



PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Network Bi-Monthly Update June 2020

For internal Network use. Not for public distribution.

New England PTTC Highlights from April - May 2020

Survey Results - New England Prevention Technology Transfer Center (PTTC) Prevention Workforce Emergency Needs Survey

Description: New England Prevention Technology Transfer Center (PTTC) recognized the immediate need to provide information, training and resources to meet the challenges prevention professionals facing transition in service delivery as a result of the outbreak of coronavirus disease 2019 (COVID 19). A survey to assess these needs was launched March 23, 2020 and closed April 3, 2020. A total of 144 people participated in the survey. Themes for open-ended responses are summarized below each question.

Link: <https://pttcnetwork.org/centers/new-england-pttc/product/survey-results-new-england-prevention-technology-transfer-center>

Related Topics: None

Related Workplan Activities:

- Utilizing the New England Prevention Workforce Needs Assessment report, develop a priority list for tool/resource development

New England PTTC ECHO: Reducing Vaping Across New England by Building Prevention Competency & Capacity

Description: In May, the New England PTTC held the last session of its 9-month Project ECHO program on vaping. 10 prevention groups, representing all 6 New England states participated in the program. An international faculty was recruited to provide didactic sessions and coaching for the challenges posed by the groups related to vaping prevention. Program Description: There is an alarming rise in the number of American teens and adults who are trying vaping. It is reversing the hard-fought declines achieved in the use nicotine. Vaping may pose serious and avoidable effects on health and brain development and the potential for addiction in youth. This Project ECHO will bring expert faculty together with groups from across New England who are focusing their efforts on substance use prevention to share knowledge and strategies to further their efforts to reduce vaping and its associated harms through case-based learning. This Project ECHO® on reducing vaping is first of a series of ECHO Projects to be initiated by the NEPTTC. Project ECHO® (Extension for Community Healthcare Outcomes) is an evidence-based distance learning method developed by researchers at the University of New Mexico. The 9-month program begins in October 2019 with monthly sessions between October and May. Learning Objectives: Speed the dissemination and adoption of prevention evidence-based protocols, guidelines and practices. Share prevention efforts that are occurring across the communities in New

England. Build prevention capacity across communities/states. Promote the ability to collect and analyze data.

Link: <https://pttcnetwork.org/centers/new-england-pttc/event/new-england-pttc-echo-reducing-vaping-across-new-england-building>

Related Topics: None

Related Workplan Activities:

- The NE PTTC will develop and provide distance learning and trainings in New England states in topic areas identified in the prevention workforce assessment and/or in response to requests from the field.

Webinar - Cycles of Isolation: Risk Factors of Isolation and Protective Strategies in a Socially Distant Epoch

Description: Due to popular demand, this webinar was held twice in the period of April - May 2020. This webinar was developed in response to feedback from the emergency needs assessment conducted with the New England prevention workforce referenced in a previous report item. Additionally, a Risk Factors of Isolation Infographic was developed in conjunction with the content of this webinar, which can be found at this link: <https://pttcnetwork.org/centers/new-england-pttc/product/risk-factors-isolation-infographic> Join us to discuss the risk factors associated with isolation, how isolation leads to the use of substances, and how that use of substances leads to further isolation. We will discuss some protective and preventive strategies we can implement when our normal modes of prevention are unavailable to us, like during the social distancing procedures of COVID 19. After Leslie Clark, Executive Director of the Portland Recovery Community Center, speaks to these issues, we will have a conversation where participants will be encouraged to connect around the topics discussed. Participants are encouraged to ask questions, offer resources and strategies they are using, and find connection during a time our whole society is facing isolation.

Link: <https://pttcnetwork.org/centers/new-england-pttc/event/webinar-cycles-isolation-risk-factors-isolation-and-protective>

Related Topics: None

Related Workplan Activities:

- The NE PTTC will develop and provide distance learning and trainings in New England states in topic areas identified in the prevention workforce assessment and/or in response to requests from the field.

New England PTTC Highlights for June - July 2020

Recorded Webinar - Prevention in Action: Positive Ripple Effect of Restorative School Policy

Description: Prevention in Action: Positive Ripple Effect of Restorative School Policy Course Summary: The New England PTTC Prevention in Action webinar series features successful prevention programs throughout New England. In this webinar, So-Po Unite will describe their efforts to create a restorative substance use policy. The South Portland School Department revised the substance use policy from out of school suspension to restorative response in May 2018. The ripple effect has been outstanding! Students are held accountable and underlying causes of substance use are addressed. Students complete an assessment and meet with the social worker, staff and parents to create a response plan: academic support, prevention education and community service. At the re-entry meeting, students have the opportunity to repair the harm they may have caused and plan for moving forward. Over 40 school staff took a 37.5 hour course in restorative mindset and a full-time coordinator works with students. An alcohol and drug counselor provides clinical assessments. Our athletic code is now restorative; athletes are not kicked off the team and can still attend practices. Our policy has informed Maine's Department of Education and is now the model policy for all schools! Link to view the recorded webinar (recorded on April 28, 2020).

Link: <https://pttcnetwork.org/centers/new-england-pttc/product/recorded-webinar-prevention-action-positive-ripple-effect>

Related Topics: None

Related Workplan Activity:

- The NE PTTC will develop and provide distance learning and trainings in New England states in topic areas identified in the prevention workforce assessment and/or in response to requests from the field.

Webinar - Working with Parks and Recreation Departments to Prevent Youth Substance Use

Description: Parks and Recreation Departments across New England provide various programs and services for young people, such as before and after school childcare, sports programming, and summer camps. They also offer employment to older teens and young adults. While P & R Depts. can be one of the largest childcare providers in a community, they often receive little support and training on positive youth development, trauma-sensitive approaches to working with young people, and substance use prevention strategies. P & R Dept directors recently received a toolkit and attended workshops on preventing youth substance use and addressing substance misuse. In this webinar, participants will become familiar with the toolkit and explore ways to create relationships, provide technical assistance, and support P & R Depts to improve

programs, staff training, and parent engagement. Participants will also receive a P & R Depts staff training slide bank on brain development, childhood trauma, youth substance use and strategies for implementing a positive youth development framework. Dates: June 10 & 11, 2020 Times: 9am-11am, each day

Link: <https://pttcnetwork.org/centers/new-england-pttc/event/webinar-working-parks-and-recreation-departments-prevent-youth-0>

Related Topics: None

Related Workplan Activity:

- Utilizing the New England Prevention Workforce Needs Assessment report, develop a priority list for tool/resource development

Virtual 2020 New England School of Addiction and Prevention Studies - 51st Annual Summer School “Re-Imagined”

Description: The New England PTTC is proud to partner with the New England ATTC in co-sponsoring the 51st New England School of Addiction and Prevention Studies. The New England School of Addiction and Prevention Studies, often called Summer School, is a 4-day intensive learning experience to further knowledge, skills, and experience in the field of substance use disorder services. Each year, participants from many disciplines come together to form a unique, diverse learning community. AdCare Maine, administrator of the New England PTTC, has long been a planning partner of the annual Summer School. Starting last year, as the New England PTTC, our organization has taken a more direct role in programming the prevention portions of the summer school, to ensure content is informed by the New England prevention workforce needs assessment conducted by our PTTC. This is the 2nd year of the New England PTTC sponsoring the prevention components of the Summer School. Plenaries and Courses sponsored and planned by the New England PTTC this year include: Plenaries: "A pair of ACES: How Adverse Community Environments and Adverse Childhood Experiences Impact Addiction" "Reducing Vaping in Young People" 3-hour courses: Trauma-Responsive Approaches to Prevention Presentation Development and Design Prevention for Immigrant Children and Children of Immigrants (in collaboration with the NHL PTTC) 6-hour courses: Prevention Ethics Advanced Prevention Ethics Motivational Interviewing for Prevention Professionals Community Organizing for Prevention and Recovery

Link: <https://pttcnetwork.org/centers/new-england-pttc/event/virtual-2020-new-england-school-addiction-and-prevention-studies>

Related Topics: None

Related Workplan Activity:

- The NE PTTC will develop and provide distance learning and trainings in New England states in topic areas identified in the prevention workforce assessment and/or in response to requests from the field.

Northeast and Caribbean PTTC Highlights from April - May 2020

Work with Regional and National Workgroups

Description: We contributed a substantial amount of work within the various national workgroups during April and May. To highlight a few efforts, Director, Kristen Powell, assumed the Co-Chair role of the PTTC National COVID-19 Response Coordination Group and helped to facilitate group discussion around the highest priorities for the prevention workgroup across all regions related to the impact of the pandemic. Additionally, several team members facilitated the Evidence-Based Workgroup's National Learning Lab with prevention professionals across the country. We also contributed to the planning of a 4-part national webinar series for the 3 C's group and a 2-part webinar series for the Data-Informed Group. During this period, we also worked with our sister organizations in Region 2, MHTTC and ATTC, to facilitate a listening session focused on the impacts of COVID-19 with our TTC Region 2 Behavioral Health Network Coalition members.

