



ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Network Bi-Monthly Update October 2020

For internal Network use. Not for public distribution.

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ATTC: New England

New England ATTC Highlights from August - September 2020

Webinar: Western Connecticut Mental Health Network (WCMHN), division of CT Department of Mental Health and Addiction Services

Description: The New England ATTC hosted a webinar for the state of Connecticut in Region 1 in response to a targeted TA request entitled: "Substance Use Disorders and Mental Health: Understanding Disparities and Building Health Equity from a Social Justice Perspective During the COVID-19 Healthcare Crisis" on August 6, 2020 for the Western Connecticut Mental Health Network (WCMHN). WCMHN is a division of the Connecticut Department of Mental Health and Addiction Services and this was a specific request from this state operated Mental Health authority. Dr. Haner Hernandez addressed how people with substance use and mental health issues experience disparities in the healthcare system and related areas. Utilizing a social justice framework, Dr. Hernandez focused on the need to plan, design, and deliver individual and group interventions with emphasis on cultural humility and cultural intelligence. Participants learned about the need to create and maintain equity as a framework to eliminate disparities. Over 200 staff attended, including psychiatrists, nurses, social workers, rehabilitation and mental health workers that provide services for persons with long term mental illness and addiction disorders.

Link:

Related Topics: None

Related Workplan Activities:

- Connecticut: New England ATTC will roll out a quarterly training series system-wide on high priority topics for licensure for state of Connecticut employees. Topics will include Working with Men in the Criminal Justice System, Stigma, HIV/AIDS, Trauma Integrated Care, Medication Assisted Treatment, Hepatitis C, Cultural Intelligence and CLAS Standards.

New England Americans with Disabilities Act (ADA) Resources in Times of COVID-19 - 2-part webinar series

Description: The New England ATTC has partnered with the New England Americans with Disabilities Act (ADA) Center and presented a 2-part webinar series for our New England Region 1 on August 18 & 20, 2020 to describe the ADA civil rights laws and how these relate to people in recovery from addiction and also to provide resources on ADA and COVID-19. It has been 30 years since the passage of the Americans with Disabilities Act (ADA) and thousands of people in recovery from addiction are unaware of their civil rights under the law. The ADA insures that people with addiction to alcohol, and in recovery from opioids and other drugs have the same rights and opportunities as everyone else. The webinars successfully provided the following information: • Provided understanding of the ADA's definition of disability and how it applies to addiction and recovery. • Distinguished how the ADA applies to people with addiction to alcohol, and those in recovery from opioids and other drugs. • Described which protections the ADA provides in access to: employment, state and local government services and places of

public accommodations. • Discussed the do's and don'ts during the three stages of employment (interview and application, post offer and pre-employment, and during employment) These differences will be illustrated with scenarios using alcohol, opioids, cocaine and marijuana

Link:

Related Topics: None

Related Workplan Activities:

- Regional: Deliver short-term training events on cultural competence on Cultural Humility/Intelligence, and Cultural Intelligence: Understanding and Incorporating CLAS Standards into Practice, and Cultural Elements in Treating Hispanic and Latino Populations. Will also work to expand offerings to meet the needs of tribal communities throughout the region, ideally in partnership with the Special Focus Area TTCs.

New England School of Best Practices in Addiction Treatment

Description: The 28th annual School of Best Practices in addiction treatment took place virtually on August 24-27, 2020 through our partnership with AdCare Educational Institute of New England serving all states in Region 1. This four-day event gives established addiction professionals the opportunity for in-depth study of an area of special interest. The program included advanced clinical and administrative skilled-based treatment in best practices and evidence-based practices treatment approaches, as well as a current and emerging best opioid treatment practices, advanced prevention coursework, and clinical supervision and management training. Intensive courses from across the continuum of treatment, prevention, and recovery were offered. The courses are intended to appeal to a wide array of professionals working in diverse settings. In addition some course offerings this year addressed behavioral practice, such as program or agency oversight and developing effective management skills. Virtual courses took place live by video conference, allowing for participant interaction as well as plenary sessions and a virtual learning community. The New England ATTC was an active planning partner and secured the plenary speaker on Stimulants and Methamphetamine as well as various course instructors. ATTC staff provided technical support and guidance to instructors and over 200 participants present in virtual classrooms.

Link:

Related Topics: None

Related Workplan Activities:

- Regional: Support two regional, flagship educational programs to develop the next generation of frontline providers: School of Best Practices and the Summer School. Coordinate 10 focused short-term courses in high priority topic areas including opioid overdose and CLAS standards.

Addiction Health Services Research (AHSR) Conference

Description: The Addiction Health Services Research (AHSR) Conference will take place on October 14-16, 2020 as a virtual event with national reach. AHSR has been an annual conference for over a decade that brings together researchers, clinicians, policy makers, funders, and patient advocates dedicated to improving health services for individuals with, at risk of, or in recovery from addiction. Attendees of AHSR will experience nationally renowned plenary speakers, networking and mentorship opportunities, and ongoing workshops presenting cutting-edge research. Addiction scholars from around the world present research on a variety of domains including epidemiology, health services, precision medicine, policy, modelling, implementation science, clinical trials, education, and community based participatory research. The AHSR 2020 conference is organized by the National AHSR Planning Committee, hosted by the New England ATTC, with support from the Center for Alcohol and Addiction Studies, the COBRE on Opioids and Overdose, and the Center for Addiction Disease and Risk Exacerbation. There is a long history of ATTC involvement in the AHSR annual conference with two members of the National Coordinating Offices on the planning committee (Holly Hagle and Heather Gotham) and multiple ATTCs having served as co-hosts in prior years.

Link:

Related Topics: None

Related Workplan Activity: None

Leadership Development Program (LDP) – Cohort 4

Description: The New England ATTC is pleased to announce the 4th cohort of the Leadership Development Program (LDP) for addiction professionals from across the continuum of care for participants in the Region 1 New England States in partnership with AdCare Educational Institute of New England and the New England PTTC. This program will focus on key leadership skills using a range of learning methods designed to increase your effectiveness immediately. This program includes the use of an intact learning community that includes participants from all aspects of care: prevention, intervention, treatment, and recovery. The learning community will be as diverse as possible to represent the profession and those served. The COVID-19 pandemic, coupled with the ongoing opioid epidemic, has emphasized the importance of strong leadership. Developing effective leaders is of particular importance as the profession faces the overdose crisis, a changing behavioral healthcare landscape, and the impending retirement of many "baby boom" generation leaders. This 4th cohort entitled "Reimagined" Virtual LDP, has been carefully designed to maintain the interactive curriculum that is crucial to leadership development. The program goals are as follows: Address the on-going need for effective individual leadership skill development and increasing the addiction profession's leadership capacity; and Provide a learning experience that will 'accelerate' leadership development to complement work experience.

Link: <https://conta.cc/2FjqJwN>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

Motivational Interviewing (MI): Coaching, Coding and Skill Building

Description: As part of an intensive systems wide MI initiative in partnership with Health Education and Training Institute of Maine (HETI) for Region 1, the state of NH Drug Courts and the State of Massachusetts Office of Community Corrections, we are implementing monthly and bi-monthly Zoom calls for coaching, coding and skill building in order to ensure the fidelity to the MI model and increase its effectiveness. Participants have already received basic MI and Advanced MI training. The group consisting of approximately 45 participants working in the criminal justice field will convene via zoom to discuss real time practice of double-sided reflections and to engage and code using basic MI principles including OARS (open questions, affirmations, reflective listening, and summary reflections).

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

Northeast and Caribbean ATTC Highlights from August - September 2020

Webinar Series: Deconstructing Unconscious Bias in Behavioral Healthcare

Description: The NeC-ATTC partnered with the NeC-PTTC and NeC-MHTTC to deliver a four-part webinar series, the goal of which is to provide participants with a review of implicit (i.e. unconscious) bias and how it negatively affects communications, interactions, decision-making and service outcomes for racial and ethnic communities; and offer tools and approaches to address, mitigate and diminish the effects of unconscious bias in the addiction, mental health, and prevention disciplines in order to collectively effect equitable outcomes for persons of color.

Session 1: "Origins of Unconscious Bias" - August 27th from 1:00 - 2:30 ET Description: Behavioral health disparities reflect the lack of access to quality care for specific populations. Despite notable efforts to address inequitable outcomes, research suggests that race and ethnicity are predictors of how services are delivered, and unconscious bias is one component that has been identified as influencing the provision of poor care. With the steady rise of the US population and the expected increase in communities of color, the need to address behavioral health disparities has never been more urgent. This first session of the four-part series will discuss how cognitive bias develops, how it is sustained by intrinsic and environmental factors, and how it contributes to inequitable outcomes for persons of color who access care in behavioral health care settings.

