



PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Network Bi-Monthly Update October 2020

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New England PTTC Highlights from August - September 2020

Cannabis Use in Pregnancy and Lactation: Understanding the Science and Assisting Practitioners with Prevention Strategies

Description: Date: August 24, 2020 Format: Webinar Contact Hours: 1 NAADAC Time: 1 PM—2 PM ET Cost: FREE Event Flyer: Coming Soon! The New England PTTC and Central East PTTC presented Cannabis Use in Pregnancy and Lactation: Understanding the Science and Assisting Practitioners with Prevention Strategies COURSE DESCRIPTION Participants will understand the basic tenets of the social determinants of health and its impact on behavioral health, prevention, and wellness efforts. Participants will critically examine the role of neighborhood conditions, education, socio-economic, and socio-political climate. This training will strengthen participants understanding of the social determinants of health and their role in shaping the prevention efforts of diverse populations. LEARNING OBJECTIVES: Discuss the use of cannabis on the endocannabinoid system and fetal development. Evaluate studies that have evaluated the use of cannabis in pregnancy and lactation. Describe the risk factors associated with marijuana use during pregnancy and breastfeeding. Explain prevention strategies for practitioners and coalitions to minimize or eliminate the harm of cannabis use during pregnancy and lactation. PRESENTERS Dr. Laura Borgelt is an Associate Dean of Administration and Operations at the University of Colorado Skaggs School of Pharmacy and Professor in the Departments of Clinical Pharmacy and Family Medicine at the University of Colorado Anschutz Medical Campus. Dr. Borgelt's teaching, practice, and research focuses on patient safety and women's health. Dr. Tricia Wright is a Professor of Clinical Medicine in the Department of Obstetrics, Gynecology, and Reproductive Health at the University of California, San Francisco. She is board certified in both Obstetrics and Gynecology and Addiction Medicine and a Fellow of the American College of Obstetrics and Gynecology and a Distinguished Fellow of the American Society of Addiction Medicine. She has published multiple papers on pregnancy and addiction as well as a textbook Opioid Use Disorders in Pregnancy published in 2018 by Cambridge University Press.

Link: [https://pttcnetwork.org/centers/central-east-pttc/event/cannabis-use-pregnancy-and-lactation-understanding-science-and-lactation-understanding-science-and](https://pttcnetwork.org/centers/central-east-pttc/event/cannabis-use-pregnancy-and-lactation-understanding-science-and)

Related Topics: None

Related Workplan Activities:

- The NE PTTC will develop and support in person trainings in New England on topics related to marijuana and vaping risk education as gauged in the NE prevention workforce assessment and/or in response to requests from the field.

Webinar - Direct to Consumer Alcohol Sales in the Era of COVID-19: Enforcement and Policy Challenges

Description: Direct to consumer alcohol sales are on the rise nationwide, especially as some states loosen or modify restrictions to allow alcohol delivery, curbside pickup and cocktails to go during the pandemic. These models challenge traditional alcohol control policy and require

creative solutions to address challenges in enforcement. This webinar provided a review of current policies on home alcohol delivery, alcohol shipping and curbside service, challenges in enforcement and compliance. It also provided specific examples of how compliance and enforcement can work in this environment and action steps that can be taken in your own community. This webinar included data specific to the New England states as well as drawing from nationwide trends and examples from other regions. Presented by Cassandra Greisen of the National Alcohol Beverage Control Association, Carrie Christofes of the National Liquor Law Enforcement Agency, and Matthew Stemple of the North Carolina Department of Public Safety Alcohol Law Enforcement Division

Link: <https://pttcnetwork.org/centers/new-england-pttc/event/direct-consumer-alcohol-sales-era-covid-19-enforcement-and-policy>

Related Topics: None

Related Workplan Activities:

- The NE PTTC will develop and provide distance learning and trainings in New England states in topic areas identified in the prevention workforce assessment and/or in response to requests from the field.

2020 Best Practices School "Reimagined" Offered Virtually

Description: The New England PTTC was proud to co-sponsor the 28th New England School of Best Practices. This four-day event provided addiction and behavioral health professionals the opportunity for in-depth study in areas of special interest. The program includes advanced clinical and administrative skilled-based treatment in best practices and evidence-based practices treatment approaches, as well as a current and emerging best opioid treatment practices, clinical supervision, management, and advanced prevention. This marked the second year that the New England PTTC planned and sponsored an advanced prevention training track. Topics covered in the advanced training track included: vaping, marijuana prevention, prevention leadership development, restorative school practices, trauma-informed prevention, and prevention supervision.

Link: <https://pttcnetwork.org/centers/new-england-pttc/event/2020-best-practices-school-reimagined-offered-virtually>

Related Topics: The Opioid Epidemic

Related Workplan Activities:

- The NE PTTC will develop and support distance learning and in person trainings in New England states in topic areas identified in the prevention workforce assessment and/or in response to requests from the field.

New England PTTC Highlights for October - November 2020

New England PTTC Project ECHO: Advancing Management and Leadership Skills for Prevention Professionals

Description: The New England Prevention Workforce Needs Assessment conducted by PCG for the New England PTTC highlighted several gaps for the prevention workforce development throughout New England. One area of need is additional support for those in managerial or supervisory roles in the prevention field. Through this New England PTTC Project ECHO, we will seek to provide support and education for supervisors and emerging leaders in the prevention field on topics related to positive workplace culture including staff development, retention and prevention of burnout, coaching, and more. The goals of this ECHO are to provide support for leaders and emerging leaders in the New England Prevention Workforce and speed the dissemination of best practices to support workforce development in their communities.

Learning Objectives: At the conclusion of the ECHO, participants will be able to:

- Describe best practices for developing prevention skills and workforce capacity
- Differentiate between leadership and management skills and practices
- Discuss strategies to overcome common workforce issues

What is Project ECHO®: Project ECHO (Extension for Community Health Outcomes) is an evidence-based distance learning method developed by researchers at the University of New Mexico, in which a group of faculty experts meets regularly with a participant cohort to engage in case-based discussion and learning. Using this format, this group will meet for 1 hour via Zoom videoconference monthly for 9 months consecutively. Each session will include a brief expert-led educational segment and an extended participant-led case discussion. The Project ECHO is an all-learn, all-teach model in which both the experts and participants engage in knowledge sharing throughout the program. Read the full details about the program at the included link.

Link: <https://pttcnetwork.org/centers/new-england-pttc/event/new-england-pttc-project-echo-advancing-management-and-leadership-0>

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

Prevention in Action Webinar: Data-Driven Vaping Prevention Messaging in New Hampshire and Maine

Description: The New England PTTC Prevention in Action webinar series features successful prevention stories from across New England. In this Prevention in Action webinar, representatives from New Hampshire and Maine will share how their agencies each developed data-driven vaping prevention media campaigns, what the campaigns included and what their next steps are. This webinar will demonstrate how state and local data can be used to develop universal and targeted media campaigns for prevention. Presenters: Jessica Morton, New Hampshire DHHS Tobacco Control and Prevention Christin D'Ovidio, John Snow Institute David Pied and Garth Smith, Maine CDC Tobacco and Substance Use Prevention Elizabeth Daniels, Rinck Advertising

Link: <https://pttcnetwork.org/centers/new-england-pttc/event/prevention-action-data-driven-vaping-prevention-messaging-new>

Related Topics: None

Related Workplan Activity: None

Webinar - New Conversations for Changing Times in Marijuana Prevention

Description: Webinar description: Do your marijuana presentations inspire and influence your audiences? Do you know how to pivot - and edit - your content to meet a wide range of audience needs and accommodate ever-shifting and changing policies? Preventionists are called upon to educate a diverse range of community members about the impact of marijuana and presentations are often the vehicle through which that information is relayed. In this 90-minute virtual training, participants will learn practical skills to create compelling marijuana prevention presentations that can be adapted for different audiences, using the tools and resources they already have. Learning Objectives After this session participants will be able to: Refine their message for unique audience types Edit a wide range of information and carefully select content to avoid information overload Present information in a way that translates and resonates with audiences Use tools and techniques that enhance learning Design compelling, polished visual aids for presentations Presenters: Jamie Comstock and Robin Carr founded Info Inspired in 2014, after many years of designing and giving presentations with no formal training in this area, and watching their public health colleagues struggle with the same skills gap. Both are certified prevention specialists with 30 years' combined experience in the field. They've spent the last several years researching and testing ways to not only capture and hold an audience's attention, but to also inspire audiences. They've spent countless hours refining the presentation planning process, identifying free resources, and learning how to maximize the tools they already had. It's also important to know that they aren't graphic designers, artists, or especially tech savvy. Everything they do, you can do too.

