



# Foundations of Harm Reduction

## Overview of training:

- Harm Reduction as a Philosophy, Movement, and Practice
- Basic principles of Harm Reduction
- Laying the foundation to utilize a harm reduction framework in your own practice

The Addiction Science team at UMSL-MIMH is offering a new, free training to help clinicians, peers, community health workers and others in the SUD field to build a foundation of Harm Reduction. No specific information related to types of mental health or substance use diagnosis is needed. The skills you will be learning are applicable to working with individuals in many settings and with diverse backgrounds. The overarching idea is to broaden how we think about working with people who use drugs, and move away from the notion that if an individual is not interested in treatment there is nothing that we can offer them.



**Date:** Tuesday, Feb 28th, 2023

**Time:** 12:00 - 1:30pm on Zoom

**Register here:**

<https://bit.ly/ENACTtraining>

OR

Scan here to register for the training:

