**HIGHLIGHTS FROM DECEMBER-JANUARY 2022**

1. ***Two Technical Assistance*on the approach of Motivational Interviewing for the service providers of the Department of Family of Puerto Rico.**

*1. December 3, 2021: The Motivational Interview: An Approach to Facilitate Change (Part I, 1st group)* *Understanding of the concepts of motivation and change, and the Transtheoretical Model of Change: A Training for Region II.*

*2. December 10, 2021: The Motivational Interview: An Approach to Facilitate Change (Part II, 1st group) Essential elements of Motivational Interview, the spirit, the principles, and the strategies to apply in the outbreak: A Technical Assistance for Region II.*

*3. December 17, 2021*: *The Motivational Interview: An Approach to Facilitate Change (Part III, 1st group) Essential elements of Motivational Interview, the strategies to apply in the outbreak: A Technical Assistance for Region II.*

*4. January 13, 2022: The Motivational Interview: An Approach to Facilitate Change (Part IV, 1st group) Essential elements of Motivational Interview, practical exercises to facilitate development of application skills: A Technical Assistance for Region II.*

*5. January 21, 2022: The Motivational Interview: An Approach to Facilitate Change (Part I, 2nd group) Understanding of the concepts of motivation and change, and the Transtheoretical Model of Change: A Training for Region II.*

*6. January 28, 2022: The Motivational Interview: An Approach to Facilitate Change (Part II, 2nd group) Essential elements of Motivational Interview, the spirit, the principles, and the strategies to apply in the outbreak: A Technical Assistance for Region II.*

*7. February 4, 2022: The Motivational Interview: An Approach to Facilitate Change (Part III, 2nd group) Essential elements of Motivational Interview, the strategies to apply in the outbreak: A Technical Assistance for Region II.*

1. ***BOOKLET: SBIRT FOR ADOLESCENTS (Spanish version)***

*A pocket guide to help healthcare providers detect and understand the physical changes adolescents experience and the harmful effects of substance use on the brain, and how the SBIRT model can be implemented in interventions with adolescents.*

**HIGHLIGHTS FROM UPCOMINGS EVENTS**

1. ***A BROAD OVERVIEW AT EMOTIONAL TRAUMA (Spanish and English version)***

*The module A Broad Overview at Emotional Trauma stems commitment to provide training to mental health service providers. This pocket guide is intended as a tool for mental health providers as they offer services to individuals, communities, and agencies working with people who have experienced traumatic events.*

*Module objectives of this pocket guide:*

* *Introduction Define trauma and related terms. Identify the impact of untreated trauma on human development.*
* *Recognize the signs of emotional trauma.*
* *Identify courses of action and management of traumatic experiences.*
* *Explain the importance of a trauma-informed system and how to support resiliency and recovery.*
* *Provide self-care practices to avoid vicarious trauma.*
1. ***VIRTUAL EVENTS: SBIRT FOR ADOLESCENTS (in Spanish Language)***

*Activities for service providers of the Administration of Mental Health and Anti Addiction Services (SSA of PR) on February 15, 2022, and February 22, 2022.*

*Objectives:*

* *Define what is SBIRT (Screen, Brief Intervention, Referral to Treatment).*
* *Recognize the importance of early detection and intervention in adolescence from* *a developmental perspective.*
* *Identify the importance and purpose of SBIRT for teens.*
* *Recognize the core elements of SBIRT in the context of adolescents.*