Link: <https://pttcnetwork.org/centers/new-england-pttc/event/new-conversations-changing-times-marijuana-prevention>

Related Topics: None

Related Workplan Activity: None

Northeast and Caribbean PTTC Highlights from August - September 2020

TTA Efforts with New York OASAS

Description: Throughout this period, the Northeast and Caribbean PTTC continued intensive TA with the SSA in NY, the Office of Addiction Services and Supports (OASAS), to support their efforts to expand and deepen the use of environmental prevention strategies throughout the state. A prevention workforce focused toolkit with practical tools was developed to support practitioners in the successful identification and implementation of mutually supportive policy, media and enforcement strategies that address local substance use prevention priorities. The Northeast and Caribbean PTTC team also developed and began the execution of a series of web-based environmental strategies TA sessions for NY OASAS agencies and coalitions. Each 90 minutes session addresses on a specific section of the Environmental Strategies components - Policy, Enforcement and Media. Attendees have been invited to share questions and challenges from their practice. These TA sessions have provided the opportunity for prevention providers to seek guidance in their early stages of implementing environmental strategies.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- PTTC-R2 will provide knowledge and skill building TTA via webinars and archive for subsequent on-demand use

Implicit Bias Series and Related Product

Description: The Northeast and Caribbean PTTC collaborated with the Northeast and Caribbean ATTC and MHTTC in the development of a four-part series on Implicit Bias. The series, entitled Deconstructing Unconscious Bias in Behavioral Health Care, featured guest speakers and focused around topics including behavioral health disparities, how to identify unconscious bias, and how to increase cultural humility with the goal to improve the delivery of culturally and linguistically appropriate services. These topics were centered around how decreasing our own implicit bias and being able to identify it within our organization, will help to improve services that the behavioral health workforce provides to their clients. The final session included a panel of direct service providers who work closely with communities of color and are actively engaged in facilitating strategies that identify and mitigate unconscious bias in order to improve the delivery of culturally and linguistically responsive services. With high attendance at each session and multiple requests for further sessions, the three TTCs have already begun to brainstorm next steps and will start to develop a follow-up series in the coming months. Related to the topic, the Northeast and Caribbean PTTC developed a toolkit of resources on strategies to strengthen partner recruitment and engagement by integrating a focus on health equity and cultural humility. This toolkit is a follow-up product to the webinar series on addressing health equity and disparities through partners that represent or work closely with populations of focus, that took place in August 2020. These tools provide guidance and tips for

communities/organizations to consider as they seek to engage more diverse partners and populations of focus.

Link: <https://attcnetwork.org/centers/northeast-caribbean-attc/product/deconstructing-unconscious-bias-behavioral-health-care-1>

Related Topics: None

Related Workplan Activities:

- PTTC-R2 will provide knowledge and skill building TTA via webinars and archive for subsequent on-demand use

Spanish Language trainings

Description: During this period, the Northeast and Caribbean PTTC developed and held two Spanish language webinars. The first was Spotlight on Latino Youth and Prevention: Tobacco, Marijuana and Other Vaping Toxins. This course examined current research on the health-related effects of vaping, cultural and social considerations of use for Latino youth, product accessibility, and presented a review of evidence-based interventions to reduce and eliminate vaping use. Intimate Partner Violence Among Hispanic and Latino Populations was the second Spanish language live training offered. Within the context of COVID-19 pandemic's "shelter-in-place" orders, and increased rates of isolation-related problems and risks, this course identified the dynamics of gender-based violence, currently targeted community resources in Puerto Rico and the mainland, and informed strategies on culture and trauma that support Latino victims of intimate partner violence. Both courses were well attended and well received. The Northeast and Caribbean PTTC has also worked on the development of a series of vodcasts, conducted in Spanish. Topics include Conducting & Utilizing Community Needs Assessments, Promoting the Wellbeing and Connection of Young People in the World of Covid-19, and Maintaining Our Prevention Efforts Amid Social Distancing. The first in this series has been published with three more to follow very shortly.

Link:

Related Topics: None

Related Workplan Activities:

- Conduct technology transfer activities through TTA services to R2

Northeast and Caribbean PTTC Highlights for October - November 2020

Technical Assistance for the USVI

Description: In the upcoming period, we will be finalizing the research to support the development of an EPI profile model for the USVI to support their prevention efforts. We will be meeting with stakeholders to share the research and train on potential application and use of these data for the profile development. We will also continue to plan for some type of virtual event with the other TTCs in our region in lieu of a planned 2-day conference in USVI. We had originally planned for a 2-day TTC conference in the summer of 2020 but had to cancel due to COVID-19. Since travel restrictions are still in place and it is unknown when they will change,

the Northeast and Caribbean is planning to develop a smaller scale, virtual event.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

Year 3 Planning

Description: The Northeast and Caribbean PTTC will be focused on year three planning in the next month or so. We will facilitate an Advisory Council meeting to gather input and discussion from our council members, some of which represent the state SSA's. We hope to facilitate discussion around how each part of our region is moving forward in light of changes from the COVID-19 pandemic. We are also planning to hold a year three kick off team strategic meeting. Additionally, we will be modifying our workforce needs assessment survey and plan to send it out for a new year of data collection. We conducted this survey towards the end of year 1 so this will be the second wave of data collected for our region. Part of planning includes a focus on how to collect more surveys from the Caribbean this year, despite not being able to travel there in person in the short term.

Link:

Related Topics: None

Related Workplan Activity: None

Upcoming Virtual Trainings

Description: The Northeast and Caribbean continues to plan for entirely virtual training and technical assistance for the next two months due to COVID-19 related travel restrictions. One initiative is to start planning a virtual event in collaboration with the National Hispanic and Latino PTTC. The plan is to co-facilitate an event, delivered in Spanish, on the topic of engaging youth virtually, with a specific focus on Hispanic and Latino youth. We hope to engage the prevention workforce in Puerto Rico but also will likely be available nationally. Responding to the changes to the school environment and other traditional settings due to COVID 19 restrictions, the team will also present Continuing Prevention Efforts in a Covid-19 World– Peer Sharing in October. This will be a responsive webinar on adaptations of evidence-based interventions. During this peer sharing webinar, participants will prioritize interventions to implement within a virtual or hybrid virtual and in-person environment, and review best practices for adaptations to evidence-based interventions. Participants will be invited to share questions and challenges. Also in October, we will present a two hour live webinar on Basics of Pharmacology, as follow up to our September session on Basic Neurochemistry for Non Scientists. Due to much inquiry after the first session, we were able to plan this second session.

Link:

Related Topics: None

Related Workplan Activity: None

Central East PTTC Highlights from August - September 2020
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Joint Advisory Board Meeting

Description: The three TTCs housed at The Danya Institute planned and convened a joint advisory board meeting. The goal of the meeting was to introduce all of the TTCs members to each other, to share the 2020 accomplishments of each TTCs, and to discuss the regional T/TA needs. The Danya Institute and thus the TTCs embrace a public health approach and looks at T/TA from promotion to recovery. In addition, the TTCs work collaboratively and not in silos and thus maximizes resources across the TTCs.

Link:

Related Topics: The Opioid Epidemic, None

Related Workplan Activities: None

DC Targeted LGBTQ Training

Description: The DC Department of Behavioral Health (DCDBH) expressed a need for prevention training to address the needs of the LGBTQ community. The PTTC partnered with DCDBH and the Mayor's Office to plan and host two pieces of training specifically for DC. The first training was "Providing Culturally Appropriate Healthcare to LGBTQ Persons of Color" and the second training was "LGBTQ Risk Prevention (Suicide and SUD Prevention)" Each of the trainings were 2.5 hours and offered multiple times between July and Sept. DCDBH granted CEUs. The capacity for each training was limited 100 to allow for interaction with the presenter. DC used their Learning Management System to market and register individuals for the training. Close to 500 individuals participated in the multiple trainings and the initial feedback for how participants rated the training was very satisfied/satisfied that exceeded 95% There is a plan to repeat this training series in the upcoming contract year.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities:

- Development and production of webinar, Post the recording of the webinar, Partner with Chase Brexton

THC and Pregnant Women Webinar

Description: The Central East PTTC partnered with the New England PTTC to plan and host collectively a webinar training on Cannabis Use in Pregnancy and Lactation: Understanding the Science and Assisting Practitioners with Prevention Strategies. Close to 600 individuals registered for the webinar and over 350 logged on the training. Training objectives included the following: 1) Discuss the use of cannabis on the endocannabinoid system and fetal development. 2) Evaluate studies that have evaluated the use of cannabis in pregnancy and

lactation. 3) Describe the risk factors associated with marijuana use during pregnancy and breastfeeding. 4) Explain prevention strategies for practitioners and coalitions to minimize or eliminate the harm of cannabis use during pregnancy and lactation

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Identify a consultant, Development and production of webinar, Posting the recording of the webinar

Central East PTTC Highlights for October - November 2020

Anti Stigma Toolkit: A Guide to Reducing Behavioral Health Disorder Stigma

Description: This toolkit was created for behavioral health prevention and treatment providers, recovery community organizations, families, and individuals in recovery or affected by behavioral health disorders. The toolkit serves to provide practical information and tools for enhancing the capacity to engage in effective stigma reduction efforts. The toolkit is scheduled to be released by the end of the Nov.

