeting

Description: Discussion with peer recovery leaders regarding their skills and strategies for recovery and resiliency and how they can inform and address the behavioral health challenges posed by the COVID-19 health crisis. Work is being done in partnership with SSW MHTTC.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity:

- Participate in planning and coordination activities with peer recovery support organizations

Learn About Telecounseling: Issues In Counseling Series

Description: Series of online learning sessions for addiction professionals presented by Educational Consortium partner the University of Texas Rio Grande Valley.

Link: <https://attcnetwork.org/centers/south-southwest-attc/event/learn-about-telecounseling-online>

Related Topics: None

Related Workplan Activity:

- Develop new courses and trainings as needed to respond to identified training and professional development needs

Recovery and Recovery Supports to Address Stimulant Use

Description: Supplemental recorded webinar developed for ATTC Network Stimulant Curriculum Package addressing strategies for long-term recovery and recovery support.

Link: [Pending](#)

Related Topics: None

Related Workplan Activity:

- Provide curriculum content in support of implementation of evidence based practices for treatment and recovery of individuals with stimulant use challenges

Mid-America ATTC Highlights from April - May 2020

Clinician Extenders in SUD Treatment and Recovery: Sessions 1 - 4

Description: The Clinician Extenders in SUD Treatment and Recovery (actual title) begins April 28th and concludes June 9th. Learning objectives include: 1) Identify specific categories of smart phone applications and other technologies available for SUD recovery and treatment support; 2) describe successful implementation strategies for the integration of smartphone technology into the provision of recovery support services; and 3) assess the role smartphone technology may play in their individual and agency recovery support practice. Each 1-hour session will be a facilitated discussion among researchers/app developers and SUD practitioners who utilize apps in their day-to-day clinical work.

Link: <https://attcnetwork.org/centers/mid-america-attc/event/clinician-extends-sud-treatment-and-recovery-session-3>

Related Topics: None

Related Workplan Activities:

- Deliver a four-week (1 hour) virtual learning community on use of mobile apps as recovery care extenders in context of an addiction treatment and/or recovery service.

TTC Trauma Informed Care Implementation - Intensive TA

Description: In May 2020, ATTC Trauma Informed Team recruited a second intensive technical assistance site. The newly selected site, Amethyst Place, “provides private apartments and supportive services to mothers in recovery and their children in the Kansas City Metro Area.” Mid-America collaborated with Amethyst Place Executive Director and Board of Directors to formulate an MOU.

Link: <https://attcnetwork.org/centers/mid-america-attc/product/ttc-trauma-informed-care-implementation-overview>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Execute MOU with OSH formalizing intensive TA relationship

BHMEDS-R3 App Update

Description: On May 29, 2020, Drs. Stoner and Burgess completed content updates including: 1) Updated medications names (adding any new or not already included medications in the manuscript used to treat conditions addressed in BHMEDS

medication sections, and deleted medications no longer used to treat the conditions addressed in BHMEDS resource); and 2) updated and added relevant content within each medication section (i.e. antidepressants, OUD treatment, etc.) regarding their purpose, dose and frequency, side effects, abuse potential, cautions, and emergency conditions. In addition, app interface is completed allowing ATTC staff to update information in real time and republish app as needed.

Link: <https://attcnetwork.org/centers/mid-america-attc/product/bhmeds-r3-app>

Related Topics: None

Related Workplan Activities:

- Collaborate with consultant content experts/editors to review and update app content.

Mid-America ATTC Highlights for June - July 2020

Navigating the Maze: Sexual Health and Literacy for PPW with SUD

Description: For women with SUDs, these risks can include outcomes such as prenatal substance exposure and compromised SUD treatment retention. A major driver of this high burden of unintended pregnancies among women with SUD is the low utilization of effective contraception. To effectively address this disparity, a paradigm shift in how reproductive/sexual health is conceptualized for women with SUD is needed. Over two days and 4 virtual sessions, the presenters will aid the audience in making this paradigm shift to broad focus on sexual health education, literacy and reproductive life planning. **FORMAT:** Total of four, one-hour Zoom webinar sessions (each session is 45 minutes with 15 minute Q&A) over the course of two days. **PRESENTERS:** Hendree Jones, PhD; Elisabeth Johnson PhD; and Essence Hairston, MSW: Department of Obstetrics and Gynecology, School of Medicine, The University of North Carolina at Chapel Hill, Chapel Hill, North Carolina

Link: <https://attcnetwork.org/centers/mid-america-attc/event/navigating-maze-sexual-health-and-literacy-pregnant-and-postpartum>

Related Topics: None

Related Workplan Activity:

- Facilitate meetings and process improvement between organizations in KCK

Enhancing Workforce Capacity to Provide Clinical Supervision for Substance Use Disorders (CS-4-SUD)

Description: An intensive 3-part training series combining a 30-hour Clinical Supervision Foundations training with an 8-session Project ECHO! This cohort has been modified to include smaller in-person groups due to the current COVID-19 pandemic. Enrollment will be limited to a total of 40 participants. Part 1: Clinical Supervision Foundations, an asynchronous 14-hour online course hosted on HealthKnowledge. Part 2: A synchronous virtual training designed to prepare the clinical supervisor to observe job performance, provide feedback and coaching, prioritize learning needs, develop achievable learning objectives and continue monitoring performance to assess counselor effectiveness. Part 3: Clinical Supervision Project ECHO (begins 09/08/2020)

Link:

Related Topics: None

Related Workplan Activity:

- Recruit two, 20+ trainee cohorts from KS/MO and IA/NE

RCO Leadership Series: Inspire and Think Big: Recovery Communities in the Post COVID World

Description: Six, 60-minute webinars highlighting communities of recovery and their innovative responses to the pandemic to be held once per week mid-July through August. This series draws from the experiences of multiple recovery communities and provides models for how successful community-based recovery programs can be fostered and sustained in the turbulent times ahead. The goal for the series is to stimulate discussion and highlight practical approaches to advancing community resilience and recovery that are applicable to many communities across the nation during the pandemic and beyond. Mid-America, Great Lakes, and South Southwest ATTCs are partnering on planning and producing this 6-week series. (July - August 2020)

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Include peer specialist continuing education offerings to ATTC menu of state conference break-out sessions.

Mountain Plains ATTC Highlights from April - May 2020

Advancing Clinicians' Videoconferencing Skills: An Audio-Consultation Series

Description: The Mountain Plains ATTC introduced a new product based on a series of consultation groups developed to train behavioral health professionals on the use of videoconferencing to deliver clinical services. The original series, Advancing Clinicians' Videoconferencing Skills: An Audio-Consultation Series, was developed and delivered in 2019 before the COVID-19 pandemic. Specifically, this series offered a live platform for learning and consultation related to videoconferencing case reviews, legalities and ethics, rules and regulations, and understanding clients through the lens of the evolving digital world. In addition, it explored a variety of topics and activities that promoted learning about the potential successes, challenges, and pitfalls of using videoconferencing to offer clinical services in a behavioral health setting, as well as enhancing participants' videoconferencing skills. Highlights are now available as eleven separate audio-recorded excerpts from the original series, including the PowerPoint slides that can be downloaded from the MPATTC website.

Link: <https://attcnetwork.org/centers/mountain-plains-attc/product/advancing-clinicians-videoconferencing-skills-audio>

Related Topics: None

Related Workplan Activities:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Depression, Alcohol and Farm Stress Addressing Co-occurring Disorders in Rural America Resource and Informational Guide

Description: This guide provides resources specific to screening for co-occurring disorders experienced by farmers, farm workers and farm families in rural communities. Healthcare providers, behavioral health professionals, and social workers are facing increasing pressure to respond to a host of unmet substance use and mental health needs of rural communities. In response, with support from the Substance Abuse and Mental Health Services Administration (SAMHSA), the Mountain Plains ATTC and the Mountain Plains MHTTC have collaborated to release a resource guide to assist rural healthcare providers with screening and assessment of alcohol use disorder and depression. The guide uses a case scenario to illustrate the most common barriers encountered in identifying co-occurring disorders and underscores the unique needs of rural communities that are home to agricultural producers.

Link: <https://attcnetwork.org/centers/mountain-plains-attc/product/depression-alcohol-and-farm-stress-addressing-co-occurring>

Related Topics: None

Related Workplan Activities:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Compassion Fatigue: Additional Risks During a Pandemic Webinar

Description: The COVID-19 pandemic has significantly impacted all of us and especially the most vulnerable populations we serve in behavioral health workplaces. These new challenges can increase the risk for compassion fatigue. This presentation will identify the components and suggest strategies to address the issues with self-care; raise awareness regarding compassion fatigue and secondary traumatic stress including how it occurs and who is susceptible; assist individuals, groups, and organizations to better understand and address compassion fatigue; and identify steps for prevention and management of compassion fatigue through self-care.

Link: <https://attcnetwork.org/centers/mountain-plains-attc/event/compassion-fatigue-additional-risks-during-pandemic>

Related Topics: None

Related Workplan Activities:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Mountain Plains ATTC Highlights for June - July 2020

Addressing Stigma and SUD: A System Response Webinar

Description: Stigma undermines access to diagnosis, treatment, and successful health outcomes for people with substance use disorders. This session will explore techniques to eliminating stigma that exists in systems of care. At the end of the webinar, participants will understand the role of structural stigma in limiting access to treatment for substance use disorders; increase knowledge to examine best practices in addressing structural stigma; and be able to address structural stigma that may exist in their organization.

