



Network Coordinating Office

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Network Bi-Monthly Update April 2022

For internal Network use. Not for public distribution.

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ATTC: New England

New England ATTC Highlights from February 2022 - March 2022

Cannabis in the Era of Commercialization

Description: The New England ATTC, in partnership with the New England PTTC and the New England Association of Recovery Court Professionals (NEARCP), hosted the webinar, “Cannabis in the Era of Commercialization” on March 9, 2022 from 12:00PM to 1:30pm with subject matter expert Scott Gagnon, MPP, PS-C (New England PTTC Director). Cannabis policy had undergone rapid change in New England over the past decade. All New England states have some form of medical cannabis policy, while now four of the six states have legalized cannabis for adult use. This presentation took a look at what is happening with cannabis policy in New England, examined the potential implications for risk factors associated with cannabis use disorder, and what the emerging science is telling us in terms of how to reduce harms for those who may be using cannabis.

Link: <https://attcnetwork.org/centers/new-england-attc/product/cannabis-era-commercialization-recording>

Related Topics: None

Related Workplan Activities:

- The New England ATTC will actively partner with The New England Association of Recovery Court Professionals (NEARCP) on a series of webinars and an annual regional conference to address the training and TA needs of drug court professionals.

Faith-Based Harm Reduction Training Series

Description: The New England ATTC, in partnership with Spottswood A.M.E. Zion Church, as a direct output from our previously held Harm Reduction training series, is leading a targeted technical assistance Faith Based Harm Reduction training series for Recovery Support Assistants. The Faith Based Harm Reduction three-part training series with subject matter experts, Michele Stewart-Copes, Jon Soske, and Haner Hernandez began on March 26, 2022 and will end April 16, 2022. Modules included in the training include: 1) Harm Reduction - Theory & Practice: Lifespan Transitions and Recovery Clinics; 2) Understanding Disparities & Building Equity: A Social Justice Framework; and 3) Faith, Individuals, Families & Harm Reduction.

Link: <https://attcnetwork.org/centers/new-england-attc/event/faith-based-harm-reduction-part-1>

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- The New England ATTC will actively partner with the leaders of local recovery organizations in all six New England states to offer basic and targeted TA in harm reduction (e.g., naloxone distribution, sterile syringe distribution) and recovery support interventions.

Trauma Integrated Addiction Treatment

Description: In partnership with CODAC Behavioral Healthcare, the New England ATTC provided the training, “Trauma Integrated Addiction Treatment” on February 2, 2022. This interactive and experiential presentation facilitated by Taylor D’Addario offered an overview of

the impact of trauma on the recovery process from a social, biological, psychological, and spiritual perspective. The training provided clinicians with skills to work with people affected by trauma throughout their recovery, as well as understanding the conceptual framework of trauma-informed practice. Participants were offered the opportunity to meet with the trainer in three subsequent sessions on to further review content from the training, ask questions, and to discuss barriers to using the skills learned in the training.

Link: <https://attcnetwork.org/centers/new-england-attc/event/trauma-integrated-addiction-treatment-new-england-region-1>

Related Topics: None

Related Workplan Activities:

- Rhode Island (RI): The New England ATTC will deliver a number of requested targeted TA events on evidence-based practices for addiction treatment including (but not limited to): Stigma, Screening, Brief Intervention, and Referral to Treatment (SBIRT), Trauma-Informed Care, Motivational Interviewing, Peer Recovery-Community Health Workers, and Pregnant and Parenting Women.

New England ATTC Highlights for April 2022 - May 2022

Increasing Hepatitis C Knowledge for Behavioral Health Providers

Description: In partnership with CODAC Behavioral Healthcare, the New England ATTC is providing a targeted technical assistance series, “Increasing Hepatitis C Knowledge for Behavioral Health and Medical Providers” on April 6, 2022 with subject matter expert Robert Jope, LMHC. The presentation is designed to instruct behavioral health and medical providers on opportunities for screening and testing for hepatitis C (HCV), incidence of viral infections and opioid injection drug use, treatment options and patient considerations, and essential elements of effective linkage to care for persons infected with HCV. Participants will also be given the opportunity to meet with the trainer in three subsequent sessions on 4/13, 4/20, and 4/27 from 1:30-2:00 to further review content from the training, ask questions, and to discuss barriers to using the skills learned in the training.

Link: <https://attcnetwork.org/centers/new-england-attc/event/increasing-hepatitis-c-knowledge-behavioral-health-providers-new>

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Rhode Island (RI): The New England ATTC will deliver a number of requested targeted TA events on evidence-based practices for addiction treatment including (but not limited to): Stigma, Screening, Brief Intervention, and Referral to Treatment (SBIRT), Trauma-Informed Care, Motivational Interviewing, Peer Recovery-Community Health Workers, and Pregnant and Parenting Women.

Leadership Development Program - Cohort 7

Description: The New England ATTC, in partnership with AdCare Educational Institute of New England and the New England PTTC, is hosting the 7th cohort of its popular intensive technical assistance initiative: the Leadership Development Program (LDP). For this cohort, we are returning to the original, hybrid model of conducting this program with both in-person and virtual

modules! The program is set to start April 26, 2022 for addiction professionals in the New England Region 1 and will run through six modules until June 23, 2022. The LDP focuses on key leadership skills using a range of learning methods designed to increase participant effectiveness. This program includes the use of a highly diverse, intact learning community that includes participants from across the treatment, prevention, intervention, and recovery support service continuum.

Link: <https://sites.brown.edu/ldp-newengland/>

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- The New England ATTC will continue to offer its popular intensive TA Leadership Development Program consisting of virtual didactic training, virtual team consultation sessions, development of a learning collaborative, and ongoing external facilitation from instructors.

Basic Group Counseling

Description: The New England ATTC, in partnership with The Substance Use and Mental Health Leadership Council of Rhode Island is hosting the training, “Basic Group Counseling” on May 19, 2022 from 9:00 am to 4:00 pm with subject matter expert Dee Lexandra, PhD, MSW. This course will provide the basic group counseling skills that apply evidence-based research into real world practice. Skills that address heterogeneous group populations (various stages of their recovery process, age, gender, cultural diversity, sexual orientations, substance use, dual diagnoses, socioeconomic status, education, and support systems) unique to substance misuse treatment will be provided. Upon completion of this course, participants will have the counseling skills to meet individual group members where they are in their recovery process while utilizing their individual strengths and resources to create a “whole” resilient group.

Link: <https://attcnetwork.org/centers/new-england-attc/event/basic-group-counseling-new-england-region-1>

Related Topics: None

Related Workplan Activity:

- Rhode Island (RI): The New England ATTC will deliver a number of requested targeted TA events on evidence-based practices for addiction treatment including (but not limited to): Stigma, Screening, Brief Intervention, and Referral to Treatment (SBIRT), Trauma-Informed Care, Motivational Interviewing, Peer Recovery-Community Health Workers, and Pregnant and Parenting Women.

ATTC: Northeast and Caribbean

Northeast and Caribbean ATTC Highlights from February 2022 - March 2022

SBIRT TTA Support for OASAS Grant

Description: The NYS Office of Addiction Services and Supports (OASAS) has been awarded an SBIRT grant from SAMHSA. They have identified four sub-recipients who provide services to the underserved: (1) The Center in NYC (LGBT populations); (2) Tempo Group in Long Island (Adolescents); (3) St. Regis Mohawk Tribe; and (4) The Council on Alcoholism and Addictions of the Finger Lakes (Rural, Adolescents). The grant proposes a community outreach model, so the SBIRT training would be for community outreach workers at each site, and would likely be expanded to their supervisors and others. The NeC-ATTC and NeC-PTTC has agreed to provide the following support, based on preliminary discussions with OASAS. 1) Provide a single workshop of the 12-hour SBIRT training for non-Qualified Health Professionals (n=15). 2) We also discussed the likelihood of follow-up TA, and the unique cultural considerations inherent in doing this given the populations served. Options in this regard will be assessed, with the input from the sites as we progress. The hope was to give live with the training in December 2021, but delays in hiring outreach staff at each of the sites have pushed the trainings back until March 22, 24, and 25th when they were completed with approximately 20 participants across 4 sites.

Link:

Related Topics: None

Related Workplan Activities:

- Provide training on SBIRT billing in accordance with NYS/Medicaid Regs

New Course: Game Plan: A Clinician's Guide to Helping Men Achieve Emotional Fitness

Description: This is an interactive 6hr workshop for anyone who works with and would like to have a better understanding of men and how to help them. Participants will be challenged to examine assumptions and societal roles in male risk and recurrence factors, through media use and story-telling. Anger, intimacy, trust, relationship issues, and the efficacy of integrative and alternative therapies will be explored. Objectives for this course include: (1) Review the societal biases and “environment of risk” affecting males in resiliency, addiction onset, recurrence and recovery; (2) Underline the efficacy of a compassionate approach in working with men; (3) Demonstrate the dynamics and relate the value of integrative and alternative therapies with men; and (4) Utilize targeted questionnaires specific to the male cultural experience. The first two installments of this course were delivered to the New Jersey Court System (February 3 and March 16, 2022 from 9-4 PM).

