



Meet & Greet with SAMHSA TTC Networks

Date: August 10, 2023



CENTER OF
EXCELLENCE
FOR BEHAVIORAL HEALTH
IN NURSING FACILITIES

COE-NF Leadership Team



Jeremy Bischoff, LNHA
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BEHAVIORAL HEALTH TECHNICAL
RESOURCE MANAGER



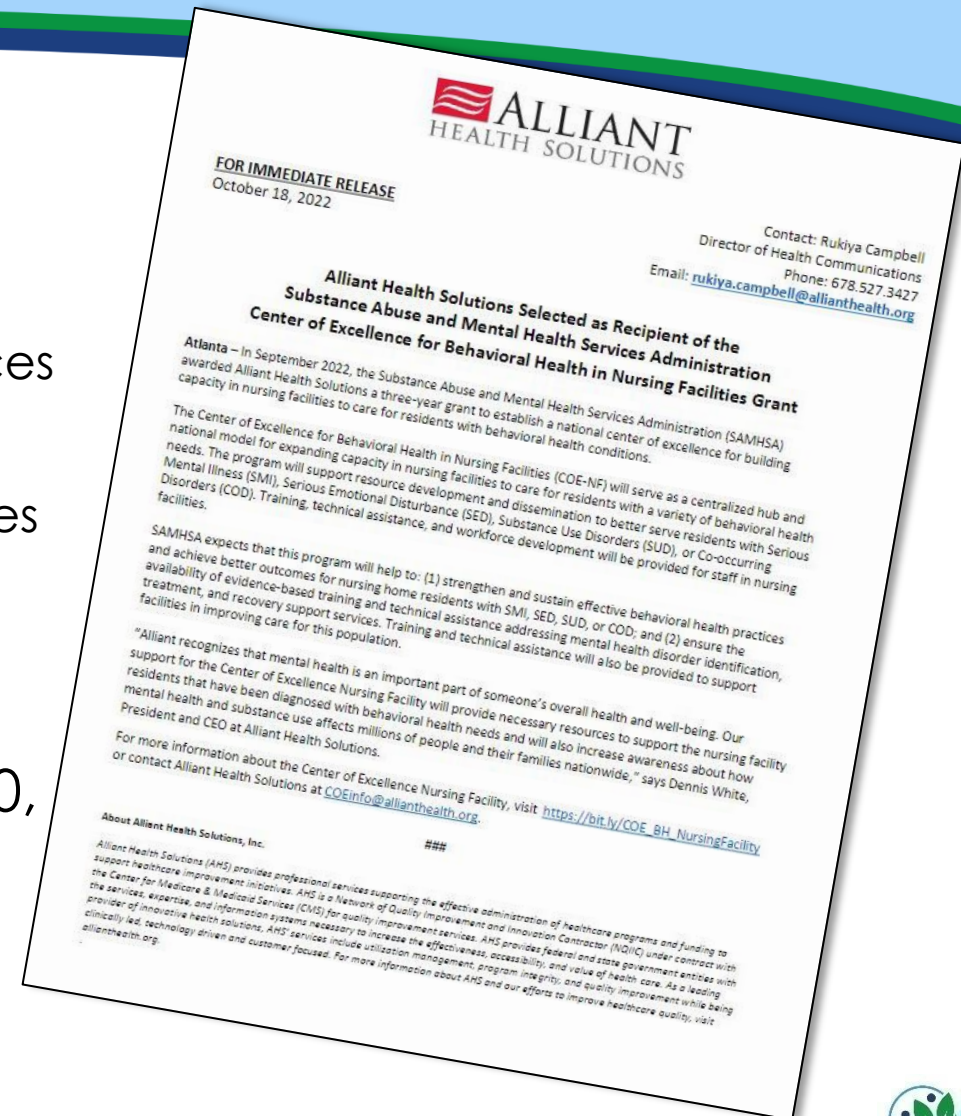
Wilbert Martin
RECOVERY SPECIALIST



Nikki Harris, MA, CBHC-BS
TRAINING AND EDUCATION
LEAD

Center of Excellence for Behavioral Health In Nursing Facilities

- Cooperative agreement between two federal agencies:
 - Substance Abuse and Mental Health Services Administration (SAMHSA)
 - Centers for Medicare and Medicaid Services (CMS)
- Awarded to Alliant Health Solutions
- Three-year grant: Started September 30, 2022



