

# **MENU OF SERVICES**

The Hispanic/Latino Behavioral Health Center of Excellence (H/LBH CoE) is dedicated to promoting equity in behavioral health for Hispanic/Latino populations by developing and disseminating culturally informed, evidence-based behavioral health information, providing training and technical assistance (TTA) on evidence-based best practices in mental health promotion, prevention, treatment and recovery from mental health conditions, including substance use disorders, and expanding the behavioral health workforce that serves Hispanic and Latino communities.

We serve as a resource for mental health, substance use, peer support and primary care providers, stakeholders, community-based organizations, entities, clinicians, and students in the behavioral health field as well as organizations and systems of care addressing behavioral health issues experienced by Hispanic and Latino Individuals

#### Dissemination of Culturally Informed and Evidence-Based Behavioral Health Practices

- Educational materials on how to work with and conduct outreach with Hispanic and Latinx communities including the impact of culture, historical trauma, and migration on behavioral health and behavioral health services.
- Self-paced distance learning modules, curriculums, resource materials and toolkits on behavioral health best practices with Hispanic and Latinx populations.
- Specialized topics such as trauma-informed care, working with LGBTQ+ Latinx populations, individual and family therapy approaches, substance use and recovery-oriented interventions, language access provision and peer-to-peer strategies and support.
- Live webinar series with subject-matter experts in the Hispanic and Latinx behavioral health field.

#### Training and Technical Assistance for Providers Serving Hispanic/Latinx Communities

- Virtual and face-to-face trainings and technical assistance on cultural considerations impacting Hispanic and Latino population's behavioral health prevention, treatment and recovery.
- Peer-based, collaborative training and technical assistance opportunities on specific populations and behavioral health topics to better serve Hispanic /Latinx individuals.
- On-demand inventory of resources for behavioral health providers that work with Hispanic/Latinx individuals, families, and communities.
- Intensive ongoing consultation on specific issues pertaining to the behavioral health of Hispanic/Latinx communities.

### Workforce Development of Hispanic/Latinx Students and Providers in the Behavioral **Health Field**

- Strategies and materials to enhance recruitment and retention of Hispanic/Latinx behavioral health practitioners.
- Empowerment Leadership Academy to develop decision making and supervision skills in behavioral health early career employees to facilitate their professional growth to become candidates for leadership positions.
- The Student Workforce Initiative will select universities from the ten states with the highest emerging H/L populations with undergraduate and graduate degree programs in behavioral health areas to increase awareness and strengthen the future providers abilities to incorporate H/L cultural values, promote linguistically and culturally appropriate formulations when presenting behavioral health issues, and support the Hispanic/Latinx students to choose practicums/internships in organizations serving H/Ls.
- Through the Policy Academy develop partnerships between counties or states officers to enable the implementation of public policy practices in the behavioral health field for Hispanic and Latinxs communities.

#### **OUR TEAM**

## Hispanic/Latino Behavioral Health Center of Excellence Team

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CONTACT US For more information on the H/LBH CoE, visit www.hlbhcoe.org. You can also contact the center directly by email at hlbhcoe@uccaribe.edu.