Link:

Related Topics: None

Related Workplan Activities: None

Partnership with CTN-0097

Description: CTN-0097 Protocol Description - Surmounting Withdrawal to Initiate Fast Treatment with Naltrexone (SWIFT): Improving the Real-World Effectiveness of Injection Naltrexone for Opioid Use Disorder (NIH HEAL Initiative). Inpatient programs are important portals for increasing access to treatment. However, most individuals with opioid use disorder

are detoxified but not offered medications to prevent relapse. This randomized-controlled trial will examine whether a rapid-transition protocol to inducing extended release naltrexone (XR-NTX) following detoxification yields a higher proportion of patients successfully receiving the first injection of XR-NTX compared to standard detoxification and naltrexone initiation. This study will also assess facilitators and barriers to implementing rapid XR-NTX initiation. The overall goal is to foster widespread adoption of a 5-7-day protocol for initiation of treatment with XR-NTX at Inpatient/Residential programs. As this project progresses, the NeC-ATTC has agreed to collaborate with CTN-0097 to help package and disseminate the intervention protocol, initially for use among trial sites and subsequently refined for more widespread dissemination among providers across the country, incorporating lessons learned during the trial. During the current reporting period, we have engaged a developer for the site, purchased a URL, established preliminary branding, and reviewed study protocols.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activities: None

Northeast and Caribbean ATTC Highlights for April 2022 - May 2022

New Course: Trauma Strategies for Peer Support Using Self Care

Description: Peer professionals provide an array of recovery-oriented supports and person-centered care which include empathetic engagement with survivors of trauma circumstances. This work at times can increase the peer's vulnerability to vicarious trauma or secondary stress. Potentially it can result in the loss of ability to objectively help others find their recovery pathways and can affect the peer's mental and emotional wellbeing. This two-hour interactive workshop will review how trauma situations may present, signs to recognize and cues alerting as to when to step away from a trauma inducing situation. Content will also offer practical strategies for self-care including ways to build resiliency. The first delivery of this newly developed curriculum is scheduled for April 4, 2022.

Link:

Related Topics: None

Related Workplan Activity:

- Training workshops that teach core competencies for ROSC

New Course: Recognizing Racial Stigma and Opportunities for Change

Description: Stigma is associated often with fear based perspectives and misunderstandings of people with mental health, substance use problems or physical disabilities. Add layers of race and ethnicity, and you have racial stigma, referring to how people of diverse backgrounds are unfairly perceived and treated. The combined impact plays a major role in why many who would benefit from treatment do not seek care. This interactive workshop will review mitigating factors that influence stigma and differential treatment, and the intersecting challenges of social determinants of health on stigmatized communities. Stress related factors that impact cross-race communications and ways to identify unconscious bias will also be covered. Amongst the bias reducing strategies that will be offered, cultural humility will help mitigate stigma and increase person-centered care. The benefit of integrating culturally responsive care helps to achieve and retain highest levels of quality care for persons of color and other marginalized communities. The first delivery of this course is scheduled for April 19, 2022.

Link:

Related Topics: None

Related Workplan Activity:

- Training workshops on racial/ethnic cultural competence

Cross TTC Transition to Virtual Workgroup

Description: Anticipate the publication of a new manuscript titled, "Virtual Training and Technical Assistance: A Shift in Behavioral Health Workforce Access and Perceptions of Services During Emergency Restrictions." The article has been submitted to BMC Medical Education and on March 14, 2022 received a response of revise and resubmit. Revisions will be submitted the first week of April, and the hope is that the article will be reviewed, accepted and printed online next reporting period.

Link:

Related Topics: None

Related Workplan Activity:

- Serve as a representative of the TTC Virtual Workgroup

ATTC: Central East

Central East ATTC Highlights from February 2022 - March 2022

Equity as a Foundation for Leadership: Experiences and Recommendations for Behavioral Health Leaders

Description: DESCRIPTION Leaders must embody equity as an operating principle – as a mindset – to transform behavioral health systems. Late in 2021, Health and Human Services (HHS) Region 3 leaders were asked to share their experiences and perspectives on equity as a foundation of leadership. In a diverse region with nearly 31,000,000 people, clear racial disparities exist on key indicators of health equity. The consequences of these disparities are far-reaching and not only affect the health and well-being of individuals receiving care, but also of the behavioral health workforce. On March 1, 2022, the Central East Addiction Technology Transfer Center (CE-ATTC), funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and operated by The Danya Institute, released a report describing and defining Equity Grounded Leadership for use by behavioral health leaders in Region 3 states. This report, developed by The College for Behavioral Health Leadership (CBHL) in partnership with Just Health Collective, LLC and Prevention Institute, builds on the Danya Institute’s ongoing efforts to improve diversity, increase cultural competency, and address population-specific needs of people receiving and delivering behavioral health services in Region 3. While developed based on the experiences of Region 3 leaders, the recommendations are applicable to leaders across the country. This webinar will offer an overview of the report development and outcomes, key takeaways for organizations and communities, and a description of and discussion about the importance of equity-grounded leadership. We will also seek your feedback on what is needed next to support equity-grounded leadership in Region 3. PRESENTERS Oscar Morgan, Interim Executive Director, The Danya Institute, Project Director, Mental Health Technology Transfer Center Dr. Jei Africa, Director, Marin County Behavioral Health and Recovery Services Kathy Poston, Chief Engagement Officer, Just Health Collective, LLC Ruben Cantu, Associate Program Director, Prevention Institute DOWNLOAD THE REPORT

Link: <https://attcnetwork.org/node/37987>

Related Topics: None

Related Workplan Activities: None

Health Equity Webinar Series: Alcohol Use Disorders and Treatment in African Americans

Description: DESCRIPTION Alcohol has remained among the most common substances of abuse, causing deleterious effects on the person, their family, and society. Biological factors associated with alcohol will be reviewed as well as the etiology and epidemiology of alcohol use disorder. The webinar will discuss elements of the diagnosis of alcohol use disorder along with treatment modalities emphasizing Medication-Assisted Treatment (MAT). In addition, the presenter will explore the issue of alcohol use in African Americans and the fact that despite lower alcohol use, African Americans experience more alcohol-related problems. OBJECTIVES Describe the etiology of alcohol use disorder. Review the epidemiology of alcohol use including prevalence in the African American population and incidence of alcohol-related problems. Discuss the diagnosis of alcohol-related disorders and the use of screening tools. List several options for treatment of alcohol use disorder care including Medication-Assisted Treatment (MAT) SPEAKER Michael Ingram, MD, has worked in the field of psychiatry for more than 25

years. He is a Past President of the Black Psychiatrists of America, and the current Director of Behavioral Health at Great Lakes Bay Health Care. He is the former Medical Director of the Behavioral Unit at McLaren Bay Psychiatric Associates. He graduated from Michigan State University, where he received both a Bachelor's degree in Microbiology and his Medical degree from the College of Human Medicine. Dr. Ingram completed his residency training in Psychiatry at Lafayette Clinic and Wayne State University. He is board-certified in psychiatry. Dr. Ingram was recertified by the American Board of Psychiatry and Neurology in 2009, and accepted as a Fellow of the American Psychiatric Association (FAPA) in 2016. He is also a former Vice President of Michigan Psychiatric and Behavioral Associates, one of the largest medical groups north of metropolitan Detroit. HOST Annelle Primm, M.D., MPH, is the Senior Medical Director of the Steve Fund, an organization focused on the mental health of young people of color. She is also a member of the Black Psychiatrists of America Council of Elders.

Link: <https://attcnetwork.org/node/36096>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Provide quarterly webinar series on the application of CLAS standards in BH settings by September 30, 2022.

Health Equity Webinar Series: COVID-19 and Substance Use Disorder

Description: DESCRIPTION The ongoing COVID-19 pandemic has affected many facets of society and has contributed to the worsening of the pre-existing, disproportionate morbidity and mortality of people of color. This presentation will discuss the overall impact of the pandemic and the evidence that it has intensified the epidemic of drug-related overdoses. OBJECTIVES Discuss the impact of the pandemic and its psychological, neurological, and social consequences. Describe how COVID-19 has contributed to substance use disorders. List how disparities in treatment for the pandemic also manifest in the treatment of substance use disorders. SPEAKER William B. Lawson, M.D., Ph.D D.L. F.A.P.A, is the founder and Director of the Institute to Reduce Disparities LLC, Director of Psychiatric Research for the Emerson Clinical Research Institute, and Adjunct Professor of Psychiatry at the University of Maryland School of Medicine. He is an emeritus professor of psychiatry, at the Dell Medical School, University of Texas, Austin, and emeritus professor and formerly chair of psychiatry and behavioral sciences at Howard University School of Medicine. He received a PhD in Psychology from the University of New Hampshire and MD from the Pritzker School of Medicine University of Chicago, did his residency at Stanford University and a fellowship at the National Institute of Mental Health. He has held faculty positions at the University of Illinois, Urbana, University of California, Irvine, Vanderbilt University, University of Arkansas, and Howard University. He has held numerous senior positions and received national recognition including past President of the DC chapter of Mental Health America, Past President of the Washington Psychiatric Society, past Chair of the Section of Psychiatry and Behavioral Sciences of the National Medical Association, and past president of the Black Psychiatrists of America. HOST Annelle Primm, M.D., MPH, is the Senior Medical Director of the Steve Fund, an organization focused on the mental health of young people of color. She is also a member of the Black Psychiatrists of America Council of Elders.