COE-NF Purpose

Purpose: The COE-NF serves as a centralized hub for expanding capacity in CMS certified nursing facilities to care for residents with a variety of behavioral health conditions. Training, technical assistance, and workforce development are provided to staff in nursing facilities.

Behavioral health areas of focus:

- Serious Mental Illness (SMI)
- Serious Emotional Disturbance (SED)
- Substance Use Disorders (SUD)
- Co-Occurring Disorders (COD)
- Updated CMS nursing facility guidance (behavioral health, resident rights, quality of care)

COE-NF National Staffing Model

Regional Behavioral Specialists Model

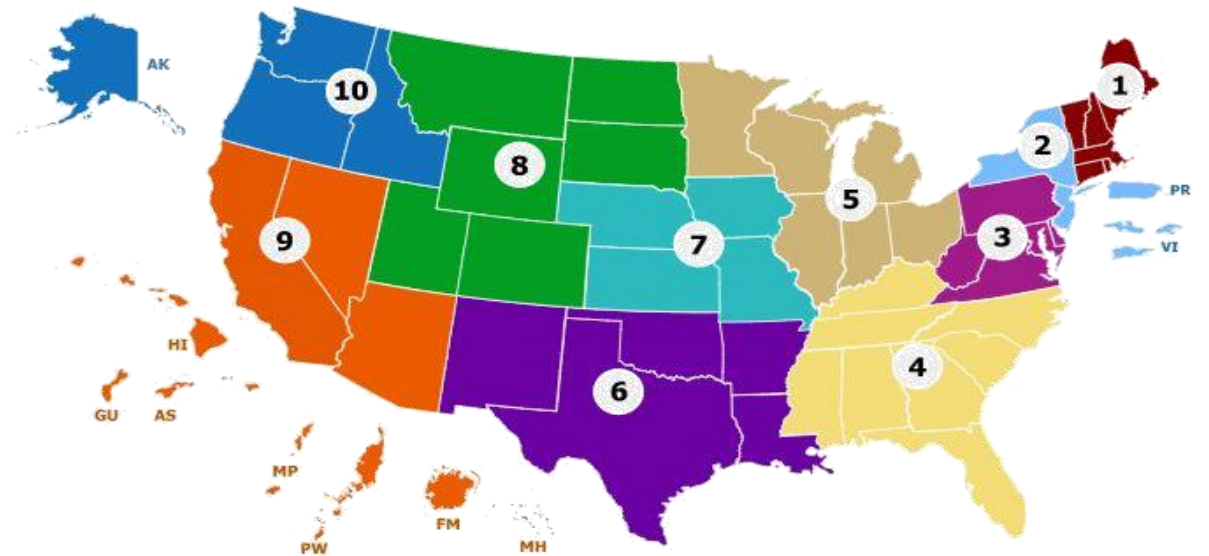
- Experienced behavioral health professionals
- 10 COE-NF Behavioral Specialists
 - Alliant regions 1,2,3,4,5,7
- Each specialist is dedicated to an HHS region
- They live and work in the region they serve

Comagine Health

- Partner
- Cohort Learning
- Supporting regions 6,8,9,10

Additional Support

- Recovery specialist
- Training and education lead
- Subject matter experts on a variety of behavioral health topics



COE-NF Services Audience

- COE-NF offers training and resources for all nursing facility staff
 - Administrators, directors of nursing, social workers, activities, nurses, nurse aides, rehabilitation, environmental services, and dietary team members
- All staff benefit from knowledge and skills regarding resident's behavioral needs, and CMS guidance on behavioral health education.



