

Genetic Research in Eating Disorders: A Primer for Clinicians



Date: Wednesday, November 10, 2021

Time: 1:00 - 2:00 pm EST



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Research shows genetics play a role in eating disorder development. However, research on this subject can be dense and hard to read. It's crucial to know how to apply this information to your patient's recovery journey. This webinar presents current information on genetics research and how to discuss it with your patients. You learn how to address questions about the role of genes in eating disorders.

This webinar presents a clear overview of the science of genetics of eating disorders. You will learn how to develop strategies for talking with patients and families about genetics. After viewing the webinar, you will be able to:

- ✓ Understand that much of the early teaching about eating disorders is incorrect and should be updated.
- ✓ Appreciate the contribution of both psychiatric and metabolic factors to eating disorders.
- ✓ Recognize the importance of adequate renourishment in anorexia nervosa and the dangers associated with negative energy balance even after recovery.

Accreditation Statement

The National Center of Excellence for Eating Disorders (NCEED) is approved by the American Psychological Association to sponsor continuing education for psychologists. NCEED maintains responsibility for this program and its content. The School of Medicine of the University of North Carolina at Chapel Hill is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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Funding Statement

Funding for the National Center of Excellence for Eating Disorders was made possible by Grant No. H79SM081924 from SAMHSA of the U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, SAMHSA/HHS, or the U.S. Government.