

**HEALTHY
MOMS.
STRONG
BABIES.**



PERINATAL MENTAL HEALTH IN THE MIDWEST

December 6, 2022 12:00pm – 1:00pm CT



Mental health challenges are among the most common complications of pregnancy or child birth. According to the Center for Disease Control 1 in 7 birthing individuals experience postpartum depression and 1 in 10 people who give birth experience postpartum anxiety. Join our experts to learn more about perinatal mental health, policy and advocacy efforts, and the resources available to people in the Midwest.

Register Here:

https://marchofdimes.zoom.us/meeting/register/tJMofuGhqj4rG92ZTRLb5spCnYEpa_Rjx3nL

Speakers:

- Adrienne Griffen, MPP – Executive Director of Maternal Mental Health Leadership Alliance
- Joy Burkhard, MBA – Executive Director of 2020 Mom