ATTC Directors Think Tank on Year 4 Workplans and Carryover Activities

September 10, 2020, 11:00 pm-12:00 pm CT/12:00 pm-1:00 pm ET

In attendance: Beth Ruthkowski, Nancy Roget, Tom Freese, Bryan Hartzler, Jeanne Pulvermacher, Maureen Nichols, Michael Chaple, Sara Becker, Sean Bear, Dawn Tyus, Laurie Krom, Holly Hagle, Lena Marceno, Viannella Halsell and Kim Clark

**Topic: Telehealth**

**Discussion questions:**

* What events or products do you have planned or are you considering planning for year 4?
  + Basic TA
  + Targeted TA
  + Intensive TA
  + Training
  + Products
* What has led you to believe that these events/products are needed? What data do you have? What research (e.g., environmental scans) have you done? How have you identified gaps?
* How are you customizing these events/products to your region/population?
* What elements of these events/products could be shared across the Network for replication?
* Does it make sense to collaborate with one or more other ATTCs to develop the event/product? How?
* Does it make sense to collaborate with one or more other TTA centers (e.g., PTTC, MHTTC, CoE-PHI, COE-IHS) to develop the event/product? How?
* What coordination, marketing/dissemination, website, data collection or other support would you think would be helpful from the ATTC NCO?

**Discussion**:

* CoE-PHI - has two tip sheets on patient health privacy
* Jay Ostrowski with American Counselling Association partnered with Becky Saunders and others to develop a behavioral telehealth group

Region 6, South Southwest

* Focus on BH counselors and peer support workers
* EPLs with Nancy, TA consultation to states
* Oklahoma - case example of rolling out telehealth
* Two tip sheets - one for recovery support and one for counselors

Region 10, Northwest

* Clinical demo of how to deliver EBP X using telehealth

Region 6, South Southwest

* Struggling with outreach, information sharing and response to requests for TA; how to do virtually what can't be done in person.
* How do we reach people that don't have access to technology? What role is there for phone intervention? What can we learn from crisis intervention delivery of services over the phone and via SMS texting?
* How to deal with Zoom and all technology fatigue
* What will it look like post COVID (hybrid of in-person and virtual service delivery/apps/wearables) and how do we help field prepare?
* Are best practices and research already developed?

Region 5, Great Lakes

* Telehealth no show learning collaborative with Andrew McDean and Jay Shore

Region 1, New England

* Working with regional telehealth resource centers about the basic fundamentals of telehealth; we bring behavioral health clinical expertise.
* Telehealth center based on policy - good state by state laws analysis
* Themes of events from coding event titles

Region 2, Northeast and Caribbean

* Interested in MI demos; guidance for hybrid models; how to do groups via telehealth

Region 4, Southeast

* Most effective platforms, best practices and learning community

**NCO Possible Next Steps:**

Create a resource page/repository of specific tools for telehealth that ATTCs or others have created

**Next Meeting:**

September 21, 2020, 12:00 am-1:00 pm CT/1:00 pm-2:00 pm ET