Link:

Related Topics: None

Related Workplan Activity: None

LGBTQ Training Series

Description: The Central East PTTC is partnering with the Central East ATTC and MHTTC to offer a six-part LGBTQ Training series. The series is the result of feedback from a PTTC survey and a joint TTC Advisory Board meeting on T/TA needs for the region. The training series begins in Oct and Nov and concludes on Feb. 21, 2021. The training topics includes: 1) Managing Anxiety and Depression for LGBTQ populations in COVID 19 Environment on Sept. 30th 2) Engaging LGBT Elders in Prevention Programs on Oct. 28. 3) Providing Culturally Appropriate Healthcare for LGBTQ Persons of Color Nov 4) LGBTQ Youth Tobacco Prevention: COVID-19 and Lung Vulnerability on Dec. 9 5) Workforce Vicarious Trauma: Management Guidelines on Jan. 13 6) Substance Use Prevention and Suicide Prevention for the LGBTQ Community Feb

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity: None

SAPST Training for WV

Description: The West Virginia State Department of Behavioral Health discussed an urgent need for Substance Abuse Prevention Skills Training (SAPST) for the prevention workforce with the Central East PTTC. As a result, the Central East partnered with the New England PTTC to contract with a SAPST master trainer to convert the in-person SAPST training to a virtual 26-hour SAPST curriculum to be approved by International Certification & Reciprocity Consortium (IC&RC). The Central East plans to host a SAPST for West Virginia in mid-Nov. 2020.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

Southeast PTTC Highlights from August - September 2020

Webinar: Managing the Impact of COVID-19 in Children, Families and Communities through Prevention Strategies

Description: Co-Hosted By: Southeast Mental Health Technology Transfer Center (MHTTC) Network Presented By: Maureen Underwood & Associates Description: The world climate of uncertainty, fear and worry enveloping the COVID pandemic has created new challenges for many people. Prevention professionals are concerned about the rise in negative mental health outcomes and projected increases in suicide risk, domestic violence, and substance use. While that risk appears to be escalating, COVID19 has made prevention both more relatable and more relevant. This webinar takes a look at some of the challenges caused by the uncertainty of COVID19, including chronic stress, emotional distress, and loss through the lens of prevention. It will provide strategies and solutions for health promotion, with practical tips that translate theory into workable practice. It will also provide guidelines for implementing prevention strategies and educating clients on prevention. A workbook via a downloadable PDF will accompany the training to reinforce the concepts provided in the webinar and for use as an ongoing resource.

Link: <https://pttcnetwork.org/centers/southeast-pttc/event/webinar-managing-impact-covid-19-children-families-and-communities>

Related Topics: None

Related Workplan Activity:

- Provide general prevention-focused webinar series

COVID-19 and Substance Misuse Prevention

Description: Media campaign to promote the new release of 3 downloadable resources related to COVID-19: An Epidemic in the Midst of a Pandemic: Opioid Use Disorder and COVID-19 Double Jeopardy: COVID-19 and Behavioral Health Disparities for Black and Latino Communities in the U.S. When Epidemics Collide: Coronavirus Disease 2019 (COVID-19) and the Opioid Crisis

Link: <https://pttcnetwork.org/centers/southeast-pttc/news/covid-19-and-substance-misuse-prevention>

Related Topics: None

Related Workplan Activities: None

Tennessee Association Alcohol, Drug & other Addiction Services (TAADAS)

Description: Workforce development training course: Sustainability, Virtual Prevention! Sustainability is “the process of ensuring an adaptive and effective prevention system that achieves long term results that benefit a target population.” Sustainability is a process, not a result. This workshop will cover how to implement virtual programs utilizing the sustainability planning model. The participants will gain knowledge of the key actions to demonstrate the effectiveness of a virtual preventive intervention as well as to cultivate systems support for preventive intervention and its outcomes. This workshop will provide a brief overview of sustainability, explore sustainability in the context of our current Virtual expectations, relate the phases of the SPF to a Sustainability Assessment Tool, identify virtual outcomes relevant to sustainability, and complete a SWOT Analysis for sustainability action plan.

Link:

Related Topics: None

Related Workplan Activities: Workforce Development

Addiction Professionals of North Carolina Fall Digital Conference

Description: An Introduction to 10 steps of local policy change. This presentation will provide an overview of policy and outline our 10-Step policy process, the Policy Adoption Model. The goal of this presentation is to dispel the mystery around the policy process and provide a clear step-by-step framework to help make it more conceivable. The training will encourage attendees to think more broadly about the benefits of changing the social context and the opportunities that policy can provide to communities working to impact alcohol, tobacco and other drug (or ATOD) issues.

Link: <http://www.apnc.org/conferences/2020-fall-conference/>

Related Topics: None

Related Workplan Activities

Development of Intro to Policy Change Online Course

Description: We are in final production for an intro to policy change online course that is set to be released on Healthknowledge before the end of the fiscal year.

Link:

Related Topics: None

Related Workplan Activity:

- Publish 1 self-paced online training course with a focus on environmental strategies (local policy development and implementation)

Great Lakes PTTC Highlights from August - September 2020

Great Lakes PTTC Community of Practice to Prevent and Reduce Stigma of Substance Use Disorder in Rural Communities

Description: We announced our upcoming Community of Practice to Prevent and Reduce Stigma of Substance Use Disorder in Rural Communities and put out a call for applications. We had a great response to the invitation and we developed the cohort from the 40+ applications. Our first meeting of the Community of Practice will be held on Oct. 15. For prevention practitioners working to prevent substance misuse in HHS Region 5: IL, IN, MI, MN, OH, and WI. Stigma disproportionately influences health outcomes and mental well-being for individuals with substance use disorder. Fear of being judged and/or discriminated against can prevent people from getting the help they need. According to results from the 2017 National Survey on Drug Use and Health, 20.5% of people with substance use disorder do not seek treatment because of negative consequences associated with their work; 17% do not seek treatment for fear of negative judgement by friends or community. Stigma can also prevent caregivers and others from providing needed services, including medical care. To decrease the impact of stigma in rural communities, the Great Lakes PTTC is offering a Community of Practice to provide prevention practitioners in Region 5 an opportunity to learn from one another and to foster the implementation of anti-stigma initiatives. The goal is to promote the use of evidence-based strategies for the prevention and reduction of stigma and provide an opportunity for group problem solving. The facilitators will work with participants to assess the impact of the Community of Practice as a vehicle for improving outcomes for the prevention or reduction of stigma. Learning Objectives Interact with peers addressing similar challenges and implementing creative responses to prevent and reduce stigma Access to information and expertise in this area Participate in a process for documenting what works in rural settings to improve outcomes Certificates of attendance (not CEUs) will be awarded for up to 10 hours.

Link: <https://pttcnetwork.org/centers/great-lakes-pttc/event/great-lakes-pttc-community-practice-prevent-and-reduce-stigma>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Intensive Technical Assistance

Effective Coalition Leadership Workshop, (2-part series)

Description: For prevention practitioners working to prevent substance misuse in HHS Region 5:IL, IN, MI, MN, OH, and WI. This two-part interactive virtual workshop series will focus on how coalition leaders can build strong, engaged coalitions. We will review the best practices in effective coalitions, the leader's role in implementing those practices, and how leadership functions differently in the unique structure of a community coalition. The interactive workshops will include opportunities for discussion, practice, and sharing with peers. You will be registered for both workshop dates (9/15 and 9/23) at the same time. You only need to register once The Zoom link will be the same for both days and will be sent to you prior to the first workshop. Please see the technology and attendance requirements listed below. Presenter: Carol Oliver

Carol Oliver is a nationally recognized leader and trainer in the field of substance misuse prevention. She has expertise in evidence-based methods, instructional design, and in-person and virtual learning. She specializes in developing systems to solve complex health-related problems and create effective behavioral health workforces. A certified prevention specialist, with deep knowledge of and commitment to culturally responsive practices, Oliver led the training and technical assistance work of the Center for the Application of Prevention Technologies for eight years. In this role, she oversaw the delivery of high-quality workforce training to over 44,000 practitioners and effective capacity-building assistance to over 14,000 people nationwide. This training is co-sponsored by the Great Lakes PTTC and The Northwoods Coalition. Participant Requirements Please be sure to follow the participant requirements below to maximize everyone's learning experience during this virtual training series. Technology Participants will need: A computer, tablet, or phone with access to both video and microphone during all training sessions Access to the newest version of the Zoom online meeting platform or mobile application You can download Zoom by clicking [HERE](#) You can check or update your Zoom version by clicking [HERE](#) If you are having issues with your device's microphone, please consider using headphones or earbuds with a mic included Attendance and Participation Participants will need to use the chat feature to answer attendance questions that will be asked at various points throughout the session. We highly encourage active participation in these trainings, but please make sure you are muting yourself when you are not talking to reduce the amount of feedback and background noise on the call. Every background sound overrides the presenter's audio and makes it hard to hear the presentation. Please make sure you're appropriately engaged in this virtual training series just as you would be at an in-person training. It's important to have access to video and for all participants to be in a setting that is conducive to learning and communicating with other attendees.

Link: <https://pttcnetwork.org/centers/great-lakes-pttc/event/effective-coalition-leadership-workshop-part-1>

Related Topics: None

Related Workplan Activities:

- Build the Prevention Workforce

Great Lakes PTTC Listening Session: What are the most pressing needs for prevention in the COVID-19 environment?

