

Supporting the Health and Well-being of Mothers and Infants Affected by Substance Use

If you are, or know someone who is, a mother of young children who has been affected by substance use, we want to hear from you. In May, be part of a focus group to tell us about the best possible ways to support families like you in similar situations.

Why?

Substance use during pregnancy can have bad side effects for both mothers and children. For mothers, it can mean stunted growth for your baby or a stillbirth. It can also cause the baby to be born before its due. If mothers use substances during their pregnancies, babies can be born with delayed brain development and have to go through drug withdrawal.

We want to find the best possible ways to support mothers and children affected by substance use.

Unfortunately, serving Missouri women who use substances and children born drug- exposed has not been a priority recently. Feedback from mothers like you will help guide the development of future services and supports available to mothers and children affected by substance use. Understanding what mothers go through and how to improve services will eventually improve health outcomes for both mothers and their children.

What?

- Focus groups take about one hour.
- You will fill out some forms each time you are in a focus group.
- You will get a \$30 gas gift card, as a thank you.
- If you do the focus group online, you will need to use a computer, or smartphone, and Zoom software.

When?

Focus groups will take place throughout the month of May. Sign up for the day and time you want by clicking [here](#).

Where?

Focus groups will be online using ZOOM technology or in-person, based on availability.

If you have questions, email Dr. Danielle Chiang at chiangd@umkc.edu or call (816) 235-6427.
Thank you for your consideration.