

## Assessment and Treatment of Latino Males with **Eating Disorders: Cultural Considerations**



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## Presenter

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Historically, eating disorders have been considered an issue specific to females. Not much research exists on eating disorders in men. For men in treatment for eating disorders, any tactics or approach applied during treatment likely comes from research done primarily on women.

This webinar addresses the cultural values that are important to consider when working with Latino males. Working with Latino males adds another level of complexity, as cultural factors could play a unique role in the eating disorder presentation. These factors often make assessment and treatment complex. After viewing this webinar, you will be able to:

Identify cultural values and other relevant factors to be considered when working with Latino males.

Discuss cultural considerations that are suggested during the assessment and treatment of Latino males.

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Accreditation Statement The National Center of Excellence for Eating Disorders (NCEED) is approved by the American Psychological Association to sponsor continuing education for psychologists. NCEED maintains responsibility for this program and its content.

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