Link: <https://attcnetwork.org/centers/mountain-plains-attc/event/addressing-stigma-and-sud-system-response>

Related Topics: None

Related Workplan Activity:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

New Ethical Dilemmas: Professional Competencies in the Digital Age Introduction Webinar

Description: The use of technology and social media by behavioral health and recovery support practitioners for personal and professional purposes is increasing. As such, ethical and practice issues like self-disclosure in postings, unintentional boundary crossings and violations, and privacy and security problems reflect just some of these new dilemmas. This webinar will address common ethical dilemmas that behavioral health and recovery support providers' face related to the presence of technology in delivering treatment and recovery services in 2020.

Link: [Webinar is scheduled for July 15, 2020 from 1:00 am-2:30 pm \(CT\). A link to registration will be available soon.](#)

Related Topics: None

Related Workplan Activity:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Region 8 CoE PHI Webinar: HIPAA Privacy, Security, and 42 CFR Part II Regulations during COVID-19

Description: Due to the COVID-19 public health emergency, many treatment and recovery support providers had to quickly switch their in-person services to virtual delivery. As such, increasing knowledge related to privacy and security and confidentiality issues, including a review of the HIPAA Privacy and Security and 42 CFR Part 2 regulations regarding the use of videoconferencing, becomes even more essential. In addition to sharing their expertise, presenters will provide links to resources, including tips sheets for patients and providers on keeping videoconferencing sessions private and secure. Presenters: Center of Excellence on Protected Health Information Staff

Link: [Webinar is scheduled for July 29, 2020 at 2:00 pm \(CT\). A link to registration will be available soon.](#)

Related Topics: None

Related Workplan Activity:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Pacific Southwest ATTC Highlights from April - May 2020

A Shift to Virtual Learning

Description: Nearly all of the PSATTC's planned face-to-face training and TA activities have been postponed or canceled because of the continued "safer at home" response to the COVID-19 public health crisis. As a result, the PSATTC team spent hundreds of hours to quickly and comprehensively adapt a set of standard curricula for virtual delivery via the Zoom platform. This process required a complete shift in all training/TA processes and workflow. The PSATTC began delivering virtual trainings in early April 2020 on a variety of priority topics including ethics and confidentiality, ASAM criteria, cognitive behavioral therapy, case management, and motivational interviewing.

Link: <http://www.psattc.org>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Provide statewide training and consultation for ASAM criteria implementation in a minimum of two states

OPII Implementation – Shift in Focus (strategies for responding to COVID-19 crisis)

Description: In an attempt to ensure the continuity of the 2020 OPII effort, the PSATTC continued to work with 12 agencies located across the region to explore the short- and long-term impact of the COVID-19 pandemic and whether participating agencies were interested in shifting the focus of their OPII change efforts to address COVID-19 related issues. One agency, Indian Health Services-Desert Sage Youth Wellness Center, withdrew their participation in the Initiative because of competing demands. The PSATTC team reconfigured our coaching and intensive technical assistance with these agencies to include virtual site visits, and more frequent and recurrent interactions between PSATTC staff and each agency change team. In addition, in April 2020, the PSATTC launched a monthly all-agency virtual Community of Practice to encourage peer-to-peer learning through the systems change implementation phase of the OPII. Each CoP session will feature a brief "spark session" delivered by Dennis Skinner, followed by group discussion and implementation updates. A total of 21 individuals participated in the April 22nd session (spark session – a review of virtual group facilitation techniques), and 25 participated in the May 27th session (spark session – group energizers). And on May 12th, Dennis Skinner provided a live demo of Mural, an online whiteboard platform that can be used to facilitate group activities in virtual meetings (14 participants).

Link: <http://uclaisap.org/psattc-opii/>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Provide ongoing, intensive change facilitation coaching and mentoring over the course of 9-12 months

SMS Text Message as Learning Extenders Pilot for Introduction to Motivational Interviewing Trainings

Description: In May 2020, the PSATTC launched a two-month pilot effort to provide individuals who attend one of five daylong Introduction to Motivational Interviewing trainings with a series of SMS text messages as learning extenders for 11 weeks following each training. These SMS text messages will provide the learner with a variety of tips, challenges, and reminders on the use of MI with the goal of bringing the MI skills learned in a one-day training into practice and keeping the learner engaged over an extended period of time. At the end of the 11-week time frame, participants will be asked to respond to a brief survey to evaluate their experience with receiving the SMS text message learning extenders. On May 12-14, a series of three, live virtual Intro to MI trainings were conducted (22 people on May 12; 25 people on May 13; and 35 people on May 14). Across the three training sessions, a total of 37 people opted in to receive the SMS text message learning extenders. Three additional training sessions are scheduled for June 2020 (two sessions on June 3 and a third session on June 12). In addition, the PSATTC scheduled two live virtual Introduction to MI trainings for Hawaii and Pacific Jurisdiction providers on June 23 and 30. See upcoming highlight #1 for more details.

Link: <http://www.psattc.org>

Related Topics: None

Related Workplan Activities:

- Incorporate SMS text messaging learning extender platform as part of synchronous learning opportunities

Pacific Southwest ATTC Highlights for June - July 2020

Introduction to Motivational Interviewing Trainings for the Pacific Jurisdictions

Description: In late-June 2020 (June 23rd and June 30th), the PSATTC will launch two live virtual Introduction to Motivational Interviewing trainings specifically for providers based in Hawaii and the six Pacific Jurisdictions. The attendees will then be eligible to participate in the Motivational Interviewing (MI) Enhanced Professional Learning (EPL) series launching in late July 2020. We will determine over the next two weeks the

platform to use to ensure Hawaii/PJ-specific sessions receive the SMS text message learning extenders during the MI EPL and to the SMS text message learning extender pilot following the introduction training.

Link: <http://www.psattc.org>

Related Topics: None

Related Workplan Activity:

- Provide ongoing coaching, consultation, and skill practice/development to Hawaii- and Pacific Jurisdiction-based trainers

ASAM-I and MI EPLs

Description: The PSATTC is launching two multi-week Enhanced Professional Learning (EPL) series in summer 2020, as part of our connected learning efforts. The first EPL will focus on ASAM Criteria integration, and will launch July 30-Sept. 24, 2020, 3:00pm PDT. The second EPL will focus on Motivational Interviewing, and will launch July 20-August 25, 2020, 3:00pm PDT . Previous training is required for individuals to qualify to participate in the EPLs. Enrollment is limited to about 30 providers per EPL.

Link: <http://www.psattc.org>

Related Topics: None

Related Workplan Activity:

- Deliver a minimum of two Enhanced Professional Learning (EPL) opportunities and one post-EPL Consultation Group to participants throughout Region 9

MAT Financing Webinar Series

Description: The PSATTC, in partnership with Advocates for Human Potential, Inc., will continue its monthly Getting Paid MAT financing web training series that launched in May 2020. The series, which is comprised of five hour-long webinars that are held the third Thursday of the month from May-September, will feature a different topic, many of which will be tied to the impact of the COVID-19 crisis on service delivery and financing of medications for opioid use disorder and other substance use disorder treatment services. AHP is also providing monthly deeper dive office hours that allow for individuals to schedule 1:1 consultation time with financing experts to ask questions and get advice on service delivery adaptations. The office hours are offered the fourth Thursday of each month between May and September 2020.

Link: <http://www.psattc.org>

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Offer self-paced learning opportunities on a minimum of four topical areas

Northwest ATTC Highlights from April - May 2020

Telehealth Resources and Learning Opportunities

Description: In response to COVID-19, the Northwest ATTC has compiled resources and is providing learning opportunities for individuals and programs around offering telehealth. These resources and learning opportunities include: 1) Telemental Health Fundamentals: Preparing Your Office and Engaging Your Patients webinar presented by Sara Smucker Barnwell, PhD, on April 29, 2020. This webinar provides guidance to providers interested in delivering mental health services through telephone and/or videoconferencing. Participants receive a brief overview of Telemental Health essentials, including technology selection, client screening, office space adaptation, documentation, responding to emergencies, and fundamentals of clinical engagement through this modality. 2) Fundamentals of Telemental Health learning series presented by Sara Smucker Barnwell, PhD, Clinical Psychologist, is a 6 week, 2-hour webinar series on telehealth essentials. Topics include: • May 12: Introduction to Telemental Health • May 19: Preparing Your Office for Telemental Health • May 26: Client Selection, Intake, and Assessment in Telemental Health • June 2: Clinical Engagement in Telemental Health • June 9: Emergencies, Disruptions, and Pitfalls in Telemental Health • June 16: Risk Management in Telemental Health 3) Telehealth resources, recordings, and slides from these sessions are available on our new Telehealth Resources page.

