



**PTTC**

**Prevention Technology Transfer Center Network**  
Funded by Substance Abuse and Mental Health Services Administration

## **Network Bi-Monthly Update**

### **October 2019**

*For internal Network use only. Not for public distribution.*

**PTTC: New England**

**Submitted By: Scott Gagnon, [sgagnon@adcareme.org](mailto:sgagnon@adcareme.org)**

## **New England PTTC Highlights from September - October 2019**

### **New England PTTC at the 2019 NPN Conference**

In August, the New England PTTC Team traveled to Chicago to attend the 2019 National Prevention Network Conference. It was a great conference with many learning opportunities, as well as opportunities to network with prevention professionals from New England and fellow PTTC's from across the country. New England PTTC's Director, Scott Gagnon, provided a breakout session on marijuana policy and prevention. The session entitled, The Evolution of State Marijuana Policies and Where Prevention Fits In, walked participants through how marijuana laws and policies in states can change and shift rapidly and how they impact public health and prevention.

"In the end, if there was one message I wanted to get across it was that we as prevention professionals need to be marijuana policy-literate.", Scott states. "We need to know the laws and policies that are passing in our states and communities and how they will impact public health. Then, we can use the tools we have in our prevention toolbox to identify the prevention strategies we will implement to prevent and minimize the potential issues that may arise from these policies."

Additional Information: <https://pttcnetwork.org/node/32370>

Related Topics: None of the above

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### **New England Vaping Prevention Resource Page and Project ECHO session**

The current vaping crisis has impacted all of the states in the New England region. In response, New England PTTC created a central resource page to bring together the federal advisories with state level advisories and responses to the crisis. Additionally the page includes links to webinars and other vaping technical assistance products from other PTTCs and ATTCs, as well as current research articles examining the crisis. Additionally, the New England PTTC is getting ready to launch a Project ECHO session on vaping to provide intensive technical support to teams of prevention professionals from around the region, working to respond to the region's vaping issues.

Additional Information: <https://pttcnetwork.org/node/32379>

Related Topics: Intensive Technical Assistance

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## **Launch of Marijuana Prevention Toolkit**

New England PTTC Director Scott Gagnon chaired the PTTC Network Marijuana Risk Working Group. In October, the work group officially launched and released to the field Year 1 deliverables. This included four items: Two PPT slide banks, one on pharmacology and one on forms, potency, and health impacts. These are researched and vetted slide banks prevention providers can use in their community prevention and education sessions. Another tool is a Facts vs Myths which counters 7 common myths around marijuana that exist amongst the public, for example the myth that marijuana isn't addictive. More information provided in the attached link.

Additional Information: <https://pttcnetwork.org/node/32427>

Related Topics: None of the above

## **New England PTTC Highlights for November - December 2019**

### **Prevention in Action Series: Achieving Coalition Sustainability**

The New England PTTC announces the next installment in the Prevention in Action Webinar series. Each webinar within this series will feature a success story in prevention in New England. This is an opportunity to share across the New England states those successful prevention initiatives being implemented across the region. It's a chance to learn about a strategy or initiative you may be interested in implementing in your state or community.

Each webinar presentation takes participants through the steps taken to put the particular initiative into action. At the conclusion of each presentation, webinar participants will have an opportunity to ask questions of the presenter and get tips on how they could replicate in their own state or community. This month's webinar...Achieving Coalition Sustainability

Presented by: Kelly Leppard, CPS - Youth Prevention Coordinator, Southington STEPS

The STEPS Coalition in Southington CT has just completed 10 years of funding through the Federal Drug Free Communities Support Program and the community has successfully sustained two full-time staff positions for the coalition. Kelly Leppard, the STEPS Prevention Coordinator, will share her community's successes over the past 10 years, to provide helpful tips regarding sustainability, and offer advice on how to make prevention a priority in your own communities for years to come.

Additional Information: <https://pttcnetwork.org/node/32451>

Related Topics: None of the above

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## **Brief Alcohol Screening and Intervention for College Students**

In response to identified need in Maine, New England PTTC is scheduling two sessions of the BASICS Training. Indicated as a secondary and tertiary prevention strategy, these trainings will build capacity within Maine to provide early identification and prevention intervention for young adults exhibiting risky consumption and behaviors around alcohol.

In this workshop, participants will have a brief review of the context of alcohol use on campuses and its consequences. We will delve into the BASICS model, developing skills and knowledge necessary to effectively implement BASICS. Participants will leave the workshop with the tools needed to successfully conduct this individual intervention on their own campuses or in their communities.

Participants who successfully complete this workshop will:

- Briefly review research related to alcohol and interventions with college students
- Review instruments for assessing alcohol use and related behavior
- Reinforce or increase helpful knowledge of alcohol and its interaction with the body
- Develop understanding of the BASICS model and confidence in applying it
- Develop the ability to create a BASICS report for the student

Additional Information: <https://pttcnetwork.org/node/32382>

Related Topics: None of the above

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## **PTTC Tabling and Networking**

The New England PTTC will continue in efforts to promote and raise awareness of the PTTC model and services available in the region. The New England PTTC will be exhibiting at the New England Rural Health Conference, held in Newry, Maine, in November. In December, the PTTC will exhibit at the two-day New Hampshire Behavioral Health Summit

Additional Information:

Related Topics: None of the above

**PTTC: Northeast and Caribbean**

**Submitted By: Clare Neary, cneary@ssw.rutgers.edu**

## **Northeast and Caribbean PTTC Highlights from September - October 2019**

### **TTA Efforts**

During this period the NeC-PTTC held several in person and virtual trainings. In person trainings included sessions entitled Emerging Trends in Substance Use and Intimate Partner Violence through a Community Lens. Multi-session webinars included Understanding the Role of Policy Making in Preventing Substance and Evaluating Your Prevention Program, A Deep Dive. During this period, the first training series of our Geospatial Academy for Prevention Professionals was rolled out. A combination of self-paced training with TA when-needed, Introduction to GIS is a 3 part, web based series which utilizes the freeware package Quantum GIS and instructs on the use of GIS in the context of community prevention. More specifically, the Geospatial Academy for Prevention Professionals will provide prevention professionals the skills necessary to implement geospatial analyses of community data to communicate work to key stakeholders, assess community need, and evidence the impact of prevention initiatives. This 3 part training series will introduce the Quantum GIS software package, culminating in producing maps and analyses to support substance misuse prevention work in your community. Each part of the online training series is self-paced and supported by individual technical assistance as needed.

