

Free Webinar: The Impact of Intergenerational Trauma on Eating Disorders



Date: Wednesday, April 26th, 2023

Time: 12:00pm-1:00pm EST

In partnership with

**Project
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Presenter

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African American author, speaker, expert in using Integrative Medicine for the treatment of food and body image issues, and addictions.

CEO of The Anchor Program™

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Decades of research has explored the impact of various forms of trauma, including race-based trauma, on families and children. Statistics show that trauma can impact brain development. Its effects can define and limit a person from childhood through adulthood and affect all areas of their life and health.

This webinar addresses how intergenerational trauma affects the development of eating disorders. You learn how trauma impacts behavior, beliefs and relationships with others. Learn to recognize how trauma affects brain development and understand the benefits of treatment for individuals with eating disorders.

By the end of this webinar, you will be able to:

- ✓ Recognize the effects of childhood trauma on the developing brain
- ✓ Define intergenerational trauma
- ✓ Describe the connection between trauma, including racial trauma, and risk for medical, behavioral and mental health disorders
- ✓ Describe how intergenerational trauma impacts parenting, money management, work performance and absenteeism, and relationship stability
- ✓ List three gifts that are available from becoming aware of intergenerational trauma

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Accreditation Statement

The National Center of Excellence for Eating Disorders (NCEED) is approved by the American Psychological Association to sponsor continuing education for psychologists. NCEED maintains responsibility for this program and its content.

The School of Medicine of the University of North Carolina at Chapel Hill is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Statement

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