Link: <https://attcnetwork.org/node/37823>

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Provide quarterly webinar series on the application of CLAS standards in BH settings by September 30, 2022.

Central East ATTC Highlights for April 2022 - May 2022

Health Equity Webinar Series: Cocaine Use Disorder Treatment in the Black Community

Description: Description: This webinar will discuss cocaine use in African American Communities from clinical, justice, and policy lenses. It will identify clinical presentations produced by acute and chronic cocaine use. Strategies for addressing acute intoxication, withdrawal, and stimulant-induced psychosis will be identified. The status of treatments for cocaine use disorder will be highlighted. It will also include a discussion of the impact of policies and media representation of cocaine use on Black communities and people. Learning Objectives Participants will be able to identify and categorize accurately substance-induced symptoms associated with cocaine use. Participants will describe the standard treatment for cocaine use disorder Participants will discuss the impact of The War on Drugs on the treatment of and policies that address cocaine use. Participants will be able to summarize the impact of The Fair Sentencing Act on people who use cocaine.

Link: <https://attcnetwork.org/node/37484>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

Trauma Considerations for the LGBT Community: Addiction and other Coping Strategies

Description: DESCRIPTION OBJECTIVES PRESENTER Laura Hinds, MSW, LCSW, is founder of the Hindsight Consulting Group. She is a Mental Health Clinician, Educator, Human Services Organization Manager, and Community Leader who is known for excellence and innovation in therapeutic interventions and community engagement, teaching, public speaking, collaboration and non-profit Executive Board service. A cross system manager with faculty experience at a prestigious university, with an industry leading pediatric health system, renowned health and social service organizations and as Chairperson Emeritus of Pennsylvania's state professional licensing board for Social Workers, Marriage and Family Therapists and Professional Counselors.

Link: <https://attcnetwork.org/node/37483>

Related Topics: None

Related Workplan Activity:

- The ATTC will engage with statewide BH provider associations, primary care provider associations, advocacy organizations and peer-run organizations by presenting at meetings, exhibiting or presenting at conferences, and providing T/TA identified

2022 What's New - Finding the New Normal in Family Planning, Opioids, TB, Mental Health, HIV, and STIs (Day 1 of 2)

Description: DESCRIPTION This training will focus on the integration efforts that support a collaborative healthcare approach. Current medical updates in services for STIs, HIV, TB, family

planning and addictions, and mental health will be discussed. After completing this conference, the learner should be able to: State current practice in the care and treatment of STDs, HIV, opioid addictions and mental health. Explain how to screen clients for substance abuse issues. Identify populations at risk for HIV/STIs/mental health and substance use disorder. Demonstrate effective team skills by sharing information effectively, listening and responding to feedback from others, and using simple communication. Important Note: You must register and attend both days in order to be eligible to receive credit as well as complete the required evaluations. A variety of these topics will be discussed at this event HIV Transmission Risk Assessment Medication-assisted therapy for substance use disorders (i.e. buprenorphine, methadone, and/or naltrexone) Mental health disorders Sexually transmitted infections Substance use disorders Opioid use disorder Stigma or discrimination INTENDED AUDIENCE This course has been designed for physicians, nurse practitioners, physician assistants, nurse midwives, nurse clinicians, health educators, outreach workers, social workers, health administrators, and other clinical personnel working in addictions, STI/HIV, SUD and mental health agencies, and other programs. ACCREDITATION See registration for details for education hours for CME, AMA PRA, CNE, CEU, CECH, CPH. Please emailmaaetc@pitt.edu with any questions. Register for Day 2, April 22, 2022 This training is a collaboration between Mid-Atlantic Education and Training Center(MAAETC), STD/HIV Prevention Training Center at Johns Hopkins (STD/HIV PTC),Central East ATTC, DC Area Health and Education Centers (AHEC) at Georgetown University, Rutgers Global Tuberculosis Institute, and National Clinical Training Center for Family Planning.

Link: <https://attcnetwork.org/node/38120>

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- The ATTC will collaborate with MATCHHS partners to co-sponsor T/TA events throughout the region, bringing SUD expertise and information

ATTC: Southeast

Southeast ATTC Highlights from February 2022 - March 2022

When Words Aren't Enough: Experiential Techniques for Clinical Settings

Description: It has often been said that actions speak louder than words. It is also true that actions have the ability to change what words alone cannot. This session is an exploration of kinesthetic and experiential techniques designed to engage those we serve more effectively and to have greater clinical impact than traditional modalities alone can afford.

Link:

Related Topics: None

Related Workplan Activities:

- Facilitate behavioral health trainings and learning communities

Adverse Childhood Experiences

Description: The impact of early childhood experiences, positive or negative, on individuals throughout the course of their lifetime is significant. These events also directly correlate to the risk and resiliency factors of those who experience them. Unfortunately, many of those we serve have experienced a disproportionate number of adverse childhood experiences. Some of these experiences may involve a general lack of support or a nurturing environment; others, however, may cross over into the realm of trauma. This session will emphasize not only our mandate to “do no harm” in working with those who have previously been wounded but also will focus on ways to help reestablish a sense of empowerment to those who may have come to feel disempowered and who are at increased risk for negative life experiences.

Link:

Related Topics: None

Related Workplan Activities:

- Facilitate behavioral health trainings and learning communities

Substance Use in Challenging Changing Times

Description: Substance Use Disorders are challenging to navigate in even the best of times. When circumstances are changing and uncertain, however, they pose some significant, unique challenges. During this season of monumental shifts and transitions, substance use and substance use disorders have been and will be impacted. This session will briefly explore some of the unique challenges we currently face, how past substance use responses to crisis can inform our current circumstances, and the responses of the prevention, treatment, and recovery communities as we all seek to adjust to the changing times in which we are serving.

Link:

Related Topics: None

Related Workplan Activities:

- Facilitate behavioral health trainings and learning communities

Southeast ATTC Highlights for April 2022 - May 2022

Compassion Fatigue: The Art of Caring for Yourself as You Care for Others

Description: By all accounts, times of transition elevate stress levels and require a heightened sense of focus. During this prolonged season of nearly constant change, it is crucial that those of us in the helping professions remain aware of our own stress levels, are attentive to the needs of those we serve, remain mindful of those we serve alongside, and establish effective habits for maintaining prolonged health. This session is an opportunity to evaluate where participants are in terms of their own changes and self-care and to develop a practical plan for increasing the health and vitality of ourselves, our programs, and those we have the privilege of serving. Objectives: 1. Differentiate intrinsic versus extrinsic stressors, 2. Identify at least two traits consistent with elevated stress levels, 3. Describe how mindfulness and awareness are an integral part of effective personal, peer, and program care, 4. Articulate the role of novel experience in growth, 5. List three practical steps to contribute to their own self-care practices

Link:

Related Topics: None

Related Workplan Activity:

- Facilitate behavioral health trainings and learning communities

Trauma Informed Care

Description: Many of those we serve have experienced significant trauma in their lives. Trauma-Informed Care is a means of insuring we “do no harm” in working with those who have been wounded while demonstrating what is effective in working with them. Different types of trauma, the impact of trauma, clinical consideration in working with trauma are reviewed and creating a culture of trauma-informed care is emphasized

Link:

Related Topics: None

Related Workplan Activity:

- Facilitate behavioral health trainings and learning communities

Substance Use Disorder Case Management

Description: Problems tend to travel in packs, and challenges tend to cluster together. It is rare that the individual who enters treatment or initiates recovery is facing just one difficult scenario or decision. This is where case management can be a tremendous help! According to NAADAC, “case management is a coordinated approach to the delivery of health, substance use disorders, mental health disorders and social services.” It helps link clients with appropriate services and resources to achieve their treatment plan and recovery goals. Effective case management assists clients in navigating their diverse needs and often-fragmented community supports. This training will serve as an introduction to the fundamentals of case management for anyone working in the treatment and recovery profession and explore ways to apply these fundamentals through practical examples.

