

Eating Disorders in Males



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Time: 3:00 - 4:00 pm EST



Presenter

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Eating disorders in males are underdiagnosed and may present differently than in females. Males with eating disorders often delay seeking treatment due to stigma or not recognizing their behaviors as symptoms of an eating disorder.

This webinar provides an overview of research on eating disorders in males. Topics include prevalence of eating disorders, how they present, and how striving for muscularity should be considered in assessing symptoms. Plus, the webinar highlights research on the developmental stage, from youth to midlife. After viewing this webinar, you will be able to:

- ✓ Describe rates of eating disorders in males.
- ✓ Compare clinical presentations and symptoms of eating disorders for males and females.
- ✓ Discuss recommendations for identifying, assessing, and treating males with eating disorders.

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Accreditation Statement

The National Center of Excellence for Eating Disorders (NCEED) is approved by the American Psychological Association to sponsor continuing education for psychologists. NCEED maintains responsibility for this program and its content. The School of Medicine of the University of North Carolina at Chapel Hill is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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