

Eating Disorders in Primary Care and Community-Based Clinics: Tools and Resources for the Clinician



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Presenter

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Childhood and adolescence are times of growth and development and, thus, periods of increased risk of eating disorders. Assessing growth and development accurately, without weight bias, is essential for the healthcare provider in the screening, treatment, and prevention of eating disorders in pediatric patients.

In this webinar, we discuss NCEED's novel primary care tool: Screening, Brief Intervention, and Referral to Treatment for Eating Disorders (SBIRT-ED). You learn the ways in which it can be used to increase detection of eating pathology and referrals to specialty care.

By the end of this webinar, participants will be able to:

- ✓ List the advantages of screening for eating disorders in primary or community-based care
- ✓ Identify eating disorder-specific strategies for use in primary or community-based care
- ✓ Describe the SBIRT-ED tool and its use in clinical practice