Link:

Related Topics: None

Related Workplan Activity:

Facilitate behavioral health trainings and learning communities

ATTC: Great Lakes

Great Lakes ATTC Highlights from February 2022 - March 2022

Providing Culturally Responsive Care to the LGBT Population

Description: The Great Lakes ATTC hosted a training on Providing Culturally Responsive Care to the LGBT Population in February 2022. This training introduced key terms and concepts such as gender identity and sexual orientation, treatment considerations for clinical work, and addressing the specific needs of lesbian, gay, bisexual, and transgender individuals.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Develop practices to respond to issues identified in the 2016 ATTC workforce survey

Alcohol is STILL a Drug: An Exploratory Webinar Series

Description: Alcohol is STILL a drug. The opioid crisis, increase in stimulant misuse, and marijuana legalization dominate the news— yet alcohol remains the number one substance causing health, social, legal and financial problems throughout the US. While this series focuses on the hopefulness of recovery from alcohol use disorder, we'll also take a deep dive into what we know about the full impact of alcohol overuse and the ways it affects every person in the US. This session provided an introduction to Fetal Alcohol Spectrum Disorders (FASD) including general information about the risks of alcohol intake during pregnancy, the negative impact on the developing fetus, as well as how to prevent it.

Link:

Related Topics: None

Related Workplan Activities: None

Clinical Supervision Monthly Learning Communities: Evidence-Based Practices and Fidelity Monitoring

Description: This presentation outlined the purpose of behavioral healthcare case documentation from a client care, ethical, and supervisory perspective. Additional discussion involved continuum of care and training issues with electronic health records.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Develop practices to respond to issues identified in the 2016 ATTC workforce survey

Great Lakes ATTC Highlights for April 2022 - May 2022

Motivational Interviewing: Systems Implementation

Description: If you've completed our Motivational Interviewing Foundational Skills trainings and are ready to implement MI in your practice or organization, this training is for you! In four one-

hour sessions, you'll receive the guidance and process tools you can use to implement and sustain MI—or any other evidence-based practice—at a systems level. Participants will be supported with guidance and the process tools needed to develop and implement systems level strategies for providing effective and sustained motivational interviewing services.

Link: <https://attcnetwork.org/centers/great-lakes-attc/event/motivational-interviewing-systems-implementation-april-2022>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity:

- Teach MI techniques and other psychosocial interventions in Region 5

Clinical Supervision Monthly Learning Communities: Outcomes, Outputs, and Clinical Report Writing

Description: This short workshop will offer a primer on known predictors of preferred patient outcomes and identifying metrics to determine clinical success in SUD treatment. How do we know if our treatment works? Do we measure the effectiveness of our programs?

Link: <https://attcnetwork.org/centers/great-lakes-attc/event/clinical-supervision-monthly-learning-communities-outcomes-outputs>

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Develop practices to respond to issues identified in the 2016 ATTC workforce survey

Foundations of Quality Improvement: Best Practice Implementation

Description: Foundations in Quality Improvement (FQI) presents tools and information designed to equip team leaders and supervisors with core QI skills. This two-part series provides a foundation for implementing the NIATx model effectively. Mat Roosa, LCSW-R, a founding member of NIATx, facilitated this TA opportunity.

Link: <https://attcnetwork.org/centers/great-lakes-attc/event/foundations-quality-improvement-best-practice-implementation-april>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

ATTC: South Southwest

South Southwest ATTC Highlights from February 2022 - March 2022

Conference Workshop on Integrated Health Care for Latinos Diagnosed with SUD

Description: Participation in a panel workshop for the University of Texas Rio Grande Valley (UTRGV) and National Hispanic and Latino Mental Health Technology Transfer Center regional Latino Behavioral Health Disparities in the COVID-19 Era: Strengthening Our Communities as We Move Forward Conference. The topic is Integrated Health Care for Latinos Diagnosed with Substance Use Disorders. March 8, 2022.

Link: <https://mhffcnetwork.org/centers/national-hispanic-and-latino-mhffc/event/latino-behavioral-health-disparities-covid-19-era>

Related Topics: None

Related Workplan Activities:

- Develop new courses and trainings as needed to respond to identified training and professional development needs

Methamphetamines – A Growing Trend in the Rio Grande Valley (RGV)

Description: A virtual webinar presented by Hildebrando Mireles III, MA, LPC-S, LCDC-I, PhD Candidate on Methamphetamines. The event is the first of the spring lecture series at the Addiction Resource Center in the School of Rehabilitation Services and Counseling at the University of Texas at Rio Grande Valley (UTRGV). UTRGV is an Educational Consortium partner with the South Southwest Addiction Technology Transfer Center. February 11, 2022.

Link: <https://attcnetwork.org/centers/south-southwest-attc/event/webinar-methamphetamines-growing-trend-rio-grande-valley-rgv>

Related Topics: None

Related Workplan Activities:

- Develop new courses and trainings as needed to respond to identified training and professional development needs

Technical Assistance on Program Evaluation and Implementation

Description: Ongoing technical assistance on program evaluation and implementation and research to local American Indian and Latino treatment and correctional programs in New Mexico in collaboration with New Mexico Highlands University (NMHU), Farmington, New Mexico. NMHU is an Educational Consortium partner with the South Southwest Addiction Technology Transfer Center.

Link: [N/A](#)

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Work with area agencies and chapter houses to promote indigenous research methodology toward the evaluation of an intensive outpatient treatment program serving San Juan County and neighboring Navajo Nation.

South Southwest ATTC Highlights for April 2022 - May 2022

SSW ATTC Annual Advisory Board Meeting

Description: SSW ATTC Advisory Virtual Advisory Board Meeting, with focus areas including Region 6 state and tribal efforts, recent updates on substance use needs, trends and responses, and strengthening and supporting the addiction treatment and recovery workforce. April 21-22, 2022.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity:

- Convene stakeholders in Advisory Board annual meeting and workgroups

Webinar: Mindfulness for Stress Reduction with Latina Immigrants

Description: The purpose of this presentation is to gain familiarity with the concepts of mindfulness and how it can be useful for Latin immigrant women to manage uncertainty and reduce stress using an equity and inclusion framework. The training will teach specific strategies and techniques that participants can integrate during their daily life and at their place of work. Wednesday, April 6, 2022 1:00pm- 2:30pm CT.

Link: <https://attcnetwork.org/centers/south-southwest-attc/event/mindfulness-stress-reduction-latina-immigrants-i-was-finally>

Related Topics: None

Related Workplan Activity:

- Offer Mindfulness and Dealing with Stress Virtual Sessions for Hispanic/Latinos Populations Training in Region 6

Region 6 Peer Leadership Council

Description: In partnership with the South Southwest MHTTC, coordinate and support monthly meetings of the Region 6 Peer Leadership Council with peer leadership from all five states and tribal organizations. Upcoming discussion on the topic of the rights of peer workers relating to recurrence of use from the perspective of ADA and organizational and state policies, including certification boards. A brief presentation and facilitated discussion will be led by Dr. Haner Hernandez.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity:

- Facilitate implementation of Region 6 Peer Leadership Council with representation of peer leadership from all five states

ATTC: Mid-America

Mid-America ATTC Highlights from February 2022 - March 2022

Harm Reduction Consultation

Description: Description: The Mid-America Addiction Technology Transfer Center is implementing a Harm Reduction Consultation Program. This program will target recovery organizations in Iowa, Missouri, Nebraska, and Kansas that are interested in expanding harm reductions services and practices within their workplace. A team of harm reduction experts will serve as consultants who will work with interested participants toward policy change, program implementation, and staff training. This program emphasizes that there's no "one way" to implement harm reduction. All participating organizations will have the primary goal of increasing capacity to meet their clientele where they are at based on their capacity and community to make the path to recovery more attainable and achievable. To date, five applications were received after application information was sent out to list serv. Link: pending

Related Topics: The Opioid Epidemic

Related Workplan Activities: The ATTC will develop in partnership with other partners training for direct care workers for SUD and MH providers

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities:

- Three, 1 hour virtual consultation sessions for behavioral health specialists and allied health professionals

These Aren't Normal Times Podcasts

Description: Do you wish things could just go back to "normal"? Do you feel like you have hit a wall? Are your usual ways of coping unavailable or just not working so well anymore? Join us for a one-hour refresh, unpacking the neuroscience that can help us both understand what is happening in our responses, as well as what we can do build resilience, even in this difficult time. Objectives: Understand the impact of current crises as traumas to the nervous system Learn ways to reduce the impact of these traumas, including brief resilience practices *This training will also be held on April 21 from 12 - 1 pm (Central)

Link: <https://attcnetwork.org/centers/mid-america-attc/event/these-are-not-normal-times-tips-be-well-anyway>

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Produce podcast: plan topics; outline scripts; invite guests; record and edit; disseminate

Traumatic Brain Injury and SUD: Toolkit

Description: Traumatic Brain Injury and Substance Use Disorders: Making the Connections

Description: Traumatic Brain Injury and Substance Use Disorder Toolkit SOON available on Marketplace Store through Mid-America ATTC. Traumatic Brain Injury and Substance Use Disorders: Making the Connections merges the content on traumatic brain injury (TBI) and substance use disorders (SUD) to expand capacity to address both issues in treatment. The author, Dr. Carolyn Lemsky, is a board-certified neuropsychologist with over 25 years of experience working in rehabilitation settings in the U.S. and Canada. The toolkit provides

valuable and practical information for advancing behavioral health providers' capacity when serving persons who have brain injuries. This toolkit is a collaboration between the National Association of State Head Injury Administrators, Mountain Plains Addiction Technology Transfer Center (Mountain Plains ATTC), and the Mid-America Addiction Technology Transfer Center (Mid-America ATTC).