Link:

Related Topics: None

Related Workplan Activities:

- Participate in national work groups to produce national prevention resources and projects

Youth Engagement & Connectedness - A Pop Up Peer Sharing Event

Description: On May 1st, Ivy Jones Turner and Jessica Goldberg co-delivered the responsive webinar, Youth Engagement & Connectedness – A Pop-Up Peer Sharing Event, to an audience of state- and community-level prevention practitioners across Region 2. This session focus was driven by needs identified by attendees of the first COVID-19 Pop-Up, which we held in March. During this peer sharing webinar, participants shared successes and challenges to connecting with and engaging youth in program activities, reviewed intervention strategies and prevention approaches to promote the connectedness among youth, and reviewed several strategies for maintaining staff wellness. The team collected, summarized and shared attendee contributions along with a curated a list of current resources related to areas of concern expressed by attendees. This was the second pop-up event hosted in response to impacts from COVID-19, with the first held on March 27th. Based on the level of discussion between participants and questions raised, additional pop-up events will continue to be scheduled. Future event topics will be identified based on participant responses during the webinar and feedback survey. The recorded video with closed

captions, slides, and curated summary of collective wisdom shared on the topic are available on our website.

Link: <https://pttcnetwork.org/centers/northeast-caribbean-pttc/product/promoting-youth-engagement-connectedness-covid-19-world>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- PTTC-R2 will provide knowledge and skill building TTA via webinars and archive for subsequent on-demand use

Listening Sessions with State and Jurisdictions to discuss prevention needs during COVID19

Description: The PTTC team facilitated a series of listening sessions with New York State OASAS prevention team to identify possible streams of training and technical assistance support that the PTTC could provide to prevention practitioners in the state. Ideas discussed included making recordings of previously delivered PTTC webinars available for viewing and providing certificates to individuals that watch them; conducting a training event on mental health and trauma informed prevention; and providing guidance around moving prevention efforts online. This group identified several possible services that the PTTC could provide to the state of New York and a tailored list of resources based on some of the specific topics of need. We also met with SAMHSA officer to discuss needs in USVI related to their federal prevention funding and plan to set up intensive TA with Partnership for Success grantees. Additionally, we communicated with justification-level staff in Puerto Rico to check in on their prevention needs resulting from the impacts of COVID-19.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Conduct technology transfer activities through TTA services to R2

Northeast and Caribbean PTTC Highlights for June - July 2020

Behavior Health Conferences in Puerto Rico and the US Virgin Islands

Description: In the coming months, we will continue planning work on our Northeast-Caribbean all- TTC conference for Puerto Rico and the US Virgin Islands. The original approach included all-day, in-person conferences with sessions from each of the TTCs. Due to COVID-19 restrictions, future planning will include options for adapting to large-

scale virtual delivery and related logistics, in addition to reconsideration of original agenda ideas to accommodate new high priority needs.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Plan, meet with Stakeholders and Facilitate Conferences in the USVI and PR

Planning Trainings

Description: Region II being so severely impacted by the COVID-19 epidemic, we will continue to offer virtual trainings that support our Prevention Workforce members amid the challenges and changes the COVID-19 pandemic has brought. Topics will include Trauma-Informed Care - Under the Lens of COVID-19 as well as finding and engaging non-traditional partners in prevention, social determinants of health, and new challenges to engagement.

Link: <https://pttcnetwork.org/centers/northeast-caribbean-pttc/event/trauma-informed-care-through-lens-covid-19>

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- PTTC-R2 will provide knowledge and skill building TTA via webinars and archive for subsequent on-demand use

State-level Intensive Technical Assistance Series

Description: We will be working at the state-level in New York to develop a series of intensive Technical Assistance events focused on Environmental Strategies for over 100 prevention agencies. While still the early phase of development, we expect to develop a toolkit and a tailored series of TA sessions that will assist prevention agencies during early implementation of new environmental strategies.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Conduct technology transfer activities through TTA services to R2

Central East PTTC Highlights from April - May 2020

Webinar Series

Description: The Central East has continued to implement the webinar series outlined in the workplan. Despite COVID 19, the webinars continue to be relevant and were helpful to the prevention workforce during this time period. Webinar participants have avg. ranged from 300 to 500 for each of the webinars offered. Total reach for all of the webinars during this month is approx. 2000. Webinars included: Social Determinants of Health 2-Part Series - We had over 1300+ individuals sign up for the two webinars. Each webinar had approx. 400 participants join each of the webinars. Culturally Informed Motivational Interviewing Skills for Addressing Substance Misuse for African American Males - This workshop was well received with over 400 participants. This webinar was especially relevant considering COVID 19 and the impact disparities, as well as the increased rate of overdoses for African American males, while the rate for the majority population has decreased some. Talking About Sex as Prevention: A Novel Use of Motivational Interviewing - The workshop offered the opportunity to explain provider barriers to communication about sexuality and intimacy with persons with behavioral health conditions and share strategies (informed by MI) for overcoming barriers to communication about sexuality and intimacy Opioids and Alcohol Misuse: The Risk of Suicide - The webinar discussed the importance of collaboration between substance use prevention and suicide prevention; examined the research on how substance use can increase the risk of suicide, and discuss the data on rates of suicide among people who use substances He webinar discussed Ethics in Prevention: A Guide for Substance Abuse Prevention Practitioners -Central East brought 30 slots from EDC that filled up within 30 minutes. A huge interest in the availability of this prevention course. It was a 6 hour training

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Development and production of webinar, Posting the recording of the webinar, Partner with Carnevale Associates
- Identify a consultant, Development and production of webinar, Posting the recording of the webinar

Central East has been Actively Participated in 5 PTTC Network Workgroups

Description: Central East has been actively participating in the following cross-regional workgroups: 1) Culturally and Linguistically Appropriate Practices -The PTTC workgroup

the opportunity to collectively meet with the national workgroups from the ATTC and MHTTC to discuss possible collaborative projects. Set up ongoing meetings. Discussed planning several possible webinars 2) Community Coalitions and Collaborators Workgroup -Planning a webinar series on building effective coalitions based on the six elements of building effective coalitions; the first webinar on the introduction of the Six Elements to Effective Coalitions is scheduled to be delivered in June; Central East is identifying coalitions that might be able to present on lessons learned and challenges with a coalition in Jan 2021 on the element(s) of Opportunities for Participation and/or New Skills 3) Evidence-based Interventions Workgroup - Central East was involved with the planning of the first of a series of webinars; The first webinar was "What is Prevention Science". This webinar was presented in May with a corresponding lab - Each event was well attended and received with positive feedback; Central East will provide the SME and host/moderate the second webinar on "Environmental Strategies" in June for the workgroup 4) Data-Informed Decisions Workgroup - Central East provided the SME for the workgroups' podcast, Episode 2 on "Ten Reasons Why You Need a Needs Assessment" in April 5) Prevention Workforce Development Workgroup - Central East participated in the discussion regarding the development of a virtual Ethic and SAPT training for the Region-wide including a TOT

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- Participate in the workgroup

Product Development - The Suicide Prevention Resource Guide

Description: Suicide Prevention Resource Guide for Region 3. The Resource Guide is intended to support suicide prevention stakeholders and other interested individuals by providing a comprehensive list of suicide prevention resources, as of May 2020.

Link:

Related Topics: None

Related Workplan Activities: None

Central East PTTC Highlights for June - July 2020

Targeted Training for DC Providers

Description: Central East is working to switch a series of in-person training to virtual training for the Dept. of Behavioral Health Services in DC. The initial request was for a 4-hour training on substance use risk factors for individuals who identify as LGBTQ and on providing culturally appropriate health care services to persons of color who identify as LGBTQ. The training has been broken down into 2-hour virtual training sessions and

each training will be offered three times to accommodate the number of participants expected. The first training is scheduled to be delivered in late July.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity: None

SAMHSA Region III Harm Reduction 2020 Summit

Description: Central East, as part of the SAMHSA Region III Harm Reduction Workgroup, has been working with Jean Bennett, the SAMHSA Regional Director, to participate in the planning of the SAMHSA Region III Harm Reduction Summit. The workgroup is expecting 30 to 40 registrants. The Summit was initially planned as an in-person training event in Charleston, WV but due to COVID 19, the event has been transitioned to a virtual event on June 24 and June 25. As a result of virtual participation with Morgantown WV and Region 3, attendees will be better able to: 1. Improve outcomes of individuals in/seeking recovery via sessions about WV/regional/US data and/or proven models. 2. Reduce HIV transmission rates by identifying strategies that have improved WV or other HR program participation. 3. Develop a framework for implementing ideas identified by a regional affinity project group and informed by experts,. 4. Identify strategies to expand HR program use based on learning about lived, advocacy, and governmental experiences. Besides planning, Central East has agreed to host the webinar on our Zoom platform, handle registration, and provide technical support during the event.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity: None

Cannabis Use in Pregnancy and Lactation: Understanding the Science and Assisting Practitioners with Prevention Strategies

Description: Central East is partnering with the New England PTTC to provide a webinar on: Cannabis Use in Pregnancy and Lactation: Understanding the Science and Assisting Practitioners with Prevention Strategies on Aug. 24th. This webinar is the result of feedback from prevention professionals in Region III and from the Central East Advisory Board. Collaborating and partnering with the New England PTTC, who had a similar interest to offer a webinar on the topic, agreed to partner on the development of the webinar. The planned learning objectives are: • Discuss the use of cannabis on the endocannabinoid system and fetal development. • Evaluate studies that have evaluated the use of cannabis in pregnancy and lactation. • Describe the risk factors associated with marijuana use during pregnancy and breastfeeding. • Explain prevention strategies for practitioners and coalitions to minimize or eliminate the harm of cannabis use during pregnancy and lactation. The webinar is planned for Aug. 24, 2020.