Session 2: "Making the Case to Identify Not Blame!" - September 3 1:00 - 2:30 ET Description: Building off the psychological framework of unconscious bias as discussed in the first session, this second presentation will review and inform on how unconscious bias is reflected in words, communications, and relations toward persons of color through case scenarios reflecting its impact in the addiction, mental health, and prevention settings. The elusiveness of cognitive bias underscores provider assumptions and perceptions and affects judgment that lead to prejudice, micro-aggressions, and even discriminatory practices in care. The discussion will also identify commonly experienced pressures of personal and 'on the job' stress, and other bias risk factors that affect decision making, interactions and client/patient outcomes in behavioral health.

Session 3: "Dismantling Bias and Building Equity" September 10 1:00 - 2:30 ET Description: In the first two sessions the impact of unconscious bias on cognition and provider practice was described, as well as how it contributes to behavioral health disparities. This third session will offer practical tools and strategies for organizations and providers to identify and address unconscious bias and support the delivery of culturally and linguistically appropriate services (CLAS). Providers will be offered strategies to explore and diffuse personal bias, and further inform on how integrating cultural humility in practice minimizes unconscious bias using a process oriented approach to care thus increasing behavioral health equity.

Session 4: "Learning from the Field" September 17 1:00 - 2:30 ET Description: This fourth session will bring together a panel of direct service providers who work closely with communities of color and are actively engaged in facilitating strategies that identify and mitigate unconscious bias to ensure delivery of culturally and linguistically appropriate services. Organizational leadership will speak to lessons learned in the implementation of effective protocols to help reduce racial and ethnic disparities and improve service outcomes for people of color.

Link:

Related Topics: None

Related Workplan Activities:

- Training workshops on racial/ethnic cultural competence

ATTC Integration Project: DDCAT/DDCMHT

Description: The NeC-ATTC is collaborating with the Great Lakes ATTC and the Northwest ATTC to deliver a five-part webinar series on best practices for integrated care, using the DDCAT framework to guide recommendations and service enhancements. The series launched with the first two webinar installments on June 10, 2020 - Co-Occurring Disorders: Defining and Assessing Integrated Behavioral Health Capacity (Mark McGovern, PhD & Heather Gotham, PhD) and July 30, 2020 - Co-Occurring Disorders: Enhancing Program Structure and Environment (Michael Chaple, PhD; Denna Vandersloot M.Ed). During this reporting period, the second and third installments were delivered on August 19, 2020 - Enhancing Staffing and Training and September 23, 2020 - intake, screening, and assessment. The final delivery will be on 10/21/20 - treatment planning, service provision, and continuity of care.

Link:

Related Topics: None

Related Workplan Activities:

- Conduct monthly webinars

New Course: Treating the Mandated Client

Description: The NeC-ATTC has partnered with a consultant (former Drug Court Director) to develop a course that outlines best practices for the treatment of justice-involved clients, helping programs to more effectively collaborate with the justice system. Course Description: With the development, integration and expansion of problem solving (treatment/therapeutic) courts around the nation and an increase presence of professional social workers and psychologists in courtrooms, probation, parole and other criminal justice settings the notion of treatment rather than incarceration is fully supported and integrated into the judicial system and valued by most Judges and legal counsel. As a result, the need for justice involved treatment providers are in great demand. This workshop has been specifically designed to assist clinical and administrative professionals in the development, implementation and maintenance of creating and maintaining a justice involved treatment program/track. This six-hour interactive workshop will provide participants with an in-depth overview of all problem-solving courts (including Drug, DWI, Veteran and Opioid courts) and outline providers' expectations and obligations (communication, toxicology testing) once a partnership has been formed. Participants will be introduced to a step-by-step process of how to create a criminal justice network and learn what judges expect from a provider relationship. Participants will understand the role of parole and probation, and how that relationship can impact the overall treatment process. Lastly, participants will become familiar with the various evidenced-based practices that problem-solving courts and other criminal justice professionals look for when referring to treatment providers. This course was officially launched, with the first deliveries on 8/4 and 9/9

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Deliver training on best psychosocial treatment approaches for OUD

Northeast and Caribbean ATTC Highlights for October - November 2020

SUD Treatment Telehealth Survey

Description: The NeC-ATTC assisted the Great Lakes ATTC in disseminating a survey to SUD treatment providers in Region 2 that explored the use of teleservices during the COVID-19 pandemic. Results of that survey have been received and preliminary analysis shared with the group. Dr. Chaple has agreed to contribute to a draft for publication. The work has just begun, but is on an accelerated timeline.

Link:

Related Topics: None

Related Workplan Activity: None

Planning for Y4 Intensive TA Initiatives

Description: The NeC-ATTC has had preliminary planning calls regarding a new intensive TA project, scheduled to launch in Y4. The project will focus on the application of Motivational Interviewing in Opioid Intervention Courts, which are now rolling out across New York State. Given that Opioid intervention courts are a pre-plea model (for the sake of facilitating immediate access to MAT), and bail reform in NYS that took effect on January 1, 2020, the nature of participation in opioid courts is more voluntary than traditional specialty court models. As such, MI has been identified by the Office of Court Administration (OCA) as a critical tool for practitioners to employ in order to engage prospective opioid court participants. Preliminary calls to date have been focused on identifying a more precise scope of work (e.g., how many courts, which staff is to participate, TTA activities, etc.). Over the next several months, these details will be solidified in preparation for a Jan 2021 launch.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Provide TTA in support of implementation plan

Region 2 Behavioral Health Tribal Consultation

Description: The NeC-ATTC participates in an annual meeting hosted by the Office of Addiction Services and Supports (OASAS), which convenes the federally recognized tribes from Region 2 (all located in New York State). The next meeting is scheduled for October 20th, and will be hosted virtually. The purpose of the meeting is to consult with the tribes on specific needs, and for the TTCs when appropriate to be able to offer TTA resources that may meet those needs. The NeC-ATTC has already engaged the AI/AN center around a curriculum they have developed to address grant writing skills tailored to tribal communities, as this is a need

that has been informally expressed leading up to the consultation.

Link:

Related Topics: None

Related Workplan Activity:

- Training workshops on racial/ethnic cultural competence

Central East ATTC Highlights from August - September 2020

Telebehavioral Health: Best Practices

Description: LEARNING OBJECTIVES: Provide an overview of telehealth and technology-based interventions best practices, HIPAA-compliance measures, and ethical considerations. Review all applicable Federal and Maryland telehealth practice regulations and policy expectations, including those related to the global pandemic emergency declaration. Offer an opportunity for interactive, real-time exploration of the application of telehealth skills, knowledge, and policy. Provide information about additional Federal and State resources for continued learning PRESENTER: Jay Ostrowski, MA, LPC-S, NCC, ACS, BC-TMH, is an informative and entertaining trainer and expert in Telemental Health. As the CEO of Behavioral Health Innovation, he serves as a Telemental Health trainer and consultant for SAMHSA, HRSA, Universities, State governments and healthcare organizations. He's the founder and Director of both the Telebehavioral Center of Excellence for the University of Virginia and the Board Certification in Telemental Health. He's created 9 peer-reviewed telemental health courses and designed/developed 12 telehealth software platforms to date, including Adaptive Telehealth, the most versatile telehealth software on the market. As a research partner with Harvard Medical School, Jay keeps up with the changing state license requirements for 8 healthcare professions across all US States and DC. He also serves as the go-to person for the Mid-Atlantic Telehealth Resource Center for Telemental Health providing Telebehavioral Health training and consultations. You can connect with Jay Ostrowski on LinkedIn or through any of the above organizations. This webinar is provided in collaboration with the Maryland Department of Health Behavioral Health Administration, Central East Addiction Technology Transfer Center and Mid-Atlantic Telehealth Resource Center.

Link: <https://attcnetwork.org/centers/central-east-attc/event/telebehavioral-health-best-practices>

Related Topics: The Opioid Epidemic

Related Workplan Activities:

Pharmacists' Essential Role in Treating OUD in Primary Care Settings

Description: To learn more about the important role that pharmacists have in caring for patients who have opioid use disorder. LEARNING OBJECTIVES: After attending this program, participants will be able to: Discuss the opioid epidemic and stigma Distinguish among medication-assisted treatments (MAT) for OUD including buprenorphine, naltrexone, and methadone Assess clinical decision-making factors when prescribing MAT TARGET AUDIENCE: Pharmacists from FQHC programs, pharmacy training programs, academic hospital programs, and retail pharmacies treating patients with opioid use disorder (OUD) TRAINERS: Heather C. Murphy, PharmD, BCPS, BCPP Sean Murphy, Co-Owner Quality Service, Inc. The Central East ATTC is providing this training in collaboration with the Health Federation of Philadelphia

Link: <https://attcnetwork.org/centers/central-east-attc/event/pharmacists-essential-role-treating-oud-primary-care-settings>

Related Topics: The Opioid Epidemic

Related Workplan Activities:

Increasing Screening for Infectious Disease in Opioid Treatment, Session 1 of 5: Implementation of HIV, HCV, and STI Screening

Description: SERIES GOAL: To enhance and increase screening of infectious disease in Opioid Treatment Programs (OTPs) and to increase collaboration among STI/HIV/HCV clinics, substance use treatment providers, family planning clinics, and others. Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling 412-624-1895 or emailing maaetc@pitt.edu. SESSION 1: Implementation of HIV, HCV, and STI Screening for Quality of Care This webinar will provide an overview of the need for implementation of screening and treatment collaboration in Opioid Treatment Programs (OTPs) and other adjacent programs. SPEAKER: Mark Parrino M.P.A. AATOD President Brought to you by HHS Region 3 partners: Central East Addiction Technology Transfer Center and Mid Atlantic AIDS Education and Training Center

Link: <https://attcnetwork.org/centers/central-east-attc/event/increasing-screening-infectious-disease-opioid-treatment-session-1>

Related Topics: The Opioid Epidemic

Related Workplan Activities:

Central East ATTC Highlights for October - November 2020

ASAM 101 Training

Description: This is a three part virtual learning series training a cohort of certified peer and recovery support professionals in understanding the medication for the treatment of SUD to facilitate support in recovery housing with a shift in stigma towards and acceptance of the use of medication for SUD

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

2020 West Virginia Rural Health Conference

Description: The Danya Institute, Central East ATTC, MHTTC and PTTC have partnered with HHS Region 3 HRSA partners and other Mid Atlantic Training and TA Centers of HHS Region 3 to present who we are, what we do and how we partner to support constituents in the region.

Link:

Related Topics: None

Related Workplan Activity:

Morgan State Title IV-E grant for supplemental SUD training

Description: Title IV-E Grant, which is the child welfare training program at Morgan State University, is partnering with the Central East ATTC for SUD training supplemental to the MSW curriculum. The four-session series will be implemented in the 2020-2021 Academic year and bridges the ATTC FY 2020 - 2021 as well. The topics are as follows: Motivational Interviewing; Screening, Brief Intervention, and Referral to Treatment; Behavioral Health Psychopharmacology; and Integrating the Behavioral Health Skill Set.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

ATTC: Southeast

Southeast ATTC Highlights from August - September 2020

Southeast ATTC Ask the Expert August Dialogue: Health Equity and Implicit Racial Bias Experiences by the LGBTQ+ Community Seeking Treatment and Recovery

Description: What is Ask the Expert? Beginning in February 2020, SATTTC will host "Ask the Expert" the 2nd Tuesday of every month on topics surrounding Substance Use Disorders (SUDs), co-occurring diseases, health disparities, and more. Experts in the field will share the latest knowledge and answer questions from our community. As professionals and practitioners move beyond webinars and training to more Intensive Technical Assistance (TA) needs, Ask the Expert becomes an infinite space to ask questions and increase your knowledge on some of the most popular and buzzing topics in the behavioral health and SUD fields. Objectives: To increase the knowledge capacity surrounding SUDs/ODDs To increase the awareness of emerging SUD hot topics and provide expert-level knowledge on myths surrounding many of them.

August's Open DIALOGUE: Openly dialogue about the role you play in impacting access and retention of in substance abuse treatment while shedding light on the racial and LGBTQ+ disparities. Session Host :Lawrence Bryant, Ph.D., MPH, RRT, BSW, AAS. A Little about Dr. Bryant: As a member of the Georgia Department of Public Health Opioid Strategic Planning Multicultural Workgroup, Dr. Bryant brings a plethora of experiences dealing with substance use disorders through clinical practice, policy, and research. He has been successful in developing and implementing a statewide strategic plan for the state of Georgia in response to the opioid and prescription drug overdose epidemic. As a part-time Assistant Professor at Kennesaw State University, Health Promotion Department, Dr Bryant has received funding from The Georgia Department of Public Health to do a needs assessment in support of the Statewide Strategic Plan for Opioid Abuse. Dr Bryant just receives certification in contact tracing and plans to utilize this knowledge to train other in this technique Dr Bryant continues to publish in the field of public health and holds dual positions in both public health and psychology at Capella University. Dr Bryant is also a registered respiratory therapist, fighting on the front lines of the COVID-19 pandemic in the field of pediatrics

Link: <https://attcnetwork.org/centers/southeast-attc/event/southeast-attc-ask-expert-august-dialoguehealth-equity-and-implicit>

Related Topics: None

Related Workplan Activities:

- Facilitate behavioral health trainings and learning communities

Southeast ATTC | Ask the Expert September Session | Beyond the Present: Peer Support Challenges and Addressing Readiness

Description: This open dialogue is sponsored by the Southeast ATTC Regional Center and will focus on the role you play in impacting peer support relationship-based work during current times and where we go from the present in Alabama, Georgia, Florida, Kentucky, Mississippi, Tennessee, North Carolina, South Carolina. Treatment providers, peer support communities,

and community-based organizations in Region 4 are encouraged to register for free. Session Host: Sharon Hesseltine, BSW. Sharon Hesseltine, BSW is President and CEO of Intentional Beginnings, LLC of Louisville, KY, providing consultation, facilitation, and training to strengthen services for pregnant and parenting women who have substance use disorders, adverse childhood experiences (ACEs) and trauma. Sharon received her Bachelor of Science in Social Work from Southern Illinois University in 1981, and in 2011 completed a post-graduate Certificate in Infant and Early Childhood Mental Health from the University of Minnesota. For over 30 years, Sharon has worked in Public Health and specialized in early childhood development, women's health, and addiction. Her career has ranged from providing direct services to women through managing two sober living residences to designing and facilitating statewide and local collaborative initiatives that call on her skills in public policy, strategic planning, cross-sector collaboration, program assessment, and marketing. She has been a national trainer and facilitator for multiple organizations including the Hazelden Betty Ford Foundation, ATTC for ROSC, and Great Kids Inc. for the Growing Great Kids Parenting Curriculum. She has most recently developed SUD specific training for Peer Support Specialists and Supervisors in Kentucky and provides TA for the SAMHSA funded Opioid Response Network Technical Assistance Consortium. Sharon is also a woman in long-term recovery and brings a unique mix of experience and science to her presentations. She is passionate about developing the capacity of communities, organizations, and individuals to better meet the needs of individuals, families, and communities impacted by substance use disorders.

Link: <https://attcnetwork.org/centers/southeast-attc/event/southeast-attc-ask-expert-september-session-beyond-present-peer>

Related Topics: None

Related Workplan Activities:

- Facilitate behavioral health trainings and learning communities

Southeast ATTC: Clinical Supervision- What, Why, and How?

Description: Tele-health systems for client services are becoming an expectation rather than an exception. Most SUD agencies are either already equipped with a telehealth option, or can quickly develop a telehealth plan to serve clients virtually. This webinar will focus on the growing need for similar virtual services for Clinical Supervision. Various platforms will be reviewed and best practices will be discussed. Practical tips on the structure and content as well as the challenges of virtual supervision will be examined. Objectives: 1. Describe how to structure virtual Clinical Supervision 2. Discuss three different platforms for virtual CS delivery 3. Identify both strength and challenges in virtual CS. Presenter: Alan Lyme, LISW, MAC, CCS. Alan Lyme, LISW, MAC, CCS brings respected and innovative clinical and program management skills as the Director of Training for the Phoenix Center in Greenville, South Carolina. With 25 years of clinical experience, Alan has been an active member of MINT (Motivational Interviewing Network of Trainers) since 2004, earning MINT Trainer Certification. He is an internationally certified clinical supervisor, a master addictions counselor, and a Leadership Challenge Workshop certified master. He is concurrently the trainer for South Carolina's most recent SBIRT (Screening, Brief Intervention, and Referral to Treatment) grant, as he has been for several SBIRT grants since 2009. An IC&RC Certified Clinical Supervisor since 2008, Alan recently received CCS reciprocity through SCAADAC. He can be contacted at

alanlyme@gmail.com

Link: <https://attcnetwork.org/centers/southeast-attc/event/southeast-attc-clinical-supervision->

[what-why-and-how](#)

Related Topics: None

Related Workplan Activities:

- Facilitate behavioral health trainings and learning communities

Southeast ATTC Highlights for October - November 2020
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Alcohol and Drug Case Management Training

Description: This training will be hosted for the Tennessee Association of Alcohol, Drug and other Addiction Services for providers on effective case management.

Link:

Related Topics: None

Related Workplan Activity: None

Counseling African Americans with Substance Use Disorders

Description: This webinar will provide behavioral health, substance use disorder and other providers with the knowledge and skills to provide culturally sensitive yet impactful counseling to African Americans with substance use disorders.