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

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### **TTC Region 2 Building Capacity Network Coalition Kick off meeting**

The NeC-PTTC worked in the last few months with our sister TTCs, the NeC ATTC and MHTTC to develop a proposal for a Region 2 Coalition. The TTC Region 2 Coalition will serve to facilitate regular communication and collaboration among the ATTC, MHTTC, PTTC, and stakeholder organizations representing relevant provider groups throughout Region 2 to identify needs and opportunities for collective capacity building. Our objectives include promoting awareness and recognition of the TTCs; facilitating collaboration and integration among the TTCs and regional provider organizations to enhance awareness of existing resources and share/pool resources to extend reach and impact; and facilitating rapid response to emerging high behavioral health needs in the region. We facilitated our first TTC Network Coalition in October 2019 and had over 25 attendees. This first meeting focused on introductions to the TTC network and to the membership as well as discussion around current workforce needs and opportunities for collaboration in upcoming events. We will summarize the discussion around needs and opportunities and share with the TTC Network Coalition and have scheduled our next quarterly meeting for January 2020.

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

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### **PTTC Network Workgroup Prevention products**

During this current period, the NeC-PTTC supported PTTC Network collaboration efforts via PTTC NCO workgroups participation. NeC-PTTC staff participates in seven workgroups: GRPA Rewrite, Evidence Based Interventions, Data Informed Decision Making, Community Coalitions & Collaborators, Opioid Education, Marijuana Risk, and Culturally & Linguistically Informed Practices. Each of these workgroups (with the exception of the GPRA group) worked and completed two resource products by the end grant year 1 (September 2019). NeC PTTC staff contributed to multiple completed products including a podcast, entitled The Data Dive, focused on data driven coalition processes; a factsheet providing guidance on how to facilitate a formal data-driven prioritization process; a webinar on how to be 508 compliant; a webpage compilation of culturally and linguistically appropriate resources provided across all PTTCs; an Infographic on key elements of prevention coalitions; a quick guide for best approaches to adapting evidence based interventions; a curated EBI resources page on the PTTC Network website and a reference guide on Community and State partnering in the context of opioid overdose prevention program efforts.

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

## **Northeast and Caribbean PTTC Highlights for November - December 2019**

### **Upcoming Trainings**

During the next period, we will begin Prevention Peer Learning sessions, as follow up and in coordination with attendees from previously held webinars. These sessions will be held virtually and include local professionals sharing practical experience. The first two parts of the Peer Learning series will focus on alcohol/prescription drug policy and another one on marijuana/tobacco/vaping policy. We will invite attendees of recent webinars on these topics. We will also continue with our regularly scheduled virtual and in-person learning events in the coming months

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

## **Participate in New York State Behavioral Health Tribal Consultations**

The NeC PTTC will participate in the New York State Behavioral Health Tribal Consultation on October 29, 2019. This meeting is held annually in Syracuse, New York, and facilitated by the New York Office on Alcoholism and Substance Abuse Services. This is an all-day event at which the New York Nations will provide updates and discussion on their current behavioral health efforts. The NeC PTTC, along with our sister ATTC and MHTTC and our Regional Administration, will provide an overview of the TTC network as well as specifics on each center and how we might collaborate on future workforce opportunities.

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

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## **Workforce surveys update**

The NeC PTTC team will continue work on the Substance Misuse Prevention Workforce Needs Assessment Survey and the Substance Misuse Prevention Social Network Survey which were distributed this period. Data cleaning and analysis for both will begin in the next period, and Spanish versions of each survey will be distributed electronically to our listserv members.

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

**PTTC: Central East**

**Submitted By: Deborah Nixon Hughes, dhughes@danyainstitute.org**

## **Central East PTTC Highlights from September - October 2019**

### **NPN Strategic Planning Meeting**

The Central East hosted a two-day strategic planning meeting with the NPNs in Region 3. Information regarding activities completed during YR 1 was shared along with the results of a survey administered to the NPNs on training and T/A assistance needs. The focus was to establish a relationship among the NPNs within the Region as well as introducing and building a relationship with the Central East PTT; to determine preferences and expectations of the PTTC from each of the NPNs' respective; and to provide input into the work plan for YR 2. The NPNs expressed appreciation for bring them together and provided very positive comments.

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

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### **Advisory Board Meeting**

The Central East hosted its first Advisory Board Meeting. There were approximately 8 members that participated. The members of the advisory board included the NPNs, a primary care association member, a coalition member, a provider, and the Regional Administrator. The focus was to introduce the PTTC to them, learn about needs across the region to build the YR work plan, to share and maximize resources across the region, and avoid duplication .

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

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### **Products Completions**

The Cultural Competency Lit Review has been completed and is being posted on our website. In addition, three facts sheets including one substance misuse prevention strategies within the LGBTQ community; the second one on vaping and LGBTQ youth; and the third one on suicide prevention and the LGBTQ community were also completed. All the products will be posted on the website.

Additional Information:

Related Topics: The Opioid Epidemic



## Central East PTTC Highlights for November - December 2019

### State Visits

The 3 TTCs housed at Danya Institutes are planning state visits. The visits will enable the 3 TTCs to understand training and technical assistance needs from a public health approach across the continuum of promotion, prevention, treatment, and recovery in order to work together to maximize resources and avoid duplication.

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

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### PTTC Workgroups

The Central East PTTC will continue to participate in the PTTC Network workgroups to finalized products for each of the workgroups and plan for YR2. The Central East PTTC is actively participating in the following workgroups Community Coalitions and Collaborators; Culturally and Linguistically; Data-Informed Decisions; and Evidence-Based. The Central East PTTC not only actively contributed to all the workgroups but finances a consultant to conduct a 508 webinar for the Culturally and Linguistically workgroup along with a corresponding fact sheet.