Link:

Related Topics: None

Related Workplan Activity:

- Identify a consultant, Development and production of webinar, Posting the recording of the webinar

Southeast PTTC Highlights from April - May 2020

Webinar: Keeping Kids Safe in Schools - Associations between School Safety and Behavioral Health

Description: Co-Hosted By: Southeast Mental Health Technology Transfer Center (MHTTC) Network Presented By: Patti Clark, Ed.D, MBA, CPS Description: Prevention professionals play an important role in educating schools on the role of behavioral health issues in the perception of school safety, and supporting the inclusion of prevention education to students and their parents, and the implementation of policies and procedures that create a pathway for connecting students to appropriate resources. In this webinar, participants will learn about the findings from a recent Kentucky study that looked at the association between substance use, mental health issues, interpersonal violence, and problem behaviors and the perception of safety of students. We will review specific prevention strategies that schools should consider, and will provide talking points to create dialogue with educational systems around the inclusions of behavioral health prevention components in school safety plans.

Link: <https://pttcnetwork.org/centers/southeast-pttc/event/webinar-keeping-kids-safe-schools-associations-between-school-safety>

Related Topics: None

Related Workplan Activities:

- Provide youth-focused webinar series

Webinar: Community Engagement Strategies - Best Practices for Preventing Substance Misuse at the Grassroots Level

Description: Presented by: Ivan J. Juzang, MBA, Founder and President of MEE Productions Inc Description: Many agencies and organizations are struggling to engage members of affected communities with opioid prevention, recovery and treatment messaging, due to stigma related to addiction, ineffective outreach and engagement strategies, low levels of trust in government institutions and other challenges. During this webinar, MEE will share how Coalitions or Collaborations in any size community can enhance their outreach, engagement and prevention efforts, with a focus on hard-to-reach audiences. These strategies and tactics will help them grow their presence in both digital (online) and grassroots (off-line) spheres to educate communities and to mobilize partners and stakeholders, increasing both impact and effectiveness of their opioid prevention and reduction efforts.

Link: <https://pttcnetwork.org/centers/southeast-pttc/event/webinar-community-engagement-strategies-best-practices-preventing>

Related Topics: None

Related Workplan Activities:

- Provide special populations-focused webinar series

Collaborative TTC Webinar

Description: Collaborative webinar hosted by the Southeast TTC and Southeast ORN representatives. In this webinar, participants were provided an overview of the TTC Network and the learned about the ORN. This was the first collaborative webinar across the regional network.

Link: <https://pttcnetwork.org/centers/southeast-pttc/event/collaborative-webinar>

Related Topics: None

Related Workplan Activities: None

Southeast PTTC Highlights for June - July 2020

Webinar: Leading From the Head and the Heart - The Pyramid of Success

Description: Presented by: David Anderson, Ph.D., Professor Emeritus of Education and Human Development at George Mason University
Description: This session provides perspectives and insights for those seeking to address drug and alcohol issues; helpful for professionals and volunteers with limited or extensive experience, the Pyramid of Success helps anchor strategies, tools and tips that incorporate both “the head and the heart.” Learning

Link: <https://pttcnetwork.org/centers/southeast-pttc/event/webinar-leading-head-and-heart-pyramid-success>

Related Topics: The Opioid Epidemic

Related Workplan Activity:

- Provide general prevention-focused webinar series

NC Addiction School Webinar: Transformational Leadership and Change

Description: Presented by: Carlton Hall, MHS Description: Transformational leadership is a theory of leadership where a leader works with teams to identify needed change, creating a vision to guide the change through inspiration, and executing the change in tandem with committed members of a group (ex, a coalition). Transformational leaders typically perform four distinct behaviors, also known as the four I's. These behaviors are inspirational motivation, idealized influence, intellectual stimulation, individualized consideration. This presentation is a practical application of the theory and tools of Transformational Leadership to prevention science and the capacity development of prevention leaders.

Link:

Related Topics: None

Related Workplan Activity:

- Provide general prevention-focused webinar series

NC Addiction School Webinar: What's Old, What's Current and What Works - Substance Use Disorders

Description: Presented by: Nicole Augustine Description: The prevention of substance use disorders is of great importance to improving the health and wellness of the communities we serve. This presentation will explore the history of prevention strategies, the lessons learned and review the latest developments in prevention science.

Link:

Related Topics: None

Related Workplan Activity:

- Provide general prevention-focused webinar series

Great Lakes PTTC Highlights from April - May 2020

The Critical Role for Prevention During and Post Pandemic

Description: As people stay at home and alcohol sales increase, concerns escalate among prevention professionals and public health officials around the emotional and mental risks of substance misuse amid the outbreak. We understand that economic dislocation, job loss and fear of death by disease can be triggers for substance use, which heightens the risk of other issues like suicide and domestic violence. This webinar will be a starting point for a regional dialogue as we prepare for recovery and the important role that prevention professionals will play in the response.

Link: <https://pttcnetwork.org/centers/great-lakes-pttc/event/critical-role-prevention-during-and-post-pandemic>

Related Topics: None

Related Workplan Activities: None

Engaging Prevention in a Virtual Environment (Regional Session 1)

Description: A two-part webinar series, this 90-minute webinar provided Region 5 prevention providers with the information and skills to facilitate engaging online meetings and prevention services. The series explored challenges and tips associated with working in online platforms and how to best use them in prevention work.

Link: <https://pttcnetwork.org/centers/great-lakes-pttc/event/engaging-prevention-virtual-environment-regional-session-1>

Related Topics: None

Related Workplan Activities: None

The Critical Role for Prevention During and Post Pandemic

Description: As people stay at home and alcohol sales increase, concerns escalate among prevention professionals and public health officials around the emotional and mental risks of substance misuse amid the outbreak. We understand that economic dislocation, job loss and fear of death by disease can be triggers for substance use, which heightens the risk of other issues like suicide and domestic violence. This handout helps prevention practitioners articulate the crucial roles for prevention during and post-pandemic.

Link: <https://pttcnetwork.org/centers/great-lakes-pttc/product/critical-role-prevention-during-and-post-pandemic>

Related Topics: None

Related Workplan Activities: None

Great Lakes PTTC Highlights for June - July 2020

Product: Data Gathering Index

Description: Data Gathering Index: This tool will be available on a landing page of the Great Lakes PTTC Website and also as a downloadable PDF. Data is essential to substance use prevention planning. This tool is a collection of data sources – both national and state level –that can support and guide prevention planning. While state and national data cannot directly replace the value local data, it can be valuable to provide comparison or serve as a proxy when local data is not available. These data sources include both substance use behaviors as well as related risk and protective factors to help understand the substance use problems and what are driving them with a brief description of the data available.

Link:

Related Topics: None

Related Workplan Activity:

- New Products

Product: The Prevention Practitioner’s Resource Guide for Virtual Events

Description: The Great Lakes PTTC designed The Prevention Practitioner’s Resource Guide for Virtual Events to support substance misuse prevention professionals and volunteers who are shifting their prevention work to virtual platforms during these unprecedented times. Our substance misuse prevention work cannot stop during this time of great need. Consequently, this document was designed to help preventionists continue their work through virtual settings.

Link:

Related Topics: None

Related Workplan Activity:

- New Products

Product: Bringing Prevention Virtual Assessment Tools:

Description: • Technology Capacity Worksheet for Organizations: Before planning how to move prevention strategies into a virtual setting, it is important to assess an organization's technology capacity. This worksheet helps gain a better understanding of an organization's capacity in this area. • Moving Prevention to a Virtual Setting Worksheet: Prevention professionals can complete this worksheet for each prevention strategy their organization implements. • Moving the CSAP 6 Strategies to Virtual Settings: This tool provides considerations and examples of how to implement the CSAP 6 Strategies in virtual settings.

Link:

Related Topics: None

Related Workplan Activity:

- New Products

South Southwest PTTC Highlights from April - May 2020

Implementation: Making the Steps of the Strategic Prevention Framework Work for You

Description: On May 10, the South Southwest PTTC delivered the regional webinar "Implementation: Making the Steps of the Strategic Prevention Framework Work for You" to Partnership for Success grantees, states, tribes, and community coalition members. Addressed during the webinar are the guidelines and supports a prevention practitioner needs to consider during the implementation of planned strategies. At the completion of the webinar, participants have increased knowledge on how to implement prevention strategies using evidence-based guidelines that will make outcomes level change.

Link: <https://pttcnetwork.org/centers/south-southwest-pttc/event/webinar-series-pfs-academy-2020-making-steps-strategic>

Related Topics: None

Related Workplan Activities:

- Develop and deliver a webinar series focused on planning using the SPF.