Link: <https://attcnetwork.org/centers/mid-america-attc/traumatic-brain-injury-sud-series>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Disseminate the toolkit to addiction counselors that provides overview of how to identify and accomodate individuals with brain injury living with SUD/MH

Mid-America ATTC Highlights for April 2022 - May 2022

TTC Leadership Institute

Description: TCC Leadership Institute Description: Develop a TTC Leadership Academy Series for new and emerging leaders in Region 7 with ATTC focus on executive leadership, resilient leadership Link: pending Related Topics: Intensive Technical Assistance Related Workplan Activities: Develop and deliver an updated leadership skill development academy using a virtual sessions; self assessment and collaboration will be components of the academy. Structure will be revised to incorporate feedback received from applicants about the continued challenges of in-person events.

Link:

Related Topics: None

Related Workplan Activity:

- Develop and deliver a 4 week leadership skill development academy using a combination of in person and virtual sessions; self assessment and collaboration will be components of the academy

These Aren't Normal Times Podcasts

Description: Do you wish things could just go back to "normal"? Do you feel like you have hit a wall? Are your usual ways of coping unavailable or just not working so well anymore? Join us for a one-hour refresh, unpacking the neuroscience that can help us both understand what is happening in our responses, as well as what we can do build resilience, even in this difficult time. Objectives: Understand the impact of current crises as traumas to the nervous system Learn ways to reduce the impact of these traumas, including brief resilience practices *This training will also be held on April 21 from 12 - 1 pm (Central)

Link: <https://attcnetwork.org/centers/mid-america-attc/event/these-are-not-normal-times-tips-be-well-anyway>

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Produce podcast: plan topics; outline scripts; invite guests; record and edit; disseminate

Addressing Stigma in Overdose Response Practices

Description: Addressing Stigma in Overdose Response Practices Description: Mid America ATTC finds stigma continues to be one of the primary barriers to implementing evidence-based practices in overdose response. Part of the root is the lack of a feedback loop on what happens to clients who are revived by Narcan. Responders find a disconnect in knowledge of if the clients stay in treatment vs. why some are seen overdosing again. It includes a presentation from a Peer Support Specialist describing her substance use initiation and her journey to recovery. The Mid America ATTC spent its primary phase of this project implementing this training in the Missouri region. We are continuing phase two, which includes forming new partnerships and implementing the training in regions with high overdose rates in Nebraska. Link: pending Related Topics: The Opioid Epidemic Related Workplan Activities: Overdose Response trainings provided, Narcan kits distributed through trainings, Narcan use panel provided, Narcan taskforce meetings held

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Overdose Response trainings provided, Narcan kits distributed through trainings, Narcan use panel provided, Narcan taskforce meetings held

ATTC: Mountain Plains

Mountain Plains ATTC Highlights from February 2022 - March 2022

On-the-Spot Real Time Advice New Topics: Motivational Interviewing and Virtual Recovery Services

Description: The Mountain Plains developed and launched two new On-the-Spot (OtS) Real Time Advice series topics. OtS is an online opportunity for Substance Use Disorders and Recovery Support Services providers to obtain real time input on a variety of behavioral health topics in an open, one-hour forum guided by participants' questions with responses provided by Mountain Plains consultants/subject matter experts. The new topics include: 1) Motivational Interviewing (MI): An opportunity to enhance practitioners' skills and confidence in the utilization and integration of MI into practice by providing access to subject matter experts to obtain immediate feedback. Participants can bring their questions and join in on the dialogue to increase MI knowledge and change clinical practice approaches through the utilization of an MI style of communication every 1st Monday of the month at 3:00 pm MT; and 2) Virtual Recovery Services: This online consultation session is offered every 3rd Friday of the month at 11:00 am MT to discuss/share virtual service delivery tips and practices for practitioners and peers focusing on telehealth and digital recovery support services. The Mountain Plains also continues to offer OtS on the topic, ASAM Integration and Application every 3rd Friday of the month at 10:00 am MT.

Link: <https://attcnetwork.org/centers/mountain-plains-attc/spot>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- 3.3.a Conduct group consultation post EPLs 3 per year; 3.3.b Conduct individual hotline sessions 3 per year

2022 Maternal Health Learning Collaborative

Description: This free, three-part series was created in partnership with the Denver Office of Intergovernmental and External Affairs (IEA-Denver), and will feature speakers from the Substance Abuse and Mental Health Services Administration (SAMHSA), the Mountain Plains Addiction Technology Transfer Center (MPATTC), and the Mountain Plains Mental Health Technology Transfer Center (MPMHTTC). Health center care team members discuss the latest in maternal mortality and morbidity data as well as the impact of substance use disorders and perinatal mental health concerns in new mothers. Screening recommendations, clinical tools and resources, and community programs will be featured. The series began in January 2022 with two sessions - Reducing Stigma in Pregnant and Parenting Persons with Substance Use Disorders and Perinatal Substance Use Disorders: Increasing Awareness & Screening to Reduce Impact on the Maternal/Child Dyad. The series concluded with the final session, Perinatal Mental Health Awareness, Screening and Treatment, on Feb 10, 2022. This was a closed event for the Community Health Association of Mountain Plains States (CHAMPS).

Link:

Related Topics: None

Related Workplan Activities:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Traumatic Brain Injury and Substance Use Disorders: Making the Connections Toolkit

Description: The Mountain Plains and Mid-America ATTCs, in partnership with the National Association of State Head Injury Administrators (NASHIA) have developed a toolkit on the intersection between brain injury and substance use disorders. The products in this toolkit include: Eight, 90-minute recorded webinars and accompanying PowerPoint slide decks, a Traumatic Brain Injury (TBI) Tip Card and a Client Workbook for Substance Use and Brain Injury. The toolkit provides valuable and practical information for advancing behavioral health providers' capacity when serving persons who have brain injuries and is the culmination of a year-long training series collaboration with the Mid-America ATTC and NASHIA.

Link: <https://attcnetwork.org/centers/mountain-plains-attc/traumatic-brain-injury-and-substance-use-disorder-series>

Related Topics: None

Related Workplan Activities:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Mountain Plains ATTC Highlights for April 2022 - May 2022
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The Landscape is Getting Greener: A Series on the Current Science of Cannabis

Description: The Mountain Plains will be wrapping up this 10-part webinar series with the final session on April 8, 2022: The Clinician's Guide to Addressing Medical Cannabis in Substance Use Treatment Settings presented by Aaron Norton. According to the National Survey on Drug Use and Health, cannabis use rates increased in 2020, with almost 50 million individuals 12 or older reporting use of cannabis in the past year. This increase is reflected in the state-specific data for HHS Region 8 in five of the six states (CO, MT, ND, SD, and UT). With this data in mind, the Mountain Plains ATTC developed the 10-part webinar series starting on Dec 1, 2021 that addressed and reviewed the latest science for cannabis including: prevention and treatment issues; public policy; medical marijuana; and special populations and cannabis (adolescents, women and maternal health, older adults, and individuals with Serious Mental Illness). Links to recordings from sessions 1-8 from webinar series are currently available for download from the Mountain Plains website. Sessions 9 & 10 recordings will also be available for download by mid-April 2022.

Link:

Related Topics: None

Related Workplan Activity:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Rosé Colored Glasses: Conversations about Women and Alcohol Use Podcast

Description: Mountain Plains ATTC is preparing to launch the first podcast episode in this series in April 2022 with six more episodes scheduled to be released monthly. The podcast will provide an opportunity for discussion on topics related to how alcohol use and the risk for alcohol-related problems change over a women's lifespan from adolescence to college-age, early careers, pregnancy, parenting, empty-nest, retirement and aging. The podcast series will feature conversations with hosts Christina Boyd and Maridee Shogren on the topics: Early Adolescence-Kids & Cocktails; The Teenage Years-Peers, Parents and a Pandemic; The College Years-Study Hall, Pool Hall and Alcohol; Early Adulthood-Marriage, Motherhood and Moscato; Adulthood-A sandwich generation with a vodka chaser; and Older Adults-Twilight & Tequila.

