## Join the Conversation:

Culturally Responsive Evidence-Based and Community-Defined Practices for Mental Health



## Series Overview:

The Cultural Responsiveness Working Group (CRWG) aims to disseminate culturally appropriate information and provide technical assistance for the mental health field to improve access to culturally responsive mental health services.

The CRWG recognizes the importance of Evidence-Based Practices in the work across the MHTTC Network. The working group also aims to acknowledge and promote culturally inclusive mental health practices that exist in the mental health field.

To explore this topic further, the CRWG is conducting a sixpart series of 90-minute listening sessions entitled **Join the Conversation: Culturally Responsive Evidence-Based and Community-Defined Practices for Mental Health**.

## Objectives:

- Engage constituents in an interactive conversation about culturally inclusive mental health practices, including Evidence-Based Practices and Community-Defined Practices
- Explore strengths and barriers of Community-Defined Practices and elevate them as Culturally and Linguistically Appropriate Services Standards
- Identify ways to increase promotion of Evidence-Based Practices and Community-Defined Practices in technical assistance and trainings offered by the MHTTC Network

## Conversations

All 90-minute sessions will take place every other Thursday at 11am PT / 1pm CT / 2pm ET from May 20 – August 5.

Session 1: Setting the Stage Thursday, May 20, 2021

Session 2: Familia Adelante: Multi-risk Reduction Behavioral Health Prevention for Latino Youth and Families (FA) Thursday, June 10, 2021

Session 3: Project Venture: Positive Youth Development for American Indian and Alaska Native Youth (PV)

Thursday, June 24, 2021

Session 4: Motivational Interviewing (MI)

Thursday, July 8, 2021

Session 5: Achieving Whole Health: Balancing Mind, Body and Spirit (AWH) Thursday, July 22, 2021

Session 6: Preventing Long-term Anger and Aggression in Youth (PLAAY)

Thursday, August 5, 2021

Click here to learn more and to register!

Webinar recordings will be made available at <a href="http://bit.ly/join-the-convo">http://bit.ly/join-the-convo</a>. Certificates of completion are available to viewers of 50% (45 minutes) or more of the live webinar.

For more information, please contact **Jessica Gonzalez** at <u>jegonzalez@stanford.edu</u>.