Description: This listening session was one of the tools implemented during our Region 5 needs assessment utilized to build out our Year 3 workplan. For prevention practitioners working to prevent substance misuse in HHS Region 5:IL, IN, MI, MN, OH, WI. The Great Lakes PTTC is hosting a listening session to help determine the technical assistance, training, and resources that would be helpful in supporting prevention professionals and addressing the challenges they are encountering in the COVID-19 environment. Intended Audience: Prevention professionals in Great Lakes Reg 5

Link: <https://pttcnetwork.org/centers/great-lakes-pttc/event/great-lakes-pttc-listening-session-what-are-most-pressing-needs>

Related Topics: None

Related Workplan Activities:

- Conduct additional key stakeholder interviews

Great Lakes PTTC Highlights for October - November 2020

Great Lakes PTTC Presentation Development and Design Training (Oct. 8, 2020)

Description: For prevention practitioners working to prevent substance misuse in HHS Region 5:IL, IN, MI, MN, OH, WI Do your presentations inspire and influence your audiences? Do you know how to tackle tough topics and information overload? We use presentations as one of our primary strategies to share content knowledge, build skills, ignite calls to action and affect culture change. Many of us have attempted to create compelling presentations; however, most of us never receive any formal training in presentation design - despite all we expect presentations to do for us. In this three-hour virtual workshop, participants will learn practical skills to plan and deliver exceptional presentations using the tools and resources they already have. **LEARNING OBJECTIVES:** After the session, participants will be able to: Apply a four-step process to create brain-friendly presentations List the most common presenter mistakes and understand how to prevent them Use tools and techniques that enhance learning Increase audience engagement and participation Use and display data effectively Design compelling, polished visual aids for presentations Audience: Prevention Practitioners in Region 5. (Limit of 24 participants. If the training is full, you can be added to a waitlist.) Presenters: Jamie Comstock and Robin Carr Jamie Comstock and Robin Carr founded Info Inspired in 2014, after many years of designing and giving presentations with no formal training in this area and watching their public health colleagues struggle with the same skills gap. Both are certified prevention specialists with 30 years' combined experience in the field. They've spent the last several years researching and testing ways to not only capture and hold an audience's attention, but to also inspire audiences. They've spent countless hours refining the presentation planning process, identifying free resources, and learning how to maximize the tools they already had. It's also important to know that they aren't graphic designers, artists, or especially tech savvy. Everything they do, you can do too. They've presented at the Community Anti Drug Coalitions of America's Leadership Forum, the Maine Public Health Association Annual Meeting, the New England Institute of Addiction Studies, the New England School of Best Practices, and provided training and technical assistance to non-profit organizations throughout New England. They have been featured on the Organizing for Change podcast and have an on-demand webinar available through the New England Prevention Technology Transfer Center. **Link:** <https://pttcnetwork.org/centers/great-lakes-pttc/event/great-lakes-pttc-presentation-development-and-design-training-oct-8>

Related Topics: None

Related Workplan Activity: None

Battlemind to Home Summit (Conference Session): How Can We Better Serve the Mental Health Needs of Women Veterans?

Description: Creating health services that respond to the unique needs of women veterans is of critical importance. The United States has 2 million women veterans, women who are united by their service and often by the trauma they have experienced. According to the Veterans Administration, one in four women veterans experienced military sexual trauma while in the service. Back at home, female veterans are more likely to be homeless than male veterans, and they are six times more likely to die by suicide than women who did not serve. This workshop will present a case example of a hybrid digital and face to face program targeting women veterans in the greater Los Angeles area, offering key design considerations and examples of

adaptation to a virtual-only model during COVID-19.

Link:

Related Topics: None

Related Workplan Activity: None

Battlemind to Home Summit (Pre-Conference Workshop) The Intersection of Substance Use and Suicide: Understanding the Connection

Description: The relationship between substance use disorders and suicidal thinking and behaviors is complicated. General population data show a connection between suicide, major depression, and prescription drug use. Adults who abuse opioids are also more likely to engage in suicide planning and attempts. This session will present data and research to shed light on these connections. Presenters will explore the implications of this information for prevention and early intervention, including opportunities for collaboration. This preconference workshop is presented in collaboration with the Great Lakes PTTC and the Suicide Prevention Resource Center. As a result of participation in this preconference session participants will be able to: Describe the unique relationship between substance use, opioid use disorders, and suicide. Identify key characteristics including risk factors for sub-populations that are most affected by this issue, including those affected by chronic pain. Define action steps health systems, communities, and individuals can take to support people at risk for opioid misuse, opioid use disorder, and suicide.

Link:

Related Topics: None

Related Workplan Activity: None

South Southwest PTTC Highlights from August - September 2020

Part 7 of 7: Cultural Competency, Partnerships for Success (PFS) Academy 2020: Making the Steps of the SPF Work

Description: On August 25, South Southwest PTTC TA consultant Iris Smith delivered the webinar "Cultural Competency, Making the Steps of the Strategic Prevention Framework Work for You" for newly funded Partnerships for Success (PFS) recipients working at the community, tribal, state, and regional levels. At the completion of this webinar participants increased their capacity to adhere to the components of the Strategic Prevention Framework while implementing SAMHSA funded prevention programming.

Link: <https://pttcnetwork.org/centers/south-southwest-pttc/event/part-7-7-cultural-competency-partnerships-success-pfs-academy>

Related Topics: None

Related Workplan Activities:

- Develop and deliver a webinar series focused on planning using the SPF.

OK T/TA Evaluation System Intensive TA

Description: During the months of August and September, South Southwest PTTC Evaluator Nicole Schoenborn provided intensive TA to Oklahoma NPN Jessica Hawkins and Field Representatives Emily Morrow and Ryan Fowler on developing a prevention monitoring and reporting system which tracks training and technical assistance (T/TA) to sub recipients. The technical assistance included design elements of a comprehensive T/TA monitoring system; developing indicators for assessing effectiveness of T/TA; and determining strategies for facilitating discussions with TTA providers in the state to ensure effective standardized data collection across systems. At the completion of this TA state prevention T/TA providers will be able to track the quantity and quality of T/TA provided to sub recipients.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities: None

Texas Risk and Protective Factor Outcomes TA

Description: During August and September Epidemiologist Beverly Triana-Tremain and Evaluator Nicole Schoenborn provided intensive TA to Texas Prevention Director Donna Woods on tracking, evaluation, and reporting, substance use rates after the implementation of school-based interventions. Discussion topics included: design elements of a comprehensive evaluation plan; utility and relevance of creating a new data system; identifying short-, intermediate-, and long-term outcome measures; and the value of developing a logic model to guide evaluation efforts.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activities: None

South Southwest PTTC Highlights for October - November 2020

People of Color Learning Community Session Three

Description: On October 6, The South Southwest PTTC will host session three of its virtual five-part learning community series for prevention professionals working in communities of color. This session will focus on why prevention advocacy matters in communities of color, the difference between education and lobbying, and examples of how to advocate for change. At the completion of this session participants will be able to: Discuss the significance of working with elected officials at the local, state, and a national level to advocate for change that benefits communities of color. Select strategies to use in advocating for communities of color.

Link: <https://pttcnetwork.org/centers/south-southwest-pttc/event/people-color-learning-community-session-three>

Related Topics: None

Related Workplan Activity: None

People of Color Learning Community: Cultural Competence Continuum

Description: On November 4, The South Southwest Prevention Technology Transfer Center will host session four of its virtual five-part learning community series for prevention professionals working in communities of color. This webinar will focus on using the cultural competence continuum to help gauge an organization's capacity to provide culturally inclusive services and to create open dialogue with communities of color. The model describes cultural competency as movement along a continuum that is based on the premise of respect and appreciation of individuals and cultural differences. At the completion of this session participants will be able to: Use the cultural competence continuum to identify their organization's current capacity to provide services in communities of color; and identify the steps to creating an open dialogue with communities of color to better incorporate each community's values, beliefs, culture, and language throughout service delivery.

Link:

Related Topics: None

Related Workplan Activity: None

When Prevention and Recovery Collaborate

Description: On October 19, the South Southwest PTTC and ATTC will convene a peer sharing meeting with 10 Oklahoma prevention specialists and peer recovery support specialists to discuss how to increase their collaboration at the local level.

Link:

Related Topics: None

Related Workplan Activity: None

Mid-America PTTC Highlights from August - September 2020

The Science of the Positive: Growing Health with Positive Community Norms & HOPE

Description: The Science of the Positive framework is based upon the realization that ‘The Positive’ exists in ourselves, our communities, and our cultures, and can be increased to improve health and safety. Both the Positive Community Norms approach to prevention and the new science of HOPE (Healthy Outcomes from Positive Experiences) are organized around the Science of the Positive Cycle of Transformation which includes domains of Spirit, Science, Action, and Return. This interactive session will introduce these three key approaches to transforming community health. Learning Objectives: Describe the Science of the Positive framework Understand how the Positive Community Norms approach works to correct misperceptions to impact behavior and increase health Learn how positive childhood experiences can mitigate the impact of Adverse Childhood Experiences (ACEs) on health outcomes and promote resilience Presenter: Jeffrey Linkenbach, EdD, MA is the Founding Director & Research Scientist at The Montana Institute, who has developed national award-winning science-based programs to change norms. He is one of the co-developers of HOPE – Healthy Outcomes from Positive Experiences, and serves as a Co-Investigator at the HOPE Center at Tufts Medical Center. He is recognized for his pioneering development of the Science of the Positive Framework and the Positive Community Norms Approach which are being utilized by tribal, federal, state and local organizations to achieve positive change and transformation around challenging issues such as child maltreatment, substance abuse, suicide, traffic safety, and community-engaged leadership.