Virtual SAPST TOT

Description: On May 5 - 7, the South Southwest PTTC staff and consultants delivered the virtual training Substance Abuse Prevention Skills Training (SAPST) training of trainers (ToT) to state- and local- prevention training and technical assistance practitioners. The SAPST is a four-day training that blends an in-person component with a prerequisite interactive online course grounded in current research and SAMHSA's Strategic Prevention Framework. It provides foundational knowledge and skills necessary to implement effective, data-driven prevention interventions that reduce behavioral health disparities and improve wellness. The TOT incorporated practice in preparing and delivering the SAPST curriculum. Training participants are now able to deliver the SAPST independently.

Link:

Related Topics: None

Related Workplan Activities:

- Deliver SAPST ToT virtually or in-person to 30 prevention professionals using curriculum and SAPST related resources. Will provide access SAPST material housed in a participant portal.

Planning: Making the Steps of the Strategic Prevention Framework Work for You

Description: On April 21, the South Southwest PTTC delivered the webinar Planning: Making the Steps of the Strategic Prevention Framework Work for You for community members and state and regional training and technical assistance prevention practitioners. The webinar focused on the planning step of the Strategic Prevention Framework; preparing prevention practitioners to plan to address identified needs and get to outcomes.

Link: <https://pttcnetwork.org/centers/south-southwest-pttc/event/webinar-series-pfs-academy-2020-making-steps-strategic>

Related Topics: None

Related Workplan Activities:

- Develop and deliver a webinar series focused on planning using the SPF.

South Southwest PTTC Highlights for June - July 2020

Prevention Advisory Council

Description: On June 11, the South Southwest Prevention Advisory Council members will meet to discuss each state's and tribe's prevention workforce adaptations made in response to the COVID-19 pandemic and emerging training and technical assistance needs. The PTTC team will also provide an overview of its new Workforce Assessment Toolkit. The toolkit is a skill-based performance assessment of tasks that advanced prevention practitioners are expected to perform in the field. It uses a continuum of mastery scale and provides operationalized definitions of each level of the scale for each specific skill item. When administered across all or part of a prevention system, the results can be used to better target the training, technical assistance, and guidance provided to state and tribal prevention providers. At the conclusion of the PAC meeting participants will be able to share and access resources used by states, tribes, or other prevention organizations to respond to changes in the prevention field due to COVID-19.

Link:

Related Topics: None

Related Workplan Activity:

- Convene 3 prevention advisory council meetings per year.

Sustainability: Making the Steps of the Strategic Prevention Framework Work for You

Description: On July 21, the South Southwest PTTC will deliver the webinar Sustainability: Making the Steps of the Strategic Prevention Framework Work for You for community coalition members, tribe, regional training and technical assistance providers. The webinar will focus on why sustainability is important to prevention efforts, sustaining an effective strategic planning process, and how to sustain the outcomes of programs and practices.

Link: <https://pttcnetwork.org/centers/south-southwest-pttc/event/part-6-7-sustainability-partnerships-success-pfs-academy-2020>

Related Topics: None

Related Workplan Activity:

- Develop and deliver a webinar series focused on planning using the SPF.

Ethics Virtual Training of Trainers (Ethics v TOT)

Description: July 7-10, the South Southwest PTTC will deliver a virtual Ethics Training of Trainers (TOT) to prepare participants to deliver the face-to-face training Ethics in Prevention ethics course curriculum. The TOT will provide participants with an opportunity to explore the principles of the Prevention Code of Ethics, examine a variety of difficult ethical dilemmas, and practice facilitating training content. At the conclusion of the training, participants will be able to deliver the Ethics training independently.

Link:

Related Topics: None

Related Workplan Activity:

- Revamp Ethics online and make available on HealtheKnowledge.

Mid-America PTTC Highlights from April - May 2020

Identifying Drug Endangered Children: A Collaborative Approach

Description: Who Should Attend: Child Welfare, Law Enforcement, District Attorneys, Probation/Parole, Treatment, Ongoing Service Providers, Education, Fire, EMS, Judges, Community members, and other First Responders who have a job which impacts children and families. You will gain awareness about drug endangered children and the risks they face and understand the many opportunities (often missed) to identify children living in dangerous drug environments. Learn the benefits of intervention at the earliest possible point to reduce physical and psychological harm to children. Learn what a multidisciplinary collaborative response looks like and how it incorporates the unique resources within a community and applies them in a manner that provides better care for drug endangered children. Objectives: Describe the history and evolution of drug endangered children's response strategies. Recognize why a collaborative, multidisciplinary response is necessary to ensure safety for drug endangered children. Be able to identify children who are drug endangered. Identify the role law enforcement, child welfare, medical and other professionals play in the multidisciplinary response. Trainers: Stacey Read, Director of DEC Network Development Stacey has spent nearly 20 years working in the child welfare field, gaining insight and experience on a variety of key child welfare issues. Before working for National DEC, Stacey's previous positions included the Associate Ombudsman position with the Office of Colorado's Child Protection Ombudsman and the Child Protection Safety Specialist for the Colorado Department of Human Services and Child Abuse and Neglect Investigator. Stacey participated in the Fatality Review Team and was a key member of the Substance Exposed Newborns Steering Committee, the Rural Law Enforcement Meth Initiative, the CDHS Child Fatality Review Team, and the CDHS Prone Restraint Workgroup. Stacey started working for National DEC in November 2011 as the Director of DEC Network Development. She is responsible for the development and oversight of State and Tribal DEC Alliances, and she provides technical assistance to the National DEC network. Stacey is also an integral member of the training team and has participated in curriculum, online training, and publication development. Stacey received her Master's in Social Work from the University of Illinois focusing on Mental Health and Administration in 2002 and her Bachelor's in Psychology from the University of Iowa with an emphasis on abnormal psychology and dependency behaviors in 1997. Stacey is an adjunct professor at Metro State University in Denver, Colorado where she teaches in the Master's Social Work Program. Eric Nation, Director of Training and Development Lieutenant Eric Nation began his career in law enforcement in 1995 where he has held numerous positions, including Correctional Officer, Police Officer, Deputy Sheriff, Lieutenant Deputy Sheriff, as was as 6 years in an undercover narcotics unit and then as Commander of that unit for 5 years. Nation helped start and develop the Jasper County Drug Endangered Children Alliance, is a member of the National DEC Criminal Justice Working Group. Nation is a Certified Core DEC Instructor that has been involved in the training of thousands of professionals across the United States as a

Trainer for the National Alliance for Drug Endangered Children. Nation's efforts towards Drug Endangered Children in Jasper County earned him the 2009 "Ongoing Victims Service Award," the 2011 National Drug Endangered Children Collaborative Leadership Award, participant in the Defending Childhood Initiative and Working Group Meeting on Law Enforcement and Children's Exposure to Violence – United States Attorney General Eric Holder – Washington D.C., and participated in the development of IACP's Enhancing Law Enforcement Response to Children Exposed to Violence project tools and deliverables as a Children Exposed to Violence Advisory Working Group member in Alexandria, VA.

Link: <https://pttcnetwork.org/centers/mid-america-pttc/event/identifying-drug-endangered-children-collaborative-approach>

Related Topics: None

Related Workplan Activities:

- R7 PTTC will develop and deliver a webinar on identifying drug endangered children.

Regional TTC Advisory Board Meeting

Description: We are holding our quarterly joint Region 7 Joint Advisory Board Meeting. *** This event is only open to our current advisory board members.

Link: <https://pttcnetwork.org/centers/mid-america-pttc/event/regional-ttc-advisory-board-meeting-0>

Related Topics: None

Related Workplan Activities:

- R7 PTTC will facilitate and participate in cross TTC advisory board meetings

Part 4 of 7: Implementation, Partnerships for Success (PFS) Academy 2020: Making the Steps of the Strategic Prevention Framework Work for You

Description: Please join us for part four, Implementation of the seven-part series covering the steps of the Strategic Prevention Framework. Learn more and register for the entire series here: <https://pttcnetwork.org/centers/south-southwest-pttc/event/webinar-series-pfs-academy-2020-making-steps-strategic> Learning Objectives for Part 4: Implementation: Describe why high-quality implementation is important Explain how to balance fidelity and adaptation Prevention contact hours available to those who register and complete this webinar. Korene Alaimo has more than 15 years of experience providing substance misuse prevention training and technical assistance at the local, state, and national levels. She develops and delivers T/TA that builds grantee capacity to assess needs, create data-driven plans, implement

evidence-based interventions, and evaluate initiatives. She has also facilitated peer-networking opportunities, which enabled collaboration among diverse agencies to increase their impact on substance abuse prevention. Her work includes developing training, providing consultation and technical assistance services, writing original materials including case studies related to effective prevention practices, conducting literature searches, and reviewing and summarizing research literature on best practices. Korene received her MPH from Boston University.

Link: <https://pttcnetwork.org/centers/south-southwest-pttc/event/part-4-7-implementation-partnerships-success-pfs-academy-2020>

Related Topics: None

Related Workplan Activities:

- R7 PTTC will develop and deliver a series of resources and tools directed at supporting communities and tribes in the start-up phase of new prevention efforts, including PFS grantees.

Mid-America PTTC Highlights for June - July 2020

Part 5 of 7: Evaluation, Partnerships for Success (PFS) Academy 2020: Making the Steps of the Strategic Prevention Framework Work for You

Description: Please join us for part five, Evaluation, of the seven-part series covering the steps of the Strategic Prevention Framework. Learn more and register for the entire series here: <https://pttcnetwork.org/centers/south-southwest-pttc/event/webinar-series-pfs-academy-2020-making-steps-strategic> Identify the difference between process and outcome evaluation Describe how to recommend improvements and make mid-course prevention programming corrections Discuss ideas for sharing and reporting evaluation results with stakeholders Prevention contact hours available to those who register and complete this webinar.

Link: <https://pttcnetwork.org/centers/south-southwest-pttc/event/part-5-7-evaluation-partnerships-success-pfs-academy-2020-making>

Related Topics: None

Related Workplan Activity:

- R7 PTTC will develop and deliver a series of resources and tools directed at supporting communities and tribes in the start-up phase of new prevention efforts, including PFS grantees.

Part 6 of 7: Sustainability, Partnerships for Success (PFS) Academy 2020: Making the Steps of the Strategic Prevention Framework Work for You

Description: Please join us for part six, Sustainability of the seven-part series covering the steps of the Strategic Prevention Framework (SPF). Learn more and register for the entire series here: <https://pttcnetwork.org/centers/south-southwest-pttc/event/webinar-series-pfs-academy-2020-making-steps-strategic> Learning Objectives for SPF Principle, Sustainability: Describe why sustainability is important to prevention efforts Identify how to sustain an effective strategic planning process Identify how to sustain programs and practices that work Prevention contact hours available to those who register and complete this webinar. Presenter: TBD

Link: <https://pttcnetwork.org/centers/south-southwest-pttc/event/part-6-7-sustainability-partnerships-success-pfs-academy-2020>

Related Topics: None

Related Workplan Activity:

- R7 PTTC will develop and deliver a series of resources and tools directed at supporting communities and tribes in the start-up phase of new prevention efforts, including PFS grantees.

Drug Endangered Children: June Peer Sharing Call

Description: Please join us for our quarterly drug endangered children's peer sharing call. We will be joined by Eric Nation and Stacey Read from the National Alliance for Drug Endangered Children.

Link: <https://pttcnetwork.org/centers/mid-america-pttc/event/drug-endangered-children-june-peer-sharing-call>

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- R7 PTTC will develop and deliver a series of resources and tools directed at supporting communities and tribes in the start-up phase of establishing an alliance for drug endangered children

Mountain Plains PTTC Highlights from April - May 2020

Self-Care in a Selfless Field Webinar

Description: Self-Care in a Selfless Field Webinar Presented by: Anna Purkey, M.Ed. & Jana Sill, M.Ed, Dept. of Educational Psychology, College of Education, University of Utah. We are currently living in unprecedented and difficult times. Prevention specialists, in addition to experiencing the current global pandemic, also listen to painful and distressing experiences which can lead to compassion fatigue and burnout. This presentation provides participants with the information to learn more about possible signs of burnout, how to implement self-care practices to your daily life, and receive available resources to combat the effects of work-related stress. Click here for Self-Care in a Selfless Field Recorded Webinar, Presentation, and Resources. Outcomes: 633 Participants of Live Webinar. 423 GPRA Evaluations Completed.

Link: <https://pttcnetwork.org/centers/mountain-plains-pttc/product/self-care-selfless-field-presentation-and-resources>

Related Topics: None

Related Workplan Activities:

- Develop & administer webinars on specialty topics

Understanding How to Leverage Telehealth Technology for Prevention Services

Description: Supporting Prevention Efforts Through Virtual Setting 2-Part Webinar Series. Part 1: Understanding How to Leverage Telehealth Technology for Prevention Services Presenter: Aaron Fischer, PhD, BCBA-D. This webinar presentation supports prevention providers by highlighting tools and features of service delivery, through videoconferencing platforms. Participants also learn how to use this technology to engage in direct prevention efforts, as well as indirect prevention efforts, by supporting coalitions, caregivers, and school staff. The following are the objectives for the webinar: Participants will understand various features of videoconferencing platforms. Participants will be able to describe ways the technology tools can facilitate prevention services. Participants will learn how to leverage telehealth to support coalitions, caregivers, and school staff. Outcomes: 151 Live Webinar participants. 85 Post-Event Surveys (GPRAs) completed.

Link: <https://pttcnetwork.org/centers/mountain-plains-pttc/product/supporting-prevention-efforts-through-virtual-setting-two-part>

Related Topics: None

Related Workplan Activities:

- Develop & administer webinars on specialty topics

Crisis Response Planning for Suicidal Patients: An Introduction

Description: The Mountain Plains Mental Health Technology Transfer Center and the Mountain Plains Prevention Technology Transfer Center collaborated to host a six-part webinar series, Suicide Prevention Across the Educational Continuum. Throughout the series, participants were provided with information related to suicide prevention and intervention for youth, young adults, and college students. Suicide Prevention Across the Educational Continuum (6-Part Webinar Series): Crisis Response Planning for Suicidal Patients: an Introduction Presenter: Criag J. Bryan, PsyD, ABPP. A widely-used strategy for managing acute suicide risk is the contract for safety, also known as the no-suicide contract. Despite its widespread use across mental health and medical settings, accumulating consensus is that this approach may be ineffective. Alternative strategies such as crisis response planning or the related safety planning intervention have therefore been proposed. Written on an index card, the crisis response plan outlines simple steps for a suicidal individual to follow when in a crisis. Results of a recently completed randomized clinical trial show that crisis response planning reduces suicide attempts by 75% as compared to the contract for safety, thereby supporting the method's efficacy. The purpose of this presentation is to provide an overview of crisis response planning, and to differentiate the method from other, less effective means for managing suicide risk. Outcomes: 609 Live Webinar Participants. 372 Post Event Surveys (GPRAs) Completed.

Link: <https://pttcnetwork.org/centers/mountain-plains-pttc/product/crisis-response-planning-suicidal-patients-introduction>

Related Topics: None

Related Workplan Activities:

- Collaborate with MP-MHTTC to Develop and Administer a Webinar Focusing on Suicide Prevention

Mountain Plains PTTC Highlights for June - July 2020

Infographic of Features and Comparison for Zoom Webinars vs. Meetings

Description: We are in the process of developing an infographic that explains the differences between webinars and meetings when using the Zoom platform. The

infographic will have a disclaimer stating that we are not promoting or endorsing the product. We are presenting "tips" and "tricks" that we have learned from using the Zoom platform that prevention professionals, educators, and school personnel could utilize when connecting virtually with their coalitions, students, etc. over a virtual platform. This will also serve as a companion guide and additional resource to the Supporting Prevention Efforts Through Virtual Setting Two-Part Webinar Series: Part 1. Understanding How to Leverage Telehealth Technology for Prevention Services & Part 2. Legal and Ethical Considerations for Telehealth Prevention

Link:

Related Topics: None

Related Workplan Activity:

- Utilize Region 8 website to serve stakeholders

E-Learning Course: Introduction to Screening, Brief Intervention, and Referral to Treatment (SBIRT) with Adolescents

Description: E-Learning Course: Introduction to Screening, Brief Intervention, and Referral to Treatment (SBIRT) with Adolescents. The E-Learning Course will provide an overview of the Screening, Brief Intervention, and Referral to Treatment (SBIRT) protocol. The content of this e-learning course is being designed for prevention professionals, social workers, addictions counselors, and other non-medical professionals.

Link:

Related Topics: None

Related Workplan Activity:

- Develop on-line courses and webinars for delivery of T&TA

Collaboration with Region 8 state by providing Technical Assistance (TA) to modify and update Data Curriculum

Description: We have been delivering Technical Assistance to key stakeholders in Region VIII state to assist them in supplementing their current data curriculum training for their workforce to address health disparities in order to inform prevention programming and initiatives. This is an ongoing project that will result in product developed for prevention professionals in Region 8 states.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Deliver state-and region-specific T&TA

Pacific Southwest PTTC Highlights from April - May 2020

Listening Sessions Summary: COVID-19's Impact on Prevention Practitioners

Description: In response to new challenges experienced by the prevention workforce resulting from the COVID-19 pandemic, the Pacific Southwest Prevention Technology Transfer Center (PTTC) facilitated four listening sessions over video conference with 111 prevention practitioners joining. Listening sessions were conducted at various times throughout the day on April 15, 16, 21, and 22. Participants represented Arizona, California, Guam, Hawaii, Nevada, and the Republic of the Marshall Islands, as well as a few participants from outside of the Pacific Southwest region. The listening sessions opened up a conversation about the specific challenges practitioners are facing with doing their work in prevention; what training and resources the PTTC could provide to address these challenges; and where are they finding new opportunities for their work. During the listening sessions, spontaneous peer-sharing and crowdsourcing of resources naturally occurred. This document briefly summarizes the conversations held across these four sessions and includes various links to resources as they relate to various topics that emerged during these conversations.

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/product/listening-sessions-summary-covid-19s-impact-prevention>

Related Topics: None

Related Workplan Activities: None

Webinar: Pacific Southwest PTTC and MHTCC Present - Navigating Risk of Suicide in the Context of Substance Misuse: Best Practices for Supporting Youth and Young Adults

Description: Substance misuse and its relationship to suicide among youth and young adults continues to be of concern to public health practitioners. This panel discussion will highlight real world intersections of substance misuse prevention and mental health best practices to reduce risk of suicide among youth and young adults. Panelists will offer expertise and perspective on how to impact populations who are at risk for substance misuse and suicide. The webinar examines shared risk and protective factors for vulnerable populations, outlines college campus programs for behavioral health, and explores the integration of suicide risk screening and intervention into the substance use early intervention model SBIRT. There will be a focus on effectively supporting youth and young adult populations. By the end of the webinar, participants will be able to: Identify opportunities to effectively link mental and behavioral health supports to prevent and respond to risks of substance misuse and suicide. Identify prevention programs that integrate knowledge, skill, and abilities to benefit vulnerable youth and

young adults. Locate real world examples of successful practices, programs, and policies for reducing youth and young adults' risk of substance misuse and suicide. Presenters Brett Harris, DrPH, is a Clinical Assistant Professor at the University at Albany School of Public Health and the Director of Public Health Initiatives at the Suicide Prevention Office of the New York State Office of Mental Health (OMH). Dr. Harris co-developed and is currently teaching the graduate course Suicide as a Public Health Problem. In her role with the State of New York, Dr. Harris oversees all community-, school-, college-, and university-based suicide prevention initiatives and supports implementation of suicide safer care in multiple clinical service settings. Panel Presenters include: James Mazza, Ph.D, is Professor, Educational Psychology, University of Washington and Director of the School Psychology Program. His work focuses broadly on adolescent mental health issues, particularly internalizing disorders such as depression, anxiety, posttraumatic stress disorder, exposure to violence and especially suicidal behavior. Dr. Mazza's research focuses on a multi-tiered system of support (MTSS) that emphasizes the need to provide school-based mental health services and SEL programs to all students as part of their education. Debra Cox-Howard, MC, LPC, LISAC, holds dual licenses and is a Mental Health Clinician at The University of Arizona's Counseling & Psych Services department. In addition to her role as clinician with a specialty in substance abuse counseling, Ms. Cox-Howard is a founder and co-Chair of the interdepartmental Substance Abuse Team and founder and co-Faculty Advisor for Wildcats Anonymous-The University of Arizona's Collegiate Recovery Program. Debra's work focuses on substance abuse prevention, assessment and treatment, addictions, adult children of alcoholics, time and stress management, relationships, and general counseling.

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/event/webinar-pacific-southwest-pttc-and-mhtcc-present-navigating>

Related Topics: None

Related Workplan Activities:

- PTTC staff will market media resources via Pacific Southwest PTTC website, listserv, and social media monthly.

Be a Champion for Prevention: Marijuana Policy in the Time of COVID-19

Description: Be a Champion for Prevention: Marijuana Policy in the Time of COVID-19: During our Pacific Southwest PTTC Listening Sessions for Prevention Practitioners on doing prevention during the COVID-19 pandemic, a concern that was frequently raised was about local and state marijuana policies and regulations shifting to accommodate businesses during COVID-19 restrictions without public health considerations. Some of the questions raised during these sessions included concerns about the increased availability of marijuana in the COVID-19 environment. Others expressed concern about marijuana dispensaries being deemed essential businesses by state leaders. Many were concerned that these new practices will contribute to increased substance misuse

and continue beyond the COVID-19 pandemic. To respond to these concerns, we are holding this important discussion session with regional experts in this area. Facilitators will moderate a dialogue with participants with the goal of identifying a cohort of participants who are willing to serve as champions who can mobilize their communities and disseminate information to their stakeholders and through their networks.

Facilitators Joe Eberstein, Program Manager for the San Diego County (MPI) Marijuana Prevention Initiative at the Center for Community Research, Inc. Roneet Lev, MD, FACEP, Emergency Room Physician and former Chief Medical Officer of the White House Office of National Drug Control Policy (ONDCP). Patrick Foley, Community Outreach Manager, McAlister Institute.

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/event/be-champion-prevention-marijuana-policy-time-covid-19>

Related Topics: None

Related Workplan Activities: None

Pacific Southwest PTTC Highlights for June - July 2020

Webinar: Demystifying Data: Gathering and Using Local Risk and Protective Factor Data for Prevention - Part 1

Description: 2-Part Webinar Series Demystifying Data: Gathering and Using Local Risk and Protective Factor Data for Prevention - Part 1 Webinar Series Overview Part I – Gathering Data. During this first webinar in the two-part series, we will talk about the importance of gathering data for assessment and evaluation and describe the types of data to gather. Key risk and protective factors associated with substance use and mental health will be discussed. We will explore existing sources of data, assessment of data gaps, and options for collecting primary data at the local level. By the end of the webinar, participants will: 1. Learn about key risk and protective factors to assess at the individual, family, peer, school, and community levels; 2. Identify sources of existing data on risk and protective factors; and 3. Assess strategies for developing a data collection plan in order to address data gaps at the local level. Presenter: Melissa Adolfson, MS, is a Research Scientist with the Amherst H. Wilder Foundation. In this role, she provides research and evaluation services for clients addressing substance use, mental health, and community safety and connectivity. This work includes evaluating the efforts of six Drug Free Community grantees in Minnesota as well as Minnesota's Partnership for Success and SPF Rx efforts. She has more than a decade of experience working with government and non-profit agencies at the local, state, tribal, and federal levels to collect, analyze, interpret, disseminate, and use data for prevention efforts.

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/event/webinar-demystifying->

[data-gathering-and-using-local-risk-and](#)

Related Topics: None

Related Workplan Activity:

- PTTC staff and subject-matter experts will design one or more training modules or other resources on the Region 9 specialty area.

Solutions Dialogue: Engaging Coalition Members during COVID-19

Description: Solutions Dialogue: Engaging Coalition Members during COVID-19 Thursday, On our Pacific Southwest PTTC Listening Sessions, prevention practitioners shared specific challenges they've encountered in their work during the COVID-19 pandemic. Participants frequently voiced concerns related to keeping coalition members and other key stakeholders engaged when in-person meetings are not an option. In addition, participants expressed concern about losing momentum and the impact this could have on their overall prevention efforts. As many worry about increased levels of substance misuse while people shelter in place, and that increased misuse could continue beyond the COVID-19 pandemic, continuing to engage coalition members and maintain momentum is critical. To respond to these concerns, we are holding this important session with an expert in this topic area. The facilitator will share best practices and strategies for participants, and moderate a discussion on how to keep one of the most important assets of the coalition's -- its members and stakeholders engaged during this time. Facilitator Meghan Blevins, Systems Change Specialist at the Edna Bennett Pierce Prevention Research Center at Penn State University, Evidence-based Prevention and Intervention Support Center (EPISCenter).

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/event/solutions-dialogue-engaging-coalition-members-during-covid-19>

Related Topics: None

Related Workplan Activity: None

EPLS: Prevention Basics

Description: This 8 week series offers a unique, interactive online introduction to the field of substance misuse prevention. Participants examine the history of substance misuse prevention, key concepts, and foundational research informing the Strategic Prevention Framework, SAMHSA's five-step, data-driven planning process. Training participants build basic knowledge and skills necessary to identify prevention priorities and develop a plan to implement and evaluate evidence-based interventions. This consultation series offers structured skill-based learning opportunities, individual reading and learning assignments, group activities, and discussions to enhance learning application and outcomes. During this webinar participants will: Define prevention Explain the continuum of care List the criteria for research-based risk factors Describe

how the Social Development Strategy operationalizes protective factors Describe the five steps of the Strategic Prevention Framework (SPF), including the key tasks for each List three essential keys to sustainability Explain the importance of addressing health disparities in the context of substance misuse prevention planning and implementation Describe how cultural humility is essential in our work in the prevention field. Facilitator: Kris Gabrielsen, MPH.

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/event/epls-prevention-basics>

Related Topics: None

Related Workplan Activity:

- PTTC staff and consultants will develop and deliver EPLS on Prevention Basics, Prevention Ethics, Effective Coalitions, and Sustainability (or other topics as needed).

Northwest PTTC Highlights from April - May 2020

EPLS: Getting Ready for Sustainability Planning

Description: On May 26, Fourteen participants completed the pilot Enhanced Prevention Learning Series, "Getting Ready for Sustainability Planning," a 7-week distance learning series that offered participants an opportunity to explore how to develop a sustainability plan. The learning series incorporated online consultation, skill-based learning and practice, self-study and reading assignments, group activities, and discussion designed to guide participants through each of the five critical components of sustainability planning. Trainers demonstrated how to use a set of tools to facilitate a sustainability process with community partners and coached participants to set actionable steps and timelines to complete a plan over the next year. The EPLS participants will reconvene on September 15 to participate in an ongoing Community of Practice to support their continued sustainability planning efforts.

Link: <https://pttcnetwork.org/centers/northwest-pttc/event/epls-getting-ready-sustainability-planning>

Related Topics: None

Related Workplan Activities:

- Deliver 8 total EPLS, piloting 1 new EPLS in year 2.