Additional Information:

Related Topics: None of the above

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### Kick Off of the Workforce Development Series

The Central East PTTC will host a 6-part workforce webinar series on the SPF. The series will review each of the elements of the SPF and allow for intensive TA if requested. This series is the result of the feedback received from the NPNs and Advisory Board meeting. As requested, the PTTC stands ready to provide this training in-person as requested.

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

### Final Comments:

Looking forward to YR 2 while continuing to market the Central East PTTC across the Region; addressing the training needs identified by the Advisory Board and the NPNs, and partnering with the sister TTCs within the Danya Institute to avoid duplication and maximizing resources.

**PTTC: Southeast**

**Submitted By: Nicole Augustine, [naugusti@wakehealth.edu](mailto:naugusti@wakehealth.edu)**

<b>Southeast PTTC Highlights from September - October 2019</b>
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**Prevention in a changing marijuana landscape**

Hosted a webinar by Amy Ronshausen from Drug Free America Foundation. Webinar provided an overview of the marijuana policy landscape with a special focus on the current Florida medical marijuana law and what measures were put in place to mitigate some of the negative consequences seen in other states with similar laws.

83 individuals attended

Additional Information:

Related Topics: None of the above

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**Community Coalitions and Collaborators Workgroup**

Active participant in the Community Coalitions and Collaborators Workgroup. Year 1 products:

Six Elements of Effective Coalitions - document

Coalition Function to Impacts on Youth Development - diagram

Additional Information:

Related Topics: None of the above

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**Evidence-Based Interventions Workgroup.**

Active participant in the Evidence-Based Interventions Workgroup. Year 1 products:

Resource repository from a keyword scan of the PTTC website - webpage Adapting EBI - fact sheet

Strategic Fit Checklist - fact sheet

Additional Information:

Related Topics: None of the above

## Southeast PTTC Highlights for November - December 2019

### **NC H-Tech Collaboration**

Collaborating with the NC HIV Training & Education Center to provide 2 webinars in the Spring 2020

Additional Information:

Related Topics: None of the above

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### **Year 2 Webinar Planning**

Identify and implement 2 webinars

Additional Information:

Related Topics: None of the above

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### **Introduction to Policy Change**

Develop online course on policy change, with projected completion in Spring 2020.

Additional Information:

Related Topics: None of the above

**PTTC: Great Lakes**

**Submitted By: Julia Parnell Alexander, [jcparnell@wisc.edu](mailto:jcparnell@wisc.edu)**

## Great Lakes PTTC Highlights from September - October 2019

### **Great Lakes Region 5 Higher Education Topical Working Group**

The Higher Education Topical Working Group (TWG) has been initiated and the first meeting was held in August and the second meeting is scheduled for Oct 30. The second TWG for year 2 will address Vaping and efforts to initiate this group has begun.

Topical Working Groups offer prevention specialists around the region the opportunity to weigh in on emerging and pressing issues in the field. The work groups are focused on harnessing the insight and experience of prevention professionals through peer sharing to identify common challenges, innovative strategies and approaches, as well as training needs. The Topical Working Groups will be made up of 12-20 individuals with experience and interest in the topic. Participants will be invited and will include individuals from across the great lakes region and include prevention providers working in a variety of settings and levels to provide the greatest insight into the full breadth and scope of the issue. The groups will meet initially to discuss the identified issue and dive deeply into the complexity of the issue and how it impacts communities differently and well as explore common challenges and solutions. From the initial meetings the working group will help to guide the Great Lakes PTTCs development and implementation of training and technical assistance strategies to support the field to address the identified challenges. The work of these topical working groups will provide guidance and support to the PTTC while giving voice to the prevention field directly into the development of PTTC services.

Additional Information: N/A

Related Topics: Intensive Technical Assistance

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### **Motivational Interviewing for Community Paramedics and Community Health Workers**

This free, six-session workshop (two sessions of 2 full and 2 half days each) introduces concepts and fundamental skills involved in using Motivational interviewing (MI) in unique settings. Through lecture, videos, role-plays, introspection, small and large group activities, participants will have the opportunity to demonstrate and practice the course content. Everyone will be primed to begin using MI and to continue learning with additional workshops, peer support, individualized feedback and coaching and/or other practice opportunities.

Additional Information: <https://pttcnetwork.org/centers/great-lakes-pttc/motivational-interviewing-community-paramedics>

Related Topics: Intensive Technical Assistance

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### **Fresh News Items on Website**

September:

Vaping Resources and Information

Great Lakes PTTC: Connecting at the NPN Conference

Great Lakes PTTC to Present at IPBHC National Conference

October:

SAMHSA Webinar: The Intersection of Domestic Violence, Mental Health, and Substance Use

Binge Drinking in Wisconsin: New report from the UW Population Health Institute

Domestic Violence, Mental Health, and Substance Use

Additional Information: <https://pttcnetwork.org/centers/global-pttc/recent-news?center=35>

Related Topics: None of the above

<h2><b>Great Lakes PTTC Highlights for November - December 2019</b></h2>
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### **Supporting the Prevention Efforts of the Faith-Based Community**

1) Two-part Webinar: Oct 29 and Nov 5

Engaging the Faith Community in Substance Use Prevention Part 1

Faith institutions have the potential to touch a broader range of the community than other sectors because they reach people of all ages, economic levels and ethnicities. This webinar will present a strong, clear rationale for the role of faith leaders in working across the continuum of care, including substance use prevention.

2) In-person Training, WI

Motivational Interviewing for Faith-based Practitioners and Other Caring Helpers

This four-day training event will prepare caring professionals to use Motivational Interviewing to help people in their care. This evidence-based style of communication is for resolving ambivalence about change.

Additional Information: <https://pttcnetwork.org/centers/great-lakes-pttc/engaging-faith-community-substance-use-prevention-part-1>

Related Topics: Intensive Technical Assistance

## Conferences and Exhibiting

- 1) 2019 Missouri & Illinois Behavioral Health Conference: Collaborating with the Mid-America PTTC and Exhibiting and two presentations: Get to Know your PTTC and The Role of Prevention in Address Opioid Misuse: A Multi-Channel Effort
- 2) 10th Annual Drug Symposium, IN: Exhibiting
- 3) 2019 MN Prevention Program Sharing conference: Exhibiting

Additional Information: <https://pttcnetwork.org/centers/global-pttc/training-and-events-calendar?center=35>

Related Topics: None of the above

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## Product: Anti-Stigma Power Point Slide Deck

Collaborating with our RA Jeff Coady and the Region 5 Task Force to create a PowerPoint Slide Deck that can be used to educate agency and organizational staff, coalition members, healthcare providers, volunteers, etc. The slide deck will be made available on our website to be downloaded on demand.

Additional Information: N/A

Related Topics: The Opioid Epidemic

## Final Comments:

The Great Lakes Region 5 PTTC is participating in the PTTC NCO's Brand Ambassador Challenge. The PTTC Brand Ambassador Challenge is a contest to recognize the PTTCs that work hard to promote the PTTC Network. We plan to consistently place at the top of the Network in our efforts throughout the challenge months.

**PTTC: South Southwest**

**Submitted By: LaShonda Williamson-Jennings, lwilliamson@ou.edu**

## **South Southwest PTTC Highlights from September - October 2019**

### **Collaborating with Infectious Disease Practitioners**

On September 11, the South Southwest PTTC delivered the webinar Collaborating with Infectious Disease Control Practitioners for community coalitions and state and regional prevention providers. The purpose of this webinar was to discuss how opioid misuse and overdose prevention strategies could be coordinated with efforts around infectious disease control in order to improve data collection, align resources, increase access to focus populations, and address shared risk and protective factors.

Additional Information:

Related Topics: The Opioid Epidemic

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### **Launching a Social Marketing Campaign that Works**

On September 16-17, South Southwest PTTC Prevention Consultants delivered the in-person training Launching a Social Marketing Campaign that Works to state and regional prevention practitioners in Austin, Texas. The training focused on the strategic use of commercial marketing strategies aimed at changing or maintaining a person's behavior for the benefit of individuals and society as a whole.

Additional Information:

Related Topics: None of the above

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### **Higher Education Council Meeting**

October 3, the South Southwest PTTC hosted the online Higher Education Council meeting with representatives from colleges and universities from Oklahoma, Arkansas, Texas, New Mexico, and Louisiana. The purpose of this meeting was to connect colleges and universities in the region with the goal of improving prevention course offerings, conducting joint workshops and presentations, sharing resources, and making decisions about full degree and certificate pathways.

Additional Information:

Related Topics: Intensive Technical Assistance

## **South Southwest PTTC Highlights for November - December 2019**

### **Collaborating with Emergency Preparedness to Impact Prevention Work**

In November, the South Southwest PTTC will release a literature review aligning prevention competencies with disaster preparedness competencies and showing the common ground in which disaster preparedness responders and prevention can work together in the community. The document focuses on ways in prevention providers might collaborate with others in emergency preparedness to impact prevention work.

Additional Information:

Related Topics: None of the above

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### **Hiring and Managing Evaluators and Epidemiologists**

On December 10, the South Southwest PTTC staff and consultants will deliver the webinar Hiring and Managing Evaluators and Epidemiologists for community coalition members, regional and state prevention providers. The webinar will focus on epidemiologist and evaluator roles, differences between the two, areas of overlap, and common challenges.

Additional Information:

Related Topics: None of the above

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### **Workforce Development Assessment Tool**

In December the South Southwest PTTC will release the workforce development assessment tool for use by state and regional prevention providers to measure prevention practitioners competence and determine T/TA needs. This is in response to priorities by the region's state offices.

Additional Information:

Related Topics: None of the above



**PTTC: Mid-America**

**Submitted By: Dave Closson, [dclosson@actmissouri.org](mailto:dclosson@actmissouri.org)**

## Mid-America PTTC Highlights from September - October 2019

### Recovery Story Podcasts

To celebrate Recovery Month, Mid-America Addiction Technology Transfer Center (ATTC) and Mid-America Prevention Technology Transfer Center (PTTC) have partnered to produce Recovery Story Podcasts to share the inspiring recovery journeys of people in our region.

Additional Information: <https://pttcnetwork.org/centers/mid-america-pttc/celebrate-recovery-month-recovery-story-podcasts>

Related Topics: None of the above

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### Creating Change: Empowering The Leader Within

Coalitions, organizations, and communities need multifaceted leaders who can act on a broad vision, introduce change, engage the workforce, and sustain positive outcomes through effective leadership practices. Leaders are continually challenged to achieve these high expectations and perform beyond their current capabilities. To maximize their effectiveness and contribution, leaders need to be equipped with the most relevant knowledge, skills, and tools available today. Carlton Hall and David Anderson are bringing you the unseen routines, thinking patterns, and techniques that help leaders at all levels be more successful in fulfilling their leadership expectations and tackling tough challenges. Creating Change: Empowering the Leader Within has been crafted from decades of working with and learning from communities and leaders, in every state and territory, representing every culture and context, about what works, what does not, and how do they improve. Attendees will leave with:

- A revitalized understanding of leadership
- Helpful processes for planned changed
- Resourceful approaches for developing guiding principles from an organizational perspective
- Conceptual frameworks to reframe our opportunities

Additional Information: <https://pttcnetwork.org/centers/mid-america-pttc/creating-change-empowering-leader-within>

Related Topics: None of the above

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## **Current Drug Trends Podcast Series**

Our guest speaker is Officer Ryan Snow.

Ryan serves full-time as a police officer with a large university police department where he educates the community about DUI and drug-related issues. He is a certified drug recognition expert instructor and has completed hundreds of hours of training related to drugs and the impact they have on the human body. As a police officer, Ryan has firsthand knowledge of the danger that drugs bring to communities. He has spoken at numerous national and state conferences on topics related to drugs, and he has also developed training opportunities for campuses and delivered those classes at colleges and universities across the nation. Ryan's work has been featured in webinars, newspapers, television and educational articles, and prior to law enforcement Ryan graduated with a bachelor's degree in education and a master's degree in educational administration.

Additional Information: <https://pttcnetwork.org/centers/mid-america-pttc/podcast?destination=/group/27/nodes>

Related Topics: None of the above

## **Mid-America PTTC Highlights for November - December 2019**

### **TTC Joint Advisory Board**

The inaugural joint Mid-America TTC Advisory Board will be convening in November. The ATTC, MHTTC and PTTC are joining forces to better serve the region.