Link: <https://attcnetwork.org/centers/northwest-attc/telehealth-telemental-health-resources>

Related Topics: None

Related Workplan Activities: None

Strengthening Motivational Interviewing Skills of Certified Peer Counselors with Peer Seattle/Peer Spokane

Description: This intensive technical assistance project provides MI coaching and training to Peer Seattle/Spokane, a large Washington-based peer support organization. During May and April, ongoing MI coaching support was provided to a core implementation team of certified peer counselors. In April, a TA session for all staff was dedicated to exploring self-care and resilient responses to COVID-19 stressors. In May, TA support focused on using MI to support resilience of staff for an eventual reopening of in-person core services. Staff-generated “MI emails of the week” were shared among staff to reinforce practice of MI skills.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Strengthening internal MI skills of Peer Staff and Counselors, with focus on developing in-house capacity for ongoing MI training of peer coaches.

Using Caring Contacts to Sustain Connection with Your Clients

Description: Northwest ATTC, in response to needs emerging around COVID-19, developed an online curriculum describing the low-threshold intervention called Caring Contacts. The Caring Contacts intervention is designed to help providers reduce client self-harm, increase feelings of self-efficacy, and fill treatment gaps due to health disparities or other challenges. A Caring Contact is a personalized written form of practitioner outreach to individual clients that expresses care and concern for their well being. This simple, customizable intervention can be implemented at a distance during times of stress and isolation, making it a particularly useful addition to telehealth practices.

Link: <https://attcnetwork.org/centers/northwest-attc/product/staying-touch-using-caring-contacts-sustain-connection-your-clients>

Related Topics: None

Related Workplan Activities: None

Northwest ATTC Highlights for June - July 2020

Northwest ATTC Monthly Webinar Series

Description: The June webinar, Digital Health Services to Address Addiction in Families and Patients: Allies in Recovery and the 5-Actions Program, will introduce two digital health tools to address addiction in families and patients, both free during the COVID-19 pandemic. An overview of the evidence-base for the programs, how they work, benefits and risks and ways they can be incorporated into present substance abuse telehealth treatment will be discussed. In July, Alan Muia, M.Ed. the executive director of New Earth Recovery, a nonprofit housing provider operating four recovery residences in Mount Vernon WA, will present Recovery Residences: Strengths and Challenges in the midst of a pandemic. He will discuss the unique attributes of recovery residences and how residence providers and residents are working through the challenges of the current pandemic. Residences vary significantly in terms of level of care, recovery philosophy, and physical environment, but they offer much-needed support, accountability, and connection to people in all stages of recovery. While the COVID-19 crisis has presented complex challenges to recovery residences, people who live within are thriving in caring communities now more than ever. The webinar will discuss how providers have responded to the crisis and how residents have been making recovery work.

Link: <https://attcnetwork.org/centers/northwest-attc/news/june-webinar-digital-health-services-address-addiction-families-and>

Related Topics: None

Related Workplan Activity:

- By Oct 1, 2020, NWATTC will provide 12 additional installments of its monthly webinar series, to include no less than four webinars focused on medication-assisted treatments for opiate dependence, for interested Region 10 workforce members.

Integration of Mental Health and Substance Use Disorder Treatment Learning Series

Description: The Northwest ATTC in collaboration with the Great Lakes ATTC/MHTTC, and the Northeast/Caribbean ATTC are sponsoring a five-part series on providing co-occurring disorder treatment. Integrated treatment is the buzzword of the day, but what does it really look like? What is possible given funding restrictions and siloed services? This five-part webinar series will explore these questions and explore strategies for enhancing the integration of mental health and substance use disorder treatment services. Webinar 1: June 10, 2020 - Defining and Assessing Integrated Behavioral Health Capacity Webinar 2: July 30, 2020 - Best Practices for Co-occurring Disorder Treatment: Organizational Structure and Service Environment Webinar 3: August 19, 2020 - Best Practices for Co-occurring Disorders Treatment: Staffing and Training Webinar 4: September 23, 2020 - Best Practices for Co-occurring Disorders Treatment: Intake, Screening, and Assessment Webinar 5: October 21, 2020 - Best Practices for Co-occurring Disorders Treatment: Integrated Treatment Planning, Service Provision, and Continuity of Care

Link: <https://attcnetwork.org/centers/northwest-attc/news/integrated-treatment-webinar-series-5-part-series-starting-june-10>

Related Topics: None

Related Workplan Activity: None

Trauma-Informed Practice: Fostering Post-Traumatic Growth

Description: Northwest ATTC is collaborating with Evergreen Treatment Services (ETS) to provide a two-part virtual learning opportunity on trauma-informed practice (June 4 & 8). Using a trauma-informed, strengths-based, recovery-oriented approach is vital to providing effective health and behavioral health services. This virtual training is open to all ETS staff. The training will include an overview of the bio-psycho-social-spiritual-communal impact of trauma, principles and practices of a trauma-informed approach, proactive ways to support post-traumatic growth and recovery, and strategies to reduce the impact of secondary traumatic stress experienced by staff.