Link: <https://pttcnetwork.org/centers/mid-america-pttc/event/science-positive-growing-health-positive-community-norms-hope>

Related Topics: None

Related Workplan Activities:

- R7 PTTC will develop and deliver a series of resources and tools directed at supporting communities and tribes in the start-up phase of establishing an alliance for drug endangered children

Balancing ACES with HOPE (Healthy Outcomes from Positive Experiences)

Description: In this webinar, we will explore how positive childhood experiences can mitigate the impact of Adverse Childhood Experiences (ACEs) on health outcomes, promote resilience, and open new and exciting avenues for promoting health in children and adults. This session will provide attendees with the knowledge to apply HOPE at individual, family, community, and societal levels to prevent adversity, support resilience and promote healing and health equity based upon Positive Childhood Experiences. Learning Objectives: Explain how HOPE is supported by brain science research Discuss ways of balancing ACES with HOPE Develop action steps based upon the Four Building Blocks of HOPE Presenters: Robert Sege, MD, PhD is a pediatrician at the Floating Hospital for Children at Tufts Medical Center and a Professor of Pediatrics and Medicine at Tufts University School of Medicine, where he directs the new

Center for Community-engaged Medicine. Dr. Sege is a Senior Fellow at the Center for the Study of Social Policy in Washington, is part of the Leadership Action Team for Massachusetts Essentials for Childhood Team, and serves on the boards of the Massachusetts Children's Trust and Prevent Child Abuse America. He received the 2019 Ray E. Helfer award from the Alliance of Children's Trusts and the American Academy of Pediatrics. He has served on national committees for the American Academy of Pediatrics and has been lead author on several important AAP policies. His extensive speaking and publication list include contributions to the prevention and treatment of child maltreatment and youth violence. Dina Burstein, MD, MPH, FAAP is the Healthy Outcomes for Positive Experiences (HOPE) Project Director at the Center for Community-Engaged Medicine. Dr. Burstein is an experienced physician, healthcare project designer, and leader with over twenty years of success in scientific research, grant writing, analysis, training, and clinical practice. Previously, Dr. Burstein was an Assistant Professor of Emergency Medicine at the Warren Alpert Medical School of Brown University, directing injury prevention focused community outreach programming and community-based research projects, as well as teaching and mentoring undergraduate, graduate, and medical students. Her aim is to enhance the well-being of individuals and the community by presenting and promoting programs while leveraging proficiency in research, care management, injury prevention and clinical effectiveness. Jeffrey Linkenbach, EdD, MA is the Founding Director & Research Scientist at The Montana Institute, who has developed national award-winning science-based programs to change norms. He is one of the co-developers of HOPE – Healthy Outcomes from Positive Experiences, and serves as a Co-Investigator at the HOPE Center at Tufts Medical Center. He is recognized for his pioneering development of the Science of the Positive Framework and the Positive Community Norms Approach which are being utilized by tribal, federal, state and local organizations to achieve positive change and transformation around challenging issues such as child maltreatment, substance abuse, suicide, traffic safety, and community-engaged leadership.

Link: <https://pttcnetwork.org/centers/mid-america-pttc/event/balancing-aces-hope-healthy-outcomes-positive-experiences>

Related Topics: None

Related Workplan Activities:

- R7 PTTC will develop and deliver a series of resources and tools directed at supporting communities and tribes in the start-up phase of establishing an alliance for drug endangered children

Virtual Facilitation: Community of Practice

Description: Virtual Facilitation: Community of Practice The Community of Practice (CoP) provides a platform for facilitators to share their work. If you are interested in hearing personal inquiries, case studies, networking with other professionals using facilitation methods in their prevention work, or just want to learn more about facilitation, attend our CoP event!

Link: <https://pttcnetwork.org/centers/mid-america-pttc/event/virtual-facilitation-community-practice>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- R7 PTTC will deliver a training on techniques of facilitation

Mid-America PTTC Highlights for October - November 2020

Prevention Leaders Community of Practice

Description: R7 PTTC will facilitate meetings and peer sharing calls with prevention leaders and stakeholders from the region to identify, plan, and coordinate opportunities for collaboration.

Link:

Related Topics: None

Related Workplan Activity: None

Facilitation & Engagement Community of Practices

Description: R7 PTTC will facilitate meetings and peer sharing calls with prevention leaders and stakeholders from the region to identify, plan, and coordinate opportunities for collaboration.

Link:

Related Topics: None

Related Workplan Activity: None

Kansas Drug Endangered Children (DEC) Development Academy - 2020

Description: R7 PTTC will be presenting alongside DCCCA at the 2020 Kansas Prevention Virtual Conference. Session Description: DCCCA, The Mid-America PTTC and National Alliance for Drug Endangered Children are pleased to announce the Kansas DEC Development Academy: Building Community Capacity to Address the Needs of Drug Endangered Children. The purpose of this academy is to support communities in building their local alliance for drug endangered children in Kansas by providing targeted and intensive technical assistance to community partners. The Kansas DEC Academy started in March of 2020 and ran through August of this year. During this time seven different counties from across the state participated in virtual and in-person meetings that took them through what is a DEC Alliance, how to start an Alliance, growing collaboration, building leadership, and Alliance development. Kansas currently has 8 DEC Alliances from across the state

Link:

Related Topics: None

Related Workplan Activity: None

Mountain Plains PTTC Highlights from August - September 2020

WY Suicide Prevention Symposium Presentation: School-Based Suicide Prevention Interventions for K-12

Description: Dr. Aaron Fischer from the Mountain Plains PTTC team did a presentation for the Wyoming Suicide Prevention Symposium on Friday, September 25th, 2020. Presentation title: "School-Based Suicide Prevention Interventions for K-12 Populations". Description: Participants in this webinar learn about youth suicide prevalence nationally and the implications to schools. They will also be able to familiarize themselves with multi-tiered systems of positive behavior and social emotional learning. In addition, how the multi-tiered systems support the prevention of suicide. Finally, the webinar discusses ways to build capacity and sustainability of these services in K-12 schools. This was an ask from the Wyoming State Injury and Violence Prevention Program Manager that was forwarded to us from SAMHSA Region 8 Assistant Regional Manager. Outcomes: 25 participants attended this virtual presentation

Link:

Related Topics: None

Related Workplan Activities:

- Deliver state-and region-specific T&TA

Provided technical assistance regarding "Fetal Exposure Reporting and Treatment Amendments" presentation

Description: This presentation is concerning Fetal Exposure Reporting and Treatment Amendments in Utah sponsored by the Drug Endangered Child Committee of the Utah Substance Use and Mental Health Advisory Council. The purpose of this presentation is to explain the new reporting statute regarding drug endangered newborns and their mothers that resulted from the passage of House Bill 244 in the spring of 2020. We want to provide accurate guidance about child abuse and neglect reporting to health care workers and other professionals that work with substance-using mothers. This presentation is directed at a wide audience of Utah stakeholders with the goal of having a consistent understanding of the new reporting statute. Mountain Plains PTTC staff serve on the Utah Substance Abuse Advisory Council (USAAC) + Drug Endangered Children (DEC) committee. The Mountain Plains PTTC provided technical assistance to record presentation, edit presentation, transcribe presentation, and upload to YouTube channel for professionals.

Link: <https://pttcnetwork.org/centers/mountain-plains-pttc/event/recording-presentation-fetal-exposure-reporting-and-treatment>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Deliver state-and region-specific T&TA

Generations Conference 2020: Introduction of speaker and overview of Mountain Plains PTTC

Description: The Mountain Plains PTTC introduced speakers and provided an overview of the Mountain Plains PTTC for the Generations Conference 2020. This conference is for health and mental health professionals to come together and learn about different behavioral health and substance use issues for anyone that is not a child or adolescent. Some target populations are: Addiction Treatment, Education, Hospice, Geriatrics, Social Work, Military Specialties, etc. Due to COVID 19 restrictions, the conference was virtual and online based. Each presenter lived streamed and was recorded during the 2 day live event. Mountain Plains PTTC introduced two different presenters while also having the opportunity to share an overview of our center. The Mountain Plains PTTC introduced the following presenters on Tuesday, August 25, 2020: 1. 9:30 am Talk Saves Lives: Adult & Senior Suicide Prevention by Taryn Hiatt, BS - Area Director Utah/Nevada, American Foundation for Suicide Prevention 2. 10:45 am: "DON'T TELL ME TO CALM DOWN" De-Escalation & Crisis Management by Amanda McNab, LCSW - Clinical Development, University of Utah Neuropsychiatric Institute. Mountain Plains PTTC staff serve on the planning committee for the Generations Conference so we were very excited to be apart of this innovated way of transitioning the conference to virtual.