Additional Information:

Related Topics: None of the above

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### **PFS Academy**

A series of resources and tools directed at supporting communities and tribes in the start up phase of new prevention efforts, including new PFS grantees. Resources and tools will focus on providing:

- Intro to Prevention (webinar/ online course)
- Strategic Prevention Framework (SPF) overview (webinar series)
- Health Disparities/Cultural Competence (toolkit)
- Evidence-based Strategies (webinar overview and implementation fact sheets)
- Epidemiology and Evaluation (webinar and toolkits)
- Sustainability (webinar or online course)

Additional Information:

Related Topics: None of the above

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### **Smart Phone Application**

We will be developing a smartphone application to access our podcast series and audio courses.

Additional Information:

Related Topics: None of the above

**PTTC: Mountain Plains**

**Submitted By: Shannon Christensen, shannon.christensen@utah.edu**

## **Mountain Plains PTTC Highlights from September - October 2019**

### **Scope of Prevention Webinar: Mamas, Munchkins, and Methamphetamines - Evidence-Based Prevention Interventions for Pregnant Women Using Stimulants**

Scope of Prevention Webinar: Mamas, Munchkins, and Methamphetamines - Evidence-Based Prevention Interventions for Pregnant Women Using Stimulants

Additional Information: <https://pttcnetwork.org/centers/mountain-plains-pttc/scope-prevention-scope-prevention-mamas-munchkins-and-methamphetamines>

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

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### **Prevention Resource Center (PRC) Forum presentation, “Strategies to Effectively Select and Implement Evidence-Based Prevention Programs”**

Prevention Resource Center (PRC) Forum presentation, “Strategies to Effectively Select and Implement Evidence-Based Prevention Programs”- Rapid City, South Dakota on September 10, 2019 in Rapid City, South Dakota and again October 9, 2019 in Brookings, South Dakota. Approximately 60 people attended the training.

Additional Information: <https://pttcnetwork.org/centers/mountain-plains-pttc/prevention-resource-center-prc-forum-presentation-strategies>

Related Topics: Intensive Technical Assistance

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### **Prevention Resource Center (PRC) Forum presentation, “Methamphetamine Prevention Strategies”**

Prevention Resource Center (PRC) Forum presentation, “Methamphetamine Prevention Strategies” on September 10, 2019 in Rapid City, South Dakota and again on October 9, 2019 in Brookings, South Dakota. We had approximately a total of 60 people attend the event.

Additional Information: <https://pttcnetwork.org/centers/mountain-plains-pttc/prevention-resource-center-prc-forum-presentation-methamphetamine>

Related Topics: Intensive Technical Assistance

## Mountain Plains PTTC Highlights for November - December 2019

### **November 13-14, 2019 - North Dakota Behavioral Health Conference - Bismark, North Dakota**

November 13-14, 2019 - North Dakota Behavioral Health Conference - Bismark, North Dakota - Exhibit and Professional Development for Staff. Two staff will be attending the conference to collaborate and work with key leaders in North Dakota. We will have an exhibit table to share resources.

Additional Information: <https://www.behavioralhealth.nd.gov/conference>

Related Topics: None of the above

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### **Suicide Prevention Webinar Series Collaboration with Mountain Plains - Mental Health TTC**

Suicide Prevention Webinar Series Collaboration with Mountain Plains - Mental Health TTC. We are in the process of planning the Suicide Prevention webinar series. We are meeting to discuss next steps on November 5, 2019.

Additional Information:

Related Topics: Intensive Technical Assistance;The Opioid Epidemic

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### **Infographic: Preventing Relapse by Providing Comprehensive Oral Health Care with Substance Use Disorder Treatment**

Infographic: Preventing Relapse by Providing Comprehensive Oral Health Care with Substance Use Disorder Treatment. This infographic will be a product created based off of the research done regarding preventing relapse by providing oral health care with substance use disorder treatment. This will be a follow-up to the webinar that was held on August 28, 2019. Research:

<https://pttcnetwork.org/centers/mountain-plains-pttc/comprehensive-oral-care-improves-treatment-outcomes-male-and-female>

Additional Information: <https://pttcnetwork.org/centers/mountain-plains-pttc/scope-prevention-preventing-relapse-providing-comprehensive-oral-0>

Related Topics: Intensive Technical Assistance

**Final Comments:**

In addition to the 3 items our center entered as accomplishments I would like to add just a few more. Staff collaborated with the Utah Division of Substance Abuse and Mental Health to provide an in-person SAPST training Oct 21-24, 2019 in Ogden, Utah. Additionally, we held a Scope of Prevention: Tips to Successfully Implement a Prevention Media Campaign to Modify Health Behavior webinar on September 19, 2019. Link for product: <https://pttcnetwork.org/centers/mountain-plains-pttc/scope-prevention-tips-successfully-implement-prevention-media-campaign>

Lastly, we have created a "Vaping: Research & Resources" page on our website to provide resources and updates regarding the issues related to vaping. This resource will constantly be updated as we identify and receive additional information. Link: <https://pttcnetwork.org/centers/mountain-plains-pttc/vaping-resources>

**PTTC: Pacific Southwest**

**Submitted By: Alyssa O'Hair, aohair@casat.org**

## **Pacific Southwest PTTC Highlights from September - October 2019**

### **Enhanced Prevention Learning Series: Prevention Basics, Prevention Ethics**

Throughout September and October, the Pacific Southwest PTTC offered three Enhanced Prevention Learning Series (EPLS), including two Prevention Basics series and one Prevention Ethics series. EPLS are intensive distance learning trainings that involve participants completing readings and application activities independently, and participating in live videoconferencing sessions weekly or bi-weekly for additional discussion and application focused on skill-building.

Additional Information:

Related Topics: Intensive Technical Assistance

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### **Monthly Media Series: Live Webinars on Sustainability and Opioid Misuse Prevention**

In September, the Pacific Southwest PTTC offered a live webinar, "Sustaining Successful Prevention Efforts (Part 2)" and provided several supporting resources on applying a sustainability planning model for organizations and coalitions. In late October, in partnership with the Northwest PTTC, the Pacific Southwest PTTC will deliver the live webinar, "Preventing Opioid Misuse and Opioid Overdose: Moving Upstream." This interactive webinar will explore ways to expand prevention to move our work more upstream, beyond preventing deaths from opioid overdoses to preventing the misuse that leads to those overdoses.