Link:

Related Topics: None

Related Workplan Activity: None

SATTC Faith Leadership Finale Roundtable

Description: During this zoom meeting, each participant of the Faith Leadership Academy will have the opportunity to discuss their experience as a participant of the academy and how their work will impact the SUD/ behavioral health field going forward.

Link:

Related Topics: None

Related Workplan Activity: None

Great Lakes ATTC Highlights from August - September 2020

Engaging in Substance Use Disorder Conversations

Description: In collaboration with Michigan DHS, the Great Lakes ATTC provided eight virtual sessions (July-September) focusing on substance misuse awareness training for home care workers. This training included information on substance use disorders, Motivational Interviewing (MI), and Screening, Brief Intervention, and Referral to Treatment (SBIRT).

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Teach MI techniques and other psychosocial interventions in Region 5

Integrated Treatment Webinar Series

Description: The Great Lakes ATTC, in collaboration with the Northeast & Caribbean and Northwest Addiction Technology Transfer Centers (ATTCs), launched a webinar series on integrated treatment. Integrated treatment is the buzzword of the day, but what does it really look like? What is possible, given funding restrictions and siloed services? This five-part webinar series will explore these questions and more with national experts. The third webinar in the series, August 19, 2020, focused on staffing and training. Organizational staffing directly impacts program capacity for integrated treatment, particularly whether an organization includes staff with dual licensure or extensive experience treating individuals with co-occurring disorders. This webinar addresses staffing, supervision, and training strategies that can contribute to an improved infrastructure and ongoing staff development to enhance integrated care.

Link: https://attcnetwork.org/sites/default/files/2020-05/Integrated_Treatment_Webinar_Series_Flyer_0.pdf

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Collaborate with experts to identify current opportunities; develop assistance to address them

Ethics for Behavioral Health Professionals

Description: The Great Lakes ATTC, in partnership with the Great Lakes MHTTC, provided a virtual course on Ethics for Behavioral Health Professionals on July 29 and 30, 2020. This two-day virtual training engaged participants in a multi-media, multi-sensory format, teaching to all learning styles. The presentation included case studies, video clips from various health care disciplines, and didactic material that addresses conceptual and practical levels.

Link:

Related Topics: None

Related Workplan Activities: None

Great Lakes ATTC Highlights for October - November 2020
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Integrated Treatment Webinar Series

Description: The Great Lakes ATTC, in collaboration with the Northeast & Caribbean and Northwest Addiction Technology Transfer Centers (ATTCs), launched a webinar series on integrated treatment. Integrated treatment is the buzzword of the day, but what does it really look like? What is possible, given funding restrictions and siloed services? This five-part webinar series will explore these questions and more with national experts. The fifth webinar, "Integrated Treatment Planning, Service Provision, and Continuity of Care," scheduled for October 21, 2020, will discuss strategies for developing integrated treatment plans, assessing and monitoring the interactive course of both disorders, and implementing specialized interventions for both disorders including psychoeducation, pharmacology, family education, and support, and peer support. The webinar will also address strategies for ensuring a continuing focus on recovery for both disorders during the discharge process, ensuring the capacity to maintain treatment continuity for complex COD.

Link: https://attcnetwork.org/sites/default/files/2020-05/Integrated_Treatment_Webinar_Series_Flyer_0.pdf

Related Topics: The Opioid Epidemic

Related Workplan Activity: None

Peer Support ECHO

Description: The Great Lakes ATTC, in collaboration with Wayside Recovery Center in Minneapolis, MN, launched the Peer Support ECHO (PS ECHO), an online community for peer recovery specialists and mental health peers to share community and statewide resources, learn new skills and tools for doing peer work, and meet and connect with other peers. The PS ECHO is held twice monthly and features a short didactic portion followed by peer learning

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity: None

Wisconsin Voices for Recovery Virtual Annual Rally for Recovery

Description: The Great Lakes ATTC is sponsoring and participating in the Wisconsin Voices for Recovery Annual Rally for Recovery on Saturday, September 26, 2020. The Great Lakes ATTC is sponsoring a speaker and will share who we are and what we do during a sponsor "shout out."

Link:

Related Topics: The Opioid Epidemic
Related Workplan Activity: None

ATTC: South Southwest

South Southwest ATTC Highlights from August - September 2020

Educational Consortium Fall Semester Activities

Description: Enrollment of over 1,000 students in pre-service courses for addictions education and the initiation of fall semester practicum and community project activities at the SSW ATTC Education Consortium schools: Eastfield College (TX), Houston Community College (TX), New Mexico Highlands University (NM), Langston University (OK), Northwestern State University (LA), San Antonio College (TX), University of Arkansas (AR) University of Texas, Rio Grande Valley (TX) and University of Texas, Austin (TX).

Link: <https://attcnetwork.org/centers/south-southwest-attc/educational-consortium>

Related Topics: None

Related Workplan Activities:

- Develop agreements with educational institutions for counselor prep courses and practicum

Electronic Learning Series: Skills-Based Behavioral Health Counseling Via Videoconferencing

Description: Eight-week online professional learning series on skills-based counseling via videoconferencing offering a deep dive into skill development (clinical and technology) and implementation strategies for substance use professionals in Region 6. Dates: July 30 – Sep 24, 2020

Link: <https://attcnetwork.org/centers/south-southwest-attc/event/skills-based-video-conferencing-epl>

Related Topics: None

Related Workplan Activities:

- Train community organizations and staff at treatment practicum sites to manage and support EBPP implementation and provide mentoring and coaching to staff at treatment practicum sites for continuing EBPP implementation and supervision

Community Health Workers and Peer Recovery Specialists: Together in 2020

Description: HHS Regions 5, 6 and 7 Dates: Aug 12th, Aug 19th and Aug 26th, 2020 Partners: Mid America ATTC, Great Lakes ATTC and Regional Administrators from Regions 5,6, 7; Certified Peer Specialists and Community Health Workers from Region 5, 6 and 7 Description: The COVID-19 pandemic has brought about unprecedented challenges within our behavioral healthcare industry. Community Health Workers and Peer Support providers continue to provide support and services to the most vulnerable populations, which have increased needs and fewer resources available. Discussion of opportunities between the professions for collaborating and identifying shared solutions that meet the needs of communities with higher rates of

underlying health conditions in Regions 5, 6 and 7. Continued promotion of integrated model developed by workgroup. Examples of its use locally.

Link: [N/A](#)

Related Topics: None

Related Workplan Activities:

- Participate in and facilitate the Region 5, 6, and 7 monthly planning group meetings; research and participate in development of models, support workgroup members in ongoing discussions and the state and national level re: implementation of a model

South Southwest ATTC Highlights for October - November 2020

Healing-Centered Virtual Facilitation Training of Trainers Curriculum

Description: Development of a new training designed for experienced peer training facilitators in Region 6. The focus of the 24-hour training is development of healing-centered facilitation skills in a virtual setting. We have completed the first draft of the curriculum, and will be running a beta version of the training with experienced peer training facilitators to test the content and delivery of the new material and provide subject matter expert feedback in October 2020. This project resulted from professional development needs for peer recovery facilitators in Region 6 focused on virtual facilitation skills as a result of the health pandemic. This project is a partnership with SSW Mental Health TTC.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity: None

Connecting Recovery and Prevention in Oklahoma Communities

Description: The South Southwest Addiction and Prevention Technology Transfer Centers are jointly hosting a series of discussions between local prevention and peer recovery advocates in Oklahoma and in tribal communities to discuss shared vision, values and collaborative strategies that may result in more integrated and effective approaches to meeting the needs of their communities. October and November 2020. Partnership with South Southwest PTTC.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity: None

Facilitation and Coordination of Best Practices for Region 6 TCE-HIV Grantees

Description: In coordination with ATTC Network Coordinating Office and other regional ATTCs, offer facilitation, resources and support to Region 6 TCE-HIV grantees as they implement grant goals and objectives in the context of the COVID-19 health pandemic. October - December 2020.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity: None

Mid-America ATTC Highlights from August - September 2020

TTC Trauma Informed Care Implementation - Intensive TA

Description: Between May - September 2020, ATTC Trauma Informed Team continued work with two intensive technical assistance sites. The more recently added site, Amethyst Place, “provides private apartments and supportive services to mothers in recovery and their children in the Kansas City Metro Area.” The organization has completed their organizational assessments and Mid-America is now analyzing the data to formulate the TIC implementation framework. Next steps focus on developing a workforce development strategy that will train all staff and program residents on introductory concepts of trauma-informed care. The Osawatomie State Hospital is training all managerial/supervisory staff on introductory concepts of trauma-informed care. The MATTC implementation team will continue meeting the OSH steering committee to incorporate an organization-wide staff wellbeing and stress management strategy aimed at addressing the negative impacts of COVID-19.