Services Available to Nursing Facilities

Foundational Trainings

- Behavioral health trainings identified in needs assessment (literature review/interviews)
- Frequently offered and available on a monthly rotation
- Multiple facilities participate in same training session
- Trainings are inclusive of, but not limited to:
 - **De-Escalation Strategies** (Certificate program)
 - **Mental Health First Aid** (Certificate program)
 - **Question, Persuade, Refer** (Certificate program)
 - **Mental Health 101**
 - **Substance Use 101**
 - **Trauma-Informed Care**



Services Available to Nursing Facilities

Customized Technical Assistance

- Facility level behavioral health individualized technical assistance
- Provided by behavioral specialists based out of the region they cover
- Customized training opportunities to match facility's needs



Cohort Learning Initiative



- **Behavioral Health Action Network**
- Join a group of facilities to learn together and from each other
- 6 month series, with monthly 1 hour sessions
- Each session has educational component and group sharing/learning component
- Starting September 2023

Online Resource Hub

- All resources on SMI/SED/SUD/COD topics with a specialized focus on nursing facility considerations
- On-demand learning modules – utilize when most convenient for staff
- Bite-sized learnings
- Fact sheets and educational flyers

The screenshot displays the website's interface. At the top, there is a navigation bar with a language dropdown set to 'English', links for 'NEWS & TRAININGS' and 'LEADERSHIP', a search bar with the placeholder 'What can we help you find?', and social media icons for LinkedIn, Twitter, Facebook, and YouTube. Below this is the main header with the organization's logo and navigation links for 'ABOUT US', 'WHAT WE DO', 'WHO WE HELP', 'RESOURCES', and a 'SUBMIT REQUEST' button. The main content area features a large green banner with the text 'RESOURCES FIND THE RIGHT RESOURCES FOR YOU.' and a lightbulb icon. Below the banner are two filter buttons: 'FILTER TYPE' and 'SUBSTANCE USE DISORDER (SUD)'. The main content area displays three resource cards, each with a 'SUBSTANCE USE DISORDER (SUD)' tag. The first card is titled 'The Cycle of Alcohol Addiction' and mentions a NIAAA pamphlet. The second card is titled 'Medications for Opioid Overdose, Withdrawal and Addiction' and mentions a NIDA infographic. The third card is titled 'Benzodiazepines DEA Drug Sheet' and mentions a DEA fact sheet.

Eligibility

- COE-NF is funded to serve CMS Certified nursing facilities
- Facilities should be listed on the CMS Care Compare site as a **nursing facility** or **skilled nursing facility**
- Nursing facilities that are **not** CMS-certified are **not** eligible for services
- Ineligible facilities can still access the COE-NF free online resource hub, however those facilities are not eligible for technical assistance or trainings.



When to Request Help from the COE-NF

Request assistance with:

- Gaps identified in staff knowledge or skills in meeting behavioral health needs of residents
- Difficulty meeting a particular resident's behavioral health needs
- Where to start and how to prioritize training and skills development for staff around behavioral health needs of residents

Inquiries We Refer:

- Assistance in non-behavioral health areas
- Requests or concerns from residents or care partners
- Requests from providers that are not CMS certified nursing facilities
- Emergencies - call 911