Additional Information: <https://pttcnetwork.org/centers/pacific-southwest-pttc/sustaining-successful-prevention-efforts-part-2> and <https://pttcnetwork.org/node/32453>

Related Topics: The Opioid Epidemic

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### **Presentation with Pacific Southwest ATTC and AI/AN TTCs at NIHB Annual Tribal Health Conference**

Representatives from the Pacific Southwest PTTC and ATTC, along with the American Indian/Alaska Native TTCs, co-presented at the National Indian Health Board's Annual Tribal Health Conference in Temecula, California to approximately 50 conference participants. The presentation provided an overview of the many ways the TTC networks can support the tribal behavioral health workforce.

Project Director Alyssa O’Hair presented on behalf of the Pacific Southwest PTTC, demonstrating a training on using GONA principles to implement CSAP’s Strategic Prevention Framework.

Additional Information:

Related Topics: None of the above

## Pacific Southwest PTTC Highlights for November - December 2019

### **Live Webinar in Partnership with Northwest PTTC: Fostering Healthy Mental, Emotional, and Behavioral Health in Children and Youth: A National Agenda**

This webinar will provide an overview of the newly released National Academies of Sciences, Engineering, and Medicine’s consensus report, "Fostering Healthy Mental, Emotional, and Behavioral Health in Children and Youth: A National Agenda." During this webinar, several key contributors to the report will highlight updates to the research since the previous report on this topic was released 10 years ago and discuss recommendations for leveraging this substantive research to create a national agenda where children and youth thrive.

Additional Information: <https://casatunr.wufoo.com/forms/p1od7dyy02rns72/>

Related Topics: None of the above

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### **Product Development: Slide Decks4U**

In December, three new resources will be available on the national PTTC website. These include 3 slide banks that prevention practitioners can use to supplement their own trainings or community education or awareness activities. These include the preventionists role in addressing stigma; preventing opioid misuse; and the newly updated spectrum of mental, emotional, and behavioral health interventions.

Additional Information:

Related Topics: The Opioid Epidemic

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## **Coffee-Break Webinar #1**

In December, the Pacific Southwest will post its first “coffee-break webinar”, a 15 to 20 minute pre-recorded webinar that prevention practitioners can listen to during a brief break during their workday.

Additional Information:

Related Topics: None of the above

## **Final Comments:**

Throughout September, the Pacific Southwest PTTC provided information and resources to the Republic of the Marshall Islands SSA on building resilience to prevent substance misuse in relation to trauma from on-going climate change and on online bachelor-level degree programs in Public Health. The Pacific Southwest PTTC completed a handout for coalitions on strengthening their cultural competency to improve health equity. The Pacific Southwest PTTC Project Director chaired the national PTTC working group on Data-Informed Decision Making, in which this group completed a podcast and corresponding resource on prioritizing needs assessment data to determine a state or community’s primary focus area for prevention efforts. The Pacific Southwest PTTC Project Director also participates on the national PTTC working group on Marijuana, in which the group completed three products for prevention practitioners to use in their own work to educate their communities on the harms of marijuana use, particularly among youth. Two Pacific Southwest PTTC TTA Specialists now participate on the national PTTC working groups for EBIs and CLAS standards.

Throughout November and December, the Pacific Southwest PTTC will be developing two new Enhanced Prevention Learning Series. In November, the Pacific Southwest PTTC will have an exhibit booth at the Western States Marijuana Summit and Opioid Summit, sponsored by HIDTA, the San Diego County Prescription Drug Abuse Task Force, the Federal Department of Justice, the DEA, and the HIDTA National Marijuana Initiative. In December, Pacific Southwest PTTC Director is planning to attend the Pacific Behavioral Health Collaborating Council’s semiannual meeting to plan for Pacific-tailored services for the year.

**PTTC: Northwest**

**Submitted By: Michelle Frye-Spray, mfryespray@casat.org**

## Northwest PTTC Highlights from September - October 2019

### **Sustaining Prevention Programs, Practices, Policies, and Outcomes**

On September 9, Northwest PTTC Coordinator Michelle Frye-Spray and Consultant Jill Parker delivered the one-day training "Sustaining Prevention Programs, Practices, Policies, and Outcomes," at the Eastern Idaho Public Health Department in Idaho Falls in collaboration with Community Coalitions of Idaho and the Eastern Idaho Public Health Department. During this training, participants' explored the essential components of sustainability and the factors that affect sustainability. Trainers demonstrated how to incorporate sustainability tasks into each step of SAMHSA's Strategic Prevention Framework. Participants will leave the training with a sustainability workbook and an action plan for continuing this work back home. Attendees from around the state included public health, coalitions, school districts, suicide prevention groups, parent networks, and the Idaho National Guard.

Additional Information: <https://us10.campaign-archive.com/?u=ebfd007c0c461d694e824205b&id=6231fd8d0d>

Related Topics: None of the above

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### **Alaska Voices of Prevention Gathering**

On October 23-24, Northwest Director Kevin Haggerty and Ms. Frye-Spray attended the State of Alaska, Department of Behavioral Health "Voices of Prevention," meeting for behavioral health prevention grantees and their partners held at the Dena'ina Convention Center in Anchorage, Alaska. Dr. Haggerty presented on the Social Development Strategy and "Lessons Learned from Implementing a Prevention Program for Parents Struggling with Opioid Misuse." Ms. Frye-Spray provided an overview of Northwest PTTC services including: year 1 needs assessment results, upcoming services in year 2, and how to access services and resources.

Additional Information: <http://www.voicesofprevention.com/>

Related Topics: The Opioid Epidemic

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## **Opioid Misuse and Cross Regional Webinar, Overdose Prevention: Moving Upstream**

On October 30, Dr. Haggerty, Ms. Frye-Spray, and Pacific Southwest Director Alyssa O'Hair will present the webinar "Opioid Misuse and Overdose Prevention: Moving Upstream." The webinar will include an overview of 2018 NSDUH data, risk and protective factors associated with opioid misuse and overdose, as well as a range of promising and evidence-based strategies to consider as part of creating a comprehensive plan to address these problems.