Link: <https://attcnetwork.org/centers/mid-america-attc/product/ttc-trauma-informed-care-implementation-overview>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Conduct and analyze TIC organizational and staff assessments

Providing Peer Based Recovery Support Services for Pregnant and Parenting Families: A Pilot Training

Description: The Opioid Response Network (ORN) in Region 7 is co-sponsored a 2-part training for peer specialists/recovery coaches or supervisors of peer specialists in Region 7 interested in developing expertise in serving pregnant and parenting families impacted by substance use and/or opioid dependence. This new curriculum, developed through the Opioid Response Network, was intended to be delivered in the context of a 2-day, in-person setting. The co-authors of the curriculum adapted and reorganized the content to be delivered via Zoom. Training components include two, full day virtual training sessions, September 22 – 23 followed by six, 1.5-hour virtual Peer-to-Peer learning Collaborative sessions to be held twice monthly. Facilitated Peer-to-Peer Learning Collaborative sessions provide an opportunity to take a deeper dive into the application of practices and concepts presented in the training through short presentations, literature review and case presentations. The overarching goal of this Peer-to-Peer Learning Collaborative is to engage in a process of higher-level thinking associated with the challenges peers face in their day-to-day work.

Link: <https://attcnetwork.org/centers/mid-america-attc/family-centered-care>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities:

- Facilitate meetings and process improvement between organizations in KCK

Behavioral Health Activation for Diverse Individuals

Description: Three, two-hour Zoom sessions (lecture, activities, and Q&A) over the course of three weeks (Sep 15, 22, 29) trained behavioral health professionals techniques to strengthen clients' self-efficacy during challenging times while developing their sense of pride. Behavioral Activation is a technique used in Cognitive Behavioral Therapy particularly in the early stages of treatment for depressive disorders. Training objectives included core principles of Behavioral Activation (BA); qualities and styles of a BA therapist; assessing client values and understanding function of behavior; understanding difference between mastery activities and pleasurable activities; how to counter avoidance; troubleshooting in sessions, and summarizing structure of sessions. Sixty people registered for each of the three sessions with an average attendance of 20 per session.

Link:

Related Topics: None

Related Workplan Activities: None

Mid-America ATTC Highlights for October - November 2020
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Essential Conversations in Social Services 2020 – A Region 7 Podcast Series

Description: Essential Conversations in Social Services 2020 is a podcast series intended for behavioral health (BH) and substance use disorder (SUD) providers. During each episode, a subject matter expert discusses a timely topic and explores tips designed to help the BH and SUD workforce in Region 7. This project is a collaboration by the Region 7 Mid-America ATTC and MHTTC. Four episodes are available including:) Episode 1: Self-Care; Episode 2: Race & COVID-19; Episode 3: The Importance of Housing and Employment During and Post-COVID; and Episode 4: A Psychiatrist View of Supporting Recovery in 2020 & Beyond. Upcoming Episode 5: Post Pandemic Trends in Mental Health and Substance Use Disorder will be produced in October 2020.

Link: <https://attcnetwork.org/centers/mid-america-attc/podcast> **Related Topics:** None

Related Topics: None

Related Workplan Activity: None

Increasing Viral Hepatitis Knowledge for Behavioral Health and Medical Providers

Description: The Mid-America Addiction Technology Transfer Center is sponsoring a virtual 3 part training on Hepatitis C basics. This presentation targets people who work in substance use treatment facilities and similar behavioral healthcare professionals who are interested in expanding services involving Hepatitis C testing and treatment in their facilities. The training was updated and regionalized from the initial presentation developed by the Addiction Technology Transfer Center Network. The training goals include: (1) instruct behavioral health and medical providers in FQHCs, OTPs, and other primary care and prevention settings on hepatitis C and its impact on communities served. (2) Help providers to identify tools and develop skills to integrate hepatitis C prevention, education, counseling, screening, diagnosis

and evaluation, to treat on-site or link to care. The Mid America ATTC will be partnering with the Missouri State Department of Health and Human Services in updating and presenting this information.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity: None

ASAM Training for Missouri Department of Mental Health Services

Description: The Opioid Response Network (ORN) in Region 7 and the Mid-America ATTC are co-sponsoring an ASAM training for 50 members of the Missouri Coalition for Community Behavioral Healthcare's C-STAR Transformation Workgroup. Natalie Cook, Healthcare Transformation Manager with the Coalition requested technical assistance through the TAPJ in Region 7. Mid-America will provide ASAM Criteria texts for 50 participants and assist in marketing and coordinating the November 20, 2020 event. The Missouri Department of Mental Health is undertaking a major transformation of the state's systems of care and expects to adopt ASAM Criteria in 2021. Preparing high-level clinical leaders represented in the C-STAR Transformation Workgroup is a precursor to a full-scale rollout and training of the provider network.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity: None

Mountain Plains ATTC Highlights from August - September 2020

Addressing Stigma and Substance Use Disorders: A Self-paced Online Course

Description: This self-paced online course is designed to serve a broad audience including: health care and behavioral health administrators and supervisors; direct care providers of behavioral health service; and students in pre-service classes. The course provides content valuable for myriad professionals to consider in their day-to-day work when serving people with substance use disorders. The topics selected will allow participants to gain a deeper understanding of the nature and context of stigma. The four-hour course includes five 45-minute video modules on topics related to stigma in the SUD field with a quiz after each module. Four continuing education hours or credits are available from NAADAC upon completion the five modules with a score of 80% or better for each module quiz.

Link: <https://healthknowledge.org/>

Related Topics: None

Related Workplan Activities:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Join the Voices for Recovery: Celebrating Connections—Recovery Happens in the Mountain Plains

Description: Recovery Happens in the Mountain Plains was a series of virtual recovery support events created with the help of six Recovery Community Organizations representing five of the six states in Region 8. These RCOs include Utah Support Advocates for Recovery Awareness; Advocates for Recovery Colorado; Springs Recovery Connection; Face It Together; Recover Wyoming; and The Phoenix. The recovery support events were conducted virtually via Zoom and Facebook Live on September 14, 16, 17, and 21 featuring speakers in recovery, live music from musicians in recovery, and an opportunity to learn more about how to connect with the RCOs in Region 8. Each event was recorded and will be accessible for download from the Mountain Plains ATTC products webpage.

Link: <https://attcnetwork.org/centers/mountain-plains-attc/join-voices-recovery-celebrating-connections-homepage>

Related Topics: None

Related Workplan Activities:

- 1.2.a Develop a list of 5 regional workgroups with members representing all 6 states; 1.2.b Conduct 2 virtual meetings per year with workgroup members; 1.2.c Use meetings to help develop T/TA activities

Best Practices in Supporting Recovery During a Pandemic Webinar

Description: A one-hour webinar was provided by the Mountain Plains ATTC on September 30, 2020 entitled “Best Practices in Supporting Recovery During a Pandemic.” During this session, there was an examination of (1) evolving best-practices that demonstrate recovery support services during the Public Health Emergency; (2) how behavioral health professionals and peer recovery support specialists can develop best-practices for future Public Health Emergencies; and, (3) next steps in addressing recovery supports during a pandemic. This presentation was given by Dr. Timothy Legg Ph.D., Psy.D., M.S.N., M.P.A., M.Sc., M.A.C., P.M.H.N.P.-B.C.

Link: <https://attcnetwork.org/centers/mountain-plains-attc/event/best-practices-supporting-recovery-during-pandemic>

Related Topics: None

Related Workplan Activities:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Mountain Plains ATTC Highlights for October - November 2020
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Motivational Interviewing Groups: Moving together toward change Enhanced Professional Learning Series

Description: This six session experiential training provides information on adapting Motivational Interviewing (MI) to groups across a variety of formats, and is highly experiential, leading participants through group practice exercises across the four phases of MI groups. Participants will become part of a group, and some will have opportunities to lead the group. Incorporating MI group skills developed by the trainers, this series guides participants in successful group leadership, refocusing groups away from rehashing problems and toward inspiring positive change. Participants will: 1) Shift from providing individual counseling in a group setting to facilitating group interactions that promote growth and wellness 2) Model a warm, healthy, relaxed, and accepting way of being; 3) Foster a positive group climate while deepening cohesion between members; 4) Understand the expanded nature of change talk in MI groups; 5) Broaden and deepen group conversations for optimal success; 6) Transform group conflict into moments of growth; 7) Try guided group activities such as exploring values, drawing from past successes, harnessing personal strengths, and envisioning a better future; and 8) Use the MI strategies of Exploring and Broadening Perspectives, Building Momentum for Change, and Moving into Action. Series to be offered every Wednesday, Oct 14- Dec 2, 2020 from 1:00-2:30 pm (CT) – *No session on Nov 11 and Nov 25

Link: <https://mtplainsattc.org/courses/motivational-interviewing-groups-moving-together-toward-change/>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

