

## Life on the Brink: Anorexia Nervosa and Lethality



**Date:** Wednesday, September 14, 2022

**Time:** 12:00pm-1:00pm EST



### Presenter

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In partnership with



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**In this webinar for primary care and mental health clinicians, learn about the high risk of death for patients who have anorexia nervosa. Suicide or eating disorder complications are the primary reasons. This presentation addresses how it is difficult for clinicians to know whether eating disorder behaviors alone are a slow form of suicide. We also discuss how patients in eating disorder treatment often have suicidal thoughts.**

Professionals who treat patients with eating disorders must consider whether some cases of anorexia nervosa are terminal and unlikely to result in improvement. You learn that starvation can produce profound changes in mood, cognition, and behavior. Other discussion includes treatment options and limitations for patients with anorexia nervosa.

After viewing this webinar, you will be able to:

- ✓ List pros and cons of various treatment settings for patients with anorexia nervosa who are at risk of death.
- ✓ Describe the emotional consequences of starvation as demonstrated in the Minnesota Starvation Study.
- ✓ Discuss the increase in emotional distress and suicidal ideation that often accompanies eating disorder treatment.

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The National Center of Excellence for Eating Disorders (NCEED) is approved by the American Psychological Association to sponsor continuing education for psychologists. NCEED maintains responsibility for this program and its content. The School of Medicine of the University of North Carolina at Chapel Hill is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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