**AAP Youth Tobacco Cessation: Considerations for Clinicians**

**Contact**: Julie Gorzkowski, AAP Director of Adolescent Health Promotion – [jgorzkowski@aap.org](mailto:jgorzkowski@aap.org)

**Dissemination Content:** Below, please find promotional language for the new AAP resource on youth tobacco cessation. Please feel free to share with your networks. We are trying to reach a large audience of healthcare providers and health systems, including pediatricians, nurse practitioners, family medicine physicians, dentists, school-based health centers, school nurses, college health programs, and other relevant stakeholders. If you do share this content with your networks, please notify [JGorzkowski@aap.org](mailto:JGorzkowski@aap.org) for tracking purposes.

Thank you!

Julie

***Listserv Email Promo:***

Subject Line: New AAP Resource on Youth Tobacco Cessation!

Dear Colleagues,

The American Academy of Pediatrics (AAP) is proud to share a new resource: [**Youth Tobacco Cessation: Considerations for Clinicians.**](http://www.aap.org/cessation)

This brief, practical guide is designed to support pediatric health clinicians in screening patients for tobacco use and providing behavioral and pharmacological support to help youth quit. The resource uses an easy, 3-step model, “[Ask-Counsel-Treat (ACT)](https://services.aap.org/en/patient-care/tobacco-control-and-prevention/youth-tobacco-cessation/tobacco-use-considerations-for-clinicians/),” to guide clinical interactions around cessation.

Topics Covered:

* Screening for tobacco use, including smoking and vaping
* [Behavioral cessation supports](http://www.aap.org/help2quit), including texting services, quitlines, online resources
* Pharmacological supports, including [Nicotine Replacement Therapy](https://services.aap.org/en/patient-care/tobacco-control-and-prevention/youth-tobacco-cessation/nicotine-replacement-therapy-and-adolescent-patients/)
* [Flowchart](https://downloads.aap.org/AAP/PDF/AAP_Cessation_ACT_Flowchart.pdf) for clinical interactions
* Using the [EHR](https://downloads.aap.org/AAP/PDF/AAP_Cessation_EHR_Tipsheet.pdf) to identify and address tobacco use

This [resource](https://services.aap.org/en/patient-care/tobacco-control-and-prevention/youth-tobacco-cessation/tobacco-use-considerations-for-clinicians/) is free! Pediatric health clinicians and health professionals can find these materials at [www.aap.org/cessation](http://www.aap.org/cessation).

***Newsletter Blurb Promo:***

**New AAP Resource—Youth Tobacco Cessation: Considerations for Clinicians**

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