Link:

Related Topics: None

Related Workplan Activities:

- Facilitate collaboration with Region 8 stakeholder groups

Mountain Plains PTTC Highlights for October - November 2020
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Critical Issues Conference Presentation: Wave of the Future - Legal & Ethical Considerations for Telehealth Prevention

Description: Critical Issues Facing Children & Adolescents Conference Presentation, "Wave of the Future - Legal & Ethical Considerations for Telehealth Prevention". This presentation will discuss telehealth applications for prevention providers. Content will include specific recommendations for identifying technology as well as the legal and ethical considerations for practice. After attending this session, you will be able to: 1) Review the legal and ethical considerations for prevention practice through a virtual setting; and, 2) Identify virtual platforms which are HIPAA and FERPA compliant and outline ways you can safeguard your clients through responsible technology use. Presented by: Aaron J. Fischer, PhD If you would like to attend this presentation, you will need to register for the Critical Issues Facing Children Adolescents 2020 Conference. Click here to visit their website for more information: <https://esimgt.com/critical-issues-conference-2020/>

Link: <https://pttcnetwork.org/centers/mountain-plains-pttc/event/critical-issues-conference-presentation-wave-future-legal>

Related Topics: None

Related Workplan Activity: None

Critical Issues Conference Presentation: Multi-Tiered School-Based Prevention Intervention Supports for Adolescent Substance U

Description: Critical Issues Facing Children & Adolescents Conference Presentation, "Multi-Tiered School-Based Prevention & Intervention Supports for Adolescent Substance Us". This presentation will review the multi-tiered prevention framework to support student mental health and substance use prevention in schools. The content will highlight strategies at each tier of support and suggestions for school-based providers on how to develop a similar model. As a result of attending this presentation, you will be able to: 1) Diagram the conceptual framework of multi-tiered systems of behavioral health supports in secondary setting as well as best prevention and intervention practices; and 2) Identify and implement practices to enhance their own programs to best serve students. Presented by: Aaron J. Fischer, PhD You will need to attend the conference to be able to view this presentation. If you would like to attend this presentation, you will need to register for the Critical Issues Facing Children Adolescents 2020 Conference. Click here to visit the conference hosts website for more information:

<https://esimgt.com/critical-issues-conference-2020/>

Link: <https://pttcnetwork.org/centers/mountain-plains-pttc/event/critical-issues-conference-presentation-multi-tiered-school>

Related Topics: None

Related Workplan Activity: None

Colorado Supplemental Data Training Discussion Technical Assistance Collaboration Meeting

Description: Ongoing specialized technical assistance discussion with key stakeholders in Colorado to determine need for supplemental Data training for prevention professionals to include health disparities and CLAS standards.

Link:

Related Topics: None

Related Workplan Activity: None

Pacific Southwest PTTC Highlights from August - September 2020

Adverse Childhood Experiences: Building Resilience During and After COVID-19

Description: During our region's COVID-19 listening sessions, many participants expressed concern that domestic violence, substance use in the home, and other traumatic events might increase as a result of the stress of the pandemic. Participants requested information on ACEs, chronic stress, and ways to build resilient communities during these challenging times. In response, the Pacific Southwest PTTC delivered a webinar that provided an overview of ACEs, chronic stress, and opportunities to address these risks at a time when prevention practitioners' work has been limited to almost completely web-based meetings, services, and communication. The webinar learning objectives were: 1. Describe ACEs and their implications for development throughout the lifespan 2. Discuss how COVID-19 and other societal and contextual factors are impacting prevention 3. Identify opportunities to interact and intervene to address ACEs and other factors when COVID-19 limits in-person activities. To deepen the discussion on this topic, webinar participants received an invitation to join one of three follow-up discussion sessions facilitated by Laura Porter, the presenter. The discussions included Ms. Porter responding to questions, peer-sharing of strategies and practices, and some resource sharing.

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/event/webinar-adverse-childhood-experiences-and-chronic-stress>

Related Topics: None

Related Workplan Activities:

- PTTC staff will develop a schedule of monthly media series (content and media type); identify and secure speakers as needed; and produce media content monthly.

Demystifying Data: Gathering and Using Local Risk and Protective Factor Data for Prevention

Description: The Pacific Southwest PTTC developed several products and resources over the past two months. One product included a guidance document on collecting and using risk and protective factor data at the local level. Data are vital for defining your community's problems or needs (e.g., opioid misuse, underage drinking). Data also help us determine if there are specific populations who are disproportionately impacted by the problems or needs. Risk and protective factors help determine why a community may be experiencing a particular problem or need. Data help guide our decision making and action planning. The purpose of this guidance document is to provide a general overview on gathering and using risk and protective factor data to guide prevention efforts. This document will review strategies to gather and prioritize risk and protective factor data, as well as how to use these data in prevention planning. Also check out the annotated bibliography used to create the section on shared risk and protection included in this document.

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/product/demystifying-data-gathering-and-using-local-risk-and>

Related Topics: None

Related Workplan Activities:

- PTTC staff will make all training modules or resources on the Region 9 specialty area available through the NCO.

Webinar: Substance Use Prevention in Native Communities... Initiating and Sustaining Meaningful Connections Across Cultures

Description: Substance misuse in Native communities continues to be high. This webinar discussed the role of culture in initiating and sustaining partnerships and collaborations in Native communities. The presenter shared tips for selecting culturally-appropriate substance misuse prevention interventions. The learning objectives for this webinar were: gain a better understanding of how to effectively initiate communications across cultures in the context of substance misuse prevention; increase their knowledge of the role of cultural competency in sustaining effective and long-term collaborations with Native communities; and identify and discuss current challenges and receive recommendations of culturally appropriate best practices that will address those challenges.

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/event/webinar-substance-use-prevention-native-communities-initiating>

Related Topics: None

Related Workplan Activities:

- PTTC staff will develop a schedule of monthly media series (content and media type); identify and secure speakers as needed; and produce media content monthly.

Pacific Southwest PTTC Highlights for October - November 2020
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Webinar: Why Health Equity Matters in Prevention - Part 2

Description: A focus on health equity allows communities to direct their prevention strategies towards the most vulnerable populations in the region they serve. In doing this, we contribute to the reduction in health disparities and support initiatives that create community and societal change. Part 2 of this series will feature a panel presentation of experts discussing how and why the system of inequity exists. Panelists will share the fundamental causes of health disparities and recommendations to the field on responding to health disparities in substance misuse prevention.

Link: <https://pttcnetwork.org/centers/pacific-southwest-pttc/event/webinar-why-health-equity-matters-prevention-part-2>

Related Topics: None

Related Workplan Activity: None

Ethics in Prevention: Training of Trainers On-going Coaching and Support

Description: In January 2020, the Pacific Southwest PTTC delivered the first component of a training-of-trainers (TOT) on the Ethics in Prevention curricula (Pacific-adapted version) to

participants from the Republic of the Marshall Islands (RMI), Palau, and Federated States of Micronesia (FSM). With COVID-19 preventing additional travel, the next phase of this TOT will be delivered initially just to RMI participants via Zoom on October 13-15, 2020. This phase of the TOT will review content, facilitation techniques, and provide coaching so they develop sufficient knowledge and skills to deliver this training independently. Additional TOT and coaching support will be offered to the FSM in November. Palau participants have received sufficient training and coaching and are ready now to deliver this training when needed in their villages.

Link:

Related Topics: None

Related Workplan Activity: None

Formation of a cross-regional epidemiological workgroup for the Pacific Behavioral Health Collaborating Council

Description: The Pacific Behavioral Health Collaborating Council is comprised of SSAs and NPNs from each of the six US-affiliated Pacific islands (Guam, American Samoa, Northern Mariana Islands, Federated States of Micronesia, and Palau). This Council sets the overarching behavioral health priorities for the region, shares resources, and collaborates on many initiatives and events. One of the ongoing challenges in the Pacific is data collection both locally and at the state/national level. The Council is establishing a cross-regional epidemiological workgroup to leverage the expertise across the Pacific. The goals include improving data collection within each jurisdiction; share data for regional decision-making and for use in cross-regional funding opportunities; and create strengthened and sustainable data collection systems. The Pacific Southwest PTTC will facilitate this process and provide ongoing support and resources over time. This will begin with facilitating a meeting between Council representatives and their identified workgroup members to establish an overarching vision, mission, by-laws, goals, roles, responsibilities, communication channels, products, and time lines. This work is anticipated to begin in early November. The Pacific Southwest PTTC's role is anticipated to be approximately one year.

Link:

Related Topics: Intensive Technical Assistance

Related Workplan Activity: None

Northwest PTTC Highlights from August - September 2020

SAPST Virtual Train-the-Trainer

Description: On August 17, eight participants completed the Northwest SAPST virtual Train-the-Trainer. Participants represented Alaska and Washington, two of four states in the region. The 31 hours of training prepared participants to train the in-person version of the SAPST. Between August 3-August 17, a master trainer met individually with pre-assigned teams to prepare them for teach-backs. Participants taught sections of the SAPST curriculum over the course of the VTOT and received constructive feedback from a master trainer and each other. The Northwest delivered the SAPST VTOT in collaboration with the Pacific Southwest PTTC.

Link:

Related Topics: None

Related Workplan Activities:

- Deliver 8 total EPLS, piloting 1 new EPLS in year 2.