Additional Information:

Related Topics: The Opioid Epidemic

## **Northwest PTTC Highlights for November - December 2019**

### **Enhanced Prevention Learning Series: Prevention Ethics**

The Northwest PTTC will deliver an Ethics in Prevention EPLS. The series is four 1.5-hour sessions, including a technology orientation session. The EPLS will begin on November 4 and run through November 21. During this distance learning event participants: 1) Define Ethics and related terms, 2) Describe the six principles in the Prevention Code of Ethics, 3) Use an ethical decision-making process to apply the Prevention Code of Ethics.

Additional Information:

Related Topics: None of the above

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### **Washington State Prevention Summit**

On November 6, Northwest PTTC Leadership will attend the Washington State Prevention Summit. Dr. Brittany Rhoades-Cooper will provide an overview of Northwest PTTC services. Michelle Frye-Spray and Blair Brooke-Weiss will deliver the workshop, "Making Connections for Better Community Outcomes: More Evidence on shared risk and protective factors." During this workshop, participants will examine the shared risk and protective factor approach and its utility to community-based substance misuse prevention efforts. Participants will explore the degree to which they are currently using a shared risk and protective factor framework and how to enhance these efforts. The workshop will culminate with a discussion on health equity and the role that it plays in reducing risks, enhancing protection, and promoting well-being for all community members.

Additional Information: <https://preventionsummit.org/>

Related Topics: None of the above

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### **Fostering Healthy Mental, Emotional, and Behavioral Health in Children and Youth: A National Agenda**

On November 26, The Northwest and Pacific Southwest PTTC will host a cross-regional webinar on "Fostering Healthy Mental, Emotional, and Behavioral Health in Children and Youth: A National Agenda." This webinar will provide an overview of the newly released National Academies of Sciences, Engineering, and Medicine's consensus report, Fostering Healthy Mental, Emotional, and Behavioral Health in Children and Youth: A National Agenda. During this webinar, several key contributors to the report will highlight updates to the research since the previous report released 10 years ago and discuss recommendations for leveraging this substantive research to create a national agenda where children and youth thrive.

Additional Information:

Related Topics: None of the above

### **Final Comments:**

- During September, Dr. Haggerty and Ms. Frye-Spray participated in the National Directors call convened by the NCO.
- On September 20, Northwest staff convened a teleconference meeting with Northwest PTTC Advisory Council members to review year-1 accomplishments and gain members' input to inform the Northwest PTTC's year-2 work plan.
- On September 26, Northwest PTTC leadership convened a networking meeting with SAMHSA Regional Director David Dickinson and Region 10 ATTC and MHTTC Leadership. The group identified the following areas to enhance visibility and collaboration across the R10 TTC Network: exploration of a web-based indicated intervention for youth experiencing negative consequences associated with marijuana use, suicide prevention efforts in Alaska, and a R10 TTC marketing brochure.
- During October, Dr. Haggerty attended the Region 10 ATTC Advisory Board meeting (October 4), as well as the MH TTC Advisory Board meeting.

**PTTC: National American Indian and Alaska Native**  
**Submitted By: Cindy Sagoe, cindy-sagoe@uiowa.edu**

<p style="text-align: center;"><b>National American Indian and Alaska Native PTTC Highlights from September - October 2019</b></p>
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**Cultural Sensitivity Curriculum update**

Cultural Sensitivity Consensus Panel met in Iowa City in October to update the cultural sensitivity curriculum to include a prevention section titled "Strategies for Wellness in Native American & Alaska Native Populations". The panel will meet virtually every month (by zoom) to agree on updates and next steps

Additional Information:

Related Topics: None of the above

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**Native American SAPST Training Rapid City**

Our Center is hosting the Native American SAPST training with tribes and Native American Organizations in the South Dakota area in Rapid City from October 29, 2019 to November 1, 2019

Additional Information: <https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/native-american-substance-abuse-prevention>

Related Topics: Intensive Technical Assistance

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**Winnebago American Cultural and Spirituality event**

Our Center cohosted a cultural and spiritually event with the Winnebago Tribe of Nebraska Alcohol and Drug program bringing together, prevention specialists, healers and medicine men, young people in the community to share teachings and highlight prevention efforts in their community, tying their spirituality and cultural practices to prevention and healing.

Additional Information:

Related Topics: None of the above

## **National American Indian and Alaska Native PTTC Highlights for November - December 2019**

### **Technical Assistance Request with New Mexico Tribe Pueblo of Jemez**

Our center received a TA request from New Mexico Tribe, Pueblo of Jemez who are looking to develop an opioid and substance use program. The request includes a needs assessment, training on the Strategic Prevention Framework and strategic planning for Key Initiatives. Our center plans to initiate the request in November and complete based on the tribe's timeline.

Additional Information:

Related Topics: Intensive Technical Assistance; The Opioid Epidemic

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### **Gathering of Native Americans (GONA)**

Our Center is planning a GONA Training to be held in Albuquerque, New Mexico.

Additional Information:

Related Topics: None of the above

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### **Products**

Our Center will roll out two products: 1. our winter Newsletter on Tobacco use and prevention efforts in Native American Communities; 2. Connecting Prevention Specialists to Native Communities Card on the Sacredness of Tobacco in Native Communities and how it is different from Commercial tobacco.

Additional Information:

Related Topics: None of the above

### **Final Comments:**

Our Center has also been active in several work groups and contributed to products developed including but not limited to the Marijuana risk workgroup, Opioid education workgroup, Community coalitions and Collaborators workgroup, Evidence based interventions workgroup.

**PTTC: National Hispanic and Latino**

**Submitted By: Dolka Michelle Zelaya, dmzelaya@nlbha.org**

## **National Hispanic and Latino PTTC Highlights from September - October 2019**

### **NLBHA Annual In-Person Meeting**

On September 18-21, 2019 The National Latino Behavioral Health Association (NLBHA) held the annual in-person meeting in Albuquerque, NM. This meeting was an excellent opportunity for NLBHA's staff, Board of Directors, the National Hispanic and Latino Prevention Technology Transfer Center, the National Hispanic and Latino Addiction Technology Transfer Center, and the Advisory Boards of both centers to review Year- One Work Plan and to discuss Year -Two activities. We invited the NCO staff and our SAMSHA Project Officer to join the meeting. The meeting was productive as the Advisory Boards provided ideas and recommendations to guide our programs in Year -Two.