Link:

Related Topics: None

Related Workplan Activity:

- Offer a minimum of 24 EBP training events and trainings in evidence-based processes (NIATx, TIC, ROSC) to promote skill development.

ATTC: National American Indian and Alaska Native

National American Indian and Alaska Native ATTC Highlights from April - May 2020

Continued to Provide Essential Substance Abuse Skills Webinars (ESAS) and other related virtual events

Description: Provided 2 ESAS webinars to grantees and their respective staff. The educational webinars, under the Essential Substance Abuse Skills Webinar Series, were presented by Dr. Matt Ignacio, ATTC Consultant with the AI/AN ATTC NCBH Office in Iowa City. Our ATTC will continue to provide ongoing ESAS and other training webinars, in the last two months our center has shifted to all virtual services amid the current public health concerns affecting our ATTC services and many other organizations around the country. These virtual events included a number of listening sessions, learning collaboratives, and a virtual Native Talking Circle series and a Culturally Adapted Spirit of Communication/ Motivational Interviewing virtual training (part 1 and 2) with Dr. Kathy Tomlin, NATTC consultant, out of Portland, OR.

Link: <https://attcnetwork.org/centers/global-attc/training-and-events-calendar?center=16>

Related Topics: None

Related Workplan Activities: None

Native Spiritual Round-Table: “Native American Summit on Spirituality”

Description: “Native American Summit on Spirituality” This gathering of a dozen Native Healers, medical/mental professionals, and Native Spiritual Leaders, was moved to virtual format in March 2020 and has been offered in a webinar over the next 10 weeks through Adobe Connect on a bi-weekly basis. The first virtual roundtable discussion started on March 20, 2020 and has continued bi-weekly as of May 15, 2020.

Considerations for continuing this important discussion series are underway. Sean Bear, NATTC NCBH Co-Director, and Ray Daw, Senior Consultant, NATTC NCBH have lead the discussion along with a small group of virtual speakers from all over the country representing up to six different tribal regions. Discussion topics have include Mental Health Disorders, Substance Use Disorders, and other Co-Occurring Issues with Native populations.

Link: <https://mhffcnetwork.org/centers/national-american-indian-and-alaska-native-mhffc/event/native-american-summit-3>

Related Topics: Intensive Technical Assistance

Related Workplan Activities: None

Tribal Opioid Response Grantee Regional Meetings

Description: Tribal Opioid Response Grantee Regional Meetings. We have continued to plan and provide virtual regional TOR grantee meetings to gather feedback, support the needs of tribal communities particularly amid the COVID-19 pandemic, and we are planning future Regional TA projects in the coming months of 2020-21. The live Regional TOR meetings scheduled for the spring and summer months have been postponed indefinitely. The NATTC/TOR team is working to reschedule these important face to face events. In lieu of face to face TOR Regional meetings; the ATTC/TOR staff have initiated listening sessions and collaborative zoom-based meetings on a smaller, by request basis. These aforementioned meetings have been taking place over the past two months. Lastly, Jeff Ledolter, NATTC/ TOR Manager, is currently working with our consultants to arrange for large scale "virtual regional meetings" in response to the continued ban on travel and live meetings. Goal/Objective: Improve national awareness/visibility of BH issues faced by tribal communities to increase collaboration in systems change. Be a subject matter expert for the Native BH workforce, the ATTC Network and the ATTC Coordinating Office

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/tor-resource-page>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities: None

<h3>National American Indian and Alaska Native ATTC Highlights for June - July 2020</h3>

The Leadership Academy Virtual Sessions and Online Recruitment for 2021

Description: The Leadership Academy started weekly talking circles for mentors and mentees on March 30th, an addition made to the program in light of the COVID-19 pandemic. These talking circles share information about new developments and challenges, resources, best practices, and provide support for the participants, and will continue as long as needed. The Leadership Academy currently is accepting mentor and mentee applications for its 2020/2021 program. Applications are open until July 31 and acceptances will be announced around August 15.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/leadership-academy>

Related Topics: None

Related Workplan Activity: None

ATTC Native Virtual Storytelling Series

Description: This virtual NATTC event is being planned for the upcoming summer months. The meeting would be supported on zoom-based platform and involve a 60-90 minute Native American storytelling session. Each session would host a different Native American storyteller. The presenter would share a Native American story and then discuss it's teachings and vales with the virtual audience. The attendees would be able to ask questions, share thoughts, and related their own experiences based on the story shared during each virtual session. The first Native American storyteller has already been