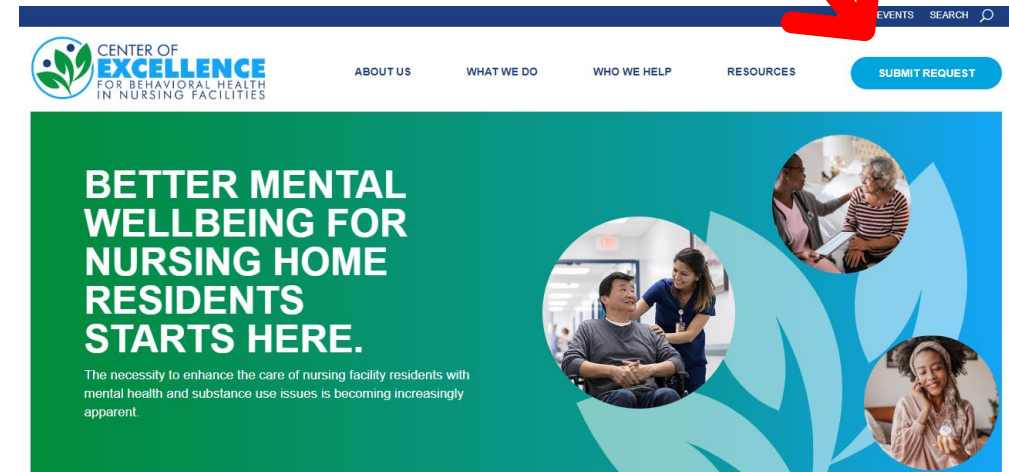
How to Submit a Request

Dedicated Website

- Online form where nursing facilities can submit consultation requests
- Include CCN number and full facility name
- Online requests are responded to within **48 hours**
- <https://nursinghomebehavioralhealth.org/request-assistance>

National Call Center: (844) 314-1433

- Staffed by COE-NF behavioral specialists
- Assistance with completing the consultation request form
- Live Monday-Friday from 1-5 p.m. EST
- Messages will be responded to within **one (1) business day**



Engage with the COE-NF

Monthly Newsletter

- Shares behavioral health resources
- Provides nursing facility behavioral health regulatory updates
- Announces upcoming training opportunities

Social Media Profiles

- LinkedIn: www.linkedin.com/company/nursinghomebh/
- Twitter: twitter.com/NursingHomeBH
- Facebook: www.facebook.com/NursingHomeBH
- YouTube: www.youtube.com/channel/UCgnRi9EFB9rXApnlUwS09sw

Visit the Website: NursingHomeBehavioralHealth.org

SCAN ME



Scan QR code to
sign up for the
COE-NF newsletter.

Help Spread the Word about the COE-NF

Share Pre-Packaged Content with Your Network

- Written and prepared by COE-NF team members and then shared with our partners.
- Content includes a few sentences about the COE-NF and some highlights of upcoming trainings, resources, or other COE-NF news.
- Designed for easy sharing in a newsletter or blog post.
- New content offered every month.



Collaboration Opportunities

- COE-NF sharing relevant TTC resources or training opportunities with our network.
- TTC's sharing COE-NF resources or training opportunities with their networks.
- Partnering on development of resources or training, when focus areas align.
- What ideas do you have?