Take Your Break With Us - Virtual Series in Response to COVID-19

Description: In response to data gathered from an emergency workforce needs assessment and state specific listening sessions conducted between April 1 and April 3, the Northwest PTTC designed a sixteen-week online series focused on a new topic of interest each week. Each week consists of a thirty-minute online coffee break on Monday and Friday. The goal of the series is to promote a resilient prevention workforce during COVID-19 by creating an informal online meeting space and sharing timely tips and tools to meet practitioners' immediate needs. Weekly topics and attendance during the month of May were as follows: Week 1) Self-Care in a Time of Crisis - 54 participants from within R10 attended; Week 2) Facilitate Virtual Meetings Like a Pro! – 47 participants from within R10 attended; Week 3) Create Awesome Webinars! – 38 participants from within R10 attended; Week 4) Working From Home & Keeping Your Sanity! –52 participants from within the region participated. The series will continue through the end of June.

Link: <https://pttcnetwork.org/centers/northwest-pttc/event/take-your-break-us-virtual-series-working-home-keeping-your-sanity>

Related Topics: None

Related Workplan Activities:

- Identify & deliver (3) on-the spot consults topics from state consults

Academic Strategic Thinking Group

Description: The Northwest PTTC Academic Strategic Thinking Group (STG) is made up of 23 faculty from across Alaska, Idaho, Oregon, and Washington. They teach in a variety of associate, bachelor, master, and PhD degree programs in prevention-related fields, including human services, counseling, social work, addiction studies, and public health. The goal of the Academic STG is to convene professionals who are training the next generation of prevention professionals to provide input and feedback on the Northwest PTTC's Pre-Professional Training for Prevention Project. The aim of the project is twofold: 1) curate and make accessible existing prevention science tools and resources, and 2) develop and pilot test new prevention science tools and resources to help faculty integrate prevention science content into their existing curriculum (i.e., curriculum infusion packages). On April 20, eighteen individuals attended The Northwest PTTC's inaugural Academic Strategic Thinking Group (STG) meeting. During the meeting, Northwest PTTC staff provided an overview of the project and reviewed three examples of existing resources developed by other organizations (Compassion Fatigue Slide Deck from the Pacific Southwest ATTC, Prevention Training Modules from the Coalition for Promotion of Behavioral Health, Prevention Paradox Video from Communities that Care). For each example, the STG members provided feedback on the value of each approach, how it could be improved, and how they envisioned being able to use the resource in their courses. Overall, the members saw value in each approach and also provided ideas for how to improve them. Northwest staff is developing a detailed needs assessment survey to identify prevention science content areas and types of resources that will be most helpful to help academic faculty integrate prevention science content into their existing degree curricula. The survey will be distributed to the Academic STG members in July. Northwest PTTC staff is also currently collecting, organizing, and summarizing existing prevention science resources from other organizations to share with the Academic STG at a second meeting scheduled to occur in August or September. These efforts inform the Northwest PTTC's resource development plan in year 3.

Link: [N/A](#)

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Conduct scan of existing undergraduate and graduate programs in relevant fields (e.g., public health, human development, prevention science) across the 4 states, and identify possible faculty representatives from these programs.

Northwest PTTC Highlights for June - July 2020

Lessons Learned from implementing EPBs in a virtual environment

Description: On July 16, the Northwest PTTC will deliver a webinar on what has and hasn't worked with implementing evidence-based programs virtually. Three presenters will share their learnings. Eric Opoku Agyemang will explore what the literature suggests about best practices for virtual mentoring. Blair Brooke-Weiss will summarize recommendations for implementing "Guiding Good Choices," virtually and lessons from the field. Finally, AnaMaria Martinez will provide learnings from converting the "Stress and Coping Program" to an online format and virtual environment. We will also provide opportunities for participants to provide their learnings from delivering evidence-based practices in virtual settings.

Link:

Related Topics: None

Related Workplan Activity:

- Deliver 2 webinars on Community Activated Prevention, Elements of Effective Coalitions

Resources for Supporting the Mental Health and Well-being of Children and Families During COVID-19

Description: On June 11, the Northwest PTTC and Northwest MH TTC will deliver the webinar, "Resources for Supporting the Mental Health and Well-being of Children and Families During COVID-19 for substance misuse and mental health prevention practitioners working throughout schools and communities in HHS Region 10. This webinar will focus on the mental health and well-being of children and families during the COVID-19 pandemic and the early data that provides insight into the challenges and opportunities for substance misuse prevention practitioners to support families and communities during this time. The webinar will also highlight many of the resources available from Child Trends, the nation's leading research organization focused exclusively on improving the lives of children and youth, especially those who are most vulnerable. The webinar will also discuss how these resources can be applied in agencies and community settings. About the presenter: Jessica Dym Bartlett, M.S.W., Ph.D., is Program Director of Early Childhood Research at Child Trends. She conducts evaluation and applied research on interventions to promote the emotional and relational well-being of children and families exposed to trauma and adversity, including child abuse and neglect, child and parent mental health problems, and natural disasters, with a focus on prevention and promotion of resilience. Dr. Bartlett is Principal Investigator (PI) of a randomized controlled trial (RCT) on the impact of the Newborn Behavioral Observations on maternal mental health and mother-infant relationships at Harvard Medical School, lead evaluator for the Child Trauma Training Center at the

University of Massachusetts Medical School, and developer of a toolkit to mitigate childhood trauma in the face of disasters and pandemics.

Link: <https://pttcnetwork.org/centers/northwest-pttc/event/webinar-resources-supporting-mental-health-and-well-being-children-and>

Related Topics: None

Related Workplan Activity:

- Develop and Implement monthly media series based on assessed needs

Six Elements of Effective Coalitions

Description: On June 18, the Northwest PTTC Director Kevin Haggerty will deliver the first webinar in a series developed by the National PTTC Community Coalitions and Collaborators Workgroup, which is also chaired by the Northwest PTTC. The initial webinar will introduce and define six elements demonstrated through research to have a strong relationship with effective coalitions. Subsequent webinars will go in-depth into each element with community coalition spotlights.

Link: https://umsystem.zoom.us/webinar/register/WN_YXzgg619RueR_f8no_1HAA

Related Topics: None

Related Workplan Activity:

- Design & Deliver (2) face-to-face training on CAP related topics.

National American Indian and Alaska Native PTTC Highlights from April - May 2020

Connecting Prevention Specialists to Native Communities During Times of Crisis: Listening Sessions

Description: The National American Indian & Alaska Native PTTC has been holding virtual sessions to support our Native communities in these challenging times. These weekly meetings cover major concerns that have been expressed, and will continue to share resources, and encourage the peer support that has been happening among those who participate. topics that have been covers so far include - Substance use Prevention - Domestic Violence Prevention - Native wellness assessment tool - Resilience and self care for providers and community members -Suicide prevention etc This series is hosted in collaboration with the SAMSHA Tribal TTA Center

Link: <https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/event/connecting-prevention-specialists-6>

Related Topics: None

Related Workplan Activities:

- Continue developing and maintaining a “best practices” repository of information, materials, and resources on the promotion of SU prevention evidence-based practices in Native communities including for populations such as Veterans, adolescents/transitional age youth, elders, pregnant women

Building Resilience in Our Patients, Communities, and Ourselves in a Time of COVID-19 - Lessons for behavioral health providers

Description: This webinar focused on guiding behavioral health providers how to build resilience in themselves as providers, their patients and communities.

Link: <https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/event/building-resilience-our-patients>

Related Topics: None

Related Workplan Activities:

- Continue developing and maintaining a “best practices” repository of information, materials, and resources on the promotion of SU prevention evidence-based practices in Native communities’ including for populations such as Veterans, adolescents/transitional age youth, elders, pregnant women

Resource Guide for Prevention Providers During COVID-19

Description: This is a list of resources that has been compiled (and continues to be updated) during the National American Indian and Alaska Native PTTC's ongoing listening series: "Connecting Prevention Specialists to Native Communities during times of Crisis"

Link: <https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/product/resource-guide-prevention-providers>

Related Topics: None

Related Workplan Activities: None

National American Indian and Alaska Native PTTC Highlights for June - July 2020

Lets Connect trainings

Description: Let's Connect (LC) is an intervention that teaches caregivers to identify and respond to children's emotional needs and behaviors in a way that builds connection and warmth and promotes children's emotional competence, sense of emotional security, and well-being Let's Connect can be delivered alone as prevention, or as a 'strategic enhancement' to evidence-based child and family interventions. these training will involve a 3 day virtual training and 6 months ongoing case consultations and implementation support

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- Continue intensive Technical assistance and trainings assisting SU workforce serving AI/AN populations to develop and implement tools for prevention planning and sustainability (including enhancing technology of dissemination)

Screening, Brief Intervention, and Referral to Treatment (SBIRT) training and learning collaborative with Standing Rock

Description: SBIRT is an approach to the delivery of early intervention and treatment to people with substance use disorders and those at risk of developing these disorders. This training is adapted to meet the needs of Native American Communities

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity:

- Continue intensive Technical assistance and trainings assisting SU workforce serving AI/AN populations to develop and implement tools for prevention planning and sustainability (including enhancing technology of dissemination)

Culture is Prevention virtual learning series- collaboration with the NHLPTTC

Description: "National data show the need to enhance services and access to services for culturally and linguistically diverse communities. Providing culturally and linguistically appropriate prevention services require an understanding of cultural competence/humility and the role of culture in prevention and healing. This series will address the following 1. What culture is /means 2. The role of culture and Spirituality as an effective intervention in mental health, substance use and suicidality 3. Differentiate Cultural humility vs Cultural competency 4. Highlight Cultural practices/ programs that have shown to be effective in Indian country 5. How we can culturally navigate between the two communities (Native, Latinx / Hispanic communities)

Link:

Related Topics: None

Related Workplan Activity: None

National Hispanic and Latino PTTC Highlights from April - May 2020

EBP/ EBT Webinar

Description: Our center provided a webinar on Evidenced Based Practices and Evidence-Based Treatment, in collaboration with our sister center, the National Hispanic and Latino Addiction Technology Transfer Center. This webinar addressed what constitutes an “evidence-based treatment (EBT)” and “evidence-based practice (EBP)” and the difference between efficacy and effectiveness, and what we need to know about them to make more informed decisions in selecting EBTs and EBPs that are best suited to our agencies or clinics. The webinar described alternative approaches to EBTs/EBPs, such as those grounded on practice-based evidence and community-based evidence or those considered “promising practices,” and alternative concepts to external validity (generalizability) ecological validity and social validity. This webinar took place on April 29, 2020. Our guest speaker for this webinar was Luis A. Vargas, Ph.D., a licensed psychologist, retired from the Division of Child and Adolescent Psychiatry of New Mexico School of Medicine. We had 415 participants.