Northwest Virtual Prevention Leadership Academy

Description: The Northwest PTTC Prevention Leadership Academy engaged sixty-six leaders in the prevention workforce to identify and build upon their creative problem-solving strengths, strategic planning, and charismatic communication. The Academy's first four sessions braided together leadership principles, Liberating Structures, and six research-based elements of effective teams and coalitions. Before each of the 1.5 to four-hour live zoom sessions, participants completed individual learning assignments, including completing a leadership assessment and listening to the Northwest PTTC Lessons in Leadership Podcast Series. The podcast series provided stories, lessons learned, and tips from prevention in the northwest region. During the Academy, participants explored five qualities of an effective leader, five practices, and ten leadership commitments. Participants learned fifteen Liberating to foster active participation and create innovation among team members, collaborators, and communities. During the October 6th and 14th sessions, participants will use Liberating Structures to explore how to address challenging situations. Upon the conclusion of the October 14th session, participants will share their leadership plan and explore the value of an on-going community of practice.

Link: <https://pttcnetwork.org/centers/northwest-pttc/event/northwest-virtual-prevention-leadership-academy>

Related Topics: None

Related Workplan Activities:

- Market, Plan & Deliver R 10 Prevention Leadership Academy

Webinar: Health Equity in Prevention Part 1: A Definition in Rural and Remote Communities

Description: On September 4, one hundred and forty-four individuals attended the first webinar in the Two-part series on Health Equity in Prevention series which defined health equity as it relates to racial inequity and justice. Presenters integrated these concepts into a risk and protective factor framework and the social determinants of health to demonstrate how equity relates to the field of prevention. On October 1, seventy-seven individuals attended part 2, during which presenters provided an overview of a Health Equity Toolkit for Rural and Remote Communities. Presenters highlighted how the toolkit was developed, provided an overview of the toolkit's contents and facilitated an experience-based activity from the Toolkit.

Link: <https://pttcnetwork.org/centers/northwest-pttc/event/webinar-health-equity-prevention-part-1-definition-rural-and-remote>

Related Topics: None

Related Workplan Activities:

- Develop and Implement monthly media series based on assessed needs

Northwest PTTC Highlights for October - November 2020
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WEBINAR - Pharmacology for Prevention Specialists: Pharmacology of Cannabis

Description: The Northwest PTTC will deliver Pharmacology for Prevention Specialist- A Four-Part Webinar Series. Session dates and topics are the following: October 8th, Basics of Pharmacology and Alcohol; October 15th, Pharmacology of Opioids; October 22nd Pharmacology of Psychostimulants (cocaine & methamphetamine); and October 29th, Pharmacology of Cannabis. The purpose of this series is to provide prevention specialists and other interested individuals with information about the pharmacology of alcohol and other drugs, the acute use effects, and chronic use consequences of these substances, and the withdrawal course and symptoms that occur when a person is discontinuing their use. The sessions will use Zoom technology and the format will be lectures with ample time for questions. During the months of November and December, Northwest staff will work with the PTTC NCO to make the webinar series into an online course to be located on the Healthknowledge platform and made readily available to the network's prevention workforce.

Link: <https://pttcnetwork.org/centers/northwest-pttc/event/webinar-pharmacology-prevention-specialists-pharmacology-cannabis>

Related Topics: None

Related Workplan Activity: None

Webinar: A Prevention Practitioners' Guide to HHS Region 10 State Cannabis Policies and Regulations

Description: This one-hour webinar session will introduce participants to the Northwest PTTC Toolkit A Prevention Practitioners' Toolkit to Understanding R10 State Cannabis Policies and Regulation. The Toolkits includes a suite of six documents. A Guidance Document for

Northwest Substance Misuse Prevention Practitioners provides in-depth information on the background of cannabis legalization in the Pacific Northwest, key definitions, and basic principles underlying the toolkit. A Multi-State Comparison Across Three Northwestern States provides a comparison of cannabis-related policies across Alaska, Oregon, and Washington categorized under the 5 P's for Prevention. The State Cannabis Policies and Regulations documents summarize each state's rules and laws to regulate cannabis, as of June 30, 2020. Webinar presenters will explain, the basic principles informing the toolkit, the relevance for each of the HHS Region 10 states, and ways practitioners can use them in their prevention work with communities. By the end of the webinar, participants will be able to:

- Describe the purpose of the toolkit
- Access each component online and be familiar with its contents
- Describe the inter-relatedness of the components and how they work together
- Explain the 5Ps for prevention policy work
- List 2-4 ways you will be able to use the toolkit

Link: <https://pttcnetwork.org/centers/northwest-pttc/event/webinar-prevention-practitioners-guide-hhs-region-10-state-cannabis>

Related Topics: None

Related Workplan Activity: None

Activating Communities for Change Enhanced Prevention Learning Series, November 10, 12, 17 and 19

Description: This four-session distance learning series offers participants an interactive opportunity to explore the prevention and regulatory landscape to understand the system better, analyze the current state of laws and regulations, and work toward activating their community for change. The series will include skill-based learning opportunities, individual and group activities, reading assignments, and group discussion. By the end of the series, participants will have increased their capacity to:

- Explore the regulatory framework within their state and the process for addressing policy issues
- Analyze laws and rules using a prevention/public health framework
- Identify additional factors, such as social justice, social equity, economic pressures, pandemic responses, etc., in assessing policies and developing messaging
- Frame messages for optimal influence
- Access resources to effectively educate and advocate using a prevention/public health framework
- Develop a plan to activate community change

Link:

Related Topics: None

Related Workplan Activity: None

<p style="text-align: center;">National American Indian and Alaska Native PTTC Highlights from August - September 2020</p>

Culture Card: Engaging Tribal Leaders and Other Tribal Stakeholders for Prevention Efforts

Description: This culture card gives important information for prevention specialists who wish to engage with tribal communities. This is a helpful resource to keep on hand, giving non-Native people step-by-step advice on ways to approach tribal leaders in a respectful and humble way. This card is available in print form. If you would like to order some of these cards, free of charge, please contact Cindy Sagoe: cindy-sagoe@uiowa.edu.

Link: <https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/product/culture-card-engaging-tribal-leaders>

Related Topics: Intensive Technical Assistance

Related Workplan Activities:

- Continue developing and maintaining a “best practices” repository of information, materials, and resources on the promotion of SU prevention evidence-based practices in Native communities including for populations such as Veterans, adolescents/transitional age youth, elders, pregnant women

Native American Substance Abuse Prevention Skills Training (Virtual) with Jemez Pueblo

Description: we are have adapting the Native American Substance Abuse Skills Training Curriculum SAPST to the virtual version to meet the needs of our Native communities The goal is to train Native American and Alaska Native substance abuse prevention practitioners and those working in Native American and Alaska Native communities in related disciplines to develop the knowledge and skills needed address substance use prevention and provide effective prevention services to their communities using the strategic prevention framework.

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activities:

- Continue intensive Technical assistance and trainings assisting SU workforce serving AI/AN populations to develop and implement tools for prevention planning and sustainability (including enhancing technology of dissemination)

Native American Storytelling: Culture is Prevention series

Description: This series of sessions features traditional Native American storytelling, along with time for discussion on what can be learned from the stories, as well as the ways these stories can be incorporated by Native American providers into their work with patients. Please note that while we encourage non-Native providers to attend these sessions to increase your cultural

understanding and sensitivity, we ask that out of respect for cultural traditions, you do not use these stories as your own if they are not a part of your culture. Native storytelling is an long honored way of teaching lessons of life. We, as Native people, need to laugh while learning. For example, laughing at how Coyote makes funny mistakes. This can teach people how to avoid behaving as Coyote does. Further, Native legends can offer stories about Creation or the Trickster. However, some stories can only be told during certain times of the year. For example, Coyote legends are only told during the winter time because that is often when Native people would be in their lodges practicing survival skills to help the tribe thrive in difficult times. Traditionally, the storyteller needed to be an excellent psychologist and able to understand peoples' perspectives. A story might be used in treatment to help a patient come to a realization in a culturally informed way. Wednesdays, July 22, August 5 and 19, and September 2 ?2-3 EDT . 1-2 CDT . 12-1 MDT . 11-12 PDT . 10-11 ADT

Link: <https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/event/native-american-storytelling-culture>

Related Topics: None

Related Workplan Activities:

- Develop and update toolkits on substance use prevention topics relevant to Native communities such as opioid prevention and over response , marijuana use, tobacco, methamphetamine

<p style="text-align: center;">National American Indian and Alaska Native PTTC Highlights for October - November 2020</p>
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Newsletter Prevention in our Native American communities

Description: e National American Indian and Alaska Native Prevention Technology Transfer Center would like to share with you Volume 1, Issue 4 of our newsletter, Prevention in our Native American Communities for Fall/Winter 2020

Link:

Related Topics: None

Related Workplan Activity: None

Opioid Prevention series / project

Description: The goal of this project is to leverage prevention expertise and resources and enhance prevention evidence-based practices and T/TA infrastructure and increase substance use prevention capacity, skills, and expertise across the nation to prevent substance use, including opioid use, in tribal communities

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity: None

Developing Health Promotion Campaigns final project Cohort 1

Description: The first Cohort of the Developing Health Promotion Campaigns T.A project will develop and implement their final project in their communities

Link:

Related Topics: Intensive Technical Assistance, The Opioid Epidemic

Related Workplan Activity: None

National Hispanic and Latino PTTC Highlights from August - September 2020

Suicide Prevention Webinar

Description: On September 23rd, 2020, our center provided a Suicide Prevention webinar titled Identifying and Modifying Risk Factors That Can Lead to Suicide Attempts in Latino Youth. Presented by Dr. Daniel Santisteban and Dr. Mayte Mena. Dr. Santisteban is a Professor Emeritus at the University of Miami School of Education and Human Development. Dr. Mena is a Research Assistant Professor and a licensed Clinical Psychologist at the University of Miami School of Education and Human Development. During the webinar, we discussed the risk of suicide in Latino adolescents. How culturally informed and family-based prevention programs and practices can prevent adolescent suicide. We had a great educational and interactive webinar, and we had 669 participants. Attendees were very responsive, and many shared their personal experiences with people who have been affected by suicide. It may have been a difficult subject to discuss; however, there are many benefits to creating a space that allows for individuals to share their stories safely.

