



Eating Disorders and Culture: Providing a Culturally Sensitive Treatment for Latinxs

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It is well documented that eating disorders affect the Latino population. However, assessments and evidence-based treatments have been developed and tested primarily with European Whites. Cultural and systemic barriers prevent Latinos/as from having access to specialized treatment, therefore contributing to health disparities. Taking in to consideration the culture, context, and language is essential to provide culturally competent care. This webinar intent to provide a discussion about the cultural adaptations that are needed in order to provide culturally sensitive treatment for Latinxs.

This webinar will:

- Discuss cultural values and other relevant factors that should be taken in to consideration when working with the Latino population;
- Explore the cultural adaptations that have been suggested for the Latino population.

Accreditation Statement

The National Center of Excellence (NCEED) is approved by the American Psychological Association to sponsor continuing education for psychologists. The National Center of Excellence (NCEED) maintains responsibility for this program and its content.

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