Additional Information: N/A

Related Topics: None of the above

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### **National Hispanic/Latinx Health Leadership Summit National Agenda**

In September, we received an invitation from the National Hispanic/Latinx Health Leadership Network to participated in two National Calls- Work Groups to develop a process for two activities. The main activity is the organizing process to establish a national health policy agenda to bring attention to the national health issues that affect Hispanic/Latinx communities across the country and U.S. territories. The second activity is the organizing process for a national Hispanic/Latinx Health Leadership Summit in February 2020. The national workgroups are open to members of our communities who want to contribute positively to the well-being of the Hispanic/Latinx communities across the country and the U.S. territories. In preparation for the National Hispanic/Latinx Health Leadership Summit, the network has formed workgroups around different national issues. The topics are the following: Prevention, Stigma, Substance Abuse, End of the HIV Epidemic 2030, Research and Data, Mental Health, Access to Care, Puerto Rico, Immigration, and Migration. The calls are taking place in October and November 2019 and are facilitated by the Latino Commission on AIDS with a national steering committee and planning committee.

Additional Information: N/A

Related Topics: The Opioid Epidemic

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## **Increasing the Hispanic and Latino Prevention Workforce**

One of the overarching goals of our National Hispanic and Latino Prevention Technology Transfer Center is to increase and strengthen the prevention or substance use disorder workforce working with Hispanic and Latino communities. Every year, during the life of this grant, we want to offer five scholarships to sponsor the certification of five Hispanic/Latino prevention specialists. On September 24, 2109, we added a new International Prevention Specialist to the Hispanic and Latino Prevention workforce.

Additional Information: N/A

Related Topics: None of the above

## **National Hispanic and Latino PTTC Highlights for November - December 2019**

### **Webinars**

Our center is planning two webinars, one in November and one in December. The November webinar title is Two Evidence-Based Prevention Approaches for the Hispanic and Latino Communities: Meet the Developers! This webinar will take place on November 18, 2019, at 2:00 p.m. to 3:30 p.m. Eastern Time. We are planning our second webinar for December and will be in Spanish or Portuguese.

Additional Information: [https://zoom.us/webinar/register/WN\\_MDciOR25TtCY5Q6PCKGMlg](https://zoom.us/webinar/register/WN_MDciOR25TtCY5Q6PCKGMlg)

Related Topics: The Opioid Epidemic

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### **Year - One Webinars**

We are pleased to share with you that all the webinars that we offered in Year - One have been recorded in English, Spanish, and Portuguese and will be available in our website by the end of November.

Additional Information: N/A

Related Topics: The Opioid Epidemic

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## **Brand Ambassador Award Challenge**

Our center is participating in the Brand Ambassador Award Challenge organized by the NCO, and we created a Twitter and a Facebook account to promote and give more visibility to our center.

Additional Information: Twitter Page: <https://twitter.com/nhlpttc>

Facebook Page: <https://www.facebook.com/nhlpttc/>

Related Topics: None of the above

### **Final Comments:**

Thank you for your continuous support.

**PTTC: Network Coordinating Office**  
Submitted By: Holly Hagle, hagleh@umkc.edu

## **Network Coordinating Office PTTC Highlights from September - October 2019**

### **PTTC Brand Ambassador Challenge**

The PTTC Brand Ambassador Award Challenge began October 1<sup>st</sup> and is being coordinated by the NCO. This challenge hopes to increase the visibility of the PTTCs in Year 2. PTTCs will earn points for completing tasks such as re-posting SAMHSA's posts on social media, adding content to the pttcnetwork.org, and placing the PTTC logo on training materials. The challenge will go through May 1st and the PTTCs with the most points at that time will win a prize. The NCO will award a 1st, 2nd, and 3rd place winning PTTC. The PTTC NCO partnered with the ATTC and MHTTC Network Coordinating Offices to do similar challenges within each Network.

Additional Information:

Related Topics: None of the above

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### **Improved Work Plan Process**

The PTTC NCO launched an online form for PTTCs to complete and submit their upcoming yearly work plan in the PTTC Hub. This new process simplifies and streamlines the work plan submission process, and allows the SAMHSA PTTC Project Officer to access all work plans using one portal. A demonstration of this new process was provided to the PTTC directors at the beginning of October. Coordination and testing of the new form was a partnership with the ATTC and MHTTC Network Coordinating Offices.

Additional Information:

Related Topics: Intensive Technical Assistance

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### **IC&RC Prevention Committee Presentation**

Viannella Halshall presented an overview of the PTTC Network's mission, goals and objectives on Oct 11, 2019 to the International Certification & Reciprocity Consortium (IC&RC) prevention committee. She reviewed the PTTC Network structure, current activities in relation to the SAPST and Ethics courses, and an overview of the PTTC working groups.

Additional Information:

Related Topics: None of the above

## **Network Coordinating Office PTTC Highlights for November - December 2019**

### **Exhibiting at National Conference**

The PTTC NCO will be exhibiting on behalf of the Network at the “Integrating Primary and Behavioral Health Care through the Lens of Prevention Conference” in November. The NCO will encourage PTTCs to send materials to distribute at our Network exhibit.

Additional Information:

Related Topics: None of the above

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### **Workshop Abstract**

The PTTC NCO is submitting a conference abstract to facilitate a Special Interest Group at the 2020 Annual Meeting of the Society for Prevention Research (SPR). This abstract highlights the results of the development of the PTTC Network and focuses on the results of the first year of the network.

Additional Information:

Related Topics: None of the above

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### **PTTC Working Groups**

The PTTC Network wide working groups are entering year two. The PTTC NCO is facilitating the development of their year two plans to develop PTTC network wide products and events on the topics of Community coalitions and collaborators; Culturally and linguistically appropriate practices; Data-informed decisions; Evidence-based interventions; Marijuana risk; and Opioid education.

Additional Information:

Related Topics: Intensive Technical Assistance