COE-NF Regional Behavioral Specialists

•**Region 1 Steven Shaw**

Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont

•**Region 2 Ramon Monteiro**

New Jersey, New York, Puerto Rico, and the Virgin Islands

•**Region 3 Ahlea Freeman**

Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, and West Virginia

•**Region 4 Sherri Creel**

Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee

•**Region 5 Jornelle Blair**

Illinois, Indiana, Michigan, Minnesota, Ohio, and Wisconsin

•**Region 6 Faith Sharp**

Arkansas, Louisiana, New Mexico, Oklahoma, and Texas

•**Region 7 Vacant**

Iowa, Kansas, Missouri, and Nebraska

•**Region 8 Stephanie Smith**

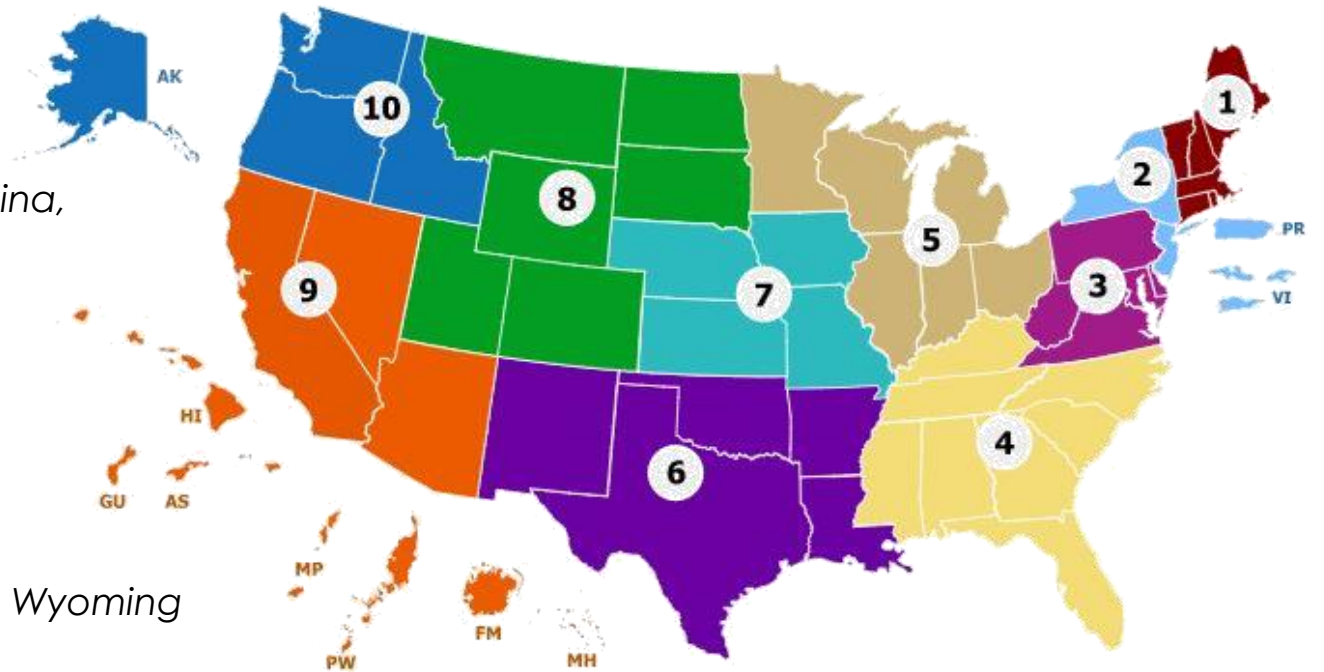
Colorado, Montana, North Dakota, South Dakota, Utah, and Wyoming

•**Region 9 Tara Bowsher**

Arizona, California, Hawaii, Nevada, American Samoa, Commonwealth of the Northern Mariana Islands, Federated States of Micronesia, Guam, Marshall Islands, and Republic of Palau

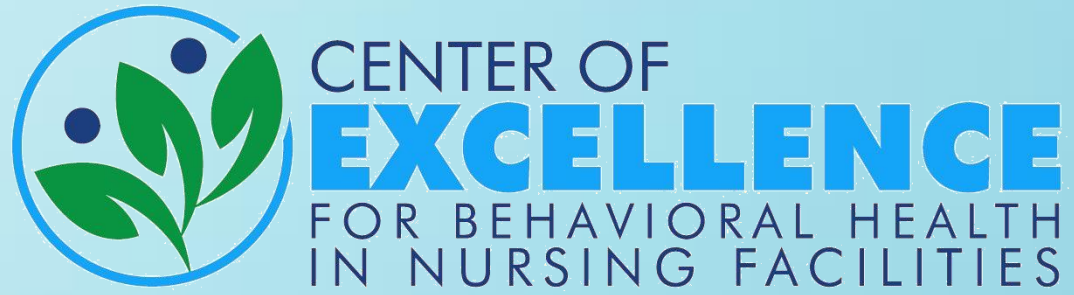
•**Region 10 David Rodriguez**

Alaska, Idaho, Oregon, and Washington



COE-NF Team Directory

Region	Name	Title	Location	Email
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All	Nikki Harris	Training & Education Lead	Georgia	Nikki.Harris@AlliantHealth.org
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2	Ramon Monteiro	Behavioral Specialist	New York	Ramon.Monteiro@AlliantHealth.org
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10	David Rodriguez	Behavioral Specialist	Washington	david.rodriguez@allianthealth.org



Questions ?



Thank You!



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