

# Supporting the Health and Well-being of Families Affected by Maternal Substance Abuse

If you know mothers of young children who are affected by substance abuse, consider referring them to participate in a focus group about the best possible ways to support them and families in similar situations.

## Why?

Substance use during pregnancy negatively impacts both mothers and children. For mothers, it can be associated with fetal growth restriction, stillbirth, and preterm birth. For babies, it can affect their neurological development and lead to Neonatal Abstinence Syndrome.

We want to identify the best possible ways to support mothers and children affected by substance use. Feedback from mothers will help guide the development of future services and supports for mothers and children affected by substance abuse, which will eventually improve health outcomes for both mothers and their children.

## What does this involve?

- A one-hour online or in-person focus group in May
- Fill out forms before the meeting (takes about 10 minutes to complete)

## How can you be involved?

Click to fill out a short questionnaire and sign up [here](#).

## Questions? Email or call us at:

University of Missouri Kansas City –  
Institute for Human Development

**Danielle Chiang, PhD; [chiangd@umkc.edu](mailto:chiangd@umkc.edu) or (816) 235-6427.**