



# RECOVERY COACH ACADEMY

The CCAR Recovery Coach Academy© is a 5-day intensive training academy designed to provide individuals with an understanding of both the art and science of Recovery Coaching. Delivered in a retreat like environment, the CCAR Recovery Coach Academy© prepares participants to guide and mentor others in recovery from an addiction to alcohol and or other drugs. By focusing on the goals of the individuals being served, participants will learn the key fundamentals of this rewarding work, which CCAR has identified as actively listening, asking really good questions, and treating people as their own best resource, all while discovering and managing our own stuff.

## CCAR RECOVERY COACH ACADEMY© PARTICIPANTS WILL:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Practice newly acquired skills

**This training provides 30 CEUs/Contact Hours.**

**All participants who attend in full, will receive a *Certificate of Achievement* upon completion of an online evaluation after the CCAR Recovery Coach Academy©**



Brought to you by  
**Mariposa Heritage House**  
Drop-in Recovery Support Center



**DATES:** Mon-Fri, April 26- 30, 2021

**TIME:** 8:30 am – 3:00 pm (PST)

**LOCATION:** ZOOM

**COST:** Free Training – (Must purchase manual)

**CONTACT:** Debra Barcellos, CCAR  
Trainer- 209 966-7770 or  
[debra@alliance4you.org](mailto:debra@alliance4you.org)

**SEATING IS LIMITED!**

**REGISTER AT:**

<https://www.eventbrite.co.uk/e/ccar-recovery-coach-academy-tickets-141033289365>

*Shortly after you have completed your registration, you will receive an email with your classroom instructions and a link to purchase your Recovery Coach Manual from Amazon.*