

## "Shattering the Stereotypes": Improving our Understanding of Eating Disorders in Black Americans



**Date:** Tuesday, June 8, 2021

**Time:** 1:00pm – 2:00pm EST



### Presenter

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**This free webinar equips clinicians with helpful information on disordered eating patterns in Black Americans. Learn how to use culturally-relevant assessments and discover new trends in treatments for this population.**

New evidence shows that Black Americans experience disordered eating more often than previously thought. Yet health care providers can find it challenging to identify disordered eating in this population. Often this is due to lack of evidence-based training.

This webinar provides you with insights on:

- ✓ How the presence of eating disorders goes beyond the historical category of affluent, young, White women
- ✓ Factors in the development of eating disorders in Black Americans, including racism and poverty
- ✓ Culturally-relevant assessments of eating behaviors, including how to explore an individual's experiences with racism and oppression, and the presence of body dissatisfaction apart from the desire for thinness

#### Accreditation Statement

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