Link: [N/A](#)

Related Topics: None

Related Workplan Activity: None

Spirit of Communication/ Motivational Interviewing Virtual Training

Description: The NATTC has scheduled an ongoing virtual training on June of 2020. With trainers Kathy Tomlin and Kevin Tomlin, NATTC consultants, out of Portland Oregon. We are proud of offer this continuing series on using culturally adapted Motivation Interviewing in virtual training sessions 3 and 4. Using a Motivational Interviewing (MI) approach towards behavior change contains two primary concepts; the role of ambivalence in a change process and the concept of Change Talk. Sessions 3 and 4 build upon two previous sessions of learning MI. In these sessions the trainers will focus on how the helper can process ambivalence when engaging a client in a change process and defining, eliciting and attending to a clients' own motivation to change using their language (Change Talk).

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/motivational-interviewing-during>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

National Hispanic and Latino ATTC Highlights from April - May 2020

COVID-19 Webinars

Description: On April 14, 2020 we hosted a live Spanish-language webinar titled: "Cómo el aislamiento social, la soledad, y la inseguridad afecta a las personas en recuperación de adicción y salud mental durante COVID-19; y que hacer al respecto"/ "How social isolation, loneliness, and insecurity affect people in recovery from addiction and mental health during COVID-19; and to do about it." We had a great turn out of 525 participants at our live events. Additionally, we simultaneously uploaded pre-recorded versions of the same webinar in English and Portuguese, ensuring a broader reach. We also delivered a 90-minute webinar with Dr. Marilyn Sampilo on May 27, 2020. This webinar titled "Responding to the COVID-19 Pandemic: Challenges and Opportunities for Bicultural and Multicultural Providers", provided practical tools for unique challenges that can be taken beyond the pandemic.

Link: <https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/como-el-aislamiento-social-la-soledad-y-la>

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Throughout the year our ATTC will deliver at least 8 virtual events/webinars. The topics will be guided by the results of our Training Needs Query, specific requests, and other developing topics. Virtual events will range from 1-3 hours in length.

Joint Webinars

Description: It is with great pride that we joined forces with our sister center, the National Hispanic and Latino PTTC to deliver two dynamic webinars for our community. The first event took place on April 24th and was done at the request of the 50 Mexican Consulates. The Spanish-language training titled 'El Abuso de Sustancias Durante el COVID-19'/'Substance Use during COVID-19', was an opportunity to introduce our centers and the work we do and to provide specific tools and tips the Consulates and their partner Providers can use when addressing substance use issues with their clientele. On April 29th we delivered a webinar English titled "EBP 101: Toward a Better Understanding of Evidence-Based Treatments, Evidence-Based Practice, and Alternative Approaches" with Dr. Luis Vargas as our presenter. This topic specifically addressed the need for this information we received from our Training Needs Query results.

Link: <https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/el-abuso-de-sustancias-durante-el-covid-19>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities:

- Based on specific requests from providers, community based organizations, agencies, etc we will deliver 8 technical assistance events focused on improving service delivery for those serving Hispanic/Latino communities.

Fact Sheet

Description: To address the issue of increased risk for alcohol use and misuse, we developed and delivered a comprehensive fact sheet "Alcohol Use and Abuse During COVID-19" in English, Spanish and Portuguese. This Fact Sheet was delivered to all regional ATTCs, to our Juntos Network and through our social media accounts.

Link: <https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/fact-sheet-alcohol-use-and-abuse-during-covid-19>

Related Topics: None

Related Workplan Activities: None

National Hispanic and Latino ATTC Highlights for June - July 2020

Short Videos

Description: We are planning a series of short videos (2-3 minutes in length) to be posted on our social media accounts. These videos will give us an opportunity to 'put a face' to the ATTC team, as our staff will record these videos in English, Spanish and Portuguese. More importantly, it will be our goal to normalize behavioral health themes, build community, and provide tools for healthy coping through these tough times. The short videos will be posted over multiple weeks.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Based on specific requests from providers, community based organizations, agencies, etc we will deliver 8 technical assistance events focused on improving service delivery for those serving Hispanic/Latino communities.

FAVOR Leadership Summit

Description: Our Project Director, Dr. Mancini, will be presenting at the FAVOR Virtual Leadership Summit, taking place on June 15th and 16th. Dr. Mancini will be presenting a 1-hour training titled: "Addressing Health Disparities: A strategy to combat the Opioid Epidemic, COVID-19 and Achieve Health Equity in Behavioral Health".

Link: <https://facesandvoicesofrecovery.org/event/2020-recovery-leadership-summit/>

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Based on specific requests from providers, community based organizations, agencies, etc we will deliver 8 technical assistance events focused on improving service delivery for those serving Hispanic/Latino communities.