Link: [N/A](#)

Related Topics: None

Related Workplan Activities:

- During Year -Two we plan to deliver six In-Person training sessions, eight Webinars, and eight Technical Assistant and four Virtual Learning Communities focused on prevention. We will format the topic, provide the necessary training materials, the online training platform (Zoom), the trainers, date, time, promotion of the events, registration, and evaluation tools. Services will be provided in Spanish and English and Portuguese

Prevention: Mobilizing the Hispano/Latino Faith Community in Substance Abuse Webinar

Description: On May 21, 2020, our center provided a webinar titled Mobilizing the Hispano/Latino Faith Community in Substance Abuse. During this webinar, we discussed the role of the faith community as an integral part of a successful prevention program in our communities, and the disproportionate impact substance abuse has on Hispano/Latino populations. Presented by Mr. Harry B. Montoya, MA, a Prevention Professional from New Mexico. We had 273 participants.

Link: [N/A](#)

Related Topics: None

Related Workplan Activities:

- During Year -Two we plan to deliver six In-Person training sessions, eight Webinars, and eight Technical Assistant and four Virtual Learning Communities focused on prevention. We will format the topic, provide the necessary training materials, the online training platform (Zoom), the trainers, date, time, promotion of the events, registration, and evaluation tools. Services will be provided in Spanish and English and Portuguese

Fact Sheets

Description: The National Hispanic and Latino Prevention Technology Transfer Center is very proud to share with you a new product developed by our center to help and guide Latino families during the pandemic: PREVENTION TOOLS FOR LATINO FAMILIES DURING COVID-19

Link: <https://pttcnetwork.org/centers/national-hispanic-latino-pttc/product/fact-sheet-prevention-tools-latino-families-during>

Related Topics: None

Related Workplan Activities: None

National Hispanic and Latino PTTC Highlights for June - July 2020

New Partnerships

Description: Our NHL-PTTC is in early discussions with a national organization about a Latino youth prevention leadership project. More will be revealed about this exciting project soon.

Link: [N/A](#)

Related Topics: Intensive Technical Assistance

Related Workplan Activity:

- During Year -Two we plan to deliver six In-Person training sessions, eight Webinars, and eight Technical Assistant and four Virtual Learning Communities focused on prevention. We will format the topic, provide the necessary training materials, the online training platform (Zoom), the trainers, date, time, promotion of the events, registration, and evaluation tools. Services will be provided in Spanish and English and Portuguese

CADCA Midyear

Description: CADCA Mid-Year Training Institute 2020 will be entirely virtual. Our center will be providing a 90-minute training session titled Resilience, Compassion, and Trauma-Informed Care in the Healing of ACEs in the Latinx Communities. During this session, the presenter will discuss the Adverse Childhood Experiences and their link to several behavioral and health problems such as Substance Abuse, Depression, Suicide, etc. to the effects of toxic stress in brain development to the healing powers of resiliency building in the Latinx communities and the use of trauma-informed systems of care. Also, grounding and self-regulation skills help manage brain activation of trauma responses to maintain and expand our resilient zone. The training will take place on Monday, July 27, 2020, from 10:30 AM to 12:00 PM EDT and will be presented by Fabricia Prado, LCSW.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity:

- We will organize 6 In-Person Training Sessions; we will select the topic, Training materials, trainers, date, time, locations, promotion of the events, registration, evaluation tools: travel arrangements, and lodging. We will provide the pieces of training in English, Spanish, and Portuguese.

Virtual Learning Sessions (VLS)

Description: The National Hispanic and Latino Prevention Technology Transfer Center invited The National American Indian and Alaskan Prevention Technology Transfer Center to collaborate in the planning and implementation of 4 Virtual Learning Sessions. The topic is Culture is Prevention. The timeframe for the implementation is from June-August 2020.

Link: [N/A](#)

Related Topics: None

Related Workplan Activity:

- Develop a process for holding virtual communities including number of invited guests, format of session, length of session, moderator duties, dates, and time of event. Selection of invited guests, capturing of discussion, transcription methods and post session duties.

<p style="text-align: center;">PTTC Network Coordinating Office Highlights from April - May 2020</p>

COVID coordination group

Description: The PTTC NCO convened the first COVID-19 coordination group on April 22, 2020 with participants from each PTTC, and has met a total of three times. The coordination group's goal is to assess workforce needs regarding the impact of COVID-19, and define, prioritize and coordinate the response. Four priority topics have been identified: (1) Youth and family engagement during isolation, (2) bringing prevention virtual, (3) Youth engagement during transition back to school, (4) supporting the adaptation of Evidence-Based Interventions. Sub workgroups have been formed and deliverables are in process.

Link:

Related Topics: None

Related Workplan Activities:

- Convene conference calls b/w RCs with common goals & objectives.

National Webinars

Description: 1. Social Determinants of Health Series: In partnership with the ATTC Network, the PTTC NCO facilitated a five-part national online discussion and resource sharing opportunity for the substance use (SU) prevention, treatment, and recovery workforces focused on emerging issues around social determinants of health (SDH) and COVID-19. This was in response to the differential impact of the pandemic in underserved communities and/or communities of color. Participation averaged around 300 for each session. The goal of the series was to engage diverse community voices and create space and structure to hear from these communities about the following issues:

- How has COVID-19 further highlighted racial and ethnic disparities?
 - What is the impact on the communities and those with substance use disorder?
 - What is the impact on the SU prevention, treatment and recovery workforces?
 - What strategies and resources are needed to mitigate these impacts?
2. Evidence-Based Interventions workgroup national webinar & learning lab: Provided an overview of prevention science and how it has brought about the development not only of effective prevention programs but also to the planning and implementation of these. Evidence-based programs have been shown through rigorous research to be successful at reducing risky and unhealthy

behaviors across the life span. This course described how the science contributes to our understanding of the etiology and prevention of substance use and related behaviors, examples of some of the most effective interventions and policies. A participatory virtual learning lab followed this webinar, which provided an opportunity for conversation between prevention professionals, guided by facilitators, to discuss lessons learned, practical application and understanding of the key concepts addressed in the webinar. 365 people attended the webinar, and 140 attended the learning lab.

3. Society for Prevention Research (SPR) introduction: The PTTC NCO provided a PTTC Network overview to almost 90 SPR members. Many SPR members expressed interest in better connecting with their regional PTTC. The NCO is currently planning a regional meet-and-greet with representatives from each PTTC.

Link:

Related Topics: None

Related Workplan Activities: None

PTTC product audit

Description: The PTTC NCO conducted a review of PTTC Network products since the network's inception. A sample of 35 products was chosen which reflected a variety of product types and centers, and reviewed using an adapted ATTC product rubric. Several themes were found across all products. The NCO will share the themes at the June 10th Director's meeting and suggest and solicit improvements.

Link:

Related Topics: None

Related Workplan Activities:

- Conduct quarterly audit of PTTC products for relevance & accuracy

PTTC Network Coordinating Office Highlights for June - July 2020

SAPST & Ethics online courses

Description: The PTTC NCO is working with the Workforce Development workgroup to determine the PTTC Network's role in supporting these important prevention trainings. The NCO is anticipating completing a 3-4 hour Ethics training module by July.

Link:

Related Topics: None

Related Workplan Activity:

- Convene conference calls b/w RCs with common goals & objectives.

PTTC Hub updates

Description: The NCO team will be releasing a new feature on the PTTC Hub that will allow each PTTC to see their COVID-19 events in one table as entered on the website. Additionally, the certificate-generating tool in the Hub will be updated to improve the PTTC's experience with compiling certificates.

Link:

Related Topics: None

Related Workplan Activity:

- Provide an intranet portal for internal PTTC Network Resources

Developing alcohol awareness Facebook live event

Description: The PTTC NCO is working toward hosting a Facebook live event to highlight alcohol misuse in light of COVID-19. The NCO anticipates attracting notable presenters for short presentations.

Link:

Related Topics: None

Related Workplan Activity: None