Technology-based Clinical Supervision Enhanced Professional Learning Series

Description: This series will provide a 20-hour curriculum that covers topics essential to the development and/or improvement of skills when using technology to conduct clinical supervision in behavioral health settings. Upon completion, participants will: 1) Understand the role of technology in conducting clinical supervision; 2) Demonstrate knowledge of technology-based clinical supervision and application in practice; 3) Experience conducting technology-based clinical supervision; 4) Identify the therapeutic alliance via technology; and 5) Understand the legal and jurisdictional implications for conducting technology-based clinical supervision. The series will be offered every Wednesday, Oct 7- Dec 9, 2020 from 11:00 am-12:30 pm (CT) - *No session on Nov 11 and Nov 25

Link: <https://mtplainsattc.org/courses/technology-based-clinical-supervision-tbcs-region-8-4-1/>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

Substance Use Disorders and Traumatic Brain Injury: Making the Connection Webinar Series

Description: Mountain Plains ATTC will be hosting a three-part webinar series entitled “Substance Use Disorders and Traumatic Brain Injury: Making the Connection.” This series will consist of three 75-minute presentations on the following dates and topics: October 22 Addiction and Brain Injury, October 25 Neurodiversity Among Youth: Co-Occurring Conditions, and November 5 Brain Injury and Addiction within the Criminal Justice Population. Register here for October 22nd: Addiction and Brain Injury (<https://und.zoom.us/meeting/register/tJlucO-grzlrEtR4KlvuA57Fw3MSUThzCfb7>), Register here for October 29th: Neurodiversity Among Youth: Co-Occurring Conditions (<https://und.zoom.us/meeting/register/tJUqc-CvqzlrHNAYORZ37ubulzRQTi0Oq2FK>), Register here for November 5th: Brain Injury and Addiction within the Criminal Justice Population (https://und.zoom.us/meeting/register/tJlkf--hpzsoHdFHZ5Az_SLfqjDN5LslhSuw).

Link: <https://attcnetwork.org/centers/global-attc/training-and-events-calendar?center=5>

Related Topics: The Opioid Epidemic

Related Workplan Activity: None

Pacific Southwest ATTC Highlights from August - September 2020

Pacific Jurisdiction Workforce Development Training Efforts – A Focus on RMI, Guam, and CNMI

Description: The Pacific Southwest ATTC conducted a series of training events geared specifically to workforce development efforts in several Pacific Jurisdictions. The first effort involved the delivery of two live, interactive virtual trainings for providers based in the Republic of the Marshall Islands. Details. The first live interactive training on Substance Use Disorders 101 was held on August 7, 2020 (for 12 RMI-based attendees), and a second live interactive training on Crisis Intervention Strategies and Safety Issues for Working with Patients and Clients who Use Methamphetamine was held on August 21, 2020 (for 14 RMI-based attendees). The second effort involved the delivery of two live, interactive virtual trainings for providers based on Guam and CNMI. The first live interactive introductory level training on ASAM Criteria Training: Understanding the ASAM Criteria (ASAM-A) was held on September 3, 2020 (for 35 Guam and CNMI-based attendees), and a second live interactive intermediate level training on ASAM Criteria Training: Documentation and Other Procedures (ASAM-B) was held on September 24, 2020 (for 24 Guam and CNMI-based attendees).

Link: <http://www.psattc.org>

Related Topics: None

Related Workplan Activities:

- Provide ongoing coaching, consultation, and skill practice/development to Hawaii- and Pacific Jurisdiction-based trainers

Top Five Tips for Self-Care Plug-In

Description: The Pacific Southwest ATTC, in collaboration with the ATTC Network Coordinating Office, finalized and launched a new product entitled Top Five Tips for Self-Care Plug-In. The Plug-In builds off of the five-part Compassion Fatigue and the Behavioral Health Workforce Curriculum Infusion Package (CIP) that the PSATTC released in winter 2020, and is a brief resource that ATTC regional and national focus area centers can infuse into trainings on a variety of topics as a reminder for providers to incorporate self-care practices in times of crisis. The Plug-In was launched to the ATTC Network on September 9th as part of the ATTC Network Coordinating Office's Monthly Pop-Up Talk series (26 people from across the ATTC Network participated). The Plug-In was added to the Pacific Southwest ATTC Products and Resources Catalog and distributed to the TTC Network on September 21st, and also distributed on the Pacific Southwest ATTC regional listserv and to the Pacific Southwest ATTC Regional Advisory Board to market the product to Region 9-based SUD treatment program staff to infuse into staff meetings and in-service sessions, as well as clinical supervision sessions.

Link: <https://attcnetwork.org/centers/pacific-southwest-attc/product/self-care-plug>

Related Topics: None

Related Workplan Activities:

- Develop at least two CIPs (Methamphetamine, Compassion Fatigue, Strategies to Treat Chronic Pain)

Guam Virtual Conference on Substance Use Disorders

Description: On September 29-30, 2020 the Pacific Southwest ATTC, in collaboration with Guam Behavioral Health and Wellness Center co-sponsored a two-day live virtual conference entitled Promoting Culturally Responsive Treatment and Recovery across the Pacific: Guam's Virtual Conference on Substance Use Disorders. The conference was marketed as a Recovery Month activity to providers across the six U.S.-affiliated Pacific Jurisdictions, as well as to providers based in Hawaii and the mainland United States. The conference featured a series of four keynote presentations (alcohol use disorder and opioid use disorder withdrawal management; stimulants and contingency management approaches; trauma-informed, gender responsive care for justice-involved individuals; and compassion fatigue), and four breakout sessions, each of which will include five workshops on a series of core topics (for 20 workshops total). The five concurrent tracks were: (1) prevention; (2) treatment; (3) recovery; (4) special populations; and (5) wellness. A total of 817 individuals from Guam (26 villages; 418 registrants); Pacific, Atlantic, and Indian Ocean Nations (RMI, CNMI, FSM, American Samoa, Palau, Puerto Rico, Maldives; 95 registrants); the Americas (U.S. [23 states], Canada, Mexico, and Ecuador; 269 registrants); Asia (Indonesia, Pakistan, Japan, Philippines, Bangladesh, and India; 31 registrants); and Africa (Nigeria, Somalia, Liberia; 6 registrants) registered for the two-day conference. This count does not include speakers or Pacific Southwest ATTC-affiliated staff who served as session moderators and tech support, so the final count is closer to 850+ total registrants. The final participant list was not yet finalized at the writing of this report, but further details will be featured in the October 2020-March 2021 semi-annual report.

Link: <http://uclaisap.org/dmhcod/html/2020-guam-virtual-conference.html>

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Provide ongoing coaching, consultation, and skill practice/development to Hawaii- and Pacific Jurisdiction-based trainers

Pacific Southwest ATTC Highlights for October - November 2020
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Children's Hospital Los Angeles HRSA-Funded Graduate Psychology Education (GPE) Program 2020-21 Kick-Off

Description: The Pacific Southwest ATTC will partner with the Children's Hospital Los Angeles to launch the Year 2 cohort for the HRSA-funded Graduate Psychology Education (GPE) Program. The Pacific Southwest ATTC will continue its role in providing training and ongoing intensive TA/clinical consultation to a cohort of 10 psychology fellows. The Year 2 CHLA GPE Training Institute will kick-off on October 1st with three days of live, virtual trainings. Day 1 (October 1st) will focus on an Introduction to Motivational Interviewing; Day 2 (October 6th) will focus on Social Determinants of Health, Cultural Humility, and Compassion Fatigue and Self-Care Strategies; and Day 3 (October 8th) will focus on Co-Occurring Disorders and Cognitive

Behavioral Therapy and Relapse Prevention Strategies. Monthly Zoom-based clinical consultation sessions will commence on October 21st, and continue on the third Wednesday of each month through August 2021.

Link: <http://www.psattc.org>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

MAT Waiver Training for Tribal Health Providers

Description: The Pacific Southwest ATTC, in collaboration with the American Academy of Addiction Psychiatry, UCLA Integrated Substance Abuse Programs, and the California Department of Health Care Services-funded California Hub and Spoke System, is offering a Medication-Assisted Treatment (MAT) Waiver Training focused on tribal health. The two 2-hour live virtual trainings, which will be held from 6:00-8:30pm PST on November 19th and December 3rd, will together serve as the live portion of the Half and Half MAT Waiver Training. Attendees must attend both sessions in their entirety in order to receive the links to the online training and receive their waiver to prescribe buprenorphine.