Link: <https://www.youtube.com/watch?v=8bh7aidK87g>

Related Topics: None

Related Workplan Activities:

- During Year -Two we plan to deliver six In-Person training sessions, eight Webinars, and eight Technical Assistant and four Virtual Learning Communities focused on prevention. We will format the topic, provide the necessary training materials, the online training platform (Zoom), the trainers, date, time, promotion of the events, registration, and evaluation tools. Services will be provided in Spanish and English and Portuguese

Suicide Prevention Short Video and Fact sheet

Description: Our center collaborates with our sister center, the NHL-ATTC, to develop a series of educational and inspiring short videos every month. September is the suicide prevention month. We released a video around suicide prevention to raise awareness and provide hope to the audience. The video is available in English, Spanish, and Portuguese. We also created a suicide prevention fact sheet and is also available in English, Spanish, and Portuguese. Suicide Prevention Fact-sheet (English, Spanish, Portuguese): <https://pttcnetwork.org/centers/national-hispanic-latino-pttc/product/fact-sheet-suicide-prevention-amongst-hispanics-and> Suicide Prevention short video (English): <https://www.youtube.com/watch?v=BmTN0T43Hws> Suicide Prevention short video (Spanish): <https://www.youtube.com/watch?v=uKSBB1VINjg> Suicide Prevention short video (Portuguese): <https://www.youtube.com/watch?v=LIqHRf-Nb9c>

Link: <https://pttcnetwork.org/centers/national-hispanic-latino-pttc/product/fact-sheet-suicide-prevention-amongst-hispanics-and>

Related Topics: None

Related Workplan Activities:

- During Year -Two we plan to deliver six In-Person training sessions, eight Webinars, and eight Technical Assistant and four Virtual Learning Communities focused on prevention.

We will format the topic, provide the necessary training materials, the online training platform (Zoom), the trainers, date, time, promotion of the events, registration, and evaluation tools. Services will be provided in Spanish and English and Portuguese

Training for the Center on Addiction

Description: On September 21st, 2020, we provided training on Improving Service Delivery and Moving Towards Equity: The Role of Cultural Humility. Dr. Marilyn Sampilo provided this training. Dr. Sampilo is an Associate Staff Psychologist, Integrated Pediatric Primary Care Center for Pediatric Behavioral Health Cleveland Clinic Foundation, Cleveland, OH. The training recipients were the staff from the Center on Addiction, a national nonprofit organization in New York that addresses substance use and addiction, from prevention to recovery. The Center on Addiction requested cultural competence training for their staff. Due to the current pandemic, we conducted the training via Zoom. We discussed Cultural Competence, Cultural Humility, Implicit Bias, Resources that may promote cultural responsiveness. We also discussed practical strategies to incorporate cultural humility into one's work and other processes and thoughts regarding the next steps. The training was well-received, and we had 24 participants.

Link: [NA](#)

Related Topics: None

Related Workplan Activities:

- During Year -Two we plan to deliver six In-Person training sessions, eight Webinars, and eight Technical Assistant and four Virtual Learning Communities focused on prevention. We will format the topic, provide the necessary training materials, the online training platform (Zoom), the trainers, date, time, promotion of the events, registration, and evaluation tools. Services will be provided in Spanish and English and Portuguese

National Hispanic and Latino PTTC Highlights for October - November 2020

Collaboration To Celebrate the Hispanic Heritage Month.

Description: Each year, from September 15th to October 15th, we celebrate Hispanic Heritage Month. To honor this celebration, our NHL-PTTC is collaborating with the NHL-MHTTC and the NHL-ATTC to deliver a four-part webinar series titled Institutional Racism and How it Impacts the Latinx Experience Relates to Behavioral Health. The subtitles for the sessions are: • September 17th- National Hispanic and Latino NHL-MHTTC- MH session- The Intersection of Racism, Discrimination, and Mental Health in Communities of Color. • October 1st- National Hispanic and Latino ATTC session - Addressing the Impact of Institutional Racism in Behavioral and Recovery Care: A Trauma-Informed Intersectional Healing Framework for Latinxs. • October 8th - National Hispanic and Latino PTTC session- Life is Precious™: A Community Defined Practice Suicide Prevention Program for Latina Adolescents. • October 15th- National Hispanic and Latino NHL -MHTTC- TBD

Link: <https://pttcnetwork.org/centers/national-hispanic-latino-pttc/event/life-precious™-community-defined-practice-suicide>

Related Topics: None

Related Workplan Activity: None

Prescription Drugs Video

Description: We are working with our sister center, the National Hispanic and Latino Addiction Technology Transfer Center, to create a series of short educational videos to provide education on topics like stress, grief, culture, substance abuse, and more. The messages are from the prevention and the addiction perspectives to share some personal tips on how we deal or overcome the challenges and provide education and hope. During October, we celebrate the national campaign to collect unwanted prescription drugs. Most of the prescription drugs that are misused come from family and friends. This year the National Prescription Drug Take-Back Day this year is October 24th, 2020. The day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. Our center is developing a 3-minute video to raise awareness about the unused or expired prescription to prevent accidental poisoning, overdose, and abuse of drugs.

Link:

Related Topics: The Opioid Epidemic

Related Workplan Activity: None

2021 NHL Executive Leadership and Fellowship Academy -Second Cohort.

Description: Our center is pleased to inform you that we opened the Executive Leadership and Fellowship Academy registration. We accept applications for 2021-2022 to recruit a least 5 Hispanic and Latino prevention specialists to participate in the Leadership Academy. The leadership development program's goal is to help entry-level to mid-level career Hispanic, and Latino leaders/managers become great leaders in the prevention field. The program focuses on leadership capacity building, offering the opportunity to discover and expand their leadership strengths and be better prepared when new opportunities come up. A group of 10 participants will engage in eight interactive virtual training sessions over nine months. The leadership academy is also a collaboration with our sister center, the NHL-ATTC.

Link: <https://pttcnetwork.org/centers/national-hispanic-latino-pttc/news/2021-national-hispanic-and-latino-executive-leadership>

Related Topics: None

Related Workplan Activity: None

PTTC: Network Coordinating Office

PTTC Network Coordinating Office Highlights from August - September 2020

NCO hosted webinar and Facebook live event

Description: The PTTC NCO hosted a national webinar highlighting changes in alcohol use behavior, policy, and treatment with AI/AN communities since the beginning of the COVID-19 pandemic. 221 participants joined our three panelists in a wide-ranging discussion of challenges and new opportunities to impact alcohol prevention through once-in-a-lifetime policy reforms.

Link: <https://pttcnetwork.org/centers/network-coordinating-office/product/alcohol-use-behavior-policy-and-treatment-age-covid-19>

Related Topics: None

Related Workplan Activities: None

SAPST learning community

Description: The PTTC NCO assisted the Workforce Development Working Group in offering the first nationwide discussion for the PTTC SAPST Trainer Learning Community on virtual adaptations to the SAPST curriculum. 34 participants joined the conversation, which included SAPST trainers sharing successful virtual adaptations to the format and delivery of the SAPST curriculum, remaining challenges, and resulted in an opportunity for SAPST trainers nationwide to connect, collaborate, and learn with one another.

Link:

Related Topics: None

Related Workplan Activities: None

Webinars on Tech Transfer Model & Technical Assistance Framework

Description: The PTTC NCO delivered two webinars to our PTTC Network partners outlining the Technical Assistance Framework and the Technology Transfer Model. The webinars were recorded and remain available on the PTTC Hub for future viewing by PTTC staff.

Link: [PTTC Hub > Knowledge and resource center > About PTTC](#)

Related Topics: None

Related Workplan Activities:

- Disseminate TT strategies to PTTC Network

PTTC Network Coordinating Office Highlights for October - November 2020

Ethics Learning Community

Description: The PTTC NCO is collaborating with the PTTC Workforce Development Working Group to launch the self-paced and moderated version of the Prevention Ethics Course on HealtheKnowledge. Monthly course offerings will be a Network-wide collaboration and begin in the fall.

Link:

Related Topics: None

Related Workplan Activity: None

Panelist for HIDTA conference

Description: PTTC NCO PI, Holly Hagle, will represent the PTTC Network in a panel discussion titled "Substance Use Prevention Resource Panel" at the upcoming HIDTA conference October 8th.

Link:

Related Topics: None

Related Workplan Activity: None

Streamline Annual Report Process via Hub

Description: The PTTC and ATTC NCOs worked together to improve the collection of annual report information via the PTTC Hub. Activities will be connected to objectives and goals, and are entered directly into the Hub platform, making the information much easier to search, organize, and analyze.

Link:

Related Topics: None

Related Workplan Activity: None