



## Resources in Response to the New Year's Truck-Ramming Attack in New Orleans

The recent New Year's truck-ramming attack into a crowd in New Orleans Louisiana has evoked a range of emotions and concerns of safety across the United States. In response to this event, the National Child Traumatic Stress Network has developed resources to help children, families, and communities navigate what they are seeing and hearing, acknowledge their feelings, and find ways to cope together. These resources include:

- [Coping After Mass Violence \(in ASL\)](#)
- [For Teens: Coping After Mass Violence \(En Español, ASL\)](#)
- [Assisting Parents/Caregivers in Coping with Collective Traumas](#)
- [Helping Youth After Community Violence: Tips for Educators \(En Español; Hebrew\)](#)
- [Talking to Children: When Scary Things Happen \(En Espanol\)](#)
- [Talking to Teens when Violence Happens \(En Espanol\)](#)
- [Creating Supportive Environments When Scary Things Happen \(En Espanol\)](#)
- [Psychological Impact of Mass Violence](#)
- [Helping Teens with Traumatic Grief: Tips for Caregivers \(En Español\)](#)
- [Helping School-Age Children with Traumatic Grief: Tips for Caregivers \(En Español\)](#)
- [Helping Young Children with Traumatic Grief: Tips for Caregivers \(En Español\)](#)
- [The Power of Parenting: How to Help Your Child After a Parent or Caregiver Dies](#)
- [After a Crisis: Helping Young Children Heal \(En Español\)](#)
- [Age-Related Reactions to a Traumatic Event \(En Español; ASL\)](#)
- [Once I Was Very Very Scared](#) – children's book for young children
- [Health Care Toolbox](#)—website for pediatric health providers working with injured children
- [After the Injury](#)—website for families with injured children
- [Pause-Reset-Nourish \(PRN\) to Promote Wellbeing \(En Español\) \(for responders\)](#)

### Psychological First Aid

The NCTSN also has resources for responders on [Psychological First Aid](#) (PFA; [En Español](#)). PFA is an early intervention to support children, adolescents, adults, and families impacted by these types of events. [PFA Mobile](#) and the [PFA Wallet Card \(En Español\)](#) provide a quick reminder of the core actions. The [PFA online training](#) course is also available on the NCTSN Learning Center. PFA Handouts include:

- [Parent Tips for Helping Infants and Toddlers \(En Español\)](#)
- [Parent Tips for Helping Preschoolers \(En Español\)](#)

- [Parent Tips for Helping School-Age Children \(En Español\)](#)
- [Parent Tips for Helping Adolescents \(En Español\)](#)
- [Tips for Adults \(En Español\)](#)

### **Preparation for Sugar Bowl and Other Large Community Events**

- [Supporting Families with Large Community Events](#)

### **From the National Mass Violence and Victimization Resource Center**

- [Virtual Resiliency Center](#) – resources for individuals impacted by this events
- [Transcend](#) (mobile app to assist with recovery after mass violence)
- [Rebuild your Community: Resources for Community Leaders](#)
- [Timeline of Activities to Promote Mental Health Recovery](#)
- [Self-Help: Resources for Survivors](#)
- [E-learning Courses: Trainings for Clinicians](#)
- [Resources for Victim Assistance Professionals](#)

### **Disaster Helpline**

SAMHSA has a [Disaster Distress Helpline](#) – call or text **1-800-985-5990** (for Spanish, press “2”) to be connected to a trained counselor 24/7/365.

### **Additional Resources**

For those that are needing technical assistance or additional resources, please don't hesitate to contact Dr. Melissa Brymer at [mbrymer@mednet.ucla.edu](mailto:mbrymer@mednet.ucla.edu).