



Happy Juneteenth!

As we celebrate Juneteenth as a national holiday, we are celebrating:

- the progress we have made in our nation and in the behavioral health field,
- the unity that is growing out of our diversity,
- the courage that is growing out of our unity, and
- the transformation that all these things will make possible.

Health disparities and the tragic losses they cause are rooted in the history and culture of a still-young country that is growing up. We in the behavioral health field know how to nurture maturity, model compassion and collaboration, teach responsibility, and—above all—believe in people until they can believe in themselves.

We can do this. We can be the change that we all—of every color and culture—have waited for. We have our diversity, we have our unity, and we have one another. Let this Juneteenth be a liberation for us all.

Sincerely,

African American Behavioral Health Center of Excellence

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For more information about the African American Behavioral Health Center of Excellence, please visit our website at: africanamericanbehavioralhealth.org

For a free self-study and discussion guide on using history to promote health and healing in behavioral health systems and services, [VIEW HERE](#)