Link: <http://uclaisap.org/oasis-tta>

Related Topics: The Opioid Epidemic

Related Workplan Activity: None

Recruitment Launch for the PSATTC's Organizational Process Improvement Initiative 2021 Cohort

Description: Recruitment launched on September 14th for the Pacific Southwest ATTC's Organizational Process Improvement Initiative (OPII). The OPII is a yearlong intensive technical assistance learning opportunity for treatment and recovery organizations to sustain process improvement and/or implementation efforts to enhance their services. As of September 28th, a total of five (5) agencies from across Region 9 submitted a provisional application. In mid-October, agencies that pass the provisional application stage will be invited to continue to the second phase in the application process – to view a series of asynchronous modules on virtual change team facilitation and submit a draft organizational change goal statement. Final selection of participating agencies will be made the week of December 7th. The 2021 OPII will feature a five week, 21-hour virtual Change Facilitator Academy, scheduled to occur across February-March 2021, followed by 12 months of virtual intensive technical assistance and organizational coaching from a team of Pacific Southwest ATTC-affiliated faculty.

Link: <http://uclaisap.org/psattc-opii/>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

ATTC: Northwest

Northwest ATTC Highlights from August - September 2020

Recovery Oriented Systems of Care Webinar at AK MAT Conference

Description: On September 4th, 2020, the Northwest ATTC sponsored a half-day workshop on Recovery Oriented Systems of Care as part of Alaska's Medication Assisted Treatment conference sponsored by Alaska's HSS. The theme of continuity and connection in Medication-Supported Recovery was explored in the context of healthcare systems. One hundred and sixteen participants from all over Alaska attended this virtual session delivered by Troy Montserrat-Gonzales, an Oregon-based contract trainer.

Link:

Related Topics: None

Related Workplan Activities:

- Deliver conference presentations at regional and state behavioral health conferences to promote EBPs and ATTC products and services.

Trauma-Informed Care Implementation at Akeela, Inc. (Anchorage, AK)

Description: The Northwest ATTC completed Phase 1 of its intensive technical assistance (ITA) project focused on Trauma-Informed Care (TIC) with Stepping Stones, a residential care facility located in Anchorage. Support to staff at this facility to strengthen TIC principles and practices included: an all-staff TIC workshop held in February, a series of bi-weekly technical assistance coaching sessions (April-August, 2020), coaching an internal implementation team of "champions" who were introduced to new TIC tools and concepts to implement with their colleagues and clients at the facility. Northwest ATTC is providing continued support to the larger Akeela organization as it transitions to making intensive TIC technical support available to all administrative and senior staff at this multi-site organization. Later this fall, the Northwest ATTC will hold a virtual workshop for Akeela's administrative and clinical staff, followed by a series of targeted ITA that will continue into 2021.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Support trauma-informed care (TIC) adoption through sustained change process at Akeela's residential care facility in Anchorage.

Qungasvik (Tools for Life): An Indigenous Intervention to Prevent Alcohol Misuse and Suicide among Yupik Alaska Native Youth We

Description: Northwest ATTC's September webinar featured the Qungasvik (kung-az-vik) "Toolbox" a multilevel strength-based intervention developed by Yup'ik Alaska Native

communities to reduce and prevent alcohol use disorder and suicide in youth and young adults at highest risk. The presenter, Dr. Stacy Rasmus, Director of the Center for Alaska Native Health Research at the University of Alaska Fairbanks: 1) describes the science to practice model that supported the development and delivery of the culturally-tailored intervention in five Yup'ik communities in southwest Alaska, and 2) presents evidence demonstrating how the model increases strengths and protections against alcohol use disorders and suicide by promoting culturally meaningful "reasons for sobriety" and "reasons for life." Seventy people attended the webinar on 9/30 which is now available for viewing at the link below.

Link: <https://youtu.be/9l4G9LTKCYk>

Related Topics: None

Related Workplan Activities:

- By Oct 1, 2020, NWATTC will provide 12 additional installments of its monthly webinar series, to include no less than four webinars focused on medication-assisted treatments for opiate dependence, for interested Region 10 workforce members.

Northwest ATTC Highlights for October - November 2020

Idaho Clinical Supervision Immersion Learning Collaborative

Description: This six-month long full immersion program in clinical supervision is intended to introduce participants to a model of supervision, familiarize participants with competency based counselor skill development, prepare participants to be highly qualified clinical supervisors, and meet state guidelines for being an approved supervisor. The curriculum includes live experiential training sessions, on-going learning session opportunities and culminates in direct observation combined with individual coaching in specific supervision skills. The learning will be customized to address Idaho specific needs related to Clinical Supervision training. Phase I of the project includes a two-day CS I virtual training and 4 small group learning collaborative sessions and Phase II of the project includes a one-day CS II training, 8 small group learning collaborative sessions, and individual CS audio samples and individual coaching sessions. The project started in August 2020 and will conclude in February 2021.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

Telehealth Clinical Demonstrations

Description: The Northwest ATTC in collaboration with Pacific Southwest ATTC will produce a set of telehealth clinical demonstration videos. The initial demand for this type of learning activity came from a 2018 Northwest ATTC needs assessment and continues to be of high interest among ATTC centers. The videos are designed to show practitioners how a variety of evidence-based practices, in multiple clinical settings are being effectively used. The videos will be 10-15 minutes in length and packaged in a manner that users can select what practice they would like to see along with the time-frame of care i.e., crisis, pre-treatment, during treatment,

recovery planning and continuing care. Videos will be based on several distinct case scenarios that closely resemble current clinical dilemmas. We expect these will be available online in January 2021.

Link:

Related Topics: None

Related Workplan Activity: None

Washington Co-occurring Disorders Virtual Conference

Description: The Northwest ATTC is sponsoring several workshops focused on trauma informed care, employee wellness, and resiliency at the Washington virtual Co-occurring Disorder Conference scheduled for October 4-6, 2020. Four 90-minute workshops include: Trauma-Informed Care: Tools for the Workplace –The Check-in Tool; Trauma-Informed Care: Tools for the Workplace—The S.E.L.F Tool; and Trauma-Informed Care: Tools for the Workplace presented by Shannon Jones; and Self-Care in Extraordinary Times presented by Ken Kraybill. A pre-conference full-day workshop on Trauma-Informed Supervision will be offered on October 4th by Ken Kraybill.

Link:

Related Topics: None

Related Workplan Activity: None

ATTC: National American Indian and Alaska Native

<p style="text-align: center;">National American Indian and Alaska Native ATTC Highlights from August - September 2020</p>

Virtual Alcohol and Drug Certification Exam Preparation Course

Description: Due to COVID-19 and the associated health risks, NATTC was able to offer its first virtual certification exam preparation training on August 26-28. The Virtual Alcohol and Drug Certification Exam Preparation Course was a three day online training course offered via Zoom. We had 17 registered from the Great Plains Behavioral Health Area providers. It was a successful venture, with two participants reporting having successfully passed their respective state exams since the completion of the training! We have also conducted two follow-up learning collaboratives and are planning for additional sessions.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/academic-programming-special-topics>

Related Topics: Intensive Technical Assistance

Related Workplan Activities: None

TOR updates: Tribal Opioid Response Peer Recovery Support Group and Regional Meetings

Description: As planned TOR program began offering weekly to bi-weekly Tribal Opioid Response Peer Support Groups geared toward ongoing group-based support for TOR grantees, MAT patients, family members, treatment providers, and other individuals being impacted by opioid use disorders. The response has been very positive and the attendance has been consistent by the grantees and related parties. In addition, Tribal Opioid Response Grantee Regional Meetings have continue as planned in the past two months providing ongoing virtual TOR grantee support during the COVID-19 pandemic. Virtual Regional TOR meetings have now been scheduled and will be offered into the fall/winter seasons.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska->

Related Topics: The Opioid Epidemic

Related Workplan Activities: None

ATTC Native Virtual Events Update

Description: Our virtual ATTC events have continued as planned including Native Talking Circle, Native Veterans Wellness, Native Spirituality Discussion Group, TOR care/share, TOR regional meetings, and Native Storytelling. These, and several other important live events, continue to be broadcast weekly through our National ATTC offices. These events provide a supportive and culturally-based initiatives that offer continued support, networking, healing, prevention, and connection during these uncertain times. We are proud to have been able to feature these ongoing virtual events to our grantees, providers, families, and Native communities all across the country.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/home>

Related Topics: None

Related Workplan Activities: None

National American Indian and Alaska Native ATTC Highlights for October - November 2020

Leadership Academy

Description: We have accepted 22 Mentors and Mentees into the 4th annual American Indian & Alaska Native Leadership Academy. The Immersion training is starting in virtual mode, and we are excited to welcome and onboard the new participants in our program. The academy is extended for cohort III, and we plan an exciting program were the two cohorts can meet and learn from each other during the coming months.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/leadership-academy>

Related Topics: None

Related Workplan Activity: None

Tribal Opioid Response

Description: With the third year of TOR grantees starting this October, we are planning orientation and strategic planning webinars for the programs that are new to the grant. We are also planning to restart our series of regional meetings over Zoom so that TOR grantees can compare experiences, strategies and resources.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/tor-resource-page>

Related Topics: The Opioid Epidemic

Related Workplan Activity: None

Future Webinars, Trainings, and Regional TOR meetings

Description: The National AI/AN ATTC/ TOR is planning continued ESAS series/ Behavioral Health webinar broadcasts, future virtual Alcohol/ Drug Certification Exam Preparation courses, and is planning virtual TOR Regional meetings through the mid-2021 calendar. Our National Center remains committed to providing ongoing support and technical assistance throughout the COVID-19 pandemic to our grantees and their affiliates.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/home>

Related Topics: None

Related Workplan Activity: None

National Hispanic and Latino ATTC Highlights from August - September 2020
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Self-Compassion Webinars and Factsheets

Description: In August our ATTC delivered two powerful sessions highlighting the work of a group out of Seattle, WA named ALMA. This group provided vital information to showcase the work they are doing with Latina Immigrant Women, focused on helping them not only cope with but thrive in spite of stressors. The live sessions took place in both English and Spanish. The developers of the ALMA program and presenters of our webinars followed up the live session with 1-page fact sheets, which included information for community members to use and share with others. Recordings of both live sessions and the Spanish and English Fact Sheets are available on our website. The Portuguese versions of both are coming to our website soon.