Leadership Academy

Description: Our National Hispanic and Latino Leadership And Fellowship cohort continues to work toward their graduation. Monthly meetings are scheduled to continue taking place through the end of the summer. During May's it was an honor to welcome Dr. Daniel Dawes to present to the class as an introduction to their work on policy.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity:

- ATTC will deliver a 9-12 month Leadership Academy with the goal of preparing new individuals for leadership opportunities.

ATTC Network Coordinating Office Highlights from April - May 2020

Emerging Issues Around COVID-19 and Social Determinants of Health Webinar Series

Description: In partnership with the ATTC Building Health Equity & Inclusion Working group and the PTTC Network, the ATTC NCO facilitated a six-part national online discussion and resource sharing opportunity for the substance use (SU) prevention, treatment, and recovery workforces focused on emerging issues around social determinants of health (SDH) and COVID-19. This was in response to the differential impact of the pandemic in underserved communities and communities of color. Participation averaged around 300 for each session in April and May. The goal of the series was to engage diverse community voices and create space and structure to hear from these communities about the following issues: i. How has COVID-19 further highlighted racial and ethnic disparities? ii. What is the impact on the communities and those with substance use disorder? iii. What is the impact on the SU prevention, treatment and recovery workforces? iv. What strategies and resources are needed to mitigate these impacts?

Link: <https://attcnetwork.org/centers/global-attc/sdh-and-covid-discussion-series>

Related Topics: None

Related Workplan Activities:

- Convene, provide leadership, staffing support and coordination for the "ATTC National CLAS Standards Working Group" AKA "Building Equity and Inclusion Working Group"

Completion of ATTC Brand Ambassador Challenge

Description: The Brand Ambassador Challenge began in October 2019 as a friendly competition to increase our Network's presence on social media, websites, and to promote our brand. ATTCs were encouraged to establish and increase their social media presence, routinely promote their work and the work of their sister TTCs, and increase the use of their logos and brand colors across products and trainings. ATTCs tracked their progress through submission of monthly scoresheets. The winning ATTCs were announced in May 2020.

Link:

Related Topics: None

Related Workplan Activities:

- Execute "Brand Ambassador Awards" and provide technical assistance on the ATTC Network style guide to Regional centers upon request.

Website Updates for COVID-19

Description: To improve how pandemic resources are found and organized on the ATTC website, the NCO updated the ATTC website with a new COVID-19 tag that Center website administrators can select when uploading their COVID-19 related products and events. Additionally, these new search terms were added to the Products & Resources Catalog: COVID-19, Coronavirus, pandemic response, and grief. This will assist with curating all pandemic resources. The Pandemic Response Resources webpage was updated with new graphics and layout to enhance user experience.

Link: <https://attcnetwork.org/centers/global-attc/sdh-and-covid-discussion-series>

Related Topics: None

Related Workplan Activities:

- Maintain a searchable and robust online product catalog

ATTC Network Coordinating Office Highlights for June - July 2020

HCV Thought Leaders Meeting

Description: The NCO is hosting a virtual HCV Thought Leaders Meeting in June, which will be a time to discuss how COVID-19 has and is impacting HCV treatment in SUD facilities and how our future learning community can support OTPs that would like to integrate HCV services amidst the background of a pandemic.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Convene and lead an HCV Thought leader group made up of implementing partners, researchers, providers, policy makers, and/or members of the recovery community

Completion of curriculum support for Network working groups

Description: The NCO is providing support for curriculum design, accessibility remediation, and marketing for two national curricula being developed by ATTC Network working groups that will launch in the summer. The NCO will finalize the curriculum slides and trainer manuals for the CLAS Matters curriculum focused on the National CLAS Standards and the Stimulants 101 curriculum focused on stimulant use.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Maintain capacity to provide TA related to professional services (e.g., online course development, graphic design).
- Provide TA regarding accessibility guidelines to ATTC staff as needed
- Convene, provide leadership, staffing support and coordination for the "ATTC National CLAS Standards Working Group" AKA "Building Equity and Inclusion Working Group"
- Convene, provide leadership, staffing support and coordination for the ATTC Stimulants Working Group

Launch of HCV Services Guide

Description: The NCO will launch “Your Guide to Integrating HCV Services into Opioid Treatment Programs – Promising and Emerging Best Practices”, a tool for a wide range of Opioid Treatment Programs interested in integrating HCV services. The guide will review promising practices for integrating and financing HCV services.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Complete pilot testing, finalize and distribute a promising practices guide that address integrating testing and care for HCV in OTPs.