Link:

Related Topics: None

Related Workplan Activity:

- 2.2.a Create 12 new products/tools and post on website; 2.2.a Hire SMEs to conduct webinars or be featured in videos; 2.2.c Create slidedecks4U and post on website; 2.2.d Review products/tools plan to ensure products/tools are in product line

Summit on Behavioral Health in Energy Country

Description: In collaboration with the Mountain Plains Mental Health TTC, Mountain Plains ATTC staff will be exhibiting at the April 26 & 27, 2022 Summit on Behavioral Health in Energy Country Conference in Watford City, ND to share information regarding Mountain Plains' purpose and goals as well as disseminate Mountain Plains hard copy products/tools, demonstrate where the web-based products/tools can be found on the Mountain Plains website, and provide details regarding Mountain Plains upcoming activities and events.

Link: <https://www.eventbrite.com/e/summit-on-behavioral-health-in-energy-country-registration-232172944527>

Related Topics: None

Related Workplan Activity:

- 3.6.a Respond to T/TA requests from regional stakeholders; 3.6.b Conduct one-time or brief consultations; 3.6.c Provide extended consultation; 3.6.d Conduct conference/workshop trainings; 3.6.e Facilitate long term implementation & work flow activities

ATTC: Pacific Southwest

Pacific Southwest ATTC Highlights from February 2022 - March 2022

Children's Hospital Los Angeles HRSA-Funded Graduate Psychology Education (GPE) Program 2021-22 (Year 3) Booster Training Serie

Description: The Pacific Southwest ATTC will continue its role in providing training and ongoing intensive TA/clinical consultation to a cohort of psychology fellows. In February-March 2022, the Pacific Southwest ATTC partnered with the Children's Hospital Los Angeles to conduct a three-part booster training series for the Year 3 cohort for the HRSA-funded Graduate Psychology Education (GPE) Program. The Year 3 CHLA GPE Booster Training Series kicked-off on February 24th with three days of live virtual or in-person trainings. Day 1 (February 24th) focused on Self-Care Strategies; Day 2 (March 8th) focused on Contingency Management Approaches; and Day 3 (March 15th) focused on an in-person skills-based Motivational Interviewing and Cognitive Behavioral Therapy Practice Lab. Zoom-based monthly clinical consultation sessions will continue the third Wednesday of each month through August 2022.

Link: <http://www.psattc.org>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Provide ongoing consultation/supervision on EBPPs to providers in psychology training fellowships

Wrap-Up of OPII CoP Series for 2021 Cohort

Description: The monthly Community of Practice convenings for the 2021 cohort of the Organizational Process Improvement Initiative (OPII) concluded on March 24, 2022. On March 29, 2022, Michael Shafer and Beth Rutkowski attended the Mountain Plains ATTC Regional Advisory Board Meeting to provide an overview of the OPII, as a way to announce the Region 8-9 partnership. Recruitment for the 2022 cohort, which will be open to agencies in HHS Region 8 and 9 through a joint partnership of the Mountain Plains ATTC and Pacific Southwest ATTC, will commence in May 2022. See upcoming activities for more details.

Link: <http://uclaisap.org/psattc-opii/>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Provide ongoing, intensive change facilitation coaching and mentoring over the course of 9-12 months

New Product Alert – EBP Demo Videos, Curriculum Infusion Package, Brief Slide Sets, HIV/SUD Training Curricula, and Phone-Based

Description: The Pacific Southwest ATTC is in the process of finalizing the development of several products, including: (1) Evidence-Based Practice Demonstration Videos (in partnership with Northwest ATTC); (2) Medications for Opioid Use Disorder among Culturally Diverse People with HIV (in partnership with Pacific AIDS Education and Training Center); (3) Keys to SUD Education – one focused on alcohol use disorder and a second focused on stimulant use disorder (in partnership with Mountain Plains ATTC); (4) Recovery Support for Individuals with Stimulant Use Disorder (in partnership with Mountain Plains ATTC); and (5) Phone-Based

Counseling Tip Sheet (in partnership with Mountain Plains ATTC).

Link: [N/A; all products will be posted to ATTC Products and Resources Catalog once finalized](#)

Related Topics: None

Related Workplan Activities:

- Develop at least one CIP (Stimulant Use Disorders)

Pacific Southwest ATTC Highlights for April 2022 - May 2022

Motivational Interviewing into Practice Enhanced Professional Learning (EPL) Series

Description: Beginning with a pre-EPL technology session on April 21, 2022, the Pacific Southwest ATTC will launch an eight-week EPL entitled Motivational Interviewing into Practice. The EPL interactive series will cover a variety of topics and provide frequent skills practice opportunities essential to the development and/or refinement of motivational interviewing-related techniques and relational style. Throughout the interactive learning series, emphasis will be placed on the intentional use of MI skills to identify a change goal, resolve ambivalence, and increase motivation for change. The weekly sessions will be held on the same day and time each week. Recruitment will be targeted to individuals based in Region 9 who attended a live virtual Introduction to Motivational Interviewing training offered in fall-winter 2021-22. Enrollment will be limited to 40 individuals from across the Region. Individuals who complete the MI-IP EPL will have the opportunity to participate in MI on the Fly consultation sessions that will launch in summer 2022 as part of the Pacific Southwest ATTC's connected learning activities to support implementation of evidence-based practices.

Link: <http://www.psattc.org>

Related Topics: None

Related Workplan Activity:

- Plan and deliver Enhanced Professional Learning (EPL) opportunities and post-EPL Consultation Group to participants throughout Region 9

Women and Weed Webinar

Description: On April 14, 2022, the Pacific Southwest Addiction and Prevention Technology Transfer Centers will present a 60-minute webinar entitled Women and Weed. This webinar will outline the rapidly changing culture of cannabis use highlighting potency and routes of administration, perception of risk, and common exchanges regarding substance use and women's issues. It will share popular products marketed to women and campaigns targeted to individuals who identify as female. It will review public health concerns including child protective services, health concerns of use during pregnancy and breastfeeding, as well as the influence on self and family and how to have an intelligent "cannabis conversation." By the end of the webinar, participants will be able to: (1) identify at least three new trends in use, potency, products, and marketing practices that make women more vulnerable to use; (2) specify at least two components of the relationship between cannabis and women's health; (3) recall at least two ways that the legalization of recreational cannabis has influenced public health, perception of use, and consumption of specifically targeting women; and (4) explain at least two current research findings pertaining to addiction, intelligence/academic success, and parenting; and (5) specify two effective ways to communicate use deterrence. The webinar will be presented by Dr. LaTisha Bader.

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/event/women-and-weed>

Related Topics: None

Related Workplan Activity:

- Collaborate with Region 9 MHTTC and PTTC through quarterly coordination meetings

OPII Culminating Celebration (2021 Cohort) and Change Facilitation Workshop (2022 Cohort)/Recruitment Launch for the Organization

Description: On May 5th, the Pacific Southwest ATTC will host a two-hour Culminating Celebration with the 2021 OPII Cohort. During this interactive session, each participating agency will be given the opportunity to present a “4 in 5” presentation describing their yearlong change facilitation and process improvement efforts. The Executive Sponsor from each agency is encouraged to attend this session, as well. And on May 10, 2022, the Pacific Southwest ATTC will host a two-hour live virtual Change Facilitation Workshop to serve as a recruitment event for the 2022 cohort of the OPII. During this session, Michael Shafer and Dennis Skinner will present a detailed overview of the change facilitation model used in the OPII and engage with agencies that are interested in applying for the 2022 OPII cohort. The OPII is a yearlong intensive technical assistance learning opportunity for treatment and recovery organizations to sustain process improvement and/or implementation efforts to enhance their services. In spring-summer 2022, agencies that pass the provisional application stage will be invited to continue to the second phase in the application process – to view a series of asynchronous modules on virtual change team facilitation and submit a draft organizational change goal statement. Final selection of participating agencies will be made in summer 2022. The 2022 OPII will feature a five week, 21-hour virtual Change Facilitator Academy (September 13-October 13, 2022), followed by several months of virtual intensive technical assistance and organizational coaching from a team of Pacific Southwest ATTC-affiliated faculty.

Link: <http://uclaisap.org/psattc-opii/>

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Distribute and accept OPII applications from organizations in HHS Regions 8 and 9

Integrating Motivational Interviewing into standard treatment practices

Description: In events uniquely offered to Alaskan providers, Northwest ATTC held workshops that build upon Motivational Interviewing (MI) skills and their integration with other clinical activities, such as: 1) Using MI in Individual Service Plans: In February, a one-day workshop on Using MI in Individual Service Plans was held with the aim of increasing providers' capacity to deliver MI as an evidence-based practice, especially when treating people who have SUDs. This workshop highlights the value of having an individual service plan (ISP) and builds upon foundational MI skills so that practitioners can apply them to service planning. 2) Working with Families and Family Systems for Improved SUD Treatment: Earlier this year, Northwest ATTC provided a two-part virtual workshop on engaging families and family systems, a priority topic for Alaskan providers. This workshop aimed at improving clinicians' awareness of family therapy techniques and evidence-based practices. Participants reviewed and discussed research on a) the benefits of family involvement; and b) different methods to help bring family members in and make them a valuable addition to a wide range of services. This interactive workshop helps increase individuals' confidence in being able to maintain family support in therapeutic practices serving people with SUDs.

Link:

Related Topics: None

Related Workplan Activities:

- Offer a minimum of 24 EBP training events and trainings in evidence-based processes (NIATx, TIC, ROSC) to promote skill development.

Healing-Centered Care and Practice at a multi-site WA Treatment Agency

Description: Continued support has been provided to Evergreen Treatment Services' staff around incorporating trauma-informed care (TIC) and practice in their work. Northwest ATTC has engaged a clinical psychologist and trainer who is facilitating monthly meetings with an internal implementation team that is focused on promoting self-care and team-care practices. Meetings have focused on sharing of tools to counteract burnout and the practice of mindfulness. Several TIC-related written and multimedia resources were disseminated, including one centered on resources related to integration of TIC work with racial equity work. Implementation Team members have initiated activities such as sharing messages of gratitude through staff care packages and displaying messages on bulletin boards that inspire staff. Future work will entail Northwest ATTC-sponsored training for greater TIC awareness building for all staff, followed by role-specific training for leadership in different positions in the organization to cascade TIC-oriented practices throughout the organization.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Trauma-Informed Practice: Provide intensive technical assistance to Evergreen Treatment Services to support the adoption and implementation of trauma-informed care.

Creating an Equitable Environment for Clients of Color

Description: The Northwest ATTC March webinar “Creating an Equitable Environment for Clients of Color” was delivered by Jovan Hollins, MBA. Mr. Hollins works with Pillars of Connection a leadership consulting organization focusing on diversity, equity, and inclusion. Pillars of Connection specializes in leadership perspectives and helping organizations and career professionals develop skills and tools to connect with each other for the greater good of humanity. In this webinar, Jovan Hollins discussed the importance of understanding the role of self-awareness, increasing knowledge of those whom you serve, developing skills to build trust and engage, as well as finding ways to take action or advocate for change. Awareness, Knowledge, Skills, Action/Advocacy are the pillars in which we create the frameworks for deeper connections and fighting systems of oppression.

Link: <https://attcnetwork.org/centers/northwest-attc/northwest-attc-webinar-series>

Related Topics: None

Related Workplan Activities:

- By Oct 1, 2022, NWATTC will provide 12 additional installments of its monthly webinar series, to include no less than four webinars focused on medication-assisted treatments for opioid dependence, for interested Region 10 workforce members.

Northwest ATTC Highlights for April 2022 - May 2022

Process Improvement (NIATx) Project at a Community Health Agency in Seward AK

Description: After several months of joint planning with leadership at SeaView, a community health agency based in Seward on the Kenai peninsula, in April the Northwest ATTC will officially launch a targeted technical assistance project aimed at improving client engagement and retention. The Northwest ATTC’s Co-Director Denna Vandersloot will provide an overview of the NIATx process improvement model to Seaview’s change leadership team in April. This overview will be followed by monthly coaching meetings to support the change team in using process improvement tools to guide their change project. This process improvement model will be applied through a culturally responsive lens through facilitation and coaching by Northwest ATTC contract trainer, Troy Montserrat-Gonzales, who is of tribal background and specializes in culturally responsive services. Laura Cooley, Northwest ATTC, Technology Transfer Specialist will provide support and coordination for the project.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity:

- Improving Transition Across Levels of Care and Promoting Integration of Services using the NIATx Process Improvement Model

Supervision of Peer Based Recovery Support Services Webinar

Description: The Northwest ATTC May webinar on supervision practices for peer-based recovery support services will be delivered by Christina Love and Jess Wojcik. These two individuals attended the ATTC Trainer-of-Trainers for the Supervision of Peer Based Recovery Support Services and are developing an adapted version of this training to be delivered regionally in July 2022. The webinar will provide a preview of the upcoming training emphasizing the importance of providing culturally responsive supervision.

Link:

Related Topics: None

Related Workplan Activity:

- By Oct 1, 2022, NWATTC will provide 12 additional installments of its monthly webinar series, to include no less than four webinars focused on medication-assisted treatments for opioid dependence, for interested Region 10 workforce members.

Trauma Informed Supervision for Idaho Providers

Description: As a part of the Northwest ATTC's efforts to support effective supervision practices and enhanced use of evidence-based practices, the center has worked with trainer Annie Marie Roepke to bring a multipart workshop focused on Trauma Informed clinical supervision practices that are enhanced by Motivational Interviewing skills such as OARS and EPE. This training series is available to providers and supervisors throughout the state of Idaho. Workshop dates are : May 17th, May 31st, June 14th, and June 18th. In this 4-part training series, participants will explore what trauma is; how stress and trauma impact our brains, our minds, and our lives; how these trauma-related difficulties can impact supervisees' ability to function well in their professional roles; and how supervisors can help by skillfully integrating foundational competences of supervision with foundational competencies of trauma-informed care. Training participants will have the opportunity to learn in a variety of ways including lecture, demonstrations, discussions, and experiential learning and role play activities designed to offer an understanding of the basics of trauma-informed supervision.

Link:

Related Topics: None

Related Workplan Activity:

- Trauma Informed Clinical Supervision Idaho Learning Collaborative

ATTC: American Indian Alaska Native

American Indian Alaska Native ATTC Highlights from February 2022 - March 2022

Winter ATTC Newsletter has Arrived!

Description: Our ATTC has released it's Winter Newsletter (Vol.8 Issue1)with a feature on Harm Reduction in Native Communities. This news publication features an opening piece from our Director Dr. Anne Helene Skinstad, with a feature article from Dr. Ken and Kate Winters, and Q/A with Dr. Dan Dickerson (Inupiaq) from Los Angeles, and also spotlights the American Indian Health Service of Chicago.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/newsletter>

Related Topics: None

Related Workplan Activities:

- Publish and distribute additional data outcomes on projects and eventsfor AI AN behavioral health professionals

Ongoing Webinars, Trainings, and Regional TOR meetings

Description: Our Center continues to provide a wide-range of virtual meetings, events, and trainings including in depth/ culturally rich behavioral health webinars, ESAS series, Virtual Native Talking Circles, and earlier this month introduced the Spring Living Series (a six-part series running bi-weekly through May 20, 2022).

Link: <https://attcnetwork.org/centers/content/national-american-indian-and-alaska-native-attc>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Provide a full range of virtual webinars, trainings, events, and products

2021 Year In Review Report

Description: Our ATTC has created an executive summary for our readers summarizing the a year of data at a glance.

Link: <https://attcnetwork.org/centers/global-attc/recent-news?center=16>

Related Topics: None

Related Workplan Activities:

- Our center will continue to be available to providers who have questions about Behavioral Health practices

American Indian Alaska Native ATTC Highlights for April 2022 - May 2022

Alcohol and Drug Certification Exam Preparation Course

Description: Once again our team plans to head to Sioux Falls, SD in May of 2022 to provide a 4-day Alcohol/ Drug Certification Exam Preparation Course to Native clinicians preparing to sit for their state certification/ licensure exam. This intensive preparation course offers study

strategies, practice testing, and through review of the 12-core functions (4 Domains) of the SUD counseling field. The interactive course is lead by 3-4 of our experienced trainers with over 200 years of combined of clinical experience and knowledge. This course is free of charge and open to any Native clinician or non-native clinical who is working for a Native Agency.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/news/successful-alcohol-drug-prep-course>

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Continue to Offer Training of Trainers on the Alcohol and Drug Review Course, the Native Clinical Supervision Curriculum, and on the use of Native American Cultural Sensitivity Training

AI/AN Leadership Academy and the Tribal College and University Initiative

Description: Our Leadership Academy will soon begin recruitment for Cohort V. Are you ready to the lead and impact your Native community? The year-long Leadership program offers a unique opportunity for mental health, behavioral health, substance use providers, or helping professionals to explore their unique skills and leadership potential through trainings, an individual project, and mentor support. We are also pleased to announce preparations for an upcoming pilot of an extensive Behavioral Health Aide training curriculum intended to provide a crucial bridge between clinical care providers and case management services within the AI/AN behavioral health patient populations.

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/leadership-academy>

Related Topics: None

Related Workplan Activity:

- Graduate Cohort IV, initiate mentoring, and offer virtual educational activities for 2022 Leadership Academy Cohort V
- Provide a viable training curriculum for Behavioral Health Aides in the lower 48 states. Consider State/ National Implementation of training credentials
- Provide a viable training curriculum for Behavioral Health Aides in the lower 48 states. Consider State/ National Implementation of training credentials

Tribal Opioid Response Preview of Spring 2022

Description: Our TOR team will continue with it's scheduled virtual events as planned. These will include; monthly Care and Share meetings 3-430pmCST April 13 and May 11. April- <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/tor-care-share-7> May- <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/tor-care-share-8> Additionally, our TOR staff will be hosting virtual Regional meetings on April 19 1pmCST (Great Plains) and May 17 12pmMST (Billings) Great Plains- <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/tor-regional-meeting-great-plains-0> Billings-<https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/tor-regional-meeting-billings-region> Lastly, be sure to visit our TOR Resource Page for all your grant management [needs-https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/tor-resource-page](https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/tor-resource-page)

Link: <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/tor-ta>

[webinars](#)

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Our center will continue to be available to providers who have questions about Behavioral Health practices

ATTC: National Hispanic Latino

National Hispanic Latino ATTC Highlights from February 2022 - March 2022

Latinos Con Voz

Description: We are proud to announce a new product our ATTC (in partnership with our sister Center, the National Hispanic and Latino PTTC) has launched as of March 24th on Spotify. The podcast 1st series of episodes entitled “Latina Leadership – You are enough” is available in English, Spanish, and Portuguese. The podcast series focuses on amplifying the voice of Latina Leaders whose work is grounded in culturally and linguistically responsive approaches to behavioral health, along a variety of topics. These open conversations provide insight in challenges and barriers, and the life experiences associated with intervention, treatment and recovery from behavioral health issues experienced by Latino communities.

Link: <https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/latinos-con-voz>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities:

- We will make all of our podcasts available on-demand on our website in English, Spanish and Portuguese.

Latino Newsletter

Description: The second week of February saw the launch of our newsletter, Cultivating Wellness: A Newsletter Celebrating Latino Behavioral Health. This product has been a labor of love, an idea born out of a commitment to find additional ways to honor our culture, call out disparities that persist, celebrate successes in our communities, and amplify the contributions being made by Latinos in behavioral health. Each issue will focus on topics which span the behavioral health spectrum, from prevention to treatment and recovery. Our goal is to offer a diversified suite of products meant to meet the unique preferences of community members. Our first issue is titled “A Healthy New Beginning: A Message of Hope and Healing”.

Link: <https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/cultivating-wellness-newsletter-celebrating>

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities:

- We will make all of our newsletters available on our website in English, Spanish and Portuguese.

Supervision of Peer-Based Recovery Supports

Description: Our Program Director partnered with Diana Padilla from the NeCATTC to deliver a 4-part 16-hour training for professionals in New York and New Jersey. This training event provided insight, tools for success, and guidance for leaders working diligently to integrate Peers in their practice in a meaningful way. We look forward to facilitating this training in the future to other communities looking for this type of skill building to improve their service delivery.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities:

- In Year 4 our ATTC will deliver at least 2 virtual events/webinars. The topics will be guided by the results of our Training Needs Query, specific requests, and other developing topics. Virtual events will range from 1-3 hours in length.

National Hispanic Latino ATTC Highlights for April 2022 - May 2022

Virtual Learning Collaborative

Description: In the summer of 2022, we will host a 4-session Virtual Learning Community Series focused on a crosswalk of the Cultural Formulation Interview, PACES. A panel of 3 experts on the topic will present information on the major tenets of these important tools, provide tangible opportunities to implement this in their service delivery, and facilitate mini workshops to practice what they learn. We are looking to host this event sometime in May. The Latino Behavioral health narrative will look deep into the elements of ACES but at the same time highlight the importance of PACES for healing, treatment, and recovery to include the Cultural Formulation Interview categories of cultural identity, cultural conceptualizations of distress, psychosocial stressors, cultural features of vulnerability, and resilience.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity:

- When we work with Providers/Community Groups we will offer on-going technical assistance as a part of the follow up for requested in-person training events.

Cultural Stimulant project “Community Conversations”

Description: We are partnering with the SSWATTC and African American Behavioral Health CoE to develop events and products focused on stimulant use and stimulant use disorder using a cultural lens. The first step in this important project is the development and facilitation of several (9) community conversations. Through these sessions, facilitated by Peers in Recovery and Promotores/Community Health Workers, we hope to gain insights from people with lived experience and family members of those in recovery from stimulant use disorder. Virtual conversations will take place in the NM, TX, and OK communities. Our consultants will facilitate two (2) sessions in Spanish, six (6) in English, and one (1) large debrief session for all groups. Information received from the community conversations will influence and inform the creation of a suite of events and products, using a culturally and linguistically responsive and grass-roots approach.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- When we work with Providers/Community Groups we will offer on-going technical assistance as a part of the follow up for requested in-person training events.

Peer Recovery CoE SME Panel

Description: Through our parent organization, NLBHA, our ATTC has partnered with the Peer Recovery CoE on their SME panel of experts to work on supporting Recovery Community

Organizations (RCOs) in access to funding. Our Program Director is the NHLATTC representative on this panel. She brings her lived experience and expertise in building and running RCOs from a BIPOC perspective. Community Conversations with RCOs across the country will take place over the months of May and June. Our Program Director will facilitate a session focused on Latino voices, and our Program Specialist will facilitate a Spanish session with the same focus. It is an honor to be a part of this project with our CoE partners to support Peer-Run organizations.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity: None

ATTC: Network Coordinating Office

Network Coordinating Office ATTC Highlights from February 2022 - March 2022

Updated Course: SBIRT for Health and Behavioral Health Professionals

Description: SBIRT, or Screening, Brief Intervention and Referral to Treatment, offers methods for ascertaining the level of intervention needed for behavioral health issues in a variety of clinical settings. The ATTC NCO launched an updated and revised version of the popular SBIRT for Health and Behavioral Health Professionals course on healthknowledge.org in March 2022.

Link: <https://attcnetwork.org/node/37971>

Related Topics: None

Related Workplan Activities: None

ATTC Messenger March 2022: As gaming expands, we must expand the availability of problem gambling therapies to all

Description: The ATTC Messenger feature article for March 2022 was a collaboration with the National Hispanic and Latino ATTC and was cross-posted with their newsletter. The article discussed problem gambling (March is Problem Gambling Awareness Month) in the Latino community. It was available in English, Spanish, and Portuguese.

Link: <https://attcnetwork.org/node/37962>

Related Topics: None

Related Workplan Activities:

- Publish 12 issues of the monthly e-publication, The ATTC Messenger, highlighting Network resources & relevant topics. Redesign the ATTC Messenger in Yr 5 to a fresh look with better organization and readability. Increase the open rate for the Messenger as compared to the previous year. Examine the author list and topics for the Messenger on a regular basis to ensure the lists are inclusive and equitable across race, ethnicity, and other social determinants of health. Include special sections in the Messenger that highlight Network-wide activities related to (1) equity and inclusion, (2) harm reduction, and (3) workforce recruitment and retention. Enhance the Addiction Science Made Easy articles by determining if there is a way to include how to adapt the research summarized in these articles to different cultural contexts. Also, develop an annual "roundup" of the ASME articles with a print on-demand option that could be available on an e-reader.

TTC Website Administrator Guide - March 2022 Update

Description: The TTC Website Administrator Guide exists for TTC website administrators to reference use as a reference when they need instructions on creating and/or managing website content. ATTC NCO staff led a comprehensive update to the Guide, which was released in March 2022, as a result of an upgrade to the website.

Link: <https://ttchub.org/regcenters/webadmin/tools/resources.aspx>

Related Topics: None

Related Workplan Activities:

- Maintain a responsive & accessible public ATTC website. Regularly audit the ATTC website, including the trainer registries.

Network Coordinating Office ATTC Highlights for April 2022 - May 2022

ATTC Directors Meeting

Description: The next ATTC Directors meeting will be held May 26, 2022. The ATTC NCO will begin collecting agenda items in early May.

Link:

Related Topics: None

Related Workplan Activity:

- Host and facilitate up to six sessions for ATTC Directors to meet and discuss priority topics and opportunities for work plan collaboration.

May 24 Quarterly ATTC Workgroup Co-/Chairs Check-in Meeting

Description: Each quarter the ATTC NCO convenes a meeting of the chairs of all of the ATTC Network's workgroups to share what the workgroups are doing and look for areas of synergy. Chairs also share lessons learned with each other and discuss challenges and solutions. The next meeting will be held May 24, 2022.

Link:

Related Topics: None

Related Workplan Activity:

- Convene, provide leadership, staffing support and coordination for the "ATTC National CLAS Standards Working Group" AKA "Building Equity and Inclusion Working Group". Ensure the equity focused section of the Network website, developed by this group, is updated regularly.

Marketing Video

Description: The ATTC NCO will begin working on an ATTC Network marketing video in the next two months. The purpose of the video will be to explain the history, purpose and scope of the ATTCs.

Link:

Related Topics: None

Related Workplan Activity:

- Create a brief marketing video explaining the ATTC Network and promoting the strategic messages identified.