Link: <https://attcnetwork.org/centers/global-attc/products-resources-catalog?center=22>

Related Topics: None

Related Workplan Activities:

- Based on results from our Training Needs Query, specific requests and relevant conference opportunities our ATTC will deliver 6 in-person training events. Topics will include SUD, treatment, recovery and other adjacent topics relevant and prevalent in the Hispanic/Latino communities.

Executive Leadership and Fellowship Academy Graduation

Description: We are honored to report that we have graduated our first cohort of our National Hispanic and Latino Executive Leadership and Fellowship Academy. These emerging leaders from around the U.S. successfully engaged in 9 monthly sessions focused on developing leadership skills in the behavioral health field. All of the participants were fully engaged and have plans for continued engagement as a cohort to support community events, future cohort members, and to share new leadership opportunities across the nation. We will be honoring each of the graduates on our social media. Furthermore, you can visit our website to see a list of the graduates as well as their bios. The application for the 2021 cohort is available on our website.

Link: <https://attcnetwork.org/centers/national-hispanic-and-latino-attc/news/class-2020-national-hispanic-and-latino-executive>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities:

- ATTC will deliver a 9-12 month Leadership Academy with the goal of preparing new individuals for leadership opportunities.

Virtual Learning Community

Description: Our 4-part Virtual Learning Community: 'The Intersection of Acculturation, Assimilation, and Substance Use Disorder in Latinx Communities' will end on Tuesday, September 22nd. This event has provided a safe space for 28 returning participants and our 4 Panelists (Hector Adames, PsyD; Lorraine Moya-Salas, PhD; Anna Nelson, LICSW, Javier Alegre, PSW) to engage in conversation and actionable items to address Institutional Racism and Intersectionality to employ Radical Healing and Peer Support in our communities to meet diverse needs.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities:

- Our ATTC will be involved in a more targeted effort to pair in-person training with TA to enhance training experiences and create more opportunities for successful implementation and sustainability.

National Hispanic and Latino ATTC Highlights for October - November 2020

ATTC Blog Article

Description: In honor of Hispanic Heritage Month we contributed an article for the NCO's ATTC Tech Transfer in Action Blog titled "Radical Healing: A Viable Response to Racial and Ethnic Inequities in Behavioral Health". This article highlights the ways in which we can engage community care and culture to work toward recovery from behavioral health issues that are impacted by racial/ethnic disparities and exacerbated by the COVID-19 Pandemic. The article will be released soon, Spanish and Portuguese versions will be re-launched in October.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Based on specific requests from providers, community based organizations, agencies, etc we will deliver 8 technical assistance events focused on improving service delivery for those serving Hispanic/Latino communities.

Culture is Recovery Video

Description: As part of our year-long short video project we recently launched, we partnered with our PTTC team to develop and record a short video titled "Culture is Recovery". This video celebrates National Recovery Month and highlights the natural supports embedded in one's culture. You can view and share the video in English, Spanish and Portuguese on our ATTCs Facebook page.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity: None

Collaboration with MHTTC and PTTC

Description: In honor of Hispanic Heritage Month we have collaborated with the National Hispanic and Latino MHTTC and PTTC to deliver a 4-part webinar series titled: "Institutional Racism and How it Impacts the Latinx Experience as it Relates to Behavioral Health". Our session will take place on October 1, 2020 from 2:00-3:30PM ET. Our topic "Addressing the Impact of Institutional Racism In Behavioral Healthcare: A Trauma Informed Intersectional Healing Framework for Latinxs" will focus on how providers and community members serving Latinx community members can leverage a trauma-informed and radical healing foundation when working with individuals experiencing SUDs.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Based on specific requests from providers, community based organizations, agencies, etc we will deliver 8 technical assistance events focused on improving service delivery for those serving Hispanic/Latino communities.

ATTC: Network Coordinating Office

ATTC Network Coordinating Office Highlights from August - September 2020

ATTC “Think Tank” Meetings for Year 4 Work Plans

Description: The ATTC NCO facilitated and hosted a series of “Think Tank” discussions for US-Based ATTC Directors and Key Leaders to provide an opportunity to brainstorm ideas for year 4 work plans and carryover activities. These sessions started in July and will continue through October. Examples of discussion questions included collaboration within the ATTC Network, collaboration with other TTC Networks, and regional activities that should be nationalized or replicated. The NCO compiled notes from the series to assist ATTCs with their work plan development.

Link:

Related Topics: None

Related Workplan Activities:

- NCO Co-Directors will facilitate ongoing communication in Steering Committee and plan/host/facilitate a call with ATTC directors every other month.

ATTC Network and TCE-HIV Grantees Meeting

Description: On September 25, 2020, the ATTC NCO coordinated and facilitated a meeting with the SAMHSA TCE-HIV grantees to provide an introduction to the ATTCs and learn more about the challenges and innovations TCE-HIV grantees have experienced in meeting grant objectives during the pandemic. About 250 TCE-HIV grantees attended the meeting and staff from across the ATTC Network served as facilitators for small group discussions. Prior to this meeting, the NCO surveyed TCE-HIV grantees about the challenges they faced during the pandemic. Future meetings are planned between the NCO and TCE-HIV grantees to help identify opportunities for support and collaboration.

Link:

Related Topics: None

Related Workplan Activities: None

ATTC and SBIRT Presentation for the HRSA Behavioral Health Workforce Education and Training Program

Description: On September 22, the ATTC NCO presented an overview of SBIRT and ATTC resources to the HRSA Behavioral Health Workforce Education and Training (BHWET) Program in Region 3. The BHWET Program aims to develop and expand the behavioral health workforce serving populations across the lifespan, including rural and medically underserved areas. The BHWET Program places special emphasis on establishing or expanding meaningful, longitudinal internships or field placement programs in behavioral health that include interprofessional training for students/interns, faculty, and field supervisors to provide quality behavioral health services. There are 18 BHWET grantees in region 3.

Link:

Related Topics: None

Related Workplan Activities:

ATTC Network Coordinating Office Highlights for October - November 2020
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Streamlining Reporting Features on the Hub

Description: After working closely with SAMHSA GPO, Humberto Carvalho, the NCO will launch a component on the ATTC Hub to help the ATTCs enter their new work plan and semi-annual reports. To ease the reporting burden on the Network, the semi-annual reports will now be integrated with the data in the Hub which includes the work plans, bi-monthly updates, and data dashboard. Additionally, all ATTCs will be able to complete their work plans by editing their previous work plan. The NCO will offer individual TA to the Centers.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

TTC Cultural Working Group Executive Team meeting with SAMHSA's Office of Behavioral Health Equity

Description: In partnership with the PTTC and MHTTC NCOs, the ATTC NCO is facilitating an executive team meeting between the staff at SAMHSA's Office of Behavioral Health Equity and the chairs of the three TTC working groups focused on cultural responsiveness and health equity. The meeting will occur on November 4th and will be an opportunity for each individual to share their group's latest and upcoming products and trainings, identify opportunities for collaboration with each other, and brainstorm ways to engage with SAMHSA's new Centers of Excellence for Behavioral Health Equity.

Link:

Related Topics: None

Related Workplan Activity:

Virtual ATTC Exhibit Booth for Network

Description: Due to many winter and spring conferences transitioning from in-person to virtual delivery, the ATTC NCO will be designing an aesthetically appealing web-based exhibit for use in future virtual conference exhibit halls. Once complete, all ATTCs will have access to this virtual exhibit and be able to customize some of it for their conference exhibiting purposes. The NCO will determine a process for use of this virtual exhibit by the Network.

Link:

Related Topics